



The Music Practitioner

e-Newsletter of The Music for Healing and Transition Program

A free newsletter from MHTP. You indicated your desire to subscribe to this newsletter. You may unsubscribe at any time via the unsubscribe link at the bottom of the announcement email. Please add us to your safe senders list.

November 2016

Music for Healing and Transition Program (MHTP)™ Conducts Employment Survey

In July 2016, MHTP conducted a survey to obtain a profile of Certified Music Practitioner (CMP)[®] graduates and the current state of employment opportunities within our community.

The survey asked about various characteristics, such as demographics, hourly rates, types of practice, sources of funding, and so forth. The survey was developed by Cheryl Zabel, CMP, drawing on the 2012 NSTBM survey questions. Editing assistance was provided by MHTP Directors Debbie Hix and Carol Spears. The survey was sent to more than 650 CMPs, using SurveyMonkey as the survey method.

Out of 660 valid emails sent to CMPs, 132 replies were received, which is a 20% response rate. Not all respondents replied to each question. Most questions had at least 110 responses.

Highlights and Discussion

The participants in the survey were not randomly selected, so results should not necessarily be generalized to the entire CMP population. On the other hand, it is very likely that the promotion strategy for the survey of directed emails was able to recruit a good number of CMPs and the results show a fair representation of the CMP population. The following are conclusions based on the replies received.

Market penetration in paid therapeutic music is focused primarily in the Eastern half of the U.S. at this point. The Western U.S. continues to lag in paid therapeutic music, whether as independent contractors or as employees of interdisciplinary medical teams. From the respondents, 62% are employed in *any* capacity, with 36-38% volunteering. Although there are certainly some CMPs who want to continue to volunteer, 70% of those who do volunteer *want* to be paid for their services.

Of those CMPs who are currently reimbursed for *any* expenses, primarily travel/parking-related charges are the only reimbursed items. Hourly CMP reimbursement rates are creeping up, although CMPs need to realize that their hourly fees need to build in a cushion to cover employee benefits, such as sick days, vacation, healthcare, retirement, and others.

Fifty-four percent of the respondents work under 4 hours per week. Although the reasons for working any number of hours vary—from being semi-retired to working part time to supplementing other types of endeavors—certainly therapeutic music can hardly be classified as full-time work for most individuals at this time.

Most individuals work (or have worked) in several areas in healthcare, from palliative/hospice to healthcare/hospital to

geriatrics to oncology. More growth can be pursued in surgery/emergency and neonatal/pediatrics, mental health/neurology, and other areas.

Therapeutic music funding is still reliant on donations, grants, foundations and auxiliaries, as opposed to being built into facility budgets. This is no doubt based to a large extent on therapeutic music not yet being covered by Medicare and the relative newness of our field.

With healthcare changes in the last couple of years, we expect integrative medical teams to incorporate therapeutic music more frequently, as more healthcare facilities bring on complementary modalities.

Marketing efforts by CMPs as a group have been marginally successful. Some CMPs have realized significant successes via a variety of creative strategies, and others have had minimal success. Many CMPs have given up on their efforts.

Changes in healthcare have been developing over the last couple of years with the Affordable Care Act, HCAHPS surveys, and JCO encouragement of complementary modalities to reduce overuse of pain medication. These changes open up opportunities for therapeutic musicians to find paid work offering this service. Efforts to educate the medical community a few years ago that weren't effective then need to be revisited now.

The ability of CMPs to find paid work will improve MHTP's ability to attract new students. Although MHTP has been successful in training CMPs in the field of therapeutic music, there is a long way to go to get CMPs the skills they need to find employment.

