Second Annual Health Fair
SATURDAY, JANUARY 7, 2017
Chase Center on the Riverfront
Wilmington, Delaware
9 A.M. to 1 P.M.

THANK YOU FOR ATTENDING!
Thank you for attending the Second Annual Pursuit of Health & Wellness Expo and health fair. We hope our Expo helps you and your family learn more about the many opportunities and ways people can take responsibility for their or their families’ personal health and wellness. Please be sure to visit and meet with the many different healthcare providers and businesses who are here today to help you find solutions to your health and wellness issues. For more information, visit our website at dehealthfair.com.

Thank you to our Presenting Sponsor!

innovincent
innovative marketing & consulting solutions
www.innovincent.com

Helping nonprofits and other clients increase their impact

Instagram or Tweet about the Pursuit of Health & Wellness Expo using #dehealthfair to @innovincent
Thank you to our Public Health Sponsors!

DELAWARE ACADEMY of MEDICINE

DPHA
DELAWARE PUBLIC HEALTH ASSOCIATION
www.delamed.org

DELWARE WAR ON HUNGER

All canned goods collected today will be taken to the Food Bank of Delaware as part of the Delaware National Guard’s War on Hunger campaign.
Thank you to our Bronze Sponsors!

INTRODUCING 9ROUND FITNESS TO DELAWARE!
YOUR ALL-INCLUSIVE KICKBOXING FITNESS GYM

- A FAST FUN 30-MINUTE WORKOUT
- NO CLASS TIMES, YOU'RE ALWAYS ON TIME
- FREE EXPERT NUTRITION ADVICE
- FREE TRAINER TO MOTIVATE YOU

What Makes 9Round Different?
All Fitness Levels Welcome
Our trainers help you get an amazing full-body workout that suits your needs and goals.
Get The Results You Want
Our proven 30-minute circuit training format will help you look and feel your best.
We Have Everything You Need
The workout, trainers and nutrition program make it easy to reach your goals faster.

COME IN FOR A FREE WORKOUT TODAY!
9ROUND CONCORD PIKE
INDEPENDENCE MALL
1501 Concord Pike, Wilmington
Delaware 19803
(302) 488-3992
9round.com/Fitness/Wilmington-DE
1-800-999-9999
9round.com/Fitness/Wilmington-DE
1-800-999-9999

MedExpress®
$30 Camp Physicals*

We want to help make sure your kids are healthy and ready for the upcoming season. Open every day with no appointment necessary, MedExpress camp physicals offer a convenient way to help you check one more thing off your to-do list. And if an injury or illness does happen, our full medical team is ready and waiting to help you and your camper get right back at it.

medexpress.com

Wilmington Kirkwood Hwy | Next to Starbucks
Wilmington Concord Pike | Near Charcoal Pit

NEW CASTLE | Across from Wendys
NEW CASTLE | Next to Staples

FULL MEDICAL TEAM + MOST INSURANCE ACCEPTED + 8-8 EVERY DAY

*Some restrictions apply. Ages 5 & up. Price subject to change.
GOOD LUCK TO TODAY'S COMPETITORS IN THE INDOOR TRIATHLON!

DELWARE CHARITY CHALLENGE

Results will be posted at delawarecharitychallenge.com
and facebook.com/decharitychallenge
Thank you to our Booth Exhibitors

Center for Interventional Pain & Spine
centerpain.com
(844) 365-PAIN

1State Health & Wellness
firststatehealth.com
Dr. Kris Kondrad and Dr. Lisette Miller
Brandywine | 2036 Foulk Rd., Wilmington, DE | (302) 475-4200
Chiropractic | Acupuncture | Active Release Techniques

