A Case Against Vaccination

Seek Truth, Do No Harm

G. S. (herbalistmama)
revised Spring 2018
I first penned this position paper 18 years ago to function as an explanation to people in our life who would question our position against vaccination. Since that time, my body of knowledge, my experience, my influence, and my conviction—as a researcher, health counselor/herbalist and parent—has grown. At that time, I was an odd voice in a very small minority. Happily, much has changed!

The vaccination issue itself has evolved. The technology has changed. The collusive relationship between government and the medical industry has continued to flourish. The wealth of available information has proliferated. The social and political climate, and the general public’s understanding of this issue have progressed. When we determined—before our first child was born—to avoid vaccination, ours was still a fairly unusual position. Since that time, the decision to refuse vaccination has become widely understood and more commonly practiced, to the chagrin of the medical industry. As a result of public enlightenment regarding the widespread suffering of vaccine-injured children, tens of thousands of parents have determined to question the system. It is becoming more common for scientists, doctors and health “experts” to openly criticize vaccination and decry its harm to children.

“Show us the science!” has become a battle cry of parents desiring to defy the status quo and onerous regulatory violations propping up profit-mad drug makers. These concerned contrarian parents have become the catalyst for a slow-growing societal realization that the ever-profitable medical industry does not provide good medicine. More and more practitioners are joining the fray...I had a highly respected, popular pediatrician (from a nationally renowned pediatric family practice in CA) tell me he does not vaccinate his children. And an ongoing informal study (ie: not “scientifically approved” by the medical establishment), based on more than 11,000 participants, reveals that unvaccinated children are healthier than their inoculated peers.1 2

Amidst all these negative and positive changes, my goals and my beliefs remain unchanged...in fact, my convictions have only magnified. I hope that my latest revision accurately reflects these elements.

“If you have doubts on the safety and effectiveness of vaccination, please keep your curiosity up, since the lives of your children may depend on it. You will probably have much deprogramming to do, just like most of us had.” — Suzanne Humphries, MD a member of the board of directors of the International Medical Council on Vaccination

“The tendency of a mass vaccination program is to herd people. People are not cattle or sheep. They should not be herded. A mass vaccination program carries a built-in temptation to oversimplify the problem; to exaggerate the benefits; to minimize or completely ignore the hazards; to discourage or silence scholarly, thoughtful and cautious opposition; to create an urgency where none exists; to whip up an enthusiasm among citizens that can carry with it the seeds of impatience, if not intolerance; to extend the concept of the police power of the state in quarantine far beyond its proper limitation; to assume simplicity when there is actually great complexity; to continue to support a vaccine long after it has been discredited;…to ridicule honest and informed consent.” — Statement from Clinton R. Miller, Intensive Immunization Programs, May 15th and 16th, 1962. Hearings before the Committee on Interstate and Foreign Commerce House of Representatives, 87th congress, second session on H.R. 10541

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[The following is a summary of our decision against vaccination. We made this decision after continual careful study of the issue. (For structural fluidity, I have written primarily in the singular first person.) Lengthy detail on each point is beyond the scope of this paper; all relevant data can be found through diligent personal study of readily available information. A brief bibliography and additional resources are attached.]

“To someone whose God is science, vaccination makes sense. But to someone whose god is God, it is appalling.” — Dr. Isaac Golden PhD, ND, D.Hom, former president of the Australian Homeopathic Association (Victoria), homeopathic coordinator for Melbourne College of Natural Medicine

“First Do No Harm”

In succumbing to the federal government’s, pharmaceutical industry’s, and the American Academy of Pediatrics’ indoctrination and “fear-mongering” campaign for the necessity, safety and efficacy of routine vaccinations, the medical community and parents have forgotten Hippocrates’s imperative.

Many doctors, scientists and concerned parents rightly question the safety and efficacy of vaccination and have chosen to opt out. The establishment would have people believe that vaccine naysayers are a collection of ignorant, paranoid parasites. That could not be further from the truth. We who oppose vaccination are not the uneducated crackpot fringe. Enlightened souls (even some within the medical system) have raised their voices and objections to vaccination practices.

Pre-licensing “safety” studies for new vaccines conducted by vaccine manufacturers are extremely short-lived (from a few hours to a few weeks) and focus on specific reactions to the shots, such as localized swelling and fever. This trial period is woefully inadequate at revealing significant illness or chronic disease, which can take months or years to emerge. No independently funded long-term scientific studies have been performed to understand the negative side effects on the health of children who are inoculated from birth. The fact remains that vaccine “science” is not evidence-based science.

It is apparent that vaccine efficacy rates are questionable; vaccinated routinely contract and spread disease during outbreaks (some examples):
- During a measles epidemic in Hungary between September 1988 and December 1989, 17,938 cases of measles were recorded, with the majority of cases reported in the vaccinated population. The vaccination status was known for 12,890 cases (76% of the total). Of those cases, 62% (8,006 people) had been vaccinated [Int. Journal of Epidemiology, Oct. 1992].
- A mumps epidemic broke out in an entirely vaccinated population of about 4,200 students in three U.S. schools [Pediatric Infectious Disease Journal, Apr. 1993].
- In Nashville, Tennessee, a mumps outbreak occurred in the vaccinated population [Journal of Infectious Diseases, Dec. 1988].
- In a U.S. school between Oct.-Nov. 1990, 54 students contracted mumps; 53 had been vaccinated. The attack rate was the highest reported to date in a vaccinated population [Arch. Of Pediatrics and Adolescent Medicine, v. 149, July 1995].
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During a seven-month outbreak in 2010, approximately 1,500 people contracted mumps in New York; nearly all of them had been vaccinated for the illness [MMWR Weekly, CDC, v. 59, Feb. 12, 2010]. This was the largest mumps outbreak since a 2006 outbreak that affected almost 6,600 people (the majority of whom were vaccinated) across six states [MMWR Dispatch, CDC, v. 55, May 2006].

Most babies older than 6 months who get whooping cough are fully and “appropriately” vaccinated. A controlled study showed that more than 86% of whooping cough in school age children occurs in the fully vaccinated [BMJ, 333, 2006].

Measles deaths from 2004 to 2015 = ZERO. [CDC] Deaths caused by measles vaccine in same decade = 108 reported. [VAERS database]

As the real science leaks to the fore, it is apparent that the supposed “immunity” effects of vaccines cannot be guaranteed; in fact, the concept of conferred immunity is not the gospel truth we have been led to believe. We know that natural antibodies from breastmilk confer immunity to babies, strengthens their developing immune systems, and kills viruses.\(^3\) \(^4\) \(^5\) The efficacy of “antibody-producing” vaccines, however, is questionable. Research published in the journal Immunity (March 2012) indicates what many vaccine opponents have been saying for years: Innate immunity plays the crucial role in preventing and fighting infections. Antibodies from a synthesized “adaptive” immunity (i.e. vaccination) are ineffective on their own.\(^6\) \(^7\) “Our findings contradict the current view that antibodies are absolutely required to survive infection with viruses like VSV (vesicular stomatitis virus), and establish an unexpected function for B cells as custodians of macrophages in antiviral immunity,” said senior study author Dr. Uldrich H. von Andrian. As refreshing as it is to see unconventional wisdom verified by modern medicine, I have little doubt a rebuttal will be made to this “discovery,” if not full-blown disparagement—particularly of the study’s implications.

