

★ **PAZZO + STUFFERS** ★

Cheese Pazzo Bread Fresh baked dough seasoned with garlic, herbs, cheeses with a dipping sauce 4.99 | 980 cal

Stuffers Half Dozen 5.40 | 1040-1200 cal
Meat, Veggie or Cheese with a dipping sauce Dozen 9.79 | 1990-2470 cal

★ **FRESH SALADS** ★

Dinner Salad	3.75 35 cal	Caesar with	
Garden Salad	4.95 60 cal	Grilled Chicken	7.99 510 cal
Chef Salad	7.60 70 cal	Grilled Chicken	
Italian Chop Salad	7.99 470 cal	Breast Salad	7.75 460 cal
Antipasto Salad	6.99 360 cal	Chicken Salad	7.75 500 cal
Greek Salad	6.99 220 cal	Tuna Salad	7.75 490 cal
Caesar Salad	5.75 350 cal	Potato Salad	3.35 380 cal
		Macaroni Salad	3.35 370 cal
		Pasta Salad	3.35 520 cal

★ **ON THE SIDE** ★

Chicken Tenders (Regular or Buffalo)		5.35 430 cal
Hot Wings	One Dozen	8.95 1580 cal
	Two Dozen	15.89 3170 cal
Oven Baked French Fries	Small	2.00 340 cal
	Large	3.35 570 cal
	X-Large	5.15 920 cal
Onion Rings	Small	2.59 340 cal
	Large	3.99 560 cal
	X-Large	5.25 900 cal
Mozzarella Sticks		5.65 610 cal

★ **EXTRAS** ★

Meatballs	Each	1.35 130 cal
Italian Sausage	Each	1.75 250 cal
Sauce	Scoop	.70 50 cal
Garlic Bread	Stick	2.25 430 cal
	Loaf	4.85 2060 cal

Visit amatos.com for a complete list of Amato's locations in Maine, New Hampshire, New York and Vermont.

Printed 6/2018. Prices subject to change.

VISIT YOUR LOCAL AMATO'S

Call ahead and we'll have your order ready.

Bangor Amato's

657 Broadway

Bangor, ME 04401

Phone: 207.942.2929

Be sure to check out our other location in Holden, ME.

GREAT FRESH FOOD
SINCE 1902

Although we may be a bit biased, we are extremely convinced that the more you eat our fresh-made, great-tasting food the more you'll love us. It's true.

While there are no scientific studies to back that claim, we do know that **we have been pleasing hungry people just like you with great Italian foods since 1902.** Back then, when Giovanni Amato started selling sandwiches to the hungry workers on Portland's waterfront, he **committed himself to using the freshest ingredients he could find** and serving his creations at a fair price.

In fact, Giovanni invented the very popular Amato's Italian way back then. Served on bread baked by his family.

Over the years we've added to our menu and now offer pizza, pasta, pazzo bread, wraps... all kinds of tasty treats to help you feed your hungry self and/ or your family and friends. But we remain intensely committed to freshness and flavor.

Welcome to Amato's.

How can we feed you today?

AMATOS.COM

TAKE-OUT
MENU



PIZZA ★ PASTA
SANWICHES

Great fresh food since
1902

★ ORIGINAL ITALIAN SANDWICHES ★

	SMALL	LARGE
Classic Italian Cold Cut Genoa salami, capicola, prosciutto & provolone	6.25 440 cal	8.35 780 cal
Amato's Original Real Italian Ham, cheese & all the veggies	4.15 330 cal	5.40 540 cal
Double Real Italian Twice the ham and cheese	5.15 440 cal	7.35 700 cal
Veggie Italian with American Cheese	4.15 370 cal	5.40 600 cal
All Natural Turkey	5.95 360 cal	8.35 610 cal
Roast Beef	5.95 370 cal	8.35 630 cal
Ham & Swiss	5.15 380 cal	7.35 630 cal
Pepperoni	5.15 530 cal	7.35 810 cal
Genoa Salami & Provolone	5.15 430 cal	7.35 710 cal
Capicola & Provolone	5.15 390 cal	7.35 630 cal
Eggplant	5.95 470 cal	7.35 780 cal
Tuna Salad	5.70 430 cal	8.20 760 cal
Chicken Salad	5.70 440 cal	8.20 770 cal

