



Executive Box Lunch Salads:

All Salads Served With Fresh Bread and Dressing On The Side.
Add A Cookie for \$1.25 Or Our Dessert Of The Day for \$2.50

511 Union St., Suit 2626
Nashville, TN 37219
www.AlexandersCatering.com
Alexs_Catering@Bellsouth.net

Greek Salad: \$10.25

Romaine Lettuce, Kalamata Olives, Cucumbers, Artichoke Hearts,
Cherry Tomatoes, Roasted Potatoes and Crumbled
Feta Cheese and Mozzarella
Fetta Greek Dressing
Add Grilled Chicken or Baked Tofu - \$1.00
Add Grilled Salmon or Steak - \$2.00

Caesar Salad: \$10.25

Romain Lettuce, Croutons, Roasted Potatoes
and Parmesan Cheese.
Caesar Dressing
Add Grilled Chicken or Tofu - \$1.00
Add Grilled Salmon or Steak - \$2.00

Grilled Chicken Salad: \$11.25

Romain Lettuce, Grilled Breast of Chicken, Cucumbers, Cherry Tomatoes,
Roasted Potatoes and Parmesan Cheese.
Ranch Dressing

Alexander's Chicken "Salad" Salad: \$11.25

Romain Lettuce, Chicken Salad, Cucumbers, Cherry Tomatoes,
Fresh Fruit Slices and Almonds.
Honey Mustard Dressing.

Alexander's Tuna "Salad" Salad: \$11.25

Romaine Lettuce, Tuna Salad, Egg, Kalamata Olives, Tomatoes,
Pickled Carrots and Cucumbers.
Lemon Herb Dressing.

Southwest: \$11.25

Romain Lettuce, Sliced Grilled Chicken Breast, Avocado, Jack Cheese,
Black Olives, and Salsa. Chipotle Ranch Dressing

Southern Fried Chicken Salad: \$11.25

Romain lettuce, Fried Chicken Tenders, Crumbled Bacon, Toasted Pecans,
Cherry Tomatoes, Cucumbers and Cheddar Cheese.
Honey Dijon Dressing.

Grilled Portabella Salad: \$11.25

Romain Lettuce, Marinated & Grilled Portabella Mushroom, Cherry Tomatoes,
Roasted Potatoes, Shaved Red Onions, Kalamata Olives and Fetta Cheese.
Creamy Italian Dressing.

Chef Salad: \$11.25

Romain Lettuce, Cherry Tomatoes, Cucumbers, Hard Boiled Egg,
Julienne Black Forest Ham, Smoked Turkey, Swiss,
and Cheddar Cheese.
Ranch Dressing

Cobb Salad: \$11.25

Romain Lettuce, Grilled Chicken Breast, Crispy Bacon, Avocado,
Boiled Egg and Blue Cheese Crumbles.
Creamy Italian Dressing

Spinach Salad: \$11.25

Baby Spinach, Cherry Tomatoes, Pickled Cucumbers and Carrots,
Mandarin Oranges, Candied Walnuts,
Crasins and Goat Cheese. Citrus Vinaigrette
Add Grilled Chicken or Baked Tofu - \$1.00
Add Grilled Salmon or Steak - \$2.00

Black and Blue: \$12.25

Romain Lettuce, Grilled Steak, Cucumbers, Cherry Tomatoes,
Sliced Almonds, Roasted Potatoes, Shaved Red Onion
and Crumbled Blue Cheese.
Blue Cheese Dressing.

Salmon Nicoise: \$12.25

Romaine Lettuce, Grilled Salmon, Cucumbers, Cherry Tomatoes, Egg,
Shaved Red Onion, Kalamata Olives, Capers and
Roasted Potatoes.
Lemon Herb Dressing

Rosemary Chicken Salad: \$12.50

Baby Mixed Greens, Roasted Rosemary Chicken Breast, Cucumbers,
Cherry Tomatoes, Grilled Squash, Zucchini, Mushrooms,
Asparagus, Parmesan Cheese and
Roasted Potatoes. Creamy Italian Dressing
Substitute the Protein with:
Portabella Mushroom - \$1.00
Grilled Salmon or Steak - \$2.00

For all Salads:

Addition Dressing: \$1.00