



# The Music Practitioner

e-Newsletter of The Music for Healing and Transition Program

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February 2015

## MHTP Conference News

Our 2014 conference in Texas, celebrating MHTP's 20th year of classes, was a wonderful success—many thought our best yet!

As we begin to plan where we will hold our 2016 conference and how to best serve our community, we invite everyone to help us by participating in a simple survey. Here is the link: <https://www.surveymonkey.com/s/RTWQLXM>

We want to hear from those of you who attend regularly, as well as those of you who have never attended an MHTP conference.

Our 2014 conference in Texas seemed to run flawlessly because of the leadership of Gil Wade, Conference Coordinator; Karen Stowe, Gil's assistant and the Transportation Coordinator; Lynn Turner, Conference Registrar; Martha Lewis, Hospitality Chair; Judith Ritchie, Vendor Chair; Janice Stegall-Seibert, Silent Auction Chair; Ruby Moseley, Publicity; and Directors Carol Spears and Rachel Allen. Thanks also go to Bruce Gardiner, MHTP Table Sales; John Allen, Sound and Stage Management; and the many conference-goers who gladly volunteered their time during the conference. We would also like to thank the generous people who contributed to our Transportation Fund or donated frequent flyer miles, making it possible for several people to attend who would not have been able to be there otherwise. And finally, thank you to the musicians who shared their gifts with us all before each session—particularly Joanne Does and Greg Maxwell, who once again coordinated joyous singing and playing each morning. Here are a few quotes from those who were there.



*MHTP founders left to right: Martha Lewis, Laurie Riley, and Maryann Schulz*

“Thanks to the wonderful presenters and contact with my colleagues, I have a renewed enthusiasm for going forth with more therapeutic music work.”

Brenda Bowen Cox, CMP

“MHTP was a few short years of my journey, but such a rich time... to see how far you all have come gave me such affirmation. I can't thank you enough for including me in the conference and making possible our founders' reunion. To see what MHTP has become

and is becoming gives me a great satisfaction that much good exists in this world.”

Maryann Schulz, CMP and designer of the original MHTP logo

“I have never been so impressed as I was with the quality of attendees drawn to this conference. During the Founder's Panel, I meant it from the bottom of my heart when I said I am truly humbled and in awe of every student in every single class that I have led in this incredible journey. YOU are what has made this program what it is today. What an inspiration all of you are! To see musicians so talented they could be sharing their talents to the world in so many areas, but are drawn instead into our ministry to share their music from their heart with love to others, is blessings beyond what I could ever ask for. Thank you, thank you, thank you.”

Martha Lewis, CMP, MHTP Co-founder

“It was all wonderful, and reaffirming. I have been to three conferences now and at each one there was at least one presenter who, in speaking to us, spoke emotionally, sometimes almost tearfully, about the work that we do. I live in Golden, Colorado, up against the foothills. We are so close to the mountains that we can't see them. That is how I feel when I hear those speakers. We are so close that we sometimes forget how unique and incredible our work is. Spending time with all of you only enriches my life. Thanks to all who worked so hard to make this a success.”

Gail Abbott, CMP

“It was a wonderful conference in a beautiful woodsy setting, with friendly staff and very nice rooms. As usual, the keynote speaker was excellent (someone really has a knack for picking these people), and there was a variety of other great sessions, as well. It really felt like I was conferring, conversing, and otherwise hobnobbing with my fellow wizards. Thanks so much to everyone who worked so hard to put this conference on.”

Laurel Wright, CMP

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## MHTP Continuing Education Offerings

### Dallas MHTP Enrichment Day

March 7, 2015, 8:30 a.m.-noon & 1:00-4:30 p.m.