All above sandwiches served with American cheese, onions, pickles, tomatoes, green peppers, olives, salt, pepper and oil

Each extra vegetable	.65 0-15 cal	.90 0-30 cal
Extra Provolone, Swiss or American	.85 70-110 cal	1.25 110-160 cal
Extra Pizza Cheese	1.15 140 cal	1.45 190 cal
Extra Meat	1.40 35-300 cal	2.00 50-300 cal

Your choice of bread: White / Wheat Roll, Sliced White / Wheat, Sliced Rye, Bulkie Roll, Wraps

★ FRESH WRAPS ★

Veggie with Am. cheese, onions, pickles, cucumber, lettuce, tomato, mayo	6.40 590 cal
Grilled Chicken Club with lettuce, tomato, mayo, bacon	8.40 810 cal
Chicken Salad (all white meat) or Tuna Salad (700 cal) with lettuce, tomato	6.70 710 cal
Angus Steak & Cheese with American cheese, lettuce, tomato, mayo	7.65 840 cal
Grilled Chicken with lettuce, tomato	8.40 590 cal
Chicken Bacon Ranch (Regular or Buffalo) with lettuce, tomato	8.40 1030 cal
Turkey Bacon with American cheese, lettuce, tomato, mayo	8.40 810 cal
Buffalo Chicken with Buffalo sauce, ranch, lettuce, tomato	7.90 930 cal
Eggplant with lettuce, tomato, mayo	6.80 720 cal

★ FOCACCIA SANDWICHES ★

Grilled Chicken with Caesar dressing, provolone, romaine, tomatoes	8.70 980 cal
Angus Steak & Cheese with Caesar dressing, provolone, romaine, tomatoes	8.70 1040 cal
Italian Cold Cut Genoa salami, provolone, capicola, prosciutto, roasted red peppers, romaine, tomatoes, EVO, salt, pepper	8.40 930 cal
All Natural Turkey with roasted red peppers, provolone, romaine, tomatoes, EVO, salt, pepper	8.40 820 cal
Veggie Am, cuke, provolone, roasted red peppers, romaine, tomatoes, EVO, salt, pepper	7.00 810 cal
Eggplant Roasted reds, provolone, romaine, tomatoes, mayo, cuke, spinach, s&p	8.70 1040 cal

★ HOT SANDWICHES ★

	SMALL	LARGE
Meatball Parmigiana	5.40 680 cal	7.60 1020 cal
Sausage Parmigiana	6.55 900 cal	8.90 1340 cal
Chicken Parmigiana	5.65 700 cal	7.90 1040 cal
Eggplant Parmigiana	6.10 650 cal	8.45 960 cal
All parmigiana sandwiches are oven baked with provolone & mozzarella		
Angus Steak & Cheese	7.15 680 cal	9.20 1000 cal
Grilled Sausage with onions, peppers	6.25 740 cal	7.90 1150 cal
Chicken Tender (Regular or Buffalo)	5.65 620 cal	7.90 900 cal
Grilled Pepper Chicken with onions, peppers, mushrooms	7.10 420 cal	8.70 690 cal
BLT with bacon, lettuce, tomato, mayo	4.75 480 cal	6.15 650 cal
Poor Boy with salt, pepper, oil		5.99 730 cal
Pastrami swiss cheese + mustard on rye		5.99 810 cal

★ GRILLED PANINI SANDWICHES ★

Classic Italian Cold Cut	7.25 950 cal
Genoa, provolone, capicola, prosciutto, roasted red pepper sauce	
Turkey, Ham & Swiss with spicy mustard	7.25 700 cal
Chicken Pesto with provolone, tomatoes, red onions, pesto spread	7.25 720 cal
Roast Beef with provolone, red onions, horseradish sauce	7.25 700 cal
Veggie Prov., Swiss, spinach, mushrooms, red onions, tomato, pesto spread	7.10 750 cal
Cuban with Swiss, ham, red onions, pickle, spicy mustard	7.10 570 cal
BBQ Chicken bacon, red onions, cheddar, bbq sauce	7.25 610 cal

GET ONE GRILLED. YOU'LL LOVE IT!