Adapted from survey report by Cheryl Zabel, CMP

Highlights of This Issue

MHTP Employment Survey	page 1
Scheduled Modules 2016/2017	page 2
Congratulations to New CMPs.....	page 2
Continuing Education News.....	page 3
Module 3 Goes Remote	page 3
CMPs in the News.....	page 4
MHTP Advisor Focus.....	page 4

Scheduled Modules 2016/2017

Check www.mhpt.org or email mhpt@mhpt.org for new sites for 2017 class cycles. We will be scheduling classes in Concord, NH; Tampa, FL; Fort Worth, TX; Federal Way, WA; and other areas.

MODULE ONE (Patient Assessment for Live Therapeutic Music/Injury Prevention)

Sacramento, California	January 28-29, 2017
Tampa, Florida	February 2017 (dates TBD)
Chicago, Illinois	March 11-12, 2017
Baltimore, Maryland	June 24-25, 2017
Craryville, New York Camp	July 16-18, 2017
Denver, Colorado	September 17-18, 2017

MODULE TWO (Music as a Language)

Atlanta, Georgia	November 12-13, 2016
Portland, Oregon	December 10-11, 2016
Sacramento, California	April 1-2, 2017

Tampa, Florida	April 2017 (dates TBD)
Chicago, Illinois	May 20-21, 2017
Craryville, New York Camp	July 18-20, 2017
Baltimore, Maryland	September 9-10, 2017
Denver, Colorado	November 11-12, 2017

MODULE THREE (Paradigms of Healing/Sound, Music, & Healing)

Atlanta, Georgia	January 21-22, 2017
Portland, Oregon	March 11-12, 2017
Sacramento, California	June 10-11, 2017
Tampa, Florida	June 2017 (dates TBD)
Chicago, Illinois	July 15-16, 2017
Craryville, New York Camp	August 27-29, 2017
Baltimore, Maryland	November 11-12, 2017
Denver, Colorado	January 13-14, 2018

MODULE FOUR (Etiquette and Internship/Profession of CMP)

Fort Worth, Texas	November 5-6, 2016
Denver, Colorado	November 12-13, 2016
	March 3-4, 2018
Syracuse, New York	February 11-12, 2017
Atlanta, Georgia	March 25-26, 2017
Portland, Oregon	May 13-14, 2017
Tampa, Florida	August 2017 (dates TBD)
Sacramento, California	August 26-27, 2017
Craryville, New York Camp	August 29-31, 2017
Chicago, Illinois	September 23-24, 2017
Baltimore, Maryland	January 27-28, 2018

MODULE FIVE (Alterations in Health/Care of the Dying/ Clinical Practicum)

Concord, New Hampshire	November 18-20, 2016
Federal Way, Washington	January 6-8, 2017
Fort Worth, Texas	January 13-15, 2017
Wilmington, North Carolina	January 13-15, 2017
Denver, Colorado	February 3-5, 2017
	May 4-6, 2018
Harrisonburg, Virginia	March 10-12, 2017
Atlanta, Georgia	June 2-4, 2017
Portland, Oregon	July 14-16, 2017
Tampa, Florida	(dates TBD)
Sacramento, California	November 3-5, 2017
Chicago, Illinois	November 10-12, 2017
Baltimore, Maryland	March 2-4, 2018

Congratulations to these new CMPs! MHTP now has more than 835 graduates.

All graduates who have returned contracts and are current with the continuing education requirements are listed on the MHTP website.

Northeast

Joani O'Keefe - voice, guitar
Carolyn Broginski - dulcimer
Aline Benoit - clarinet
Diane McGary - voice
Dorothy Baer - violin

Mid-Atlantic

Ilia Steinschneider - violin
Jennifer Narkevicius - harp
Janet Satterthwaite - harp
Alanna Collins - voice, guitar

West

Jim Behnke - voice, guitar
Susan Spangler - harp
Linda Bunyard - piano, voice
Betsy Moore - piano, guitar, voice

Midwest

Laura Haugen - harp
Emily Perryman Olson - flute, voice
Barry Riskadal - harp

Northwest

Joanne Fromhold Arnst - harp

Continuing Education News

MHTP 2016 Conference Recordings

The conference recordings are now available on the MHTP website at: <http://www.mhtp.org/purchase/>

