MODAL SCALES

There are seven modes, all of which come from the familiar major scale, but use different starting pitches. This means that each mode has a different pattern of whole and half steps.

Ionian: do re mi fa sol la ti do  Dorian: re mi fa sol la ti do re  Phrygian: mi fa sol la ti do re mi
Lydian: fa sol la ti do re mi fa  Mixolydian: sol la ti do re me fa sol  Aeolian: la ti do re mi fa sol la
Locrian: ti do re mi fa sol la ti

1. Ionian Scale (Major Scale, starts on "do")

2. Dorian Scale (starts on "re")

3. Phrygian Scale (starts on "mi")

4. Lydian Scale (starts on "fa")

5. Mixolydian Scale (starts on "sol")

6. Aeolian Scale (Natural Minor Scale, starts on "la")

7. Locrian Scale (starts on "ti")

Practice Instructions: Use long, full bow-strokes, from frog to tip. Set the metronome to quarter note = 50 or slower. Maintain a consistent contact point between the bow and the string.

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