Allopathic medicine is a drug therapy modality. Drug manufacturers provide the medical industry’s key service and control the majority of its information.\(^8\) Pharmaceutical companies are not humanitarians, but extraordinarily powerful profiteers. And let us not forget that government and big Pharma have long been political “bed-fellows.”\(^9\) The formidable drug industry has financial influence over the FDA and medical schools,\(^10\) \(^11\) and has many friends in “high places.”\(^12\) The “revolving door” between industry (in this case pharmaceutical corporations) and government agencies has been a point of controversy for years.\(^13\) This is no surprise, as we live in a world where myriad former Monsanto execs and employees

\(^3\) http://www.breastfeedingonline.com/importanceofhumanmilk.html
\(^4\) http://www.vaccineriskawareness.com/Disease-Killing-Properties-Of-Breast-Milk
\(^6\) http://www.medicalnewstoday.com/releases/242403.php
\(^7\) http://www.naturalnews.com/035371_vaccine_theory_antibodies_viruses.html#ixzz1qKIG8q7d
\(^8\) http://bostonreview.net/BR35.3/angell.php
\(^9\) http://fairwhistleblower.ca/content/revolving-door-between-us-government-big-business
\(^10\) http://www.drugwatch.com/influence-of-big-pharma.php
\(^12\) http://www.cptech.org/ip/health/politics/revolvingdoor.html
\(^13\) http://www.sourcewatch.org/index.php?title=Government-industry_revolving_door
have held and currently hold important government positions, including heads of the USDA and FDA.\textsuperscript{14}

Consider a few Pharma examples:

\begin{itemize}
  \item Former President George Bush Sr. was once director of Eli Lilly, the original manufacturer of thimerosal. Various White House positions have been filled by former Eli Lilly employees. President George W. Bush vetoed a bill in 2007 that would remove thimerosal from the flu vaccine.  
  \item U.S. Rep. Dan Burton’s investigation of the CDC and FDA advisory panels that recommended use of the dangerous rotavirus vaccine revealed that some members of both panels owned stock in vaccine-manufacturing firms and some members held patents for vaccines affected by the panels’ decisions.  
  \item Dr. Michael Friedman, acting commissioner of the FDA from 1997 to 1998, was formerly senior vice president of research and development for Pharmacia Corporation (he was an acting FDA deputy from 1995-1999).  
  \item After heading the CDC from 2002 to 2009, Dr. Julie Gerberding became president of Merck’s vaccine division.  
  \item In early 2011, Teresa Stanek Rea, a leading pharmaceutical and biotech lawyer, became deputy director of the U.S. Patent and Trademark Office.  
  \item Another former CDC director, Dr. Richard Besser (aka Chief Swine Flu Propagandist), went to work in 2009 for ABC news as its senior health and medical editor.  
  \item After his stint as a researcher at the National Institute of Mental Health (a branch of the NIH), Dr. William Potter became a vice president at Merck.  
  \item Dr. James Schlicht, appointed in 2008 to the NIH, previously worked in government affairs for Bristol-Myers Squibb, Johnson & Johnson, and AstraZeneca.  
\end{itemize}

One widely publicized cautionary tale of the corrupt relationship between Pharma and the FDA was the Vioxx disaster. Despite concerns as early as 1999 about Vioxx’s safety, Merck marketed the drug that consequently killed 60,000 people before its recall in 2004. Leaked documents revealed that Merck knew of Vioxx’s dangers for years.\textsuperscript{15} While exposing the specifics of the Vioxx case, FDA whistleblower Dr. David Graham helped to bring to light the ugly inner workings of the FDA, its intimate relationship with Pharma (many FDA advisors, including those on the panel who voted to reapprove Vioxx, have financial ties to drug companies), the subsequent conflicts of interest, and the FDA’s inadequate drug safety standards. Graham told Congress that FDA regulators were “virtually incapable of protecting America.”\textsuperscript{16} No one should be naive in trusting the FDA to protect consumers. Sadly, this is not a new phenomenon. Even in 1969, FDA commissioner Herbert Lay said, “The thing that bugs me is that people think the FDA is protecting them. It isn’t. What the FDA is doing and what the public thinks it’s doing are as different as night and day.”\textsuperscript{17} In recent years, journalists and other industry whistleblowers have helped to expose the corruption in this system, including deceptive drug trials, rigged studies and misrepresented results. The truth is available for anyone willing to look. Let us make no mistake...greed drives conventional medicine in the United States.

\textsuperscript{14} http://media.mercola.com/ImageServer/public/2012/january/study1-big.jpg  
\textsuperscript{15} http://www.naturalnews.com/010613_Merck_Vioxx.html  
\textsuperscript{16} “FDA is ‘Virtually Incapable of Protecting You...’,” New York Times Nov. 19, 2004  
\textsuperscript{17} Randall Fitzgerald, The Hundred-Year Lie 127
The number of routine U.S. vaccinations has risen exponentially in the past five decades. The recommendations rose from eight shots for four diseases in 1980 to 22 shots for 11 diseases in 2000. The 2012 CDC-recommended schedule was 32 vaccines for 15 illnesses before the age of six, and the 2017 CDC recommendation is 50 doses of vaccines by age six. Most of these shots are administered before the age of two. A National Academy of Sciences report shows proposed vaccine developments for 42 illnesses by the year 2020. And a 2013 PhRMA report reveals the development of 271 new vaccines. The sheer volume of proposed vaccines is alarming, even more so considering the disgracefully under-documented but very real health repercussions of mass vaccination.

“The public surely is entitled to convincing proof, beyond any reasonable doubt, that artificial immunization is in fact a safe and effective procedure, in no way injurious to health, and that the threat of the corresponding natural diseases remain sufficiently clear and urgent to warrant mass inoculation of everyone, even against their will if necessary. Unfortunately, such proof has never been given.” — Dr. Richard Moskowitz MD, Harvard-educated family medicine practitioner, faculty member of the National Center for Homeopathy and the International Foundation for Homeopathy

![Graphic from NVIC.org](http://www.nap.edu/catalog.php?record_id=9836)

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Getting the Facts?

Doctors receive their vaccine information from vaccine manufacturers. The “facts” that are presented to parents are overwhelmingly inadequate. Our culture seems to suffer from a parent/doctor “don’t ask/don’t tell” syndrome. But blame for the perpetration of ignorance is somewhat irrelevant. The parent bears responsibility for being truly educated about any procedure to which he would subject his child. And reading pamphlets given out by pediatricians does not constitute fact gathering. Why would one seek advice about vaccinations from the doctor that administers them and the corporations that manufacture them? It makes as much sense to seek nutritional advice from a manager at McDonald’s.

The most common and aggravating reply given to a parent questioning the safety and efficacy of vaccines is, “No studies have proven that vaccines cause _______”...take your pick: autism, allergies, chronic illness, learning disabilities, other neurological disorders, etc. But the logical response is that no studies have been done to prove that vaccines DO NOT cause those and other problems. A holistic pediatrician I knew in southern California (one of a growing number who no longer recommends routine vaccination) related to us a conversation she had with an acquaintance who works in pharmaceutical sales. While discussing this issue of “no studies/no proof,” the Pharma rep. told the doctor that if people knew about the studies that vaccine companies were “sitting on,” it would make Vioxx look like a hiccup. And these are the people to whom we should entrust the developing health of our children?

A critical question all vaccinating parents should ask is, “What’s in that vial?” Vaccine ingredients include toxins and additives that most parents would never knowingly expose their children to, such as:

- Formaldehyde
- Thimerosal=toxic ethylmercury [a 1999 proposed “phase out” of thimerosal in vaccines never actually occurred,21 vaccine-mercury exposure continues and in some cases increased,22]
- Ethylene glycol (anti-freeze fluid’s main ingredient)
- Ammonium
- Aluminum21 24
- Phenol (coal-car derivative that harms the immune system)
- Antibiotics (including allergenic Neomycin and Streptomycin)
- MSG (neurotoxin and allergen)

In addition, vaccines include animal and insect DNA, and some (ie chickenpox, shingles, measles, mumps and rubella, polio, rabies, Hepatitis A, rheumatoid arthritis…and in development/new vaccines for HIV, Avian flu, Ebola and Smallpox) are cultured using the tissue of aborted babies (human diploid cells).25 26 This is offensive to many parents, including ourselves, for religious/moral reasons.

In Jan. 2012, twelve New York teen girls “mysteriously” developed Tourette’s Syndrome symptoms, which could be an adverse affect of aluminum-containing vaccines.27 Thousands of adverse reactions

21 https://www.naturalnews.com/037653_vaccine_additives_thimerosal_formaldehyde.html#
25 http://www.know-vaccines.org/?page_id=250
26 http://www.immunizationinfo.org/issues/vaccine-components/human-fetal-links-some-vaccines
27 http://personalliberty.com/2012/01/17/ny-state-health-department-whats-going-on/?eiid
have been reported to the Vaccine Adverse Event Reporting System (VAERS) by girls and women after receiving Gardisil, the HPV vaccine, one of the aluminum-containing vaccines.

In a landmark 2008 case, the federal government, in vaccine court, conceded that vaccines can cause autism. Nearly 5,000 more cases of vaccine-injured children are pending in this court. I predict a Pharma PR backlash and AAP/CDC whitewashing effort. To the many scientists, doctors and parents who have been trumpeting the vaccine-damage charge for years, the decision is long overdue, but I find it to be pale...the villain in the case has been identified solely as the mercury preservative in the vaccines. While mercury is beyond problematic, it is not the only danger inherent in vaccination.

