

# Bibliography for MHTP Continuing Education Reading & Viewing

July 2015 - 2016

Please send additional suggestions to [mhpt@mhpt.org](mailto:mhpt@mhpt.org) ó this Bibliography is published on the MHTP website each July, and we appreciate your suggestions a great deal.

Note: Books that are listed in the current MHTP Handbook on the Module reading list, but were not used for certification book reviews, may also be read and reported-on for CEUs. Those books are generally not listed on this Bibliography.

## Sound, Music & Healing

- Beaulieu, John: *Music and Sound in the Healing Arts*
- Benson, Stella: *The Healing Musician*
- Bernstein, Seymour: *With Your Own Two Hands: Self-discovery through Music*
- Blofold, John: *Mantras: Sacred Words of Power*
- Bonny, Helen: *Music and Your Mind: Listening With a New Consciousness*
- Borelli, MD, & Heidt, P: *Therapeutic Touch: A Book of Readings*
- Brendt, Joachim-Ernst: *Nada Brahma*
- Brendt, Joachim-Ernst: *The Third Ear*
- Brendt, Joachim-Ernst: *The World is Sound*
- Campbell, Don: *Music, Physician for Times to Come*
- Campbell, Don: *Introduction to the Musical Brain*
- Campbell, Don: *Music and Miracles*
- Campbell, Don: *The Roar of Silence*
- Carlson, R. & Shield, B: *Healers on Healing*
- Cencetta M. Tomaino (Ed.): *Clinical Applications of Music in Neurological Rehabilitation*
- Cox, Helen and Roberts, Peter: *The Harp and the Ferryman*
- Crowe, Barbara: *Music and Soul-Making*
- Doman, Alex & Campbell, Don: *Healing at the Speed of Sound*
- Drinker, Sophie: *Music & Women: The Story of Woman and Their Relation to Music*
- Fowells, Robert: *Chant Made Easy.*
- Gardner, Kay: *Music as Medicine*
- Gardner, Kay: *Sounding the Inner Landscape*
- Gaynor, Mitchell: *Sounds of Healing*
- Gimbel, Theo: *Form, Sound, Colour and Healing*
- Godwyn, Jocelyn: *A Sourcebook of the Pythagorean Tradition in Music*
- Godwyn, Jocelyn, *Harmonics of Heaven and Earth*
- Godwyn, Jocelyn, *Music, Magic, Mysticism*

- Godwyn, Jocelyn: *The Mystery of the Seven Vowels*
- Goldman, Jonathan: *Awakening the Lost Chord*
- Goldman, Jonathan: *Healing Sounds*
- Goldman, Jonathan: *In Search of the Lost Chord*
- Goldman, Jonathan: *The 7 Secrets of Sound Healing*
- Goldman, Jonathan: *The Power of Harmonics*
- Gutheil, Emil A: *Music and Your Emotions*
- Hernandez, Ana, *The Sacred Art of Chant*
- Hodges, Donald A: *Handbook of Music Psychology*
- Hoffman, Janalea: *Rhythmic Medicine, Music with a Purpose*
- Jensen, Eric: *Music with the Brain in Mind*
- Journal of Music Therapy: *Music in the Control of Human Pain*
- Keyes, Laurel Elizabeth: *Toning, The Creative Power of the Voice*
- Khan, Hazrat Inayat: *The Mysticism of Sound: The Music of Life*
- Le Roux, Frances: *Music is Healing*
- Leeds, Joshua: *Sonic Alchemy*
- Levitin, Daniel J: *The World in Six Songs*
- Levitin, Daniel J: *This is Your Brain on Music*
- Lingerman, Hal A: *The Healing Energies of Music*
- Maddock-Dewhurst, Olivea: *The Book of Sound Therapy*
- Maman, Fabian: *The Tao of Sound*
- Mucci, Kate and Richard: *The Healing Sound of Music*
- Nakkach, Silvia: *Free Your Voice*
- Nova video: *Musical Minds*
- Nova video: *The Music Instinct*
- O'Lionaird, Iarla, *Vocal Chords - 5 hour long radio programs on cross-cultural song, why we sing* <http://vocalchords.ie/episodes/>
- Ortiz, John M: *Handbook of Music Psychology*, Samuel Weiser, Inc.
- Ortiz, John M: *The Tao of Music: Sound Psychology*
- Rhiannon: *Vocal River: The Skill and Spirit of Improvisation*
- Rider, Mark: *The Rhythmic Language of Health and Disease*
- Russill Paul: *The Yoga of Sound*
- Sacks, Oliver: *Musicophilia*
- Schneck, Dan, Berger, Dorita: *The Music Effect*
- Schullian & Schoen: *Music and Medicine*
- Steiner, Rudolf: *The Inner Nature of Music and the Experience of Tone*

