

Kent Community Service Agencies	General Needs/Resources	
	King County Community Information	211 or 206-461-3200
	Crisis Line (24 hours)	1-800-621-4636
Kent Food & Clothing Bank	Food: Tue-Wed-Fri 10 am-1 pm, Second Wed. of each month 5-6 pm Clothing: Tue-Wed-Fri 10am – 12:30pm	253-520-3550 kentfoodbank@gmail.com 515 W Harrison St. Suite 107 Kent, WA 98032
Kent Food Bank Emergency Services	Rent/PSE/RX (no pain) 3 rd Wed of Month between 10 am-1 pm (Must have final notice, shut off, or eviction notice) Staff will evaluate & qualified receive maximum of \$50	
Birch Creek Annex of Kent Food Bank	Food: Mon 10 am-1 pm Birch Creek Apart. 12961 SE 275th St.	253-520-3550 kentfoodbank@gmail.com
Bread from Heaven Church	Food pantry; #2,3,4,5 Saturday 11-1	253-569-8783
Catholic Community Services	Rent, PSE & Water 2 nd & 4 th Thu. 2-3pm	253-850-2523
Church of the Nazarene	Clothing & Food —Sat. 9 am — 2 pm	253-852-5144
Des Moines Food Bank	Also serves Kent West Hill & SeaTac M-W-F 9-11:45 am, Third Tues, 6-8 pm	206-878-2660
DSHS	Emergency Funds	877-501-2233
Kent Area PTA Clothing Bank	Families in Kent SD w/school referral	253-373-4727
Kent Covenant Church	PSE, Water & Food —call Tues. for Thurs apt	253-631-0222
Kent United Methodist Church	Rent, PSE & Water Assistance — Call Mon. 9am for a Wed. appt.	253-852-0993
Maple Valley Food Bank	Rent, PSE, Bus Passes M-W-F 10:30 a-1:00 p	425-432-8633
Multi-Service Center		253-893-0024
Puget Sound Energy	Broken furnace inspection; parts/labor for free	1-800-321-4123 or 888-225-5773
Bill Payment Arrangements	PSE Billing, Payment Plans; call for details	888-225-5773
Salvation Army	Rent (last \$50), Bus Tokens 10a-2p Mon - Fri	253-852-4983
St. Columbia's Episcopal Church	Food, West Hill/Military Rd, Mon. & Fri. 10am-12pm	253-854-9912
St. James Episcopal	Clothing, Food, Gas Vouchers, PSE, Water, RX (no pain), Thrift Shop, Call Mon 1-4 pm, or Tue 9 am-12 pm for appt.	253-852-4100
St Vincent de Paul	Rent, PSE, last \$75 to \$100 needed	206-767-6449

Free Meals

For a list of free meals, download the Kent Free Meals handout on our website.

<http://www.kentmethodist.com/assistance/> and scroll down to the bottom of the page.

Want the most up-to-date version of this resource sheet?

Go to <http://www.kentmethodist.com/assistance/> and go to the section titled

What to Do If the Appointments Are Full near the bottom of the page.

Click on the *Kent Area Assistance Programs* hyperlink.

Please contact us with corrections, additions or other needed changes

@ 253-852-3900 or general@kentmethodist.com.

Shelter

Catholic Community Services Shelter	253-850-2523
DAWN (Domestic Abuse Women's Network)	425-656-7867
Downtown Emergency Service Center in Seattle	206-464-1570
Family Housing Connection (call 211 & specifically ask for this)	211
H.O.M.E. Men's Shelter (CCS)	253-854-0077, 253-520-4365
Hospitality House (women only)	206-242-1860
KentHOPE Day Center for Women & Children (9009 Canyon Dr, Kent)	253-480-2325
Operation Night Watch in Seattle	206-323-4359, (206-329-2099 after 7pm)
Single Transitional Housing	253-398-2010
SKC Multi Service Center	253-854-3437
Union Gospel Mission Shelter for Men	206-622-5177
Union Gospel Mission Shelter for Women	206-628-2008
Vine Maple Place transitional housing (for women with children only)	425-432-2119
YWCA	425-255-1201

Health

DAWN , dawnonline.org,	425-656-7867
Domestic Violence Hotline	1-800-562-6025
Health Point , 403 E Meeker St, Suite 200, Kent	253-852-2866
Kent Community Clinic	253-852-2866
Kent Housing & Human Services	253-856-5070
Kent Youth & Family Services-Counseling	253-859-0300
Pregnancy Aid Pregnancy test, maternity & baby clothes/diapers/car seats	253-852-1201
Public Health	206-296-4700
Valley Cities Behavioral Health Care (325 West Gowe St.)	253-833-7444
Well Baby Clinic (child and teen)	206-296-4900
W.I.C. (PG/nursing Moms/infants to 6 months; kids to 5)	206-296-4500

Education/Advocacy/Legal Aid

Centro Rendo	Hispanic Population support	253-499-4245
Courage 360	Job readiness, support, computer	253-859-3718
Domestic Violence Hotline		1-800-562-6025
Food Stamp Education		1-888-644-3663
Housing Justice Project	Housing Issues & Legal Advice Regional Justice Center, Rm. 1281 401 4 th Ave. N, Kent, WA 98032	206-267-7090 (English) 206-267-7091 (Español)
Kent Housing & Human Services		253-856-5070
King County Housing Authority		206-315-4360
NW Justice	Legal Aid	206-464-1519
R.O.A.R.	Must go to Fremont area	206-634-1977
REWA	Refugee women only	206-957-2029
Senior Information Assistance		206-448-3110
Solid Ground	Mostly legal help and counseling	206-694-6700
Valley Cities Homeless Outreach		253-833-7444
Welfare Rights Advocacy	Help with DSHS problems	206-324-3063
Worksource	Help for Homeless Veterans	206-205-3500