



## YOUNG MOTHERS RESIDENTIAL PROGRAM

Project Row Houses (PRH) is a community-based arts and culture non-profit organization located in Houston's Historic Third Ward. PRH was founded in 1993 with the mission of being a catalyst for transformation in the community through the celebration of African American history and culture. We strive to fulfill this mission through a series of programs that make long-term investments in individuals as well as the ideals that form the foundation of our organization: art and culture, education, social safety nets, economic sustainability, and the preservation of relevant architecture. Within the context of social safety nets, viewed as a means of elevating members of our community, is the Young Mothers Residential Program (YMRP).

The purpose of YMRP is ***to assist low-income single mothers and their children in achieving independent, self-sufficient lives.*** Through this program, PRH provides a culturally rich environment in which residents develop healthy, holistic living practices and cultivate a sense of positive energy and self-worth that will guide them in becoming empowered, self-confident, nurturing women, mothers, daughters, companions, and employees.

To-date, over sixty (60) participants have graduated from the program. Some of these participants have gone on to become college professors, artists, accountants, lawyers, interior designers, teachers, and business professionals - among others.

### **Program Outcomes:**

1. Residents will be able to identify with and appreciate their spiritual, sexual, creative, intellectual and physical selves.
2. Residents will demonstrate nurturing relationships within themselves and with their children and other children.
3. Residents will demonstrate life skills, career preparation/job skills, goal setting skills, home management skills and decision making/problem solving skills.
4. Residents will document and periodically assess their personal objectives.

To realize these objectives, the program activities are interactive, experiential and cognitive.

### **Program Guidelines:**

This program is geared towards young mothers with ambition and goals for themselves and for each member of their family, who believe they will benefit from a structured program. The goals of the program are to strengthen the self in the following key areas:

- Academic Excellence*
- Career Development*
- Financial Management*
- Parental Responsibility*
- Emotional/Physical/Spiritual Awareness*
- Relationship Building*

### **Program Benefits:**

- A weekly workshop series with topics on budget/finance, parenting, self-care, and job readiness.
- A community volunteer will be paired with each YMRP resident and be available as a support, a friend and advisor and mentor.
- A fully furnished row house for mothers with up to two children.

**YOUNG MOTHERS RESIDENTIAL PROGRAM**  
**Application Criteria**

1. Must be a single mother between the ages of 18 and 26.
2. Applicants must have physical custody of at least one (1) of their children under the age of 17.
3. All children must be enrolled and regularly attending a public/private school and daycare classes to qualify.
4. Be employed either part-time or full-time.
5. Income must be documented by independent sources such as Social Security benefits, employment pay stubs, Temporary Assistance for Needy Families (TANF) and Food Stamps award letters etc. and must be current at time of admission.
6. Must be willing to provide current documentation of all income sources.
7. Must be pursuing their education either part-time or full-time in two or four-year college or university and/or accredited training program (welding, cosmetology, CNA.) Applicant must also be in good academic standing with the college or university she is currently attending and maintaining a grade point average of 2.5 both for the semester and overall.
8. Must be willing to honor YMRP schedule program commitments, including weekly meetings, programs and volunteer opportunities that support a year-long focus on self, family and community growth.
9. Project Row Houses Young Mothers Residential Program cannot accept women who are pregnant, suffering from mental illness and/or drug/alcohol addiction.
10. Must be willing to interview with the YMRP Committee members and program staff.
11. Once an applicant has completed the interview process, she will be contacted via phone or email concerning the status of her application.
12. Must be able to provide a current, official transcript at the time of in-person interview.
13. An Occupancy Fee will be required by all participants. This fee will range between \$250 and \$350 per month, determined on a sliding scale basis, based on the participant's income. This fee will cover the usage of the facility and utilities. The fee is revisited on a quarterly basis during the participant's stay in the program.
14. A deposit of \$150 is due upon move-in.

By signing below, the applicant acknowledges that she has read and understands the program description and application criteria.