The vaccine campaign is fraught with scare tactics and disease misinformation, meant to force compliance through fear and ignorance. It is well documented that two vaccines used in the past (live oral polio and smallpox) were too dangerous, causing deaths and cases of the diseases they were meant to treat. In 1976, Dr. Jonas Salk, creator of the IPV vaccine, testified to the Senate Subcommittee on Health that the live polio vaccines were the principle cause of U.S. polio outbreaks since 1961. Moreover, the polio vaccine has been identified as the primary cause of polio paralysis. In recent years, scientists have uncovered the link between increased DDT production and polio incidence. We also now know that from 1954-62, nearly 30 million people were given polio vaccines contaminated with the carcinogenic SV40 monkey virus. (There are also debated theories that this virus contributed to the spread of AIDS.)

One of the vaccine campaign's most misleading claims is that vaccination is responsible for the eradication of infectious disease. This is medical establishment revisionist history. Figures obtained from U.S., British and Australian health departments reveal that the following diseases were in significant decline before the administration of routine vaccination:

- Whooping cough (see chart below for example)
- Measles (see chart below for example)
- Polio
- Tetanus
- Diphtheria
- Smallpox

Historians and scientists know that significantly improved hygiene and nutrition played a dominant role in controlling epidemic diseases. Vaccines do not deserve hero status...they cannot be credited for eliminating disease, nor are they safe. Vaccines can both re-introduce epidemic disease into the population (ex: polio), and prove to be vastly fatal (ex: smallpox). In fact, the smallpox vaccine is considered by scientists to be the most dangerous vaccine known to man, and has been mythically

29 AAP = American Academy of Pediatrics; CDC = Centers for Disease Control
33 [http://whale.to/vaccine/polio_ddt_h.html](http://whale.to/vaccine/polio_ddt_h.html)
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Whooping Cough: USA


*Vaccination Program Introduced in 1949.

Measles: USA


*Vaccination Program Introduced in 1963.
and erroneously lionized as having eradicated smallpox.\textsuperscript{38, 39} Not only do international records reveal that smallpox was in decline before the administration of the vaccine, but also that the disease was kept active by vaccination.\textsuperscript{40}

“It is pathetic and ludicrous to say we ever vanquished smallpox with vaccines, when only 10\% of the population was ever vaccinated.” — Glen Dettman A.M.M., BA, Ph.D., F.A.P.M. (pathologist)\textsuperscript{41}

“Compare these well vaccinated countries with Australia, the least vaccinated country in the world. In 134 years, not one-fifth of the children born have been vaccinated. Yet only three Australian children under five have died of that disease. In the last 50 years, no child under five has died of smallpox, and in the whole of her history, less than one person per annum has died of it, although allowing five years protective period, only 2 per cent, of her population have ever been ‘protected.’” — M. Beddow Bayly M.R.C.S., L.R.C.P., “The Case Against Vaccination”\textsuperscript{42}

Contrary to emotionally manipulative vaccine advertising, most of the illnesses on today’s shot roster are rarely deadly—some are considered to be mild, such as mumps and chickenpox. It is unconscionable to put babies and children at risk of chronic disease, autism, SIDS and more because of vaccine overkill. But the propagation of the medical industry’s version of history, as well as the public pressure borne by the myth of “herd immunity” (aka community immunity), keep the emotional and controversial vaccination agenda alive.

**Herd immunity cannot be transmitted via synthetic immunities, such as are supposedly conferred by vaccination.** True herd immunity is a result of people gaining natural immunity when their bodies contract, fight and recover from a disease. If vaccines conferred genuine disease immunity, children and adults would not be susceptible to the illnesses against which they were vaccinated. We know this is not reality, as outbreak records reveal that contractees include vaccinated children. Additionally, the industry warns that vaccine-induced “immunity” is temporary. When the years pass and their “immunity” is no longer active, the adult population can no longer participate as part of herd immunity. These are just two examples of why vaccine-induced herd immunity is an erroneous concept; it is a straw man fallacy being used to perpetuate vaccination myths and pressure exerted against parents who desire to protect their children from vaccine harm.

“If we listen to present-day wisdom, we are all at risk of resurgent massive epidemics should the vaccination rate fall below 95\%. Yet, we have all lived for at least 30 to 40 years with 50\% or less

\textsuperscript{38} Ibid
\textsuperscript{39} http://www.whale.to/a/smallpox_hoax.html
\textsuperscript{40} McBean, Eleanor, *The Poisoned Needle*, pp. 9-19.
\textsuperscript{41} http://www.whale.to/v/dettman.html
\textsuperscript{42} http://www.whale.to/vaccines/bayly.html
of the population having vaccine protection. That is, herd immunity has not existed in this country for many decades and no resurgent epidemics have occurred.” — Russell Blaylock, MD

A perfect example of an unnecessary childhood vaccine is hepatitis B. This vaccine, which is being given at birth, was created for IV drug users, sexually promiscuous people, and infected mothers. The vaccine’s safety “test” was performed on only 653 infants and children, who were observed for only five days. In 1994, the Institute of Medicine published a report concluding that studies of the hepatitis B vaccine “were not designed to assess serious, rare adverse events; the total number of recipients is too small and the follow-up generally too short to detect rare or delayed serious adverse reactions.” The Institute was concerned with the lack of research conducted on these adverse affects and deaths associated with the vaccine. Since the hepatitis B vaccine’s inception, more than 60,000 adverse effects have been reported to VAERS, including multiple sclerosis and SIDS. These numbers are arguably much higher, as the woefully inaccurate VAERS reports represent up to about 10% of actual events. I see no possible justification for injecting all newborns with this vaccine, especially when its “protection” duration is unknown; recent studies show protection does not extend beyond adolescence without repeated boosters. To make matters worse, studies in the past decade have shown that the Hepatitis B vaccine causes liver damage. (This should come as no surprise, as all drugs stress or harm the liver to some degree.) It is ridiculous to mass vaccinate babies for HepB rather than to screen pregnant mothers for it and offer treatment options to at-risk babies.

Pediatricians regularly scare parents with the specters of childhood disease. One such oft-mentioned threat is whooping cough. But is this illness the boogie man it is made out to be? And is its vaccine the knight in shining armor that the medical establishment would have us trust? In The Vitamin C Treatment of Whooping Cough, Dr. Suzanne Humphries, a director of the International Medical Council on Vaccination, writes: “Whooping cough is everywhere; the vaccine has been a miserable failure in the sense of eradication or prevention. Pertussis is admittedly, even by the vaccine enthusiasts, primarily spread by vaccinated children, adolescents and adults, who have inadequate immunity. The reason the vaccinated can spread the disease by virtue of taking them much longer to clear the bacteria, is due to an immune system that has been mis-programmed by a

44 Information here from Cave’s book, see Bibliography; more info available in books/websites listed there and following footnote
45 http://www.renewamerica.com/columns/janak/080330
46 http://www.whale.to/vaccines/ploy1.html
48 http://www.thehealthyhomeeconomist.com/new-study-hepatitis-b-vaccine-damages-the-liver/
49 http://www.greenmedinfo.com/blog/hep-b-vaccine-damages-liver-it-supposed-protect
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vaccine. Vaccinated babies, children, and adults are not able to mount the comprehensive bronchial and cellular immunity — which an unvaccinated person naturally develops in the course of the disease.”

“There is no problem if you do not look.” — Dr. Walter Spitzer MD [commenting on vaccine safety], professor emeritus of epidemiology at McGill University

Developmental and Autoimmune Disorders

Mass vaccination of babies and young children has an enormous impact on their immune systems and their long-term health. I am extremely concerned about any negative consequences of vaccination, such as the growing number of SIDS and autism cases. A 1994 report in the American Journal of Epidemiology showed that infants die at a rate eight times greater than normal within the three days following the DTP shot. Dr. Viera Scheibner’s SIDS studies showed a significant increase in stress-induced breathing (apnea and hypopnea) for several months after the babies’ DTP vaccines. She concluded that “vaccination is the single most prevalent and most preventable cause of infant deaths.”

The voluminous body of research about the vaccine/autism link is too vast to properly discuss in this paper. Suffice it to say that data shows a six-fold increase in autism from 1970 to 1988 and a 223-fold increase from 1988 to 2000. In 2000, the autism incidence for the U.S. and England was one child for every 139-149 normal children (reported by the CDC and the Health Authorities of England). At that time, in the United States, six children every day were being diagnosed with autism. Since the year 2000 (the year I first wrote this position paper), autism rates have increased 78 percent…data from 2008 indicates that one in 88 American children (one in 54 boys) has Autism. Even a cursory reading of the current material available reveals a disturbing trend of autism onset following the DPT or MMR vaccines. Vast numbers of parents have suffered a version of this devastating scenario: After taking their normal, healthy baby/toddler to the doctor for his “shots,” the child gets sick with fever and perhaps diarrhea, spending the next few days screaming and crying inconsolably. Soon after this, the child begins withdrawing, becomes unresponsive, even refusing eye contact, and eventually stops communicating…the previously normal development slows significantly or stops and the child receives an autism diagnosis.

