

Great Wall

Marathon/Half Marathon/8.5K Tour 2019

8 Nights May 13 – May 21

Sun 12 May **Leave your home town on flights you have arranged to Beijing**

Mon 13 May **Arrive Beijing.** On arrival, meet-and-greet by our Chinese local hosts and transfer to your hotel:
***Must arrive Beijing between 12pm to 5pm for group transfer, otherwise transfer on own to hotel.**

[CAPITAL HOTEL](#)

A fine 4 1/2-star hotel centrally located; only a 10 minute walk from the famous Tiananmen Square.

Settle in at the hotel and relax from your journey.
Dinner on own.

Tue 14 May
B,L

In Beijing.

Get the “kinks” out with an optional early morning guided run, watching the traditional daily flag raising ceremony at Tiananmen Square.
Breakfast at the hotel.



0830 Morning Tour to Temple of Heaven and Silk Factory with lunch.
Afternoon at leisure.

1700 Welcome to China “Happy Hour” at our hotel. **Dinner on own**

Wed 15 May
B,L,D

In Beijing. Breakfast at the hotel.

0830 Summer Palace including lunch. Remainder of day at leisure.



1715 Acrobatic Show at the famous Chao Yang Theatre
Dinner on own

Thu 16 May
B,L,D

In Beijing. Early morning light breakfast at the hotel.

Every traveler to China wants to climb the Great Wall, and today your dreams come true on this "mandatory" site inspection. This visit is mandatory for everyone in order to familiarize yourself with the Great Wall and the run route.

You will be walking the actual 4-km, incredibly spectacular section of the Wall which is included on the run.



Eve A special, exclusive carbo-loading Pasta Dinner is included this evening for our group at our hotel.

Fri 17 May
B,L

In Beijing. Breakfast at the hotel.

0830 Morning Hutong Tour a visit to the Old Beijing section with lunch. Includes a pedicab ride to & from the Hutong Area.



Afternoon at leisure. Prepare for race day.
Dinner on own. Plan to tuck in early!

Sat 18 May
RACE DAY!
B,L

In Beijing. Coffee and juices and light breakfast items at the hotel.
THIS IS YOUR DAY!

Very early morning wake-up call for 1hr 45min, 130 km drive by motorcoach to "our" piece of the Great Wall.

It takes place on a part of the 6,000 km long Great Wall which is not generally visited by tourists.



Dinner on own.

Sun 19 May
B,D

Beijing

Breakfast at the hotel. Sleep in and recover!

No particular plans today, although adventurous souls may wish to explore the city further and do some more shopping.

Optional morning tour to Tiananmen Square, Forbidden City, Coal Hill with lunch.



Eve Gala Dinner for all participating runners and non-runners. A very special, elaborate Chinese Banquet to celebrate all the runners' triumph over the Great Wall. A fun evening, sharing the experience with others.

Mon 20 May
B

Beijing

Optional tour to Lama Temple

Free afternoon. Last minute shopping OR relaxing.

Tue 21 May

Breakfast at hotel. Transfer to Beijing International Airport for your flight back home.