Resources for Families and Individuals Affected by FASD

**Families Affected by Fetal Alcohol Spectrum Disorder (FAFASD)**

Families Affected by Fetal Alcohol Spectrum Disorder seeks to spread information, awareness, and hope for caregivers of people with FASD. Their mission is to raise awareness about FASD through education, support, and research-based training to caregivers raising children with FASD.

**FASLink**

FASlink is the Canadian Fetal Alcohol Syndrome Internet support, information, advocacy, and discussion forum. FASlink maintains a discussion listserv serving hundreds of families and professionals across Canada and in other countries.

**FASworld**

FASworld is an international alliance of parents and professionals dedicated to the prevention of fetal alcohol spectrum disorders. This organization brings awareness of the tragedy of FASD to the media, governments, professionals, and ultimately, the general public. FASworld Canada works with the Fetal Alcohol Syndrome Community Resource Center in Tucson to coordinate work in worldwide awareness.

**Guide for Online Colleges and Disabilities**

AccreditedOnlineColleges.org published their 2016 College Resources for Students with Disabilities. Because students with disabilities are often unaware of all the grants, scholarships, and education resources that are available to them, a user-friendly guide was developed to explore rights and protection provided by law, education opportunities, as well as grants and scholarship programs designed specifically to support higher education.

**MotherToBaby**

MotherToBaby, a service of the non-profit Organization of Teratology Information Specialists (OTIS), is dedicated to providing evidence-based information to mothers, health care professionals, and the general public about medications and other exposures during pregnancy and while breastfeeding. Talk directly to the experts behind the most up-to-date research.

**Self Advocates with FASD in Action (SAFA)**

SAFA began in March of 2011 and is the first national self-advocacy group created by and for people with fetal alcohol spectrum disorders (FASDs). Their mission is to connect people with FASDs together; improve quality of life for people with FASDs; advocate for needed services; and educate others about FASD and how to prevent it.
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Text4Baby

To help more pregnant women and new moms get information about caring for their health and giving their babies the best possible start in life, the National Healthy Mothers, Healthy Babies Coalition (HMHB) launched Text4Baby, the first free health text messaging service in the U.S. Women receive three free text messages a week, timed to their due date or their baby’s birth date, through pregnancy and up until the baby’s first birthday. The messages address topics such as labor signs and symptoms, prenatal care, urgent alerts, developmental milestones, immunizations, nutrition, birth defect prevention, safe sleep, safety, and more.

The Circle of Hope: A Mentoring Network for Birth Mothers

The NOFAS Circle of Hope is an organization created to support birth mothers of children with FASD. Their vision is to become an international network that will work to mentor women who are struggling with addiction or have used alcohol or other drugs while pregnant. Most members have a child or children with Fetal Alcohol Spectrum Disorders (FASD). Their mission is to increase understanding and support for birth mothers and to strengthen recovery for women who drank during their pregnancies as well as to support their families.