Tissue samples of autistic children have revealed excessive amounts of mercury and aluminum in their bodies (both heavy metals present in vaccines). Neurotoxicity from these heavy metals is one of the pieces in the complex autism puzzle. Additionally, the fact that the vaccination process causes encephalitis (brain swelling) should be alarming to all of us…the potential damage to the child’s developing brain as a result of this swelling should not be customarily dismissed by doctors and government officials. Paul Shattock, a researcher at the University of Sunderland in England, has written that many parents report the first signs of autism in their children following an infection such as  

32 Stephanie Cave, MD, What Your Doctor May Not Tell You About Children’s Vaccinations  
33 Brewitt and Amsbury, MMR Vaccine and Autism  
34 http://www.wesh.com/r/30792923/detail.html  
35 The following article + others referenced in Bibliography are helpful: http://www.909shot.com/Diseases/autismsp.htm  
36 Information and articles available at http://www.safeminds.org/index.html
encephalitis. “For this reason I respect the observations of parents who comment upon the effects of vaccines on their previously “normal” children.”

Another troubling piece of evidence is British gastroenterologist Dr. Andrew Wakefield’s studies of autistic children who suffered chronic GI disorders. He found measles antigen in the bowels of these children, whose autism had developed after their MMR vaccines.

“Wakefield’s paper, published in the February 28, 1998 issue of the Lancet, described a study involving twelve children with later-onset (after one year of age) degeneration of language and social skills (nine had been diagnosed with autism). Ten had developed typically until the MMR vaccination, one began symptoms of autism after an actual case of measles, and one after the onset of chronic otitis media two months after the MMR. All had been referred to a pediatric gastroenterology unit for diarrhea and abdominal pain, some with known food intolerances.

“Wakefield concluded that his results, combined with other studies reporting intestinal dysfunction in autistic patients, indicated a “unique disease process” that needed to be studied further... His paper did not include his findings about the measles antigen... But the mention of a possible MMR connection in the Lancet, without the sufficient data to back it up, had been a mistake.”

After Dr. Wakefield’s original paper publishing his hypothesis, he became a lightning rod for controversy within the medical community and suffered a firestorm of criticism despite repeating his findings (measles virus in the intestines) in nearly 170 autistic children, the majority of whom developed the disorder following the MMR vaccine. Regardless of the propaganda war that government agencies and vaccine manufacturers have fought against these findings and their implications, the red flag has been raised and cannot be ignored. It seems more than likely that the MMR vaccine poses risk of autism, especially to children with certain sensitivities, immunity weaknesses, or genetic propensities. Without doubt, the vaccine cannot be legitimately touted as safe—no vaccine can be. And Dr. Wakefield’s reward for his courageous attempts to educate the public about these potential dangers? He was bullied out of his job at the Royal Free Hospital Medical School in London. Even worse, in 2010, after years of relentless persecution, Wakefield was accused of falsifying his research, found “guilty” of fraud, and struck off the Medical Register in the UK. Yet evidence points to a levying of false accusations against and defamation of Wakefield and his colleagues. Ironically, Wakefield’s findings and theories have been verified by others in the medical community since 1998. Remember, the U.S. Government has admitted that vaccines (not just the MMR) trigger autism; families have been compensated (though no amount of money could even begin to amend the devastation) for this damage wreaked upon their children.

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57 Karyn Seroussi, Unraveling the Mystery of Autism...
58 Seroussi, Unraveling the Mystery of Autism...
60 http://www.rawfoodinfo.com/articles/art_vacresearcherfired.html
62 http://www.naturalnews.com/031116_Dr_Andrew_Wakefield_British_Medical_Journal.html
63 http://vigilantcitizen.com/latestnews/government-secretly-settled-vaccine-autism-cases/
Wakefield is certainly not the villain the establishment claims him to be, nor can his findings be proclaimed illegitimate. Greater men than he throughout history have been bullied, slandered, suppressed, ruined. It should come as no surprise, considering the financial and political power of the worldwide vaccine industry and the regulatory interests involved, that Wakefield was crucified. Given today’s climate of medical politics, I believe it was inevitable that Wakefield would be discredited. Wakefield is a pariah to the industry and makes a fitting scapegoat. The British General Medical Council employed nothing less than a witch-hunt against Wakefield and his colleagues, following false claims made by the British Medical Journal and journalist Brian Deer. Wakefield’s attempts to defend himself to the public were squashed by the mainstream media; when given the opportunity to actually talk, Wakefield succinctly explained the BMJ’s false accusations against him (which included alleged payoffs by lawyers and Wakefield’s supposed development of a competing vaccine). His work and findings, and those of his team, were no hoax. They are neither frauds nor charlatans. But they were a threat, and they have suffered the cost of practicing unpopular science. Let us not forget, drug companies are notorious for lies and manipulation. So are powerful lobby groups and government agents...are we really so naive that we believe the “good guy/bad guy” scenario the medical powers-that-be serve us? Interestingly, the GMC’s manipulative “victory” seems to be short-lived, as Professor John Walker-Smith, Wakefield’s partner, has been exonerated of any wrong-doing...he has been vindicated of the false charges brought against him. I have hope that the chapter will not close on Wakefield and his work without his complete vindication.

The Wakefield witch-hunt is an important illustration of the way we live now. Despite ample evidence to the contrary, even outside any of Wakefield and his colleagues’ work, the medical establishment continues to crush and discredit any and all links between vaccines and autism. Big Pharma is one of the most powerful industries in the world. It holds governments in its pocket...collusion is par for the course. In modern times, there seems to be no dearth of drug company whistle blowers. The stories told and the truths revealed should be enough to shake the foundations of people’s faith in the industry, yet the habits of the masses and their trust in the almighty pill pushers seems largely unchanged. Nevertheless, big Pharma cannot abide any chinks in the wall and remains vigilant in its offensive strategies to maintain its control.

Any loss of public confidence in and allegiance to the vaccination agenda must be anathema to pharmaceutical execs. The vaccine industry has everything to lose if the public continues to demand, discover and accept the truths about the vaccine ruse. And vaccine manufacturers have a seeming limitless arsenal at their disposal for suppressing and even destroying the enemy...anyone who might seriously threaten the profitable vaccination domination. Yet, despite the establishment’s best efforts to discredit any and all proof of vaccination harm and failure, people continue to awaken to the realities that all is not as we have been led to believe.

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64 http://www.naturalhealthstrategies.com/andrew-wakefield-interview.html
66 http://www.thedailybell.com/3689/VIDEO-Whoops-Rogue-Vaccine-Doc-Wakefields-Partner-Reinstated
67 http://www.bbc.co.uk/news/health-17283751
In addition to the tragedy of autism is the alarming rise of autoimmune disorders, whose link to vaccines must be seriously considered. Through the years, an abundance of information has unveiled the truth that vaccines alter, even disable, the body’s immune system.

“We have seen that the policy of giving numerous vaccinations to individuals, especially infants and small children, is sheer idiocy. A considerable number of studies have shown conclusively that such a practice can lead to severe injury to the brain by numerous mechanisms. Because the child’s brain is undergoing a period of rapid growth from the third trimester of pregnancy until age 2 years, his or her brain is at considerable risk from this insane policy. We have also seen that live-virus vaccines and contaminated vaccines hold a special risk in that the viruses tend to persist in a substantial number of individuals and that free radicals can cause the latent viruses to transform by genetic mutation into disease-causing organisms later in life.”

— Russell Blaylock, MD

“There is growing evidence that preventing diseases in infancy may be a mixed blessing. Can intervening in an illness sometimes be worse than doing nothing at all? . . . The first possible effect is the replacement of one disease by another. As the incidence of childhood infections has fallen, a number of chronic ailments, such as diabetes and asthma, have become more frequent. In parts of the world where childhood diseases are still common, these chronic ailments are rare. . . . Childhood infections do indeed seem to reduce the probability of chronic disease — an idea known as the 'hygiene hypothesis.' . . . The second possible effect of intervening in a disease is that the intervention makes the disease worse in the long term, not better. A number of viral infections are more dangerous to an adult than an infant.” — “Plagued by Cures,” The Economist, Nov. 1997

It can be no mere coincidence that in the 30 years that the U.S. vaccine schedule has nearly tripled, juvenile-onset autoimmune disorders, such as asthma, have sky-rocketed. This alarming trend deserves thorough, unbiased investigation.