Pivot Physical Therapy
pivotphysicaltherapy.com
info@pivotphysicaltherapy.com

The Mill
themillspace.com

9 Innings of Networking
Networking / Career Fair Game

The 4th Annual Nine Innings of Networking Game
Return in June 2016

Visit delawarejobfair.net for more info
<table>
<thead>
<tr>
<th>Exhibitor</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td>American Red Cross</td>
<td>Service to the Armed Forces</td>
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<tr>
<td></td>
<td>(410) 624-2051</td>
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<td>Liz Brown</td>
<td>Be Well Life Coaching</td>
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<td></td>
<td>bewelllifecoaching.com</td>
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<tr>
<td>Arcpoint Labs</td>
<td>准确. 可靠. 机密. 测试.</td>
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<tr>
<td></td>
<td>wilmington-de.arcpointlabs.com</td>
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<tr>
<td></td>
<td>222 Philadelphia Pike Suite 5</td>
</tr>
<tr>
<td></td>
<td>Wilmington, Delaware 19809</td>
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<tr>
<td></td>
<td>(302) 575-9466</td>
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<td>Brandywine Counseling &amp;</td>
<td>Brandywine Counseling &amp; Community</td>
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<td>Community Services Inc.</td>
<td>Services Inc.</td>
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<td>brandywinecounseling.org</td>
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<td>(302) 656-2348</td>
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<td>Beautycounter</td>
<td>Jennifer Johnson</td>
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<td></td>
<td>beautycounter.com/jenniferjohnson4</td>
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<td>Community Powered</td>
<td>The Banking Alternative in New</td>
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<td>Federal Credit Union</td>
<td>Castle County</td>
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<td>www cpwrfcu org</td>
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<td>Couple to Couplet League</td>
<td>LIVE THE LOVE</td>
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<td>ccli.org</td>
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<td>Delaware 2-11</td>
<td>Get Connected. Get Answers.</td>
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<td>Help Hotline — United Way of Delaware</td>
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<td>Dial 2-1-1</td>
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<td></td>
<td>delaware211.org</td>
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Thank you for coming to our 2nd Annual Pursuit of Health & Wellness Expo
Thank you to our Exhibitors

Delaware Pharmacists Society
depsrx.org
302-659-3088

diamondspineclinic.com
2100 Baynard Blvd., Suite B
Wilmington, DE 19802
(302) 300-4242

easterseals
Delaware & Maryland's Eastern Shore
de.easterseals.com
facebook.com/EasterSealsDE

Faithful Friends
ANIMAL SOCIETY
www.faithfulfriends.us
12 Germay Drive
Wilmington, DE 19804
(302) 427-8514

FITTEAM GLOBAL
Dana Simpson
dana.takeactioninhealth.com

Foschi PHOTOGRAPHY
photographybyfoschi.com
2107 Naamans Road
Wilmington, DE 19810
(302) 529-1339

Fusions Taster's Choice
3629 A Silverside Road
Wilmington, DE 19810
(302) 478-1409
fusionstasterschoice.com

Glasgow Spine & Wellness
650 Plaza Drive
Newark, DE
302-453-4043
glasgowspine.com