Episcopal Church of the Transfiguration Youth Center, Dallas, TX

#### Morning sessions:

- The Healing Power of Tears (1.5 MHTP CEUs)
- The Coming New Crop of Older Adults: What You Need to Know Now (1.5 MHTP CEUs) Both presented by Dee Wadsworth, MS

#### Afternoon sessions:

- Learning Mindfulness Meditation (1 MHTP CEU) presented by Shelly Niebuhr, CMP
- MHTP training module updates (2 MHTP CEUs) – this session limited to CMPs, presented by Martha Lewis, MA, CMP, MHTP Faculty

For more information and registration form, contact Patsy M. Sadowski, 972-727-8799, e-mail [harpandsongmusic@gmail.com](mailto:harpandsongmusic@gmail.com)

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### Florida Enrichment Day

An enrichment day is being planned in Florida on the Russill Paul presentations at the MHTP 2014 conference and curriculum updates. Contact Carol Spears if you are interested in attending. [caroljspears@cs.com](mailto:caroljspears@cs.com)

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### 2014 Conference CDs

The set includes eight sessions, all handouts, and postage. Listening to the complete set and completing the review provides 11.5 MHTP CEUs. The order form is available at <http://www.mhtp.org/Data/Web/2014ConferenceOrder.pdf> or by e-mailing MHTP.

#### Recorded sessions:

- Knockin' on Heaven's Door: Mantras & Music as Sacred Portals to the Afterlife - Russill Paul
- Mantras and Modes for Spiritual Transition: Tapping the Hidden Power of Music and Chant - Russill Paul
- Magic Behind the Music - Vibrational Science and Health - Bethlyn Gerard
- Honoring Our Past - Founder's Roundtable with Laurie Riley, Martha Lewis, Maryann Schulz, Mary Radspinner. Moderator: Carol Spears
- Are you in treble? Want to jump off a clef? Tune up your resiliency - Bethlyn Gerard
- When the Planets & Stars Align: Bringing established, evidence-based practices together to move our profession forward - Nick Jacobs
- Live Therapeutic Music Research Presentations - CMPs Terri Fevang, Lloyd Goldstein, Karen Peterson
- Envisioning Our Future - Nick Jacobs, Carol Joy Loeb, Cheryl Belanger

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### MHTP Advanced Training for Therapeutic Musicians: Business Development Class

April 11-12, 2015, 15 CEUs

Silver Spring, MD

Taught by Cheryl Zabel, CMP and Washington Area Coordinator, who has utilized these techniques successfully in her own therapeutic musician business for the last five years. Cheryl is willing to travel to any area to present this training. Contact her if you would be interested in organizing it in your area: [cz56cmp76@icloud.com](mailto:cz56cmp76@icloud.com)

#### Day 1: Marketing 101, 8 hours

- What is needed to prepare before you start your own therapeutic music business?
- How do you find new customers?
- Networking strategies
- Presenting to organizations
- Specific creative strategies, including approaching hospitals
- Making the initial contact, including practice role playing
- Pricing questions
- Resources for additional ideas
- Additional questions

#### Day 2: Bookkeeping 101, 7 hours

- How to set up easy-to-manage accounting that tracks invoices, payments made, accounts receivables, mileage, etc.
- How to set up invoices for customers
- Faxing versus scan/e-mail
- Tracking status of your funds - keep your accountant happy!
- Other documents needed to run your business
- Presentation binders and what to include
- Are state excise taxes applicable, and how do you file these?
- Wrap-up

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### MHTP CEUs are being offered at these Harp Conferences:

- Somerset Folk Harp Conference, July 23-26, 2015, Parsippany, NJ <http://www.somersettharpfest.com/>
- Northern Lights Harp Fest, October 2-4, 2015, Ottawa, Ontario <http://northernlightsharpfest.com/>

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## CMPs In the News & the Community

Mercy Foundation *Horizons* magazine, Spring 2014 issue, featured the Music Ministry Grant Program at Mercy Hospital in Folsom, California. CMPs Roxanne Kopka, Judy Phillips, and Joyce Burrill work at the hospital. See: [http://issuu.com/mercyfoundationsacramento/docs/horizons\\_spring2014\\_issuu/1](http://issuu.com/mercyfoundationsacramento/docs/horizons_spring2014_issuu/1)

