



SUMMER PROGRAMS

FOR ALL AGES

JUNE – AUGUST 2017

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Parking and entrance is in rear of building.

ONE – THREE WEEK INTENSIVES

The Dancer's Performance Intensive (Ages 12 and up)

July 24th – August 11th (9:00am-4:30pm)

Three Weeks - \$900.00

Two Weeks - \$675.00

The **Summer Dance Performance Intensive** is a three-week program for intermediate and advanced students who are dedicated, disciplined, and dance with a generosity of spirit. **The program is for dancers ages 12 & up or discretion of director.** The program is for those dancers with serious goals to develop, increase, and strengthen their level of technique, self-confidence, and artistry. This program will include ballet, contemporary, tap and hip hop dance. The program is designed to give young dancers a taste of refining technique with an emphasis on performance. At the end of the 3 weeks, the Intensive participants demonstrate their amplified understanding of technique, movement, artistry, and performance skills in a fully produced performance "**Our Town**".

Guest teachers:

Mike Camire has been dancing since he was 3 years old and has been classically trained at New Hampshire Academie of Dance under the direction of Laura Foti. When he graduated, he joined a pre-professional company called The Boston Tap Company, directed by Sean Fielder of Bring in Da Noise Bring in Da Funk. He's been with the company for 3 years and has been appointed captain of the company. During his time in the company he has traveled and performed at multiple tap festivals and venues around the United States. Mike is also a member of subject: matter, a professional company under the direction of Ian Berg. He takes inspiration from Sean Fielder, Jason Samuels Smith, Chance Taylor, Michelle Dorrance, and Sarah Reich.

Ramiro Vaughan is a street-wise dancer of many diverse styles. He has trained at Boston University's "Reach Program" where he learned about professionalism in the dance world, how to work in groups, how to teach a class, how to become a better dancer and most importantly how to be a leader. He also trained at Ballet Arts Centre of Winchester learning more technique and the responsibility of becoming a better dancer, person, and dance instructor. Ramiro is a member of LCTC and he has both performed with and taught for different schools and companies such as the Boston University, Tony Williams Dance Center, Charlestown High School, Chu-Ling Academy, and Joseph P. Elementary School among others. Ramiro is working on building his own company called "BeUrselfYouth". The goal of "BeUrselfYouth" is to help young artists become strong leaders and positive influences, impacting lives and empowering individuals. Ramiro says, "Before enlightenment chop wood carry water, after enlightenment chop wood and carry". It is with this philosophy that Ramiro instructs and mentors his students-never stop learning or working hard at being the best you can be.

Jessie Jeanne Stinnett holds a BFA in Dance Performance from The Boston Conservatory and an MFA in Creative Practice: Dance Professional Pathway from Trinity Laban Conservatoire, in conjunction with Independent Dance/Siobhan Davies Dance. She has performed for the Metropolitan Opera, Tate Britain, Prometheus Dance, Anna Myer and Dancers, Rebecca Rice, The Boston Baroque Opera, and Bard College's Summer Scape Festival; most notably in works by Itzik Galili, Pablo Bronstein, Marjorie Folkman, and Gigi Caciuleanu. Her ongoing project, Jessie Jeanne & Dancers, is a performance research laboratory and company which fosters artistic exchange between artists and thinkers working within different mediums, performing regularly though out the north-east US and abroad. Jessie is an internationally recognized vinyasa yoga instructor and regularly leads classes, workshops, and wellness retreats in the UK, Europe, and US. She has also recently joined the dance teaching faculty of Dean College in Franklin, MA where she leads sessions in improvisation and contemporary dance technique. Sample schedule is below:

The Dancer's Performance Intensive Sample Schedule

	Monday		Tuesday		Wednesday		Thursday		Friday	
	Lilac	Bouquet	Lilac	Bouquet	Lilac	Bouquet	Lilac	Bouquet	Lilac	Bouquet
9:00 - 10:15	Ballet or Contemporary Tech class	Contemporary or Ballet Tech class	Ballet or Contemporary Tech class	Contemporary or Ballet Tech class	Ballet or Contemporary Tech class	Contemporary or Ballet Tech class	Ballet or Contemporary Tech class	Contemporary or Ballet Tech class	Ballet or Contemporary Tech class	Contemporary or Ballet Tech class
10:15- 11:00	Pointe Class or Improve Class	Pointe Class or Improve Class	Pointe Class or Improve Class	Pointe Class or Improve Class	Pointe Class or Improve Class	Pointe Class or Improve Class	Pointe Class or Improve Class	Pointe Class or Improve Class	Pointe Class or Improve Class	Pointe Class or Improve Class
11:00- 12:00	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class
12:00- 12:30	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class
12:30- 1:15	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:15- 2:30	Hip Hop or Tap Tech Class	Hip Hop or Tap Tech Class	Hip Hop or Tap Tech Class	Hip Hop or Tap Tech Class	Hip Hop or Tap Tech Class	Hip Hop or Tap Tech Class	Hip Hop or Tap Tech Class	Hip Hop or Tap Tech Class	Hip Hop or Tap Tech Class	Hip Hop or Tap Tech Class
2:45- 3:45	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class
3:45- 4:15	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class	Rep Performance Class