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<tr>
<th>Exhibitor Name</th>
<th>Contact Information</th>
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<tr>
<td>Global Provisioning Solutions</td>
<td>Telecom Audits: globalprovisioningsolutions.com</td>
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<td>Help me Grow Delaware</td>
<td>dethrives.com/help-me-grow</td>
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<td>Ideal Impression</td>
<td>Rebecca Ashton-Panos Owner</td>
</tr>
<tr>
<td>IMMUNIZATION COALITION OF DELAWARE</td>
<td>Kate Smith, MD, MPH: immunizeddelaware.org</td>
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<tr>
<td>IN BALANCE Health Coaches</td>
<td>Gina Forgione, Carmen Garcia, D.C.: inbalancehealthcoaches.com</td>
</tr>
<tr>
<td>ISAGENIX</td>
<td>Brittany Clark: <a href="mailto:brettmichele.clark@gmail.com">brettmichele.clark@gmail.com</a>,brittclark IG</td>
</tr>
<tr>
<td>Juice PLUS+</td>
<td>Pamela Troyan: inspiringhealthyliving.com, <a href="mailto:pamss15@aol.com">pamss15@aol.com</a></td>
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<tr>
<td>Lasting Looks, Inc.</td>
<td>Melissa A. Ferriola, CPCP: 447 Heckessin Corners, DE</td>
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Thank you for coming to our 2nd Annual Pursuit of Health & Wellness Expo
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<tr>
<th>Exhibitor</th>
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<tr>
<td><strong>Living Beyond Breast Cancer</strong></td>
<td><a href="http://www.lbbc.org">www.lbbc.org</a>&lt;br&gt;40 Monument Road, Suite 104&lt;br&gt;Bala Cynwyd, PA 19004&lt;br&gt;(855) 807-6386</td>
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<td><strong>J’Aime Walker Streavel</strong></td>
<td>facebook.com/groups/1580610198903704</td>
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<td><strong>Milltown Dental</strong></td>
<td><a href="http://www.milltowndental.us">www.milltowndental.us</a>&lt;br&gt;Heritage Professional Plaza&lt;br&gt;2601 Annand Dr. #18&lt;br&gt;Wilmington, DE 19808&lt;br&gt;(302) 998-9594</td>
</tr>
<tr>
<td><strong>Oasis Senior Advisors</strong></td>
<td>Lynn Paxson, CSA&lt;br&gt;<a href="mailto:lpaxson@youroasisadvisor.com">lpaxson@youroasisadvisor.com</a>&lt;br&gt;delaware.oassisenioradvisors.com&lt;br&gt;(302) 668-0298</td>
</tr>
<tr>
<td><strong>Pike Creek Dental</strong></td>
<td><a href="http://www.pikecreekdental.com">www.pikecreekdental.com</a>&lt;br&gt;4901 Limestone Road&lt;br&gt;Wilmington, DE 19808&lt;br&gt;(302) 239-0410</td>
</tr>
<tr>
<td><strong>Tricia Kramer, L.Ac.</strong></td>
<td>Tricia Kramer, L.Ac.&lt;br&gt;Wilmington, DE&lt;br&gt;(410) 484-2020&lt;br&gt;pointofviewacupuncture.com</td>
</tr>
<tr>
<td><strong>Salt Cove</strong></td>
<td>Salt Cove&lt;br&gt;Delaware's Premier Location For Halotherapy&lt;br&gt;4758F Limestone Road, Suite 34&lt;br&gt;Wilmington, DE&lt;br&gt;(302) 650-1787&lt;br&gt;thesaltcove.com</td>
</tr>
<tr>
<td><strong>Simon Eye Associates</strong></td>
<td>Simon Eye Associates&lt;br&gt;Eye Care for life.&lt;br&gt;www.simoneye.com</td>
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Thank you for coming to our 2nd Annual Pursuit of Health & Wellness Expo.
Thank you to our Exhibitors

Trinity Medical Associates
trinitymedicalassociates.org
410 Foulk Rd suite 200B
Wilmington, DE 19803
(302) 762-6675

Trolley Bikes
www.trolleybikes.com
Urban Transportation with a Smile
302-563-4535

VA - Mobile Vet Center
www.vetcenter.va.gov

Vitamin Shoppe
vitaminshoppe.com/sl/wilmington-46
4609 Concord Pike
Wimington, DE 19803
(302) 479-9080

Delaware Difference Makers
Learn about nonprofit events and opportunities
delandifference.org

Thank you for coming to our 2nd Annual Pursuit of Health & Wellness Expo
THROUGH THE DELAWARE CHARITY CHALLENGE, TEAMS HAVE COLLECTIVELY RAISED MORE THAN $80,000 FOR NONPROFITS THEY SUPPORT (SINCE SPRING 2015)

**DELAWARE CHARITY CHALLENGE**

**5K RACE, WALK, OR ADVENTURE RACE**

‘RACE TO RAISE’ FUNDRAISING CHALLENGE (JAN. 1 TO MAY 5)
‘RACE TO FIRST’ RACE/WALK 5K OR ADVENTURE RACE (MAY 6)
LUMS POND STATE PARK