## Of Interest

Sad Music Causes Happy Thoughts: [http://www.utne.com/arts-and-culture/sad-music-causes-happy-thoughts.aspx?newsletter=1&utm\\_source=Sailthru&utm\\_medium=email&utm\\_term=UTR%20eNews&utm\\_campaign=11.10.14%20Uplifter%20eNews#axzz3IfppSiwh](http://www.utne.com/arts-and-culture/sad-music-causes-happy-thoughts.aspx?newsletter=1&utm_source=Sailthru&utm_medium=email&utm_term=UTR%20eNews&utm_campaign=11.10.14%20Uplifter%20eNews#axzz3IfppSiwh)

## Friends of Therapeutic Music

The National Standards Board for Therapeutic Musicians (NSBTM) has decided that it is time to “broaden its umbrella” to provide information and connections to the wider therapeutic music community. To do so, NSBTM came up with the idea of establishing a “Friends of Therapeutic Music” membership category for individuals and organizations who wish to support therapeutic music and the work of the NSBTM Board. A small tax-deductible contribution will provide the following benefits:

- Periodic updates on current and emerging research on therapeutic music
- Legislative alerts on issues that promote or hinder the progress of the NSBTM and its goals for the profession
- An opportunity for interaction with the NSBTM and its membership for advancement of the profession
- “Friend” listing on the website and opportunities for promotion of approved events

You can help by sending Melinda Gardiner the names and contact information of supporters of therapeutic music who you know and/or work with, such as healthcare staff, chaplains, program coordinators, and administrators. She will then send them an invitation.

You can also become a “Friend” yourself. Let Melinda know if you are interested.

Melinda can be reached at [harp@taconic.net](mailto:harp@taconic.net)

Check out the new NSBTM website: <http://www.nsbtm.org>

## MHTP Seeks Candidates for Treasurer

The MHTP Board of Directors is currently looking for candidates for the Board Director position of Treasurer. Directors serve terms of three years, with the opportunity to serve three terms consecutively. The Board meets monthly via conference calls and once a year in person for a four-day meeting. Candidates for Treasurer should have:

- Familiarity with Quickbooks
- Ability to provide the other Directors a quarterly treasurer’s report in consultation with MHTP’s Financial Administrator and Executive Director
- Ability to track budget actuals vs. projected for any significant anomalies in the quarterly reports
- Previous experience in a position with a financial background
- Previous not-for-profit experience is helpful
- A passion for the continued well-being of MHTP
- The ability to attend all monthly meetings, scheduled on the 3rd Monday of each month at 8:30 p.m. EST, and annual meetings, scheduled typically in early April, Thursday through Sunday.

If you are interested in more information, or wish to submit your name and qualifications for consideration for this very important Director position, please contact Kris Snyder at: [harperkris@hotmail.com](mailto:harperkris@hotmail.com)

## Help MHTP Plan the Next Conference!

The Board of Directors is beginning to form plans for the 2016 biannual conference, and we very much need your help. We want to hear from each of our grads and students. Please respond to our short survey (less than 5 minutes), even if you have never attended an MHTP conference before. Your input is critical to our planning of the 2016 conference. **PLEASE** respond by **FEBRUARY 13**. We will be analyzing the responses over that weekend during our Board meeting on February 16.

Complete the survey at:

<https://www.surveymonkey.com/s/RTWQLXM>

(No SurveyMonkey account is required.)

**Thank you!**

## Congratulations to these new CMP®s!

### Northeast

Linda MacFarlane – mountain dulcimer  
Julia Emley - flute  
Victoria Krukowski - clarinet  
Dorean Kimball – accordion  
Leslie Woodard - flute

### South

Marpessa Quintar Demoraes – guitar, voice  
Rachel Hunter-White – flute  
Bethany Leak - harp

### Mid-Atlantic

Edward Gant – cello  
Mixon Darracott – harp  
Elizabeth Fanning – harp  
Shelley Morhaim – harp  
Carole Grove - harp