The sessions are downloadable MP3 files and are \$10.00 each. CMPs can receive CEUs by listening to these recordings and answering questions: <http://www.mhtp.org/s/2016-Conference-CEU-Question-Sheet.docx>

The following sessions are available:

- SpiritArts—Transformation Through Improvisation - Lynn and Eric Miller - 1.5 CEUs
- Fearless Presence: How to Cultivate the Courage to Be a Compassionate Presence in the Face of Suffering - Kirsten DeLeo - 1.5 CEUs
- Bio-Guided Music Therapy - Dr. Eric Miller, Ph.D., MT-BC - 1 CEU
- Navigating the Tides of Healthcare – Healing Arts and Spiritual Care in the Changing World of Healthcare - RJ Salus - 1 CEU
- Navigating the Tides of Healthcare – Legislation/Regulation/Innovation - Opportunities and Challenges - Joan Forte-Scott - 1 CEU
- I Would Rather Have Music! Exploring the Effects of Individualized Live and Pre-recorded Music for People with Dementia Nearing the End of Life and Their Caregivers - Claire Garabedian, Ph.D., CMP - 1 CEU
- The Practice of Compassionate Presence - Kirsten DeLeo - 1 CEU
- CMP Panel: Cultivating Unique Relationships With Healthcare Organizations - 1 CEU

MHTP Modules

As you know, the MHTP curriculum is revised and updated each year. Re-taking a class or an entire Module is an excellent way to receive MHTP CEUs and become completely current with the MHTP curriculum. See the schedule of modules in this newsletter for currently scheduled classes. **Note: Beginning in January 2017, all Module 3 classes, except for the New York Summer Camp, will be live, online classes that students will be attending from their homes.** (See article on this page.) CMPs, you may attend this complete module for \$230 and receive 15 CEUs, or part of the module at \$15 per seat-hour/CEU.

Spreading the Word

There are many ways to spread the word about our profession so that other musicians might be exposed to this fulfilling path of service. The Directors of MHTP invite CMPs and students to consider writing and submitting an article about your experience in the program and/or work as a therapeutic musician to your college or music school newsletter or alumni magazine. Or perhaps you are part of an alumni or instrumental online group. For example, many of your final summaries before graduation are quite inspiring. Consider sharing your experience more widely with colleagues and friends.

We Want to Hear From You

If you have a “Day in the Life of a CMP” story to share; if your activities as a CMP have been featured in a recent newspaper, radio, TV, or online story; or if you have tips on marketing, raising funds, getting grants, documenting your work, or other ideas that CMPs could use, please submit your information to MHTP newsletter editor Linda Grobman at lindagrobman@gmail.com. If you are interested in writing an article for the newsletter, please send Linda a brief email describing your story idea prior to writing the article.

Module 3 Goes Remote

by Carol J. Spears, CMP, MHTP President of the Board, Module 3 Teacher

MHTP announced at the bi-annual conference in July that we are teaching Module 3 via remote delivery as of January 2017. MHTP’s Board of Directors has had this as a goal for many years, and feel the time is right to begin this new endeavor. With remote delivery, we are able to save students the cost of travel, lodging, and food for one out of our five modules. We also save MHTP the cost of teacher travel. As you may be aware, most, if not all, of the other therapeutic music training classes are provided completely via remote delivery. MHTP will continue having 80 percent (four out of five) of its modules in person. We deeply value, and know our students value, the in-person format. The content of Module 3 allows us to easily offer it using remote technology.

We have selected Zoom as our teleconference platform for the class. MHTP Module 3 teachers (Melinda Gardiner and Carol Spears) are conducting a pilot class in November to test our use of Zoom and how the class structure works. We are teaching this to a group of advisors, as if it is a real class, to make sure we can provide the first actual class with a seamless transition to this new format. If for some reason we feel, after the pilot class in November, that we are not ready to go live in January, then the first remote delivery class will occur later in the year.

