

SOCIAL LEGACY EVALUATION

1. Which words most closely resemble the social tone of your family?
 - 1 Cruel and cutting
 - 2 Cutting sarcasm
 - 3 Chaotic and distant
 - 4 Non-communicative but stable
 - 5 Secure with open communication
 - 6 Loving and fun

2. What was the message of your home life with regard to relationships?
 - 1 "Step on others to get your way."
 - 2 "Hurt them if they hurt you."
 - 3 "Demand your rights."
 - 4 "Mind your own business."
 - 5 "Treat others with respect."
 - 6 "Put others before yourself."

3. How were rules set and enforced in your home?
 - 1 Independent of relationship
 - 2 In reaction to parental stress
 - 3 Dictatorially
 - 4 Inconsistently
 - 5 Out of concern for my well-being
 - 6 In the context of a loving relationship

4. Which word best characterizes the tone of communication in your home?
 - 1 Shouting
 - 2 Manipulation
 - 3 Confusing
 - 4 Clear
 - 5 Constructive
 - 6 Courteous

5. How did your family deal with wrong behavior?
 - 1 Subtle reinforcement
 - 2 Accepted in the name of love
 - 3 Guilt trip
 - 4 Severe punishment
 - 5 Discussion
 - 6 Loving, firm discipline

RESULTS:

Above 24	Strong social legacy
19-24	Healthy legacy
14-18	Mixed legacy - good and bad elements
10-13	Weak social legacy
Below 10	Damaged social legacy