



Breakfast Buffet* // Featuring smoked salmon* /fresh sliced and whole fruits / breakfast pastries / cold cereals/ assorted cheeses / cured meats* / biscuits / sausage gravy / grits / eggs* prepared to order / sausage / bacon / breakfast potatoes / coffee and juice 25



FRESH START

Steel-Cut Oatmeal // Banana Brulee / Honey Pecans 11

Fruit Plate // Melons / Pineapple / Berries 11 *gf*

Berry Bowl 8 *gf*

Crunchy Almond Granola // Low-Fat Yogurt / Berries 11

Smoked Salmon*, Silky Tofu // Avocado / Vine Ripe Tomatoes / Capers / Wheat Bagel 16 *gf*

Selection of Cold Cereals// Low-fat / Skim / Whole Milk 9

Continental // Muffin & Croissant / Seasonal Fruit / Low-Fat Yogurt Parfait / Almond Granola / Cold Cereals 15

SIGNATURE

Biscuits & Gravy // Two Eggs* Any Style / Buttermilk Biscuits / Pork Sausage Gravy / Scallions 15

Thick-Cut Brioche Breakfast Sandwich // Two Fried Eggs* / Cured Ham* / Swiss Cheese / Lettuce & Tomato / Skillet Potatoes 16

Biscuit Benedict // Buttermilk Fried Chicken / Two Poached Eggs* / Spinach / Breakfast Potatoes / Country Sausage Gravy 16

Breakfast Flatbread // Spinach / Chicken-Apple Sausage / Farm Egg* / Mozzarella / Sweet Onions 16

OFF THE GRIDDLE

Buttermilk Pancakes // Honey-Maple Butter / Candied Walnuts 14

Blueberry-Orange Granola Pancakes // Maple Syrup / Whipped Butter 15

Belgian Waffles // Honey Butter / Seasonal Berries 14

French Toast // Thick-Cut Brioche / Cinnamon / Powdered Sugar / Mixed Berries 14

ON THE SIDE 5

Diced Fruit *gf*
Mixed Berries *gf*
Skillet Potatoes
Grilled Ham *gf*
Sausage or Smoked Bacon *gf*
Turkey Bacon or Sausage *gf*
Chicken-Apple Sausage *gf*
Low-Fat Greek Yogurt Plain *gf*
Low-Fat Greek Yogurt with Fruit *gf*
Toasted Bagel with Cream Cheese
Sourdough, 7-Grain, or Rye Toast
Croissant or Muffin

ENERGIZE

Juice // Orange / Grapefruit / Apple / Pineapple / Cranberry / Tomato or V8 5

Milk // Regular / Non-Fat / 2% / Chocolate / Soy 4

Starbucks Coffee
Regular or Decaffeinated 4
Cappuccino 5
Latte 5
Espresso 4

Assorted Tazo Teas 4

BREAKFAST SPECIALTIES // Served with Skillet Potatoes or Fruit & Choice of Toast

Two Eggs* // Prepared Any Style / Choice of: Smoked Bacon, Grilled Ham, or Sausage 15 *gf*

Carolina Omelet // Three Eggs* / Cured Ham* / Bell Peppers / Onions / Cheddar / Hollandaise 15 *gf*

Three Egg* Omelet // Choice of: Tomato, Ham, Mushrooms, Onions, Bell Pepper, Spinach, Bacon, Sausage, Mozzarella, Cheddar, or Goat Cheese 15 *gf*

Superfoods Omelet // Egg Whites* / Broccoli / Aged Cheddar / Marinated Roma Tomatoes 15 *gf*



SuperFoods signature dishes have been indicated with the SuperFoods logo. **These nutritional powerhouse foods can help extend your health span-the extent of time you have to be healthy, vigorous, and vital." Dr. Steven Pratt, author of *SuperFoodsRx: Fourteen Foods that Will Change your Life*.



We pride ourselves in providing gluten free menu choices. While we strive to ensure these meals are safe for your diet, please be aware that they are being prepared in an environment where gluten may be present. Please consult your physician as to your personal health decisions.



We are proudly supporting Children's Miracle Network (Hospitals) with a \$1.00 donation with every breakfast buffet sold.

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. **These items may be served raw or undercooked.

Parties of 6 or more will be subject to an 18% gratuity.