

Week 1

	Monday		Tuesday		Wednesday		Thursday		Friday	
	Lilac Room	Bouquet Room	Lilac Room	Bouquet Room	Lilac Room	Bouquet Room	Lilac Room	Bouquet Room	Lilac Room	Bouquet Room
9:00-9:30	Stretch	Stretch	Stretch	Stretch	Stretch	Stretch	Stretch	Stretch	Stretch	Stretch
9:30-11:00	Ballet Tech class	Ballet Tech class	Ballet Tech class	Ballet Tech class	Ballet Tech class	Ballet Tech class	Ballet Tech class	Ballet Tech class	Ballet Tech class	Ballet Tech class
11:00-12:00	Pre-Pointe / Beg Pointe/Variation	Pointe Variation	Pre-Pointe / Beg Pointe/Variation	Pointe Variation	Pre-Pointe / Beg Pointe/Variation	Pointe Variation	Pre-Pointe / Beg Pointe/Variation	Pointe Variation	Pre-Pointe / Beg Pointe/Variation	Pointe Variation
12:00-1:00	LUNCH		LUNCH		LUNCH		LUNCH		LUNCH	
1:00-2:15	Jazz	Contemporary	Jazz	Contemporary	Jazz	Contemporary	Jazz	Contemporary	Partnering/ Rep	Elective Class
2:15-3:30	Contemporary	Jazz	Contemporary	Jazz	Contemporary	Jazz	Contemporary	Jazz	Elective Class	Partnering/ Rep

Week 2

	Monday		Tuesday		Wednesday		Thursday		Friday	
	Lilac Room	Bouquet Room	Lilac Room	Bouquet Room	Lilac Room	Bouquet Room	Lilac Room	Bouquet Room	Lilac Room	Bouquet Room
9:00-9:30	Stretch	Stretch	Stretch	Stretch	Stretch	Stretch	Stretch	Stretch	Stretch	Stretch
9:30-11:00	Ballet Tech class	Ballet Tech class	Ballet Tech class	Ballet Tech class	Ballet Tech class	Ballet Tech class	Ballet Tech class	Ballet Tech class	Ballet Tech class	Ballet Tech class
11:00-12:00	Pre-Pointe / Beg Pointe/Variation	Pointe Variation	Pre-Pointe / Beg Pointe/Variation	Pointe Variation	Pre-Pointe / Beg Pointe/Variation	Pointe Variation	Pre-Pointe / Beg Pointe/Variation	Pointe Variation	Pre-Pointe / Beg Pointe/Variation	Pointe Variation
12:00-1:00	LUNCH		LUNCH		LUNCH		LUNCH		LUNCH	
1:00-2:15	Tap	Hip Hop	Tap	Hip Hop	Tap	Hip Hop	Tap	Hip Hop	Partnering/ Rep	Elective Class
2:15-3:30	Hip Hop	Tap	Hip Hop	Tap	Hip Hop	Tap	Hip Hop	Tap	Elective Class	Partnering/ Rep

Week 3

	Monday		Tuesday		Wednesday		Thursday		Friday	
	Lilac Room	Bouquet Room	Lilac Room	Bouquet Room	Lilac Room	Bouquet Room	Lilac Room	Bouquet Room	Lilac Room	Bouquet Room
9:00-9:30	Stretch	Stretch	Stretch	Stretch	Stretch	Stretch	Stretch	Stretch	Stretch	Stretch
9:30-11:00	Ballet Tech class	Ballet Tech class	Ballet Tech class	Ballet Tech class	Ballet Tech class	Ballet Tech class	Ballet Tech class	Ballet Tech class	Ballet Tech class	Ballet Tech class
11:00-12:00	Pre-Pointe / Beg Pointe/Variation	Pointe Variation	Pre-Pointe / Beg Pointe/Variation	Pointe Variation	Pre-Pointe / Beg Pointe/Variation	Pointe Variation	Pre-Pointe / Beg Pointe/Variation	Pointe Variation	Pre-Pointe / Beg Pointe/Variation	Pointe Variation
12:00-1:00	LUNCH		LUNCH		LUNCH		LUNCH		LUNCH	
1:00-2:15	Injury prevention	Jumps & Turns	Elective Class	Jumps & Turns	Nutrition	Jumps & Turns	Elective Class	Jumps & Turns	Partnering/ Rep	Elective Class
2:15-3:30	Jumps & Turns	Injury prevention	Jumps & Turns	Elective Class	Jumps & Turns	Nutrition	Jumps & Turns	Elective Class	Elective Class	Partnering/ Rep