\_\_\_\_\_  
Applicant Signature

\_\_\_\_\_  
Date

**YOUNG MOTHERS RESIDENTIAL PROGRAM  
APPLICATION FOR PARTICIPATION**

**I. PERSONAL INFORMATION**

Last Name: \_\_\_\_\_ First: \_\_\_\_\_ M.I.: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Social Security #: \_\_\_\_\_ Are You a U.S. Citizen? \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Marital Status (Married, Single, Divorce, Separated) \_\_\_\_\_

**II. EDUCATION STATUS (please attach your most current transcript)**

TYPE OF SCHOOL	NAME OF SCHOOL	LOCATION (Complete mailing address)	NUMBER OF HOURS COMPLETED	MAJOR & DEGREE
High School				
College				
Bus. or Trade School(s)				
Professional School(s)				

**III. BACKGROUND INFORMATION**

HAVE YOU EVER BEEN CONVICTED OF A CRIME?  No  Yes

If yes, explain number of conviction(s), nature of offense(s) leading to conviction(s), how recently such offense(s) was/were committed, sentence(s) imposed, and type(s) of rehabilitation. \_\_\_\_\_

\_\_\_\_\_

**IV. HEALTH INFORMATION**

Do you have medical coverage? If yes, your insurance provider: \_\_\_\_\_

Describe your general health: \_\_\_\_\_

Do you have a physician? If yes, provide name: \_\_\_\_\_

Do you take any medications? \_\_\_\_\_

If Yes, list names: \_\_\_\_\_

Have you received counseling? If yes, when and for what purpose: \_\_\_\_\_

Have you ever been hospitalized? If yes please explain: \_\_\_\_\_

Do you drink alcohol? \_\_\_\_\_ How often? \_\_\_\_\_

Do you use drugs? \_\_\_\_\_ Please list names: \_\_\_\_\_

Have you used drugs? \_\_\_\_\_ Please list names: \_\_\_\_\_

**V. CHILDREN (PLEASE LIST NAMES OF CHILDREN RESIDING WITH YOU)**

Name	Date of Birth	Sex (M/F)	Name of father

**VI. WORK EXPERIENCE**

Please list your work experience for the **past two years** beginning with your most recent job held.

Name of employer Address City, State, Zip Code Phone Number	Name of supervisor	Employment dates	Pay or Salary
		From To	From To
	Your Job Title		
Reason for leaving (be specific)			
List the jobs held, duties performed, skills used or learned, advancements or promotions while you worked at this company.			

Name of employer Address City, State, Zip Code Phone Number	Name of supervisor	Employment dates	Pay or Salary
		From To	From To
	Your Job Title		
Reason for leaving (be specific)			
List the jobs held, duties performed, skills used or learned, advancements or promotions while you worked at this company.			

**List other work experiences (if any):**

Company \_\_\_\_\_

Position Held: \_\_\_\_\_ Dates of Employment: \_\_\_\_\_

Reason for Leaving \_\_\_\_\_

Company \_\_\_\_\_

Position Held: \_\_\_\_\_ Dates of Employment: \_\_\_\_\_

Reason for Leaving \_\_\_\_\_

## VII. SHORT RESPONSE QUESTIONS

1. How did you hear about YMRP?

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2. What is your current living situation?

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3. What are your personal goals in relation to:

academic excellence? \_\_\_\_\_

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financial stability? \_\_\_\_\_

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parental responsibility? \_\_\_\_\_

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career development? \_\_\_\_\_

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physical/spiritual awareness? \_\_\_\_\_

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4. What steps are you currently taking to achieve your goals?

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5. What are your greatest obstacles to achieving your goals?

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6. Describe how YMRP will be able to assist you over the next year(s).

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7. What assets, talents, thoughts, and interests would you contribute to the YMRP program?

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**VIII. PLEASE LIST ALL SOURCES OF INCOME**

This includes employment, child support, TANF, school grants, etc. Please list dollar amount. Prior to becoming a resident, each accepted participant must show proper documentation of all income sources.

Income Source Description	Amount/ Month
	\$
	\$
	\$
	\$
<b>Grand Total</b>	\$

**IX. REFERENCES**

Please list three people you can use as a personal reference. The persons listed should have known you for at **least two years**. Please include an academic advisor for school reference.

Name	Relationship	Address	Telephone
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***I \_\_\_\_\_, certify that the facts obtained in this application are true and complete to the best of my knowledge. By signing below I authorize Project Row Houses to verify education and employment information submitted on the application I understand that, if accepted in to the Project Row Houses Young Mothers Residential Program, falsified statements on this application shall be grounds for dismissal.***

**Date:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

Project Row Houses' Young Mothers Residential Program is committed to equal opportunity and nondiscrimination in all programs and services, and does not discriminate on the basis of race/ethnicity, color, religion, national origin, ancestry, age, disability, or veteran status.