Mini Intensive (4-day) - (Ages 6 - 9) July 24th – July 27th (10:00am – 3:00pm)

\$190.00

The Mini Intensive is designed for the serious younger dancer. They will experience ballet, tap, hip hop and jazz/lyrical. Please bring snacks and water for break times and lunch.
Sample of schedule is below:

	Monday	Tuesday	Wednesday	Thursday
10:00-11:15	Ballet	Ballet	Ballet	Ballet
11:15-12:00	Tap	Tap	Tap	Tap
12:00-1:00	LUNCH / CRAFT	LUNCH / CRAFT	LUNCH / CRAFT	LUNCH / CRAFT
1:00-1:45	Hip Hop	Hip Hop	Hip Hop	Hip Hop
2:00-3:00	Jazz	Jazz	Jazz	Jazz

The Youth Intensive (Ages 9-11)
July 31st – August 11th (10:00am – 4:00pm)

Two Weeks - \$625.00

The Youth Summer intensive is a program designed for serious young dance students to reach the next level of their technical and artistic ability. The program will build strength and versatility with the different genres of dance including ballet, jazz, tap, hip hop and lyrical. The program ends with a final showcase open to family and friends. Guest teachers as well as WDA teachers will be a part of the program. Sample schedule is below:

	Monday	Tuesday	Wednesday	Thursday	Friday
10:00-11:15	Ballet or Jazz Tech	Ballet or Jazz Tech	Ballet or Jazz Tech	Ballet or Jazz Tech	Ballet or Jazz Tech
11:15-12:15	Jumps & Turns or Pre-pointe	Jumps & Turns or Pre-pointe	Jumps & Turns or Pre-pointe	Jumps & Turns or Pre-pointe	Jumps & Turns or Pre-pointe
12:15-1:00	Lunch	Lunch	Lunch	Lunch	Lunch
1:00-2:00	Hip Hop or Tap Tech	Hip Hop or Tap Tech	Hip Hop or Tap Tech	Hip Hop or Tap Tech	Hip Hop or Tap Tech
2:00-3:00	Contemporary or Lyrical	Contemporary or Lyrical	Contemporary or Lyrical	Contemporary or Lyrical	Contemporary or Lyrical
3:00-3:15	Break	Break	Break	Break	Break
3:15-4:00	Hair & Makeup Parents Invited	Hair & Makeup Parents Invited	Hair & Makeup Parents Invited	Hair & Makeup Parents Invited	Hair & Makeup Parents Invited

FOUR WEEK TEAM CAMPS

TEAM TECHNIQUE MASTER CLASS SERIES (4 – week sessions) June 5th – June 30th

Ballet Technique (including Pre-Pointe or Pointe) – Mondays and Wednesday

4:30-6:30pm (Intermediate Level Dancers)

6:30-8:30pm (Advanced Dancers)

\$90.00 (1 day)

\$160.00 (2 days)

(Conditioning/Stretch) – Tuesday and Thursdays

5:00-6:00pm (Ages 6-10)

6:00-7:00pm (Ages 11 & up)

\$50.00 per session

Jazz Technique (Jumps & Turns) - Tuesdays 0

5:00-6:00pm (Ages 11 & up)

6:00-7:00pm (Ages 6-10)

\$50.00 per session

Tap Technique – Thursdays

5:00-6:00pm (Ages 11 & up)

6:00-7:00pm (Ages 6-10)

\$50.00 per session

****Entire Master class series \$260.00****

ONE WEEK CAMPS

Mommy and Me (4-day)

June 26th – June 29th or August 14th – August 17th
(9:15-10:00am) (Ages 18 months – 2-1/2)

\$50.00

A special time for mommy and child where little ones discover the excitement of dance through music and movement activity.



Princess Camp (4-day)

June 26th – June 29th or August 14th – August 17th
(10:00am – 11:30am) (Ages 2 ½ – 4)

\$75.00

The Princess Camp is for our littlest ones who love to be a Princess. The camp will play music and incorporate a craft from all our little ones favorite princesses, Cinderella, Little Mermaid, Moana and Frozen. Please bring a snack for craft time.



Movie Camp (4-Day)

June 26th – June 29th or August 14th – August 17th
(11:30am – 1:30pm) (Ages 4-7)

\$100.00

Our Movie camp is for our preschoolers through 2nd graders who want to be a dancing movie star. The camp will play music from some new movies such as Sing, Trolls, Beauty & the Beast and Moana. A craft will be incorporated from each movie. Please bring a lunch for craft time.



Musical Theater Camp (4 Day)

Aladdin – (Open Ages)

June 26th – June 29th
(4pm – 7:30pm)

\$180.00

This camp is designed for the triple threat dancer. Singing, Dancing & Acting... The camp will consist of acting techniques, singing and dance. We will pick two or three songs and act out the scenes around them. We will have a short show at the end of the last day starting at 7:30. Dancers will need to bring all their dance shoes and a dinner.