★ PASTA DINNERS ★

	ORIGINAL OR TOMATO BASIL SAUCE	MEATBALLS	SAUSAGE
Pasta	6.75 660 cal	8.00 930 cal	8.75 1160 cal
Baked Pasta	8.25 950 cal	9.25 1210 cal	10.00 1440 cal
Ravioli	8.25 550 cal	9.25 820 cal	10.00 1050 cal

Choice of: Spaghetti, Ziti (regular or wheat), Fettuccine

Chicken Parmigiana	10.25 1060 cal
Eggplant Parmigiana	10.25 1730 cal
Grilled Chicken Alfredo	10.25 1060 cal
Grilled Chicken (with garlic sauce) roasted red peppers, broccoli	10.25 1730 cal
Grilled Chicken (with tomato basil sauce) gr. peppers, roasted reds, mushrooms	10.25 1060 cal
Baked Mac & Cheese four cheese blend	8.10 1350 cal
Fettuccine Alfredo	8.15 1350 cal

★ PASTA BUCKETS ★

	ORIGINAL OR TOMATO BASIL SAUCE	MEAT SAUCE
Pasta	11.20 1730 cal	12.50 2110 cal
Pasta with 4 Meatballs	14.55 2300 cal	15.90 2680 cal
Pasta with 4 Sausages	15.55 2720 cal	16.85 3100 cal
Combo Pasta: 4 Sausages & 4 Meatballs	18.55 3290 cal	19.30 3660 cal

Choice of: Spaghetti, Ziti (regular or wheat), Fettuccine, Ravioli (extra)

Luncheon Baked Pasta w/ chicken, meatballs or sausage 5.99 730 cal | 740 cal | 840 cal

★ ORIGINAL CRUST PIZZA ★

9" 7.95 14" 13.95 16" 16.95

Giovanni's Ham, pepperoni, onions, green peppers & olives	1080 cal 2360 cal 3260 cal
All Meat Ham, pepperoni, sausage & hamburger	1330 cal 2750 cal 3720 cal
BBQ Chicken tangy sauce, bacon, red onions	1260 cal 2730 cal 3740 cal
Buffalo Chicken hot sauce, blue cheese, cheddar cheese	1200 cal 2620 cal 3790 cal
Grilled Chicken & Spinach Garlic, tomatoes, provolone & mozzarella	1240 cal 2690 cal 3700 cal
Grilled Chicken Alfredo Chicken, broccoli, roasted red peppers, & alfredo	1180 cal 2580 cal 3520 cal
Veggie Tomatoes, mushrooms, onions, green peppers, & olives	910 cal 1990 cal 2790 cal
Greek Spinach, Greek olives, tomatoes, & feta	780 cal 1690 cal 2330 cal
White Garlic, tomatoes, onions, broccoli, spinach, peppers, mushrooms, Greek olives & three cheeses	1170 cal 2540 cal 3440 cal

★ CRAFT YOUR OWN PIZZA ★

GLUTEN-FREE 9" CRUST AVAILABLE AT EXTRA CHARGE. CHOICE OF PIZZA SAUCE OR TOMATO BASIL SAUCE.

Build Your Own	9"	14"	16"
Cheese	6.10 790 cal	11.40 1880 cal	14.65 2600 cal
Extra Cheese	1.25 190 cal	2.25 380 cal	2.75 570 cal
Toppings	.90 5-270 cal	1.50 10-520 cal	2.00 15-680 cal
Choice of: anchovies, bacon, broccoli, eggplant, sausage, hamburger, ham, pepperoni, green peppers, pineapple, hot peppers, onions, olives, mushrooms, meatballs, spinach			
Premium Toppings	1.25 255 cal	2.30 380 cal	2.95 630 cal
Choice of: chicken, capicola, prosciutto, feta, roasted red peppers, Genoa salami			

H H ALL PIZZAS AVAILABLE WITH GARLIC & CHEESE FLAVORED CRUST H H

★ CALZONE ★

All Meat with ham, pepperoni, sausage & hamburger	8.35 1320 cal
Grilled Chicken & Spinach	9.95 1270 cal
Veggie with fresh tomatoes, mushrooms, onions, green peppers & olives	8.35 1060 cal
Pepperoni, Mushroom & Sausage	8.35 1310 cal
Sausage, Onion & Green Pepper	8.35 1190 cal
Spaghetti with Meat Sauce	8.35 1340 cal
Angus Steak with onions, peppers & mushrooms	9.95 1400 cal

All Calzones contain a blend of provolone and mozzarella cheeses, chopped tomatoes, sauce