- Stevens, Christine: *Music Medicine*
- Stewart, R.J.: *Music, Power, Harmony*
- Store, Anthony: *Music and the Mind*
- Tame, David: *The Secret Power of Music*
- DVD: *The Darling Conversations*
- DVD: *The Lady in #6*
- DVD: *The Therapeutic Harp*
- Tomatis, Alfred: *The Ear and the Voice*
- Tomatis, Alfred: *The Conscious Ear: A Life of Transformation Through Listening*
- Watson and Drury, *Healing Music*
- Werbeck, Valborg, *Uncovering the Voice*
- Wieder, June Leslie: *Song of the Spine*

### **Healing & Self-Care**

- Adler, Felten, Felten, Cohen: *Psychoneuroimmunology*. Editorial Reviews, from The New England Journal of Medicine
- Aldridge, David: *Health, the Individual, and Integrated Medicine*.
- Bewley, Anne: *At the Heart of the Matter: Communicating Care*
- Brill, Peggy: *The Core Program*
- Cameron, Julia: *The Artist's Way*
- Candace, Pert: *Everything You Need to Know to Feel Go(o)d*.
- Chokyi Nyima Rinpoche: *Medicine & Compassion*
- Collinge, William: *Partners in Healing*
- Diamond, J: *Behavioral Kinesiology*
- Gerber, R: *Vibrational Medicine*
- Horvath, Judith: *Playing (less) Hurt*
- Kaptchuk, Ted, *The Web That Has No Weaver*
- Krieger, D: *Living the Therapeutic Touch: Healing as a Lifestyle*.
- Krieger, D., & Kunz, D: *The Spiritual Dimension of Therapeutic Touch*
- Kushi, Michio: *Natural Healing Through Macrobiotics*
- LaRowe, Karl: *Breath of Relief: Transforming Compassion Fatigue*
- Matlins/Magida: *How To Be A Perfect Stranger - The Essential Religious Etiquette Handbook*
- Matthews, Caitlin: *Singing the Soul Back Home*
- McIntyre, Anne: *Flower Power*
- McTaggart, Lynne: *The Intention Experiment*

- McTaggart, Lynne: *The Bond*
- Miles, Pamela: *Reiki: a Comprehensive Guide*
- Mitchell, Emily:, *Your Body's Energy*
- Myss, C.M: *The Creation of Health*
- Myss, Caroline & Shealy, Norman: *The Creation of Health.*
- Oschman, James: *Energy Medicine*
- Pelletier, Kenneth: *Mind as Healer, Mind as Slayer*
- Ram Dass, & Bush, M: *Compassion in Action*
- Samuels, Mike & Nancy: *Seeing with the Mind's Eye*
- Sheldrake, Rupert: *A New Science of Life*
- Sheldrake, Rupert: *The Sense of Being Stared-At*
- Siegal, Bernie, MD: *A Book of Miracles*
- Siegal, Bernie, MD: *Love, Medicine & Miracles*
- Siegal, Bernie, MD: *Peace, Love & Healing*
- Taylor, Jill Bolte: *My Stroke of Insight: a Brain Scientist's Personal Journey*
- Wagner, Susan: *A Doctor's Guide to Therapeutic Touch.*
- Wolff, Otto: *Home Remedies: Herbal and Homeopathic Treatments for Use at Home*
- Young, Jacqueline: *The Healing Path*

### **Aging, Death & Dying**

- Address, Richard F and Person, Hara E: *That You May Live Long: Jewish Perspectives on Caregiving*
- Ahronheim, Judith and Doron, Weber: *Final Passages*
- Albom, Mitch: *Tuesdays With Morrie*
- Bauby, Jean-Dominique: *The Diving Bell and the Butterfly*
- Boerstler & Kornfeld: *Life to Death: Harmonizing the Transition*
- Bolen, J: *Close to the Bone: Life-Threatening Illness and the Search for Meaning*
- Byock, Ira: *The Four Things That Matter Most*
- Byock, Ira: *Dying Well*
- Childs-Gowell, Elaine, A.R.N.P., Ph.D: *Good Grief Rituals: Tools for Healing*
- Cleary, Thomas: *Living and Dying with Grace: Counsels of Hadrat 'Ali*
- DVD: *Consider the Conversation: a Documentary on a Taboo Subject*
- Dalai Lama: *Advice on Dying*
- Dancing Heart, Maria: *The Last Adventure of Life*
- Derricote, Cheryl Patrice: *Being the Grown-Up, Taking Care of Someone with a Terminal Illness*

