



Emporia Super Series of Races 2017

The Emporia Recreation Center is proud to present the first ever Emporia Super Series of Races! All you need to do is **compete in and finish** 10 of our sponsored races to receive your finisher's medal and t-shirt! We have partnered with nearly 30 local race

directors to help promote and coordinate a race calendar of events held in Emporia during 2017 (see below). We have 5Ks, 10Ks, biking events and triathlons, choose any 10. What a great goal to start the new year! It's time to challenge yourself to do more in 2017! Age or ability doesn't matter- this would be a terrific family challenge. The Super Series promotes a healthier you and a healthier Emporia! The only fee is the cost of each event. Prizes will be awarded in December 2017. Mark your calendars now to help support these events! For more information, call 620-340-6300.

Registration: Visit www.moveemporia.com to sign up

Our Awards Sponsor: Emporia Community Foundation

Powered by: Emporia Recreation Commission

Super Series Directors: Amanda Gutierrez- Emporia Recreation Commission
Cassie Crotts- Move, Emporia and Amanda Cunningham

Super Series Race Dates 2017

February 18- Polar Strut 5K

Special Olympics

March 11- Leprechaun Dash 5K

St. Patrick's Day Committee

March 18- EMS 5K

Emporia Middle School

April 1- Camp Alexander 5K

Camp Alexander

April 8- Crawl, Walk, Run 5K

Emporia Child Care Center

April 15- Bunny Hop 5K

Riverside Elementary

April 22- Nitty Gritty Dirt Dash

Emporia State University

April 23- Spring Migration Triathlon

Emporia State University

April 30- ERC Birthday Bash 5K and 10 K

Emporia Recreation Commission

May 6- Zombie Dash

Holiday Resort

May 20- Tour de Village 5K and Bike Race

Village Elementary School

May 24- KISS 5K

Keep It a Safe Summer

June 3- DK200 Bike Races

DK Promotions

June 24- Tornado Trot

City of Reading

June 24- Tour de Lyon County Bike race

Team Schnak for Juvenile Diabetes

August 5- Lunar Kanza Bike Race

DK Promotions

August 19- Beef Fest 5K

Flint Hills Beef Fest

August 26- Glow Run 5K

St. Francis Children's Services

September 16- Make a Joyful Noise

New Life Christian Church

September 16- Tye Dye Run 5K

Emporia State University

September 23- Race the Chase Gravel Run

DK Promotions

September 30- Move, Emporia 10K

M.U.P.P. Board

October 7- Lap the Lakes Gravel Grinder Bike Race

October 7- Get Your Motor Running 5K

FHSEC OT and PT

October 14- Twinkie 5K

Emporia Area Chamber of Commerce

October 21- Zombie Run 5K

Emporia Police Benefit Association

October 28- Trick or Trot

Emporia Middle School

November 5- Freedom Fest Bike and Run

All Veteran's Committee

November 23- Turkey Day Dash

Walnut Elementary School

November 28- Candy Cane 2K Fun Run