SIGN UP TODAY AT RUNSIGNUP.COM/CHALLENGEDE

**SATURDAY, MAY 6, 2017**

DELAWARE’S PREMIER ‘RACE TO RAISE’ EVENT ALLOWING TEAMS TO COMPETE FOR THE CHARITY OF THEIR CHOICE

PRESENTED BY INNOVINCENT
CONGRATS AGAIN TO OUR
TOP THREE FUNDRAISING TEAMS IN THE
PREVIOUS TWO
DELWARE CHARITY CHALLENGE
FUNDRAISING COMPETITIONS

Winter 2015 Race to Raise Top 3
1. Spagnoletti & Associates
   (raising for Musella Foundation for
   Brain Tumor Research)
2. University of Delaware Men’s
   Crew
3. Mosaic in Delaware

Spring 2016 Race to Raise Top 3
1. Veritext Legal Solutions
   (raising for Ministry of Caring)
2. OperaDelaware
3. Cure Sanfilippo Syndrome
   (raising for Team Sanfilippo
   Foundation)

THE WINNERS OF THIS WINTER’S RACE TO
RAISE FUNDRAISING COMPETITION WILL
BE ANNOUNCED AT THE HEALTH FAIR!

Winter 2016 Race to Raise Top 3
(as of December 29, 2016)
1. University of Delaware Men’s
   Crew
2. Team Linda Tickle (raising for
   aTack Addiction Foundation)
3. Mosaic in Delaware
Thank you to our Sponsors and Exhibitors

Sponsors
Innovincent
Delaware Academy of Physicians
Delaware National Guard War on Hunger
9Round-Cardio Kickbox Fitness
MedExpress
CrossFit Riverfront
Living Well Magazine
Delaware Today
WHYY

Exhibitors (as of December 29, 2016)
American Red Cross Greater Chesapeake Region
Arcpoint Labs
Be Well Life Coaching
Beauty Counter
Brandywine Counseling & Community Services, Inc.
Center for Interventional Pain & Spine
Community Powered Federal Credit Union
The Couple to Couple League
Delaware 2-1-1
Delaware Pharmacist Society
Diamond Sport & Spine Clinic
Easter Seals
Faithful Friends
First State Health & Wellness
FITTEAM Global
Foschi Photography
Fusions Taster's Choice
Glasgow Spine & Wellness
Global Provisioning Solutions
Help Me Grow
Ideal Impression
Immunization Coalition of Delaware
In Balance Health Coaches
Isagenix
Juice Plus+
Lasting Looks
Living Beyond Breast Cancer (LBBC)
LuLaRoe J’Aime Walker Streavel
Milltown Dental
Oasis Senior Advisors Delaware
Pike Creek Dental
Pivot Physical Therapy
Point of View Acupuncture
The Salt Cove
Simon Eye Associates
Sunday Breakfast Mission
Trinity Medical Associates
Trolley Bikes
VA - Vet Center
Vitamin Shoppe

Get your Passport to Wellness stamped by the sponsors and exhibitor at their tables today!

Thank you for coming to our 2nd Annual Pursuit of Health & Wellness Expo
GRAND REOPENING

FREE CLASSES
No Experience Necessary!

Saturday
02.11.2017
rivathletics.com

HOME OF CROSSFIT RIVERFRONT

RivCycling     RivFit    RivEndurance    RivMobility
CrossFit       FightFit  Olympic Lifting  Strongman

RivFit: 8:15 am, 9:45 am, 11:15 am
RivCycling: 9:00 am, 10:30 am, 12:00 pm

512 Justison Street
Wilmington DE, 19801
P: (302) 745-2348  E: info@cfriverfront.com
WE HOPE YOU ENJOYED TODAY’S 2ND ANNUAL PURSUIT OF HEALTH AND WELLNESS EXPO AND HEALTH FAIR! THANK YOU FOR BEING HERE!

Don’t forget to get your passport stamped by the different exhibitors in today’s health fair! Door prizes drawn from stamped passports throughout the day. Photos from today’s event will be posted to our Facebook page at facebook.com/dehealthfair

Pursuit of Health & Wellness Expo

WE WISH YOU THE BEST OF HEALTH IN 2017