St. Louis Area Well-Being Workshop (SLAWW) 3: Stress

Friday, February 16, 2018, 10am-3pm, followed by reception
Location: Il Monastero, Saint Louis University (3050 Olive St.)
Free parking onsite. Lunch provided for registered attendees, and reception follows.

This year’s SLAWW workshop is inspired by recent findings in St. Louis that suggest this may be an excellent region for multidisciplinary studies of stress—arguably one of the most important foci for future research on well-being. For instance, health data and self-reports of stress seem to give different answers about racial differences in stress levels. How do we tell what’s really going on? Attendees are encouraged to join in the discussion.

10-10:15 Introductory remarks

10:15-11 Tony Buchanan (psychology, SLU), "Stress on the brain: How it’s measured and how it affects us"

11:15-12 Ron Mallon (philosophy, Wash U), "3 Ways Stress Can Make Racial Attitudes Matter"

12-12:45 Lunch, catered by Like Home/Comme à la Maison for all pre-registered attendees

12:45-1:30 Dannielle Joy Davis (education, SLU), "Well-Being and Self Care: Tools in Countering the Effects of Racism," Co-presenters: Michael Jones, Ph.D., Freddie Wills, Ph.D., Michaela Thomas, Manisha Ford-Thomas, Boyd Copeland

1:45-2:30 Laura Niemi (psychology, Duke), “The Experience of Being Denied Credibility: Stress and Epistemic Injustice"

2:30-3 Dan Haybron (philosophy, SLU), “Puzzles in the Measurement of Stress” (may extend this 15 mins or so to allow discussion since that session was cut)

3:00 Reception with beer/wine, hors d’oeuvres

This workshop is open to anyone with a professional interest in the topic, but please register in advance with Heather Venable (heather.venable@slu.edu) by Tuesday, February 13. You may also contact the conference organizer, Dan Haybron, at haybron@gmail.com

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