So, how does the remote delivery affect MHTP students?

- Students will not have to travel for Module 3. They will be taking it in their own homes.
- The class schedule is changed to allow for a more effective online experience. Instead of having the very long class on Saturday, the schedule will be: two hours Friday night, six and a half hours each on Saturday and Sunday. The times are: 7:00 p.m.–9:00 p.m. Friday, 8:30 a.m.–4:00 p.m. Saturday, and 8:30 a.m.–4:00 p.m. Sunday, with an hour lunch break on Saturday and Sunday.
- Students will be responsible for having a computer set up through which they will connect to the class. Detailed information will be sent out about how students sign up for a free account. Students will make sure that their computer has a mic and camera that work. Students can also use a tablet.

We know that change can at times be difficult, but we trust that with flexibility and patience, we will see that this remote delivery of Module 3 will be exciting and effective as part of MHTP’s continuing openness to providing the very best training in therapeutic music.

CMPs in the News

Therapies of Joy: <http://www.nhmagazine.com/September-2012/Therapies-of-Joy/>
Features Alice Kinsler, CMP

At Concord Hospital, Therapies Help Soothe Opioid-Exposed Babies in Withdrawal: <http://nhpr.org/post/concord-hospital-therapies-help-soothe-opioid-exposed-babies-withdrawal>

and
NH Hospitals Struggle To Treat Opioid-Addicted Babies: <http://boston.cbslocal.com/2016/04/21/nh-hospitals-drug-addicted-babies-epidemic/>

Feature De Luna, CMP, and Ami Sarasvati, CMP

Amid ICU's Sickness, a Harp Offers a Healing Sound: <http://chicago.suntimes.com/news/amid-icus-sickness-a-harp-offers-a-healing-sound/>

Features Sue Wohld, CMP

Harpist Suni Smith Plays Healing Music for Cancer Patients During Treatments: <http://www.ukiahdailyjournal.com/lifestyle/20161004/harpist-suni-smith-plays-healing-music-for-cancer-patients-during-treatments>

Features CMP Suni Smith.

Kate Tamarkin Helps Raise Funds for Hospice Program: http://www.dailyprogress.com/entertainment/kate-tamarkin-helps-raise-funds-for-hospice-program/article_223ac8ec-875b-11e6-b634-d3c6033eca1e.html

Features Kate Tamarkin, CMP.

Of Interest

The Healing Powers of Music: Mozart and Strauss for Healing Hypertension

<https://www.sciencedaily.com/releases/2016/06/160620112512.htm>

MHTP Advisor Focus: Sheryl Akaka, CMP

(Note: This is a new column to introduce our MHTP advisors.)

Name:
Sheryl Akaka

Location:
Federal Way, Washington

Where you work as a CMP:
St. Francis Hospital, ICU
MultiCare, Good Samaritan
Home Health Hospice

How long have you been a
CMP?
12 years

Instrument(s):
Piano, Voice, Guitar



Sheryl Akaka

Why did you become an advisor?

The advisor is the first and most important resource for the student in the program.

What is the greatest challenge you've faced being an advisor?
Intuition. Knowing at which point in the student's training to provide resources for personal growth and application.

What do you enjoy about being an advisor?
Assisting students in acquiring their certifications with encouragement, compassion, and integrity.

What advice would/do you give students?
The quality of your experience in the training is demonstrated in your behavior in the outcome. What you practice as a Certified Music Practitioner is a way of life.



Copyright © 2016 MHTP
MHTP, P.O. Box 127, Hillsdale, New York 12529
www.mhtp.org | Subscribe to newsletter at www.mhtp.org/Newsletter.aspx?Action=SUBSCRIBE
E-mail: mhtp@mhtp.org
Certified Music Practitioner (CMP) is a registered certification mark of the Music for Healing and Transition Program Inc. Music for Healing and Transition Program is a trademarked name.