### Midwest

Andrea Stader – mountain dulcimer, guitar  
Susan Bohlman - harp, viola, mountain dulcimer  
Thomas Ehlinger – guitar, voice  
Linda Smith Wate - voice

### West

Sabrina Taufig - flute  
Christine Eitemiller – keyboard  
Gabrielle Perkins – harp  
Barbara Molloy – voice  
Rebecca Thornton - keyboards

### Northwest

Janice Rider – viola, violin  
Jessica Gallo - harp

### International

Kowloon, Hong Kong: Lillian (Nga Hang) Chan – harp  
Ontario, Canada: Kristin Vollick – harp  
Ontario, Canada: Lynn Devine - guitar

## Scheduled Modules 2015

Check <http://www.mhtp.org>, or e-mail [mhtp@mhtp.org](mailto:mhtp@mhtp.org) as we will be adding new sites over the next months. Contact MHTP via e-mail if you are interested in enrolling in any of the class sites listed below.

### MODULE ONE (Patient Assessment for Live Therapeutic Music/Injury Prevention)

Wilmington, North Carolina	February 7-8, 2015
Chicago, Illinois	March 14-15, 2015
Morristown, New Jersey	May 2-3, 2015
Ann Arbor, Michigan	June 20-21, 2015
Craryville, New York Camp	July 19-21, 2015

### MODULE TWO (Music as a Language)

Baltimore, Maryland	March 21-22, 2015
Wilmington, North Carolina	April 18-19, 2015
Chicago, Illinois	May 16-17, 2015
Morristown, New Jersey	June 13-14, 2015
Craryville, New York Camp	July 21-23, 2015
Ann Arbor, Michigan	August 8-9, 2015

### MODULE THREE (Paradigms of Healing/Sound, Music, & Healing)

Denver, Colorado	March 7-8, 2015
Baltimore, Maryland	May 2-3, 2015
Wilmington, North Carolina	June 6-7, 2015
Chicago, Illinois	July 18-19, 2015
Morristown, New Jersey	August 1-2, 2015
Ann Arbor, Michigan	October 3-4, 2015

### MODULE FOUR (Etiquette and Internship/Profession of CMP®)

Concord, New Hampshire	March 14-15, 2015
Sacramento, California	March 21-22, 2015
Denver, Colorado	April 25-26, 2015
Baltimore, Maryland	June 27-28, 2015
Wilmington, North Carolina	August 8-9, 2015
Chicago, Illinois	September 19-20, 2015
Morristown, New Jersey	October 3-4, 2015
Ann Arbor, Michigan	December 5-6, 2015

### MODULE FIVE (Alterations in Health/Care of the Dying/ Clinical Practicum)

Harrisonburg, Virginia	February 6-8, 2015
Ontario, Canada	March 27-29, 2015
Concord, New Hampshire	May 15-17, 2015
Sacramento, California	May 29-31, 2015
Denver, Colorado	June 12-14, 2015
Baltimore, Maryland	September 18-20, 2015
Wilmington, North Carolina	October 2-4, 2015
Morristown, New Jersey	December 4-6, 2015

#### We Want to Hear From You

If you have a “Day in the Life of a CMP” story to share; if your activities as a CMP have been featured in a recent newspaper, radio, TV, or online story; or if you have tips on marketing, raising funds, getting grants, documenting your work, or other ideas that CMPs could use, please submit your information to MHTP newsletter editor Linda Grobman at [lindagrobman@gmail.com](mailto:lindagrobman@gmail.com). If you are interested in writing an article for the newsletter, please send Linda a brief e-mail describing your story idea prior to writing the article.

#### Spreading the Word

There are many ways to spread the word about our profession so that other musicians might be exposed to this fulfilling path of service. The Directors of MHTP invite CMPs and students to consider writing and submitting an article about your experience in the program and/or work as a therapeutic musician to your college or music school newsletter or alumni magazine. Or, perhaps you are part of an alumni or instrumental online group. For example, many of your final summaries before graduation are quite inspiring. Consider sharing your experience more widely with colleagues and friends.



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