- Eben Alexander: *Proof of Heaven*
- Eben Alexander: *Map of Heaven*
- Eknath Easwaran: *Dialogue with Death*
- Erickson, Karla: *How We Die Now: Intimacy and the Work of Dying*
- Fanslow-Brunjes, Cathleen: *Using the Power of Hope to Cope with Dying: The Four Stages of Hope*
- Fatteh, Abdullah: *At Journey's End*
- Gawande, Atul: *Being Mortal*
- Genova, Lisa: *Still Alice*
- Groves, Richard and Henriette Anne Klausner: *The American Book of Living & Dying*
- Groves, Richard: *The Sacred Art of Dying*
- Guroian, Vigen: *Life's Living toward Dying*
- Halifax, Roshi Joan: *Being with Dying: Cultivating Compassion and Fearlessness in the Presence of Death*
- Hampton, Charles: *The Transition Called Death*
- Hemingway, Annamaria: *Practicing Conscious Living and Dying*
- Hillman, James: *The Force of Character and the Lasting Life*
- Irish, D., Lundquist, K and Nelson, V.J.: *Ethnic Variations in Dying, Death and Grief*
- Kearney, Michael, MD: *Mortally Wounded*
- Kubler-Ross, Elizabeth: *Death Is Of Vital Importance*
- Kubler-Ross, Elizabeth: *Living With Death and Dying*
- Kubler-Ross, Elizabeth: *On Death and Dying*
- Kumar, Sameet: *Grieving Mindfully: A Compassionate and Spiritual Guide to Coping with Loss*
- Levine, Stephen and Ondrea: *A Year To Live*
- Levine, Stephen and Ondrea: *Who Dies?*
- Levine, Stephen and Ondrea: *Healing Into Life and Death*
- Marcell, Jacqueline: *Elder Rage or Take My Father.....Please.*
- McNees, Pat (editor): *Dying, A Book of Comfort*
- Miller, James and Cutshall, Susan: *The Art of Being a Healing Presence*
- Moody, Raymond and Arcangel, Dianne: *Life After Loss*
- Morhaim, Dan, MD: *The Better End, Surviving (and Dying) on Your Own Terms in Today's Modern Medical World.*
- Nuland, Sherwin: *How We Die*
- Oliver, S.L: *What the Dying Teach Us: Lessons on Living.*
- Osho: *Death – The Greatest Fiction: The Fear of Death*

- Peck, M. Scott, M.D: *Denial of the Soul: Spiritual and Medical Perspectives on Euthanasia and Mortality*
- DVD: Ram Das, Alan Jones, Rabbi Zalman Schachter-Shalomi, and Fr. Maximillian Mizzzi: *Graceful Passages*
- Ram Das: *Still Here*
- Rinpoche, Sogyal: *The Tibetan Book of Living and Dying*
- Ritchie, George: *Ordered To Return*
- Rosen, Elliott: *Families Facing Death: A Guide for Healthcare Professionals and Volunteers*
- DVD: Rusnak, Kathleen J: *Because You've Never Died Before*
- DVD: Schroeder-Sheker, Therese & Osteseki, Frank: *The Art of Living & Dying*
- Schroeder-Sheker, Therese: *Transitus: A Blessed Death in the Modern World*
- Sharkey, Frances, M.D: *A Parting Gift*
- Steiner, Rudolf: *Staying Connected*
- Thomas, L.E., & Eisenhandler: *Religion, belief, and spirituality in late life.*
- Webb, Marilyn: *The Good Death: The New American Search to Reshape the End of Life*
- Weenolsen, Patricia, Ph.D: *The Art of Dying: How to Leave This World with Dignity*
- Weenolsen, Patricia, Ph.D: *Transcendence of Loss Over the Life Span*
- Wilber, Ken: *Grace and Grit: Spirituality and Healing in the Life and Death of Treya Killam Wilber*
- William H. Thomas, M.D.: *What Are Old People For?*
- Wilson, Ian: *The After Death Experience: The Physics of the Non-Physical*
- Wolfelt, Alan D. PH.D: *Companioning the Grieving Child, a soulful guide for caregivers.*
- Wooten-Green, Ronald: *When the Dying Speak*
- Yoder, Greg: *Companioning the Dying: A Soulful Guide for Caregivers*
- Zalman Schachter-Shalomi and Miller, Ronald S: *From Age-ing to Sage-ing*