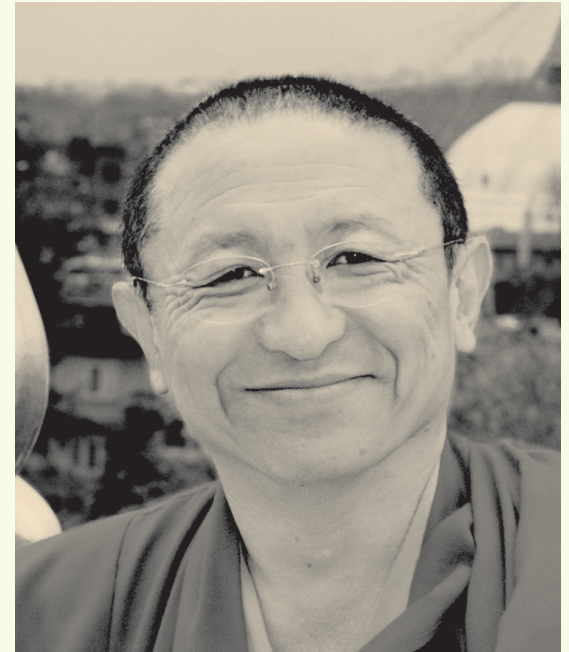




An Invitation to
Chökyi Nyima Rinpoche's Dzogchen Retreat

August 25 - 30, 2017

Garrison, New York



*“A short moment of experiencing
natural wakefulness, once in
a while, is not enough to
bring disturbing emotions and
karma to a permanent end.
We must develop its strength;
that is accomplishment.”*

— Chökyi Nyima Rinpoche

Knowing the Nature of Mind

The Buddha teaches us that we each possess, as our true nature, a pure, all-encompassing wisdom far more profound than we can possibly imagine. Through the practice of Dzogchen, we can come to recognize that unimpeded nature and embody our innate compassionate essence. The purpose of the retreat, designed for both beginners and advanced practitioners, is to introduce us to this natural state of mind, a state that has always been with us. Rinpoche will impart simple, yet powerful, guidance that will allow us to train, step by step, in unfolding our innate essence. The Garrison Institute provides a perfect setting for this intensive Dzogchen meditation retreat which will allow retreat participants to be able to bring this practice to life in their everyday experience.

RETREAT SCHEDULE

Friday, August 25, 2017

Registration, 4:00 PM – 6:00 PM

Teachings begin at 7:00 PM

Saturday –Tuesday, August 26 - 29

Teachings 7:00 AM – 9:30 PM

Wednesday, August 30

Teachings end at noon, followed by lunch



LOCATION OF THE TEACHINGS

Garrison Institute is located in Garrison, NY approximately 70 minutes north of New York City. It is accessible by train from NYC with transportation provided to and from the nearby station. Details about Garrison Institute are available at: www.garrisoninstitute.org



CHÖKYI NYIMA RINPOCHE is the oldest son of Tulku Urgyen Rinpoche. He is the abbot of one of the largest monasteries in Nepal and is responsible for over 500 monks and nuns. Rinpoche's visit is sponsored by Shedrub Development Fund, www.shedrubfund.org

The retreat will be devoted to a Dzogchen teaching with the text to be chosen at a later time by Chokyi Nyima Rinpoche.

COSTS FOR DZOGCHEN RETREAT

The rates for the retreat, which include room and board, are:

Triple or quadruple room - \$625

(these rooms are very limited in number)

Double room - \$800

Single room - \$1,000

Commuter - \$525, including meals

There are no work jobs available.

DONATIONS FOR SCHOLARSHIPS

If you are unable to pay the full amount, there is a limited amount of scholarship money. Please contact the email address below.

Full scholarships are available through the Hemera Foundation for artists, educators and healthcare workers. Applications should be made through the Garrison Institute.

If you are able and wish to help sponsor people in attending the retreat, you can do so with a tax-deductible donation to Shedrub Development Fund, at SDF P.O. Box 1382, Northampton, MA 01061.

These donations, which have enabled many people to attend in the past, are encouraged in any amount.

REGISTRATION

Registration is by check only in the amount of at least \$250.00 with the remainder due 10 days before the retreat. (If full payment can be made now, it would be appreciated) Checks should be made out to CNR Teachings and sent to CNR Teachings, P.O. Box 332, Northampton, MA, 01061. For questions, email CNRteachings@gmail.com

We look forward to seeing you in August.