

# ASTROLUBE®

## The Original Lube Wrestling Kit™

[www.astrolube.com](http://www.astrolube.com)

**Thank you for purchasing the ASTROLUBE® Lightweight 10 Gallon Lube Wrestling Kit. It's very easy to mix your ASTROLUBE® kit by following these simple instructions:**

What you'll need:

1. A large mixing vessel – A Rubbermaid storage container or a clean barrel will work well.
2. A large spoon, paddle or preferably paint mixer attachment and cordless drill to stir the mixture vigorously
3. 10 gallons of warm tap water (warm to touch – 90-105 °F or 35-40 °C – not hot)
4. Lightweight 10 Gallon ASTROLUBE® Wrestling Kit Powder

### Step 1

Measure the proper amount of warm water into your mixing vessel. Warmer water dissolves the powder and thickens faster than cooler water. Don't use water that's too hot to hold your hand in. (If you want to make smaller batches, measure 26 grams for each gallon of water.)

### Step 2

Begin mixing the water to create a strong vortex. GRADUALLY sprinkle the powder evenly into the vortex. Try to avoid clumps as these take a longer time to dissolve and will remain white until they do.

### Step 3

When all the powder has been added, keep mixing it for FIVE minutes or until you think it's thick enough. You will observe that the mixture thickens quickly and becomes extremely slippery. If it looks cloudy at first, this is normal and is generally due to air bubbles or undissolved ASTROLUBE® powder. Let it sit for about an hour. It will become crystal clear!

### Step 4

Pour ASTROLUBE® into your wrestling pit or inflatable pool. Enjoy your ASTROLUBE® Lube Wrestling Party!

ASTROLUBE® is a completely biodegradable, non-toxic, non-irritating, water-soluble, pharmaceutical-grade product. When dissolved, it will not irritate eyes but may make vision blurry for a few minutes. Be sensible and have fun with it!

For more information about designing your wrestling pit to hold ASTROLUBE® and your wrestlers, please consult [www.astrolube.com/pitdesign.htm](http://www.astrolube.com/pitdesign.htm). Pit design is limited only by your imagination.

ASTROLUBE®'s thickness and slipperiness varies with powder concentration; the amount present in your kit is designed for 10 gallons of water, however if you want a thicker, slimier lube, use less water, if you want it thinner, use more water. A little powder produces a lot of lube. If it dries out over time, you can add more water.

**TIP: Have a hose ready with warm water to spray off your wrestlers! You can get a hose bib adapter at your local hardware store that will fit on a shower head outlet. Hot tubs are great too if it's cool outside.**

Send your best party pictures to [service@astrolube.com](mailto:service@astrolube.com) – we award a 20% discount coupon to the best monthly submission and will include your images, captions and website on our party webpage.

### CAUTION!

ASTROLUBE® is EXTREMELY SLIPPERY! It's The Slickest Stuff on Earth™. Liquid and powder spills anywhere people will be walking are dangerous. Clean accidental spills up immediately with towels and soapy water or use a hose and large amounts of water to dilute and wash lube away from foot traffic.

### WARNING!

Wrestling of any sort is a contact sport that can result in bodily harm and/or personal injury. By purchasing ASTROLUBE® kit(s) the customer agrees to hold harmless ASTROLUBE®, ASTROLUBE LLC, its officers, employees, suppliers and affiliates against any claim resulting from the use or misuse of ASTROLUBE® kit(s).

Please see [www.astrolube.com](http://www.astrolube.com) for additional information, including fun party drinks!