



# WALK TO FIGHT SUICIDE

**OUT OF THE DARKNESS** Community Walks  
Suicide Prevention Starts With Everyday Heroes Like You. Register Today.

**Sunday, September 11**  
**DCR Ashuwillticook Rail Trail**

Registration begins: 8:30am

Walk begins: 10:30am

[hwhite@afsp.org](mailto:hwhite@afsp.org)

413-387-3770



AMERICAN FOUNDATION FOR  
Suicide Prevention

[afsp.org/walk](https://afsp.org/walk)

**WALK. VOLUNTEER. DONATE.**