

**MEDIA RELEASE
5 AUGUST 2015**

New Bible colouring book for adults



Lorien is available for interviews.

Please contact her at:

lorienillustrations@gmail.com

0425 304 943



For additional information:

Cecily Paterson, Publisher

cecilyapaterson@gmail.com

02 4465 1585

ABOUT THE ARTIST: LORIEN ATWOOD

Lorien Atwood is a wife, a mother of three and a compulsive doodler. As an Aussie expatriate child, she grew up surrounded by the rich design elements of South Asia and the Middle East and particularly the tradition of 'mehndi' or henna decoration, which has influenced her drawing style and patterns.

The idea to create colouring resources that combine the therapeutic effects of colouring mindfulness with the healing and restorative nature of Scripture sprang up quickly and unexpectedly. However, Lorien has long been passionate about using creative methods to reflect and meditate on God's word and encouraging others who also wish to do so.

It is her hope that many people will use her work to worship God, meditate on his truth and experience the joy of making something beautiful.

Lorien takes about ten hours to complete a design, from start to finish. She begins with the verse and looks for imagery or associations that stand out from the words, using that as the basis of the design.

If no strong visual image emerges, she draws the verse first, using the shapes and layout of the words to help reinforce the meaning, and then adds designs around them. She uses a variety of black fiber-tipped artist pens, from very fine point through to brush tipped pens, and occasionally does lettering with a paintbrush.

Lorien's favourite verse design so far is of 2 Corinthians 4:16. She takes great personal encouragement from the words and enjoyed seeing the swirl design come together.

