



spiral

join us where the spiral journey begins:

activating the spiral ~ september 2021

AN 8-WEEK LIVE ONLINE COURSE
BEGINNING SEPTEMBER 14 2021

This course is perfect for you if you:

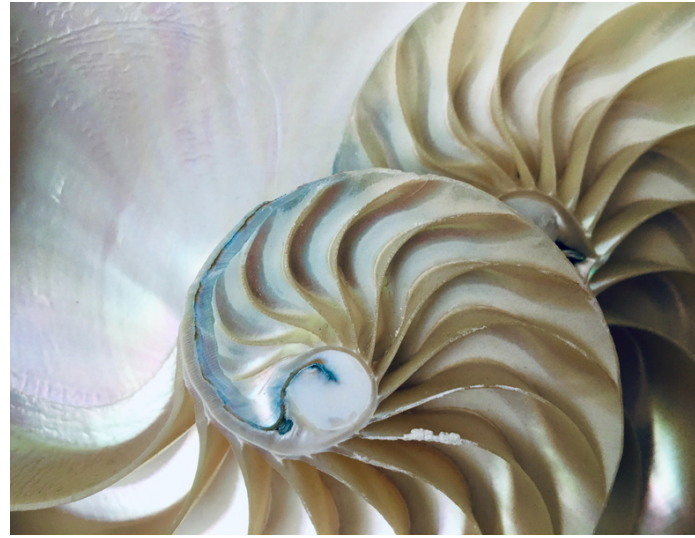
- are ready to engage with nature to connect more deeply to yourself, your vision, with spirit and the world
- are seeking purpose, community and direction
- are ready to lead from a grounded, authentic place
- have a creative project that needs new life
- have a bold vision that you are committed to bringing alive



“when i signed up for this course, my hope was that i could learn to create in a more aligned and attuned way. in activating the spiral i found that and so much more. i found a gorgeous model for leadership and life that i could apply for literally everything in my life, a deeply compelling vision for the next chapter in my life and business, a powerful community filled with inspiring women, and after a period of feeling tapped out and uninspired, i found myself again.” ~ azalea moen

WHAT IS SPIRAL?

Spiral is a spirit-led approach to creativity, leadership, and community based on the force of nature's spiral. At Spiral, we challenge you to collectively integrate your intuitive feminine with your masculine energy, and tap into the wisdom of nature to know who you are and why you're here.




WHAT IS ACTIVATING THE SPIRAL?

Expertly co-led by Abigail Morgan Prout (l) and Sarah Wildeman (r), Activating the Spiral is a live online course with an intimate small group of women, centered on the core Spiral principles of attunement, resonant field, & daring to share.



Powerfully supported by the resonance of the Spiral community, you will gain an understanding of what holds you back from trusting your creativity, and recommit to **your relationship with the earth and your own unique spirit**. You will hone your distinctive passion, purpose and voice and be compelled to cross previously scary edges for the sake of **forwarding your vision for the world**.

"spiral is a beautiful way to be in touch with the thoughts that come to us through moments of quiet, when we let ourselves have time and space to let our minds wander and creativity is untapped. through the activating the spiral course, our spiral cohort created a resonate field of community which supported me to step into my life and business in exciting and impactful ways." ~ taryn laakso



the spiral way is a natural creative process of both individual and collective growth.

YOU WILL LEAVE WITH:

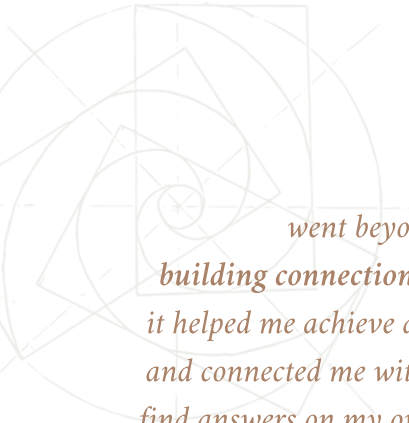
CREATIVE FLOW through a proven, embodied natural process and framework that grounds you in trust and dares you to play bigger.

CLARITY in a vision for the future that is for the good of the world.

CONFIDENCE in yourself and the use of your intuitive leadership qualities.


COURAGE to move your vision forward despite the voices of internal and external critics.

COMMUNITY of empowered and supportive people, who raise the bar on showing up with vulnerability and commitment.



"the activating the spiral course went beyond what i could have imagined in building connection and courage in an online space... it helped me achieve a powerful shift in consciousness, and connected me with a deceptively simple roadmap to find answers on my own on an ongoing basis. the course allowed me to slow down and create more space for a clearer focus to emerge, changing the future of my work significantly." ~ maria gerea





*out beyond ideas of wrongdoing and rightdoing,
there is a field. we will meet you there. ~ rumi*

activating the spiral: logistics

The next Activating the Spiral course begins September 14, 2021 and will be held on Tuesdays from 12 noon to 1:30 p.m. PT using the Zoom platform (you don't need a Zoom account to participate).

CALL DATES

September 14, 21, 28

October 5, 12, 19, 26

November 2

WHAT'S INCLUDED

- 8 x 90-minute live video conference group sessions
- weekly workbook exercises
- online platform to connect with other participants for encouragement and support throughout the course
- 2 one-on-one sessions with other participants
- 1 personalized coaching session with one of your leaders

PRICE

\$800 USD per individual participant

There are limited spaces available, and this will be the final offering of the course in this intimate live in-person format.

REGISTER

at www.spiral-leadership.com/activating-the-spiral

or contact us directly:

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