**Allergies and Asthma**

- The number of routine U.S. vaccines administered increased 175% from 1980 to 2000.
- U.S. asthma rates for 0-4 year olds increased 160% from 1980 to 1994.  
- A New Zealand study of 1,265 children born in 1977 (23 of which were unvaccinated) showed that 23% of the vaccinated children had suffered asthmatic episodes and 30% had allergy-related conditions. No one in the unvaccinated group had childhood asthma.
- *Science News* ("The Dark Side of Immunizations" Nov. 22, 1997) reviewed studies by New Zealand and British researchers showing that vaccinated children have a higher incidence of asthma and diabetes than do unvaccinated children.

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68 [http://www.whale.to/a/blaylock34.html](http://www.whale.to/a/blaylock34.html)
69 [http://www.cdc.gov/mmwr/preview/mmwrhtml/00052262.htm](http://www.cdc.gov/mmwr/preview/mmwrhtml/00052262.htm), [http://www.cdc.gov/mmwr/preview/mmwrhtml/ss5608a1.htm](http://www.cdc.gov/mmwr/preview/mmwrhtml/ss5608a1.htm)
70 Cave, *What Your Doctor May Not Tell You...*
A 2000-published study in the *Journal of Manipulative and Physiological Therapeutics* concluded that DTP recipients were 50% more likely to develop serious allergies, twice as likely to have asthma, and 80% more likely to develop sinusitis than unvaccinated children.\(^2\)

A University of Manitoba study, published in 2008, found that delaying babies’ DTaP vaccinations by more than four months cut their risk of developing asthma in half.\(^3\)  \(^4\)

The WHO states that for every 1,000 children given the pneumococcal vaccine, 1.3 will develop asthma.\(^5\)

**Diabetes**\(^6\)

Finland added vaccines to its schedule in 1974 and 1976. From 1977-79 juvenile diabetes rates increased 64% compared to 1970-76 rates. Overall rates in children aged 0-3 increased 147% by the 1980s.

An Italian study showed that children who received the hepatitis B vaccine were 34% more likely to develop diabetes than unvaccinated children. Scientists suggested that whether and when the vaccine was administered “must be reconsidered…”

New Zealand researchers found a 60% increase in juvenile diabetes after a 1988-91 hepatitis B campaign for infants.

Dr. Barthelow Classen’s 10-year study showed a 26% increase of juvenile diabetes in children who received the Hib vaccine, compared with those who did not. He warned the FDA against approving the pneumococcal vaccine (which contains seven different vaccines) because its structure is so similar to the Hib shot. Dr. Classen projected that the pneumococcal vaccine could cause 28,000 U.S. cases a year of type 1 diabetes.

Dr. James Shannon, former director of the National Institutes of Health has said, “The only safe vaccine is one that is never used.”\(^7\)

And the Institute of Medicine cannot rule out the possibility of vaccine-induced autoimmune disorders. In its Feb. 2002 report, *Immunization Safety Review: Multiple Immunizations and Immune Dysfunction*, the Institute states that evidence regarding risk for allergies and asthma from vaccination was “inadequate to accept or reject a causal relationship.” The IoM is saying it cannot make a determination either way, yet its Safety Review Committee continues to encourage parents to ignore concerns about harmful vaccine effects and to continue to vaccinate their children. While the federal government should have requisitioned them long ago, no long-term, case-controlled studies have been conducted to study the link between vaccines and autoimmune health injuries. But several independent studies have concluded that vaccines are causing chronic illness in children. Concerned scientists, such as immunology and microbiology professor Ronald Kennedy, believe that children with a predisposition to autoimmune disorders should not receive certain vaccines.

The “hygiene hypothesis” states that **exposure to germs is necessary for proper immune development.** Protecting children from every conceivable infection or illness will produce undesirable

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\(^2\) Ibid

\(^3\) http://vran.org/health-risks/anaphylaxis-allergies-and-asthma/childhood-vaccination-asthma-linked/

\(^4\) http://www.whale.to/vaccine/blaxill1.html

\(^5\) http://www.whale.to/vaccine/incidence_of_pneumonia.html

\(^6\) Cave, *What Your Doctor May Not Tell You...*

\(^7\) http://educate-yourself.org/vcd/howensteinwhyyoushouldavoidvaccines03feb07.shtml
results, fostering an environment in which the immune system cannot properly function. Harvard Medical School immunologist Howard Weiner has said that vaccination disrupts normal immune system activity, which can make a person more susceptible to disease challenges later in life. A study published in Clinical Pediatrics in 1988 described the observation of 82 infants for one month before and after the DPT shot. The babies were healthy prior to the vaccine, but had a significant increase in diarrhea and coughs afterward. The results of this extremely brief study indicate vaccine-induced immune disruption. The same conclusion can be drawn from a study published the same year in the Journal of Infectious Diseases that tracked the effect of the measles vaccine on interferon production (the chemical produced by white blood cells that helps the body to resist infection). The one year olds in the study had a significant drop in their interferon production after being given the measles vaccine, meaning their immune systems were suppressed. This reduction in the children’s interferon production was observed for an entire year before the study was ended. These scientists are rightly concerned that such immune suppression will disable the body to respond properly to disease.

Many in the scientific community claim that until double-blind placebo controlled years-long studies are performed on a significant population of vaccinated and unvaccinated children, no “proof” exists linking routine inoculation with life-altering health problems. But the same lack of research makes it impossible for the scientific community, the vaccine manufacturers and the federal government to deny the possibility of that link.

“The whole problem with vaccine-adverse effects is that there are too many hypotheses without scientific support. We need to support careful scientific investigations in this area, but unfortunately the federal government and the pharmaceutical companies don’t agree and don’t support such efforts.” — Ronald Kennedy

“…There’s no scientific evidence to prove that vaccines cause chronic diseases, but they won’t fund any research in that area either. If you don’t look for something, you won’t find it.” — Howard Urnovitz PhD, microbiologist and founder of the Chronic Illness Research Foundation, Berkeley, CA

There is no doubt in my mind that vaccines are harming children. I believe it to be obvious that routine vaccination is causing or worsening autoimmune and neurological disorders in unacceptably large numbers of children. It is irrelevant whether the guilt belongs to the shots themselves or the absence of immune-strengthening illness, or both. Parents with a family history of autoimmune disorders should be seriously cautioned about vaccinating their children; even parents with no such family history should gravely contemplate all the facts before accepting the risks of vaccination.

Our family’s medical history includes autoimmune disorders. My children have suffered significant allergies and sensitivities. I am confident that had we chosen to vaccinate our children, their autoimmune conditions would be far worse, not to mention the possibility of neurological damage. Our society has a generation of young people whose immune systems are either over- or under-responsive.

87 Cave...

An unnatural number of children suffer from allergies and/or have little resistance to germs, and are constantly fighting illness. But even if my children did not have a predisposition to autoimmune disorders, I would not vaccinate, nor could I recommend that other parents follow the government’s mass vaccination campaign for babies and children. I have known too many children who have been negatively impacted by vaccination.

Sadly, fingering mercury as the “smoking gun” for vaccine-induced damage clouds the issue. Debate still rages over lowering or removing thimerosal from vaccines; such myopic discussions are a distraction. Injecting viruses and toxic adjuvants into the body, thereby bypassing the natural secretory IgA immune response, corrupts the immune system and is NOT a benign procedure. I believe the growing willingness to vilify mercury will overshadow the far-reaching vaccination problem.

Understanding Immunity
Autoimmune damage is a significant concern in the plethora of deleterious health effects caused by vaccination. Most physicians on vaccine-approval committees are infectious disease “specialists,” not immunologists (which certainly does not preclude their understanding of the health and function of the immune system, but these specialists seem to have fallen prey to professional myopia).

“It is unfortunate that most of the public are of the opinion that their physician has an in-depth knowledge of how the body works. For example, most parents assume that the pediatrician understands the immune system and therefore knows all about vaccine effects. Nothing could be further from the truth.” — Neil Miller, Vaccine Safety Manual

Fraught with risk and myriad harmful physiological and neurological consequences, vaccination is a violation of the sanctity of the human body, its natural immunity and operation. I am absolutely certain that my children are better off dealing with a bout of feverish illness or immune-building childhood disease than suffering the deleterious chronic effects of vaccination. Vaccine manufacturers and doctors purposely and erroneously use the term “immunizations,” though their shots are not conferring a genuine and permanent immunity of anything to anyone.

