



United Parents is a parent run non profit that helps families raising children with emotional, mental or behavioral disorders.

We have raised these children and learned a lot. Come and talk with us to share ideas.

Do you know a child (or parent) that:

- Is Suicidal
- Always angry
- Makes you always angry
- Has trouble in school
- Needs help with drugs
- Is a teen parent
- Is always sad
- Gets violent for NO reason
- Is always disruptive
- Makes you feel out of control
- Causes chaos in your home
- Has no hope

What we do

- **Support**—so parents don't feel isolated
- **Respite**—parents can take a break, regroup
- **Education** to help manage special challenges
- **Activities** for children, encouraging competent, pro-social behaviors and random acts of kindness
- **Knowledge** about effectively navigating the many "systems" touching our children.
- **Advocacy** so children receive services to help them succeed in schools and the community.
- **Peer to peer** advice & guidance during difficult times.

"A parent's hope for tomorrow"

Gathering of Families Monthly Parent Support Groups

♥
3rd Tuesday 6-7:30PM
Samaritan Center
280 Royal Avenue
Simi Valley

♥
2nd Saturday 10AM-Noon
Trinity Church
600 Saratoga
Fillmore

♥
2nd Monday 6-7:30PM
United Parents Office
391 S. Dawson Drive
Camarillo

♥
1st Wednesday, 6-7:30PM
St. Paul Baptist Church
1977 Statham Blvd., Oxnard

♥
2nd Tuesday, 7-8:30PM
The Chabad, Suite H
2524 Townsgate, WLV

♥
4th Tuesday 6-7:30PM
Child Family & Guidance Center
9650 Zelzah, Northridge

♥ **Foster Parent Association Meetings, 855 Partridge Drive, Ventura**
4th Thursday(±) every other month, Call to confirm

Free Childcare (Call Deb Gutzmann with reservation)

United Parents ♥ 805 384 1555/1080 Fax

Good Mental Health

Exercise ♥ Good Nutrition

Use your strengths,
minimize your weaknesses

Reach out to others for positive support

Stay social ♥ Find a fun hobby

Keep Busy ♥ Keep Active

Never give up!

Seek professional help if needed

If you know a family struggling to raise a child with emotional,
behavioral and/or mental disorders,
maybe we can help.

805 384 1555
805 384 1080Fax



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www.unitedparents.org