5 WEEK CAMPS

Boys only Hip Hop (5- Weeks)

July 13th – August 10th

Thursday evenings (4:30-5:15pm) (Ages 5 – 9)

\$50.00

This class is designed for the boys only... Being a true b-boy means living the hip hop lifestyle. You're **innovative**. You study the art of breaking, locking, and popping. You're influenced by those around you, where you live and the great b-boys before you. What separates hip-hop dance from other forms of dance is that it is often *freestyle* (improvisational) in nature.



Hip Hop (5 - Weeks)

July 13th – August 10th

Thursday evenings (5:15-6:00pm) - (Ages 6 -10)

Thursday evenings (6:15-7:00pm) - (Ages 11 & up)

\$50.00

From the streets to the dance studios, hip hop dance represents a cultural movement, the freedom of freestyle. The goal of this class is to introduce the basic moves of hip hop and give a proper dance foundation. Class will cover the fundamentals of hip hop dance: breaking, popping, locking, and funk. Learn something new or continue with what you already know.



Tap & Jazz (5- week session)

Wednesdays (July 12th – August 9nd)

Jazz (5:00pm – 6:00pm) Tap (6:00pm – 6:45pm) - Ages (6-10)
Jazz (6:00pm -7:00pm) Tap (7:00pm – 7:45pm) - (Ages 11& up)

Tap \$ 50.00

Jazz \$ 65.00

Both classes \$ 100.00

The TAP class is designed to help improve tap sounds and strengthen the ankles. The class will work on clear, clean sounds, with various levels of tone. An important part of the class will be relaxing the knees and ankles.

The JAZZ class is designed to help improve jazz technique. Class will consist of theater jazz, lyrical jazz and afro jazz.



Tumbling/Acro (Open Tumble) (5-weeks) – Tuesday July 11th – August 8th

Mini Tumble (5:30pm – 6:30pm) - (Ages 3-6)
Beginner/Intermediate (6:30pm - 7:30pm) - (Ages 7+)
Intermediate/Advanced (7:30 – 8:30pm) - (Ages 7+)

\$70.00

Tumbling begins with teaching the foundation of form, technique, and strength. Center mat work is done in addition to traveling passes. The class is designed to develop and display strength, balance, and agility. Gymnastics, such as somersaults, rolls, cartwheels, and handsprings, performed without the use of specialized apparatus will be taught. **Level will be determined by WDA.** Get your kids involved in a program that will make them flip!



Contemporary – (5-weeks) – (Ages 10 and up)

Thursdays – July 13th – August 10th

(6:00-7:00pm) – (Ages 8-11)

(7:00-8:00pm) – (Ages 12 and up)

(8:00-9:00pm) - (Adults)

\$65.00

Contemporary dance is a style of expressive dance that combines elements of several dance genres including [modern](#), [jazz](#), [lyrical](#) and classical [ballet](#). Contemporary dancers strive to connect the mind and the body through fluid dance movements.

Contemporary dance stresses versatility and improvisation, unlike the strict, structured nature of ballet. Contemporary dancers focus on floorwork, using gravity to pull them down to the floor. This dance genre is often done in bare feet. Contemporary dance can be performed to many different styles of music.



ADULT SUMMER DANCE

***Adult Special – 10% off 2 classes, 15% off 3 classes, 20% off 4 – 5 classes**

Adult Tap (5 – week session)

July 12th – August 9th

Wednesdays (8:00-8:45pm)

\$ 50.00

Adults need a night or morning out too... Come learn some rhythmic tap moves and have great fun! Strengthen what you know or learn something new. If you ever thought of trying tap, summer is the perfect time and it is **great exercise** too.

Adult Ballet (5 – week session)

July 10th – August 7th

Mondays (6:30-8:00pm)

\$85.00

Come learn the fundamentals of ballet! Ballet class can help with balance and strength and is a great form of exercise.

Adult Jazz (5 – week session)

July 12th – August 9th
Wednesdays (7:00-8:00pm)

\$65.00

Jazz dance is a form of dance that is energetic and fun, consisting of unique moves, fancy footwork and strong sharp movements. Class consists of a thorough warm-up that leads into stretching exercises and then on to across the floor progressions and center combinations. Come have a night out with the adults.

Adult contemporary (5 – week session)

July 13th – August 10th
Thursdays (8:00-9:00pm)

\$65.00

Jazz dance is a form of dance that is energetic and fun, consisting of unique moves, fancy footwork and strong sharp movements. Class consists of a thorough warm-up that leads into stretching exercises and then on to across the floor progressions and center combinations. Come have a night out with the adults.

Adult Hip Hop (4 – week session)

July 13th – August 10th
Thursdays (7:00-7:45pm)

\$50.00

From the streets to the dance studios, hip hop dance represents a cultural movement, the freedom of freestyle. The goal of this class is to introduce the basic moves of hip hop and give a proper dance foundation. Class will cover the fundamentals of hip hop dance: breaking, popping, locking, and funk. Come have a night out with the adults.

We also offer adult fitness, TRX and Pilates classes. Check out our website for info and scheduling.

Contact Instructor: **Lisa Cataldo**

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