I desire no impediment to the natural and complete development of my children’s immune systems. Because a child’s immune system is passive until the age of two, a baby is the worst recipient for vaccination. A child’s immune system becomes fully developed over time, along with all other systems of the body. I concur with practitioners and researchers who believe that vaccines act to suppress the natural immune system and disrupt its healthy development. I am also extremely concerned about injecting foreign substances and toxins into any child’s or infant’s system, as their livers cannot properly excrete such potent toxins. And I am not a fan of forcefully injecting anything through the skin, which is itself an essential organ and powerful defender in the human immune system.
I desire to support, rather than suppress, the body’s natural immune responses. The human body is not a machine composed of individual parts. It is a holistic being created with interconnected members that function in harmony. Healing modalities and prophylactic measures must take this into account. The vaccination process by-passes the normal immune defense route by injecting the “offender” directly into the bloodstream. This creates a “last resort” antibody response as the germs directly access the body’s organs and tissues. The vaccination process cannot even guarantee a complete efficacious immunity to disease. With natural exposure, an “invader” is inhaled or received into the body through a mucus membrane (i.e. nose, ears, mouth), creating an inflammatory response that protects the major organs. The virus or bacteria circulates through the lymphatic system, the blood, spleen, liver, thymus and bone marrow…all crucial organs of the immune system. This provokes an immune response that results in genuine, lasting antibody production and protection. I believe that the vaccination process puts undue stress on the immune system—overloading it—which can lead to lower germ resistance and autoimmune disorders.

Our culture has an excessively irrational fear of illness. Contrary to the pervasive germophobic attitude in our society, I understand that not all illnesses are bad, and that it is unwise to always shield children from experiencing illness. Getting sick, whether with colds and flu or “fast-burning” inflammatory illnesses (chickenpox, measles, etc.), can be beneficial for children, programing their immune systems naturally. Yet vaccine marketing preys upon easily terrorized parents. I remember an advertisement years ago from a mainstream parenting magazine that said something to the effect of, “100 children die every year from Chickenpox-related complications...Don’t let your child be one of these victims!” In addition to this fear-mongering, drug companies are selling parents on the necessity of “convenience” above all other concerns. It’s a terrible waste of time, they say, to have a sick child home from school for a week or two...who will care for him? Why should anyone ever have to suffer? And so the generally benign, albeit uncomfortable, illnesses are vilified and added to the “necessary” vaccine routine. We all had chickenpox...it was a normal badge of childhood (the illness only rarely causes serious complications in previously immunosuppressed children). Attempting to eradicate this experience from our children’s lives will deprive their immune systems of natural and necessary development. Additionally, contracting chickenpox naturally in childhood prevents future suffering and complications from Shingles, whose rates are reaching “epidemic” proportions since the introduction of the Varicella vaccine.  

“Childhood viral infectious diseases like measles, mumps, and chickenpox initially stimulate the cellular part of the immune system, which leads to the production of the signs of inflammation—fever, redness, swelling, and mucus. This cellular immune response stimulates the humoral part of the immune system to produce anti-inflammatory chemicals and antibodies that assist in recovery from these illnesses. This natural process helps the cellular and humoral immune systems mature. A healthy, mature immune system for children requires an equal balance of cellular and humoral immune-system responses. Vaccination does not mimic the natural infection process. [It bypasses

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the cellular immune system in favor of stimulating the humoral part of the immune system."
— Lawrence Palevsky, MD, pediatrician  

Allopathic “medicine” stands on the shoulders of the flawed germ theory. A full discussion of the controversies and deficiencies of this paradigm is beyond the scope of this paper. It has been suggested that Louis Pasteur, the father of germ theory, recanted his position before he died, acknowledging that the Terrain was everything, the Germ was nothing. As much as I would love to believe this account, I cannot confirm its veracity. However, the tale brings forth a significant issue that natural health practitioners have long emphasized. Germ theory is not the bedrock of medical science that the conventional paradigm promotes. Biographies, and history and medical texts tout Pasteur as an ingenious hero; none question his “findings” and his theories. Conventional accounts neglect to discuss that Pasteur’s experiments “proving” germ theory were less than ideally scientific (such as Pasteur injecting the blood of sick animals into healthy animals. In what way would that mimic the natural contraction of infection?). And the texts largely ignore the science and theories of Pasteur’s contemporaries. The natural principles championed by physiologist Claude Bernard are conveniently forgotten by the conventional medical establishment. Just as Tesla’s work was blackballed while Edison’s rose to the top, germ theory has taken the day and forms the basis of medical school curricula and allopathic practice. But real medicine practitioners (including the growing number of vaccination opponents) understand and accept Bernard’s (and Antoine Béchamp’s) evidence-based postulations, and work to educate the public that the health of the Terrain (body) determines if/how germs produce illness. The holistic paradigm understands that germs attack diseased/weakened tissue...they are not the cause of disease, they are the beneficiaries of an unhealthy environment. Properly tend the terrain and it is far less likely to fall victim to the invasion of malevolent germs. The concept of health, immunity, longevity, vitality and proper physiological/anatomical development is highlighted in Dr. Weston A. Price’s worthy tome, Nutrition and Physical Degeneration. His tireless efforts built a body of knowledge evidencing that what we eat determines wellness or illness...that we either construct or destroy our Terrain. 

One of the most important aspects of human immunity is the gut, which houses 85% of the immune system...the gut is likely the essence of our Terrain. The beneficial bacteria meant to occupy our digestive tract is a key component to robust immunity. A nourishing, traditional real foods diet rich in probiotic (naturally fermented) foods is our first line of defense in building and preserving our bodies’ natural immunity. Breastfeeding fortifies this storehouse of natural immunity in a baby’s body; mama’s milk is the most excellent immune-strengthening, antibody-providing, illness-fighting, brain-building nourishment on the planet. Its worth and import can never be over-emphasized.

81 Barbara Fisher, “In the Wake of Vaccines,” Mothering issue 126 
82 http://www.mnwelldir.org/docs/history/biographies/louis_pasteur.htm 
83 http://thebovine.wordpress.com/pasteur/
85 Robbins, Louise, Louis Pasteur and the Hidden World of Microbes 
86 http://naturalchinesemedicine.com/articles-pasteur-vs-bechamp/ 
87 http://www.mnwelldir.org/docs/terrain/lost_history_of_medicine.htm
In the above pages, I have attempted to highlight the deleterious effect of vaccines on the immune system, as well as the issue of significant neurological damage and brain chemistry disorders caused by vaccination, including learning disorders, developmental delays, autism spectrum disorders, depression, etc. Sadly, children are not the only vaccine recipients at risk for injury...adults are falling prey to vaccine damage as well. Neurosurgeon Dr. Russell Blaylock has written some excellent articles about how vaccines damage the brain as a consequence of overstimulation of microglia (the brain’s immune system), resulting in the production of excitotoxins, as well as encephalitis associated with the vaccination process. This is an extreme oversimplification of his important findings and assertions; for more information, read his articles, cited in my bibliography.

A Viable Alternative

I do not participate in the modern medical establishment (I would consider seeking medical help only in certain traumatic situations). I reject modern medicine’s presuppositions, paradigms and practices; I eschew fear-based medicine, such as the modern vaccination program. The medical industry has neither the answers for nor the appropriate approaches to wellness. One need only study the birth of our conventional medical system to better understand its flaws and limitations and to uncover the truths about the practice and efficacy of real medicine.

I am zealous about my children’s health and have worked diligently through lifestyle, nutrition and hygiene to build and protect their developing bodies. Most importantly, I am not afraid of illness. As I have stated above, it is not a bad thing to experience a natural course of illness. That being said, it is not a good thing for children to be sick “all the time” and to suffer with chronic infections and viruses...the bounce-back sickness scenario of children in daycare is not a necessary part of childhood; it indicates groups of children with unhealthy immune systems. The primary defense against unnecessary repetitive or debilitating illness is a strong immune system. And the key to building a good immune system is good nutrition. It begins with breastfeeding and continues with proper food choices, pure water, clean air and sunshine. The junk that passes for food in our grocery stores will not build healthy bodies...we need to feed our children and ourselves real food—not processed, refined, industrially manufactured “edible stuff.” We need to nourish our intestinal flora (beneficial bacteria) and feed our bodies at the cellular level with living nutrients. With the deplorable eating habits of the typical American family, it is no wonder that children lack the immunity to fight even the most mild ailments.

