

Berkshire County Out of the Darkness Walk for Suicide Prevention



Walk With Me to Fight Suicide

OutoftheDarkness.org



Online registration closes at noon the Friday before the walk. However, anyone who would like to participate can register in person at the walk from the time check-in begins until the walk starts. Walk donations are accepted until December 31st.

WHEN: Sunday, October 15th
Check-in/Registration: **8:30 am**
Walk Begins: **10:00 am**
Walk Ends: **12:00 pm**

WHERE: Ashwilticook Rail Trail, Adams, MA
Parking & Registration:
Adams Visitor Center,
3 Hoosac St, Adams, MA 01220
(Trail starts behind Visitor Center)

The Out of the Darkness Community Walks take place in over 335 communities across the country this fall, with the proceeds benefiting AFSP. Berkshire County's Walk is an awesome venue.

**REGISTRATION (As individual and/or team)
OR DONATE :**

www.afsp.org/berkshirecounty

INFO ABOUT WALK ON FACEBOOK:

More details at Berkshire County Out of the Darkness Walk Facebook site:

www.facebook.com/Berkshire-County-Out-of-the-Darkness-Walk-for-Suicide-Prevention-804758302980770

**Info about Ashwilticook Rail Trail
and Map:**

<http://www.mass.gov/eea/agencies/dcr/mas-sparks/region-west/ashwilticook-rail-trail.html>

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