Despite their significant allergies, my children respond to illness better and heal more quickly than many of their peers. I support their immune systems with real food and herbal tonics and I treat acute ailments with nutritional therapies, and botanical and homeopathic medicines. My first son contracted chickenpox in April 2006 (age 6). He responded beautifully to fluids, rest, oatmeal baths and homeopathic treatment for discomfort. He had one “sick” day in bed with fever, and then returned to his normal energies, albeit covered with spots. We never needed to seek medical care. Why should children go through life without experiencing such illness? Excepting rare cases it isn’t life-threatening...for the majority of children, it’s simply uncomfortable and inconvenient...like a flu. But that’s life. We should not be vaccinating all children for such an illness simply because parents do not want the hassle of staying home to nurse a sick child.
Homeopathic medicine has been practiced since the early 1800s and was widely accepted as a medical convention in Europe and the United States for a century (until the modern drug age of the early 1900s ushered in its ruse of “better living through chemistry” and the AMA vilified the homeopathic modality). During its golden era in America, 22 homeopathic schools and 100 homeopathic hospitals were established. It has been estimated that in the eastern U.S. cities of that day, one in four doctors was a homeopath. Despite its fall in popularity over the years, homeopathy remains a valuable medical practice and has a long-standing reputation for its effective use in epidemic disease treatment.

Botanical medicine is another real medicine modality. It offers safe and effective treatments for illness and childhood “diseases.” Science has discovered that the antibacterial properties of herbal medicines often surpass pharmaceutical drugs. Unlike drugs (such as penicillin), whose simple chemical components enable bacteria to easily develop resistance, plant medicines contain vastly complex structures. Bacteria are not able to quickly “crack the code” on these herbs, which makes them more effective treatments. Garlic, for example, has at least 28 known active constituents (and 35 more unknown constituents). Pharmaceuticals, however, are usually made from only one chemical constituent. Bacteria are extremely adaptable and have proven to be intelligent…they can learn to counteract the effects of such simple chemistry. Botanical medicine provides strong support to the immune system and offers powerful antimicrobial, antiviral, antifungal, and antibacterial therapies.

Professional Opposition

Questioning the safety, efficacy and necessity of vaccination can no longer be characterized as the lunatic ramblings of hippies, religious fanatics and dangerous nonconformists. Concerned parents and citizen action groups have been joined by various medical professionals, including those practicing outside, on the fringe of, and even inside the conventional system. These enlightened practitioners have added their voices to the cry for sanity and truth in the vaccine agenda. One such group is the International Medical Council on Vaccination—an association of medical professionals “whose purpose is to counter the messages asserted by pharmaceutical companies, the government and medical agencies that vaccines are safe, effective and harmless. Our conclusions have been reached individually by each member of the Council, after thousands of hours of personal research, study and observation.”

Members of this organization include vaccine safety crusader Dr. Sherry Tenpenny and outspoken neurosurgeon Dr. Russell Blaylock. They, along with Dr. Suzanne Humphries and others, regularly speak out and publish information to help enlighten the public, pull back the curtain, and dispel vaccination misinformation. One of the council’s cornerstone papers, “Vaccines: Get the Full Story” has been signed by 80 doctors and nurses.

“After thoroughly examining both sides of the vaccination debate, [I] unequivocally stand by the conviction that vaccines are the ultimate insult to life and health. The history of vaccination is more complicated than most people understand. The anti-vaccinationist movement is hundreds of years old. … I have found in my own practice, my own career and everywhere else, that the more one studies vaccination in depth, the less they are inclined to vaccinate and the more comfortable they

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88 http://www.vaccinationcouncil.org/
are without any vaccines at all. In fact it becomes the only way; no vaccines at all, because they are all dangerous and useless, when all things are considered. … Medical schools do not educate doctors about the contents, dangers, effectiveness or necessity of vaccines. Medical doctors are fearful of the natural childhood illnesses, because they don’t have any idea how to safely assist patients through them; and worse yet their limited treatment options often cause the diseases to be worse than they have to be.” — Dr. Suzanne Humphries

In November 2000, the Association of American Physicians and Surgeons (AAPS) called for a moratorium on government-mandated vaccines. Jane M. Orient, MD, AAPS Executive Director said, “Our children face the possibility of death or serious long-term adverse effects from mandated vaccines that are not necessary or that have very limited benefits. This is not a vote against vaccines. This resolution only attempts to halt blanket vaccine mandates by government agencies and school districts that give no consideration for the rights of the parents or the individual medical condition of the child.”

The press release mentions numerous cases where parents were threatened by local health officials with having their children taken from them for abuse if they refused to vaccinate. In response to this, Dr. Orient said, “It is obscene to threaten to seize a child just because his parents refuse medical treatment that is obviously unnecessary and perhaps even dangerous. The AAPS believes that parents, with the advice of their doctors, should make decisions about their children’s medical care, not government bureaucrats. This resolution affirms that position.”

Apathy over Injury

As Winston Churchill once said, “People stumble over the truth frequently, but most just pick themselves up and carry on as if nothing happened.” In more modern times, clean food activist Joel Salatin has wisely reversed our believing/seeing paradigm. “[P]eople are always afraid of something different. They're afraid to think differently, afraid to do differently, it's the whole paradigm. Your paradigm is so much a part of you that even if I laid out a bunch of data and could prove to you that this would make you ... a better quality of life, your paradigm is a filter to your brain. We have this saying, "I'll believe it when I see it." That's actually backwards. You'll see it when you believe it. What you believe is a future for what you will see. And that's why two people can look at the same set of numbers and have two totally different headlines. It's because you're looking at things through your preconceptions.”

The general attitude toward vaccine harm seems to be a refusal to look, to see, to believe. The following excerpts testify to the apparent apathy by the government and physicians toward vaccine injuries:

“Upon further investigation when the VAERS computer data became available through the Freedom of Information Act, we found (1) a lack of reporting by health care providers; (2) a lag time

90 http://drsuze.net/dr-suzanne-humphries-vaccines-vaccination/
91 http://www.chiropracticresearch.org/NEWSdoctors_group_vaccine.htm
between when the adverse event occurred and when the report is filed; (3) data entry errors; (4) duplicate reports; (5) inadequate follow-up by the government of reported serious injuries and deaths; (6) many lots with very high numbers of reports; and (7) no recall of any lot of vaccine. We do not know how many doses of vaccine are in each lot because the FDA and the drug companies do not release this information to the public. Therefore, it is impossible to precisely compare one lot to another for reactivity.

"Vaccine manufacturers and the FDA will not release the number of doses in each lot of vaccine that is sold to the public. Therefore, it is not possible to accurately compare the reactivity of one lot to another. In the past 50 years, reports of "hot lots" of vaccines, those that appear to be associated with more injuries and deaths than others, have been reported in the United States and Europe. Based on the data we have analyzed, we have identified MANY lot numbers that are associated with a higher number of serious injury and death reports."\(^93\)

"[I]t is sad to see what happens in America today when babies, children and adults react to vaccines and become permanently injured or even die. When healthy people suffer complications from infectious diseases, they are treated with compassion. But when healthy people suffer complications from vaccination, often they are not treated with compassion. Many times, vaccine victims are victimized all over again by those who deny the reality of what happened or use a utilitarian rationale to dismiss them as acceptable losses in the War on Infectious Disease."\(^94\)

Sometimes the apathy extends beyond ignorance and involves conflicts of interest leading to purposeful misinformation. For example, Dr. Paul Offit, chief of infectious diseases at the Children's Hospital of Philadelphia, Pennsylvania, and one of the leading pro-vaccine commentators, is a patent holder for the rotavirus vaccine. Offit, who also consults for Merck Pharmaceuticals, once stated that an infant can safely receive up to 10,000 vaccines at once.\(^95\) Absolute rubbish! I believe Dr. Offit, and the others like him who benefit from the vaccine system, should be ashamed of themselves for their continued refusal to be honest, objective, and to lay blame where it needs to rest. When he says vaccines are completely safe and that the connection between vaccines and autism is nothing more than coincidence, one should listen skeptically.

"Here’s the deal, folks. It’s not enough to look at the obvious credentials of your spokesmen, whether they’re pro- or anti- an issue. Today, you also have to consider the hidden motivations behind their recommendations. Where is their loyalty? How do they feed themselves? I mean, who pays for their lifestyle? Where is the money coming from? Do you believe Dr. Offit is an independent, neutral expert on the vaccination issue? Do you believe he’s looked at both sides

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\(^{95}\) Babytalk Magazine, Sept. 2005
and made an educated and honest judgment call? I guess that depends on just how independent and honest you believe a man can be when there’s pharmaceutical patent money at stake.” — Medical “watchdog” Dr. Joseph Mercola96

“There are two reasons why people perpetuate a lie, even if they are not the original creators of it. Some do it out of ignorance or carelessness. Others do it deliberately with full knowledge. Sometimes it is difficult to determine whether facts are falsified deliberately or out of ignorance. Whatever the case, it is important to set the record straight when distortion of facts perpetuate a lie, especially when the lives of human beings are at stake.....Paul Offit attempts to rewrite history when he argues that the DPT vaccine does not cause brain inflammation and permanent brain injury in some children....Offit is entitled to his own opinion but not to his own facts. We have only ourselves to blame when we believe everything he says.” — At Risk: Truth About Vaccines, Lawsuits & Shortages by Barbara Loe Fisher

**Personal Freedom and Responsibility**

I believe in the right and responsibility of all parents to make informed decisions about vaccination. A parent should never vaccinate merely because a doctor or government official told him (even pressured him) to do so. I would never advise vaccination, but if a parent has weighed all available information (not just the pharmaceutical-sponsored handouts) and his family medical history, and has still chosen to vaccinate despite the risks, he should proceed very cautiously—avoiding vaccination until the age of two, and then avoiding the en masse combination shots approach. An abridged version of the vaccination schedule, using only single shots, and avoiding many vaccines altogether would be safer, though it is crucial that people understand that there is NO safe vaccine. I believe in our freedom of choice regarding vaccines. And I believe that drug manufacturers should be held accountable for creating products that harm people. I am concerned about any legislation (such as the Homeland Security Act of 2002) that limits the liability, and therefore the accountability, of vaccine manufacturers. [Also of great concern is section 603 of Article VI of the Model State Emergency Health Powers Act (the proposed Emergency Health Law), which gives the government power to force-vaccinate citizens.]

No one—no government, no corporation—has the right to tell you what to put into your body...what to eat or drink or what to use as medicine. No one can ethically force you to take any drug or endure any procedure. Any such practice is a violation of your right to choose how to manage your health, a violation of your body, a violation of your individual human rights. You are not a ward of the state or a captive to any industry. You were created as a free and independent being...your body is yours by natural right and your children’s well-being is for you to determine. **No one can demolish or diminish your natural rights**, but you can relinquish them.

Final Thoughts

Autoimmune and neurological damage are significant concerns among the deleterious health effects caused by vaccination. But I am resolute in my conviction that even if my children had no predisposition to being “allergic,” nothing could compel me to subject my family to vaccination. Frought with myriad harmful physiological and neurological consequences, vaccination is a violation of the sanctity of the created human body, its natural, God-given immunity and operation. I am absolutely certain that my children are better off dealing with a bout of feverish illness or immune-building childhood disease than suffering the deleterious chronic effects of vaccination. I believe vaccines are harmful, and it is a sin against God and against my children for me to knowingly harm them.

I will not sacrifice my children’s long-term health and well-being on the altar of big pharma’s greed. No amount of fear-mongering will sway my confidence in the divinely designed human body. Illness is not the enemy here, fear is...ignorance is. Knowing how to live, eat and apply healing remedies to preserve, protect and support our natural immunity is a priceless treasure. It is one available to all who seek.

To be blunt, it is my unwavering belief that the medical industry is irrevocably corrupt. Nothing would induce me to sacrifice my children’s well-being for pharmaceutical industry profits and state control. Corporate pharmaceutical interests have a significant influence on our government and its regulatory policy. This collusion is wearying.

We are all responsible to make the best choices we can for our families...as for me, I do not trust the vaccine industry and I do not believe there is nothing foul afoot. When population-control champion Bill Gates wants so desperately for all Americans to be vaccinated, I see an agenda in play, not philanthropy.97 98 99 I trust my children’s physiological future to neither the medical industry nor the government, and certainly not megalomaniacs.

I do not suggest that disease epidemics of the past were not serious; I do suggest, however, that we need to be careful whose version of history we study and accept. Perhaps we don’t understand the full story of why and how certain populations succumbed to disease. I acknowledge the good that some forms of medicine have done for people. But ours has become a society increasingly afraid of germs...afraid of illness. And in our efforts to conquer illness, we have opened a Pandora’s box of side effects. We have unleashed new illness and created less resistant bodies. We are a drug-obsessed culture. Rather than making appropriate lifestyle changes, rather than establishing and preserving our Terrain, we over-medicate with antibiotics, psychotropics, antacids, pain relievers, blood pressure medications and on and on and on. We are over-vaccinating...we are poisoning the children that we are claiming to help. We are causing deaths and chronic illness in an attempt to shield children from many germs that their bodies need to experience. Perhaps our children need not be protected from all germs as much as from our own efforts to manipulate the human body.

97 http://oilgeopolitics.net/Swine_Flu/Gates_Vaccines/gates_vaccines.html
99 http://www.ted.com/talks/bill_gates.html
A Case Against Vaccination

The vaccine agenda is rife with myths. It is a misconception that we are kept “safe” by vaccination...that vaccines are the heroes that eradicated/cured disease and that all childhood illnesses are villains to be feared...that every germ coming your way is the enemy...that you will endanger others by refusing to vaccinate… The truth is far different from the bill of goods we have been sold by the medical industry.

While no official decades-long human trials have been performed, the mass vaccination campaign is itself an “experiment”—but without the data being tracked and collected for empirical study. As a parent, the assumption of vaccine safety is not one I am willing to make. All parents have the personal responsibility to become informed about this and all health issues; informed from multiple sources, stepping out of the “don’t question the medical establishment” box. We performed our own risk-benefit analysis and found that vaccination comes up short. We will not unquestionably follow the status quo and offer our children as guinea pigs to government regulation and pharmaceutical development.

In the first quarter of the 20th century, Edward Bernays, the “father of public relations” and nephew of Sigmund Freud, taught the principle that if you say something long enough and loud enough, people will believe it. Bernays fostered the concept of crowd psychology (herd mentality) and believed that the public needed to be manipulated. One of his most famous strategies was the successful women’s cigarette smoking campaign of the early 1920s. This Father of Spin popularized the press release, and created the masterfully manipulative opinion control strategy of “third party authority.” He believed in controlling the masses without their knowledge. Bernays upheld and promoted the power of propaganda...in fact, he wrote the book on it...literally:

“The conscious and intelligent manipulation of the organized habits and opinions of the masses is an important element in democratic society. Those who manipulate this unseen mechanism of society constitute an invisible government which is the true ruling power of our country. We are governed, our minds are molded, our tastes formed, our ideas suggested, largely by men we have never heard of. This is a logical result of the way in which our democratic society is organized. Vast numbers of human beings must cooperate in this manner if they are to live together as a smoothly functioning society. [...] In almost every act of our daily lives, whether in the sphere of politics or business, in our social conduct or our ethical thinking, we are dominated by the relatively small number of persons [...] who understand the mental processes and social patterns of the masses. It is they who pull the wires which control the public mind.” — Bernays, Propaganda, 1928

One can read the history of Bernays and his brother-in-arms, Ivy Lee (spin doctor for John D. Rockefeller, the muscle behind the AMA’s complete takeover of American “medicine” in the early 20th century) and begin to understand the whys and hows of the medical establishment’s control in our culture today. I find the story of Bernays and his PR plots to be a disturbing cautionary tale.

The modern medical industry needs a serious re-evaluation. The blatant disregard for centuries of efficacious traditional medical modalities is astounding. In the same way that I will not rely on pharmaceuticals rather than make wise and simple lifestyle changes to improve health, using botanical medicine when necessary, I will not risk long-term damage to my children’s developing bodies by
exposing them to potentially harmful and unnecessary substances. Vaccinations have never been tested and proven to be safe. And having a bunch of “experts” tell us again and again that vaccines are safe, efficacious and necessary does not make it true. I believe the vaccine “treatment” is worse than the illness...their cure is the harm. The establishment (including many participants who profit from the development and use of vaccines) tells us that avoiding vaccination is a risk. Let us not be ignorant of the fact that to choose vaccination is a significant risk. It is not a risk I am willing to take.

“It is not...that some people do not know what to do with truth when it is offered to them, but the tragic fate is to reach, after years of patient search, a condition of mind-blindness in which the truth is not recognized, though it stares you in the face.”
— Sir William Osler, A Way of Life and other Addresses

“Unthinking respect for authority is the greatest enemy of truth.”
— Albert Einstein (attributed as having been written in a letter to a friend, in Michael Paterniti’s Driving Mr. Albert)
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http://www.nvic.org (National Vaccine Information Center co-founded by Barbara Loe Fisher)

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