



GREENWOOD SCHOOL

Preschool and Kindergarten Sewing Instructions

You will make:

- 2 single-layer napkins, 15" square
- 2 double-sided placemats, 12" by 16"
- 1 double-sided apron
- 1 single-layer bandana, 24" square
- 1 cubby bag for a change of clothes, 16" square
- 1 washcloth with a loop

Purchase:

- 2 and ½ yds of cotton calico, at least 45" wide, in a pattern appropriate for pre k or kindergarten
- ¾ yd of coordinating solid color cotton, at least 45" wide of a similar weight
- 3 and ½ yds of 5/8" grosgrain ribbon in a coordinating color

*Selecting the fabric can be an adventure with your little one.
You will find your best choices in the quilting section of the fabric store.*

Preshrinking the cotton fabric:

You will preshrink the fabric twice. This will help the items to hold their shape through the weekly washing process. Remember, some of these items will be washed and dried weekly in many various laundry conditions. If the placemats are not pre-shrunk, they often become very misshapen, as the front and back shrink differently and make for a sloppy place setting.

PRESHRINK THE FABRIC by getting it wet and drying it in a **hot dryer**.

PRESHRINK THE FABRIC AGAIN. Yes, really, again. Just do it.

Stop! Did you preshrink your fabric....twice?

Good!

Lay out:

Lay out and cut the pieces according to the instructions and diagrams at the end of this document.

Please follow the instructions as to the direction of the layout on the fabric yardage and the size pieces you cut. It is important that you follow the instructions for the size of the items; our cubbies can only accommodate a certain sized clothing bag. The napkins and placemats are the size we need them to be for our tables.

Lay out the apron pattern that is included in the packet.

For the rest of the items, please cut them to the following dimensions.

Napkins: Cut two 16" by 16" pieces from the cotton calico

Placemats:

Cut two 12" by 16" Pieces from the cotton calico

Cut two 12" by 16" pieces from the solid cotton

Cubby bag: Cut two 17" by 17" pieces from the cotton calico

Bandana: Cut one 25" by 25" piece from the cotton calico

Apron: Cut one pattern piece from the calico
Cut one pattern piece from the solid cotton

Washcloth

Loop: Cut one piece of calico 2" by 5".

You might want to make pattern pieces from tissue paper, or newspaper, or simply measure out the dimensions onto the fabric, mark them with pins or fabric pencil and cut accordingly.

Sewing Instructions:

Bandana and 2 napkins:

Fold all the edges under 1/8" to 1/4 " and press seam.

Fold the already folded edge under 1/8" to 1/4 " again and press seam again.

Now there is a rolled edge around the item.

Pin in place.

Sew around the edge to hold in place.

You can use a straight stitch or zigzag stitch.

Sewing Instructions continued:

2 placemats:

Pin one calico and one solid piece, RIGHT sides together.

Sew 5/8" from the edge, all the way around, leaving an opening 5" to 6" for turning.

Trim the corners.

Sew the opening closed.

Optional: topstitch 1/4 to 1/2 " from edge.

Towel loop:

Cut one piece of calico 2' by 5".

Fold in 1/4" seam allowance on both small ends. Press.

Fold piece in half lengthwise. Press.

Fold in raw edges to the middle lengthwise. Press.

Topstitch 1/8" from edges.

Pin to corner of washcloth. Stitch as shown.

Cubby bag:

Pin pieces RIGHT sides together.

Mark with 3" from the top on each side.

Sew 5/8" seam between markings, leaving the top 3" un-sewn.

Clip the seam at the 3" mark.

Fold in the top 3" of all four pieces along the seam line. Press.

Fold down the top raw edge 1/4". Press.

Fold down top of fabric approx 1 and 1/2". Press.

Stitch along the edge to make the ribbon channel.

Clip bottom corners.

Turn right side out.

Run 1 Yard of ribbon through the channel and tie a knot.

Apron:

Cut 2 pieces of ribbon 21 " long for the side ties.

Cut 1 piece of ribbon long enough to go over your child's head when attached to apron.

Using pieces cut from the included newspaper "apron pattern"...

Pin neck ribbon to the top of the RIGHT side of calico piece 3/4' from the edge, raw edges. Baste.

Pin side tie ribbons to RIGHT side of calico pieces on sides, 3/4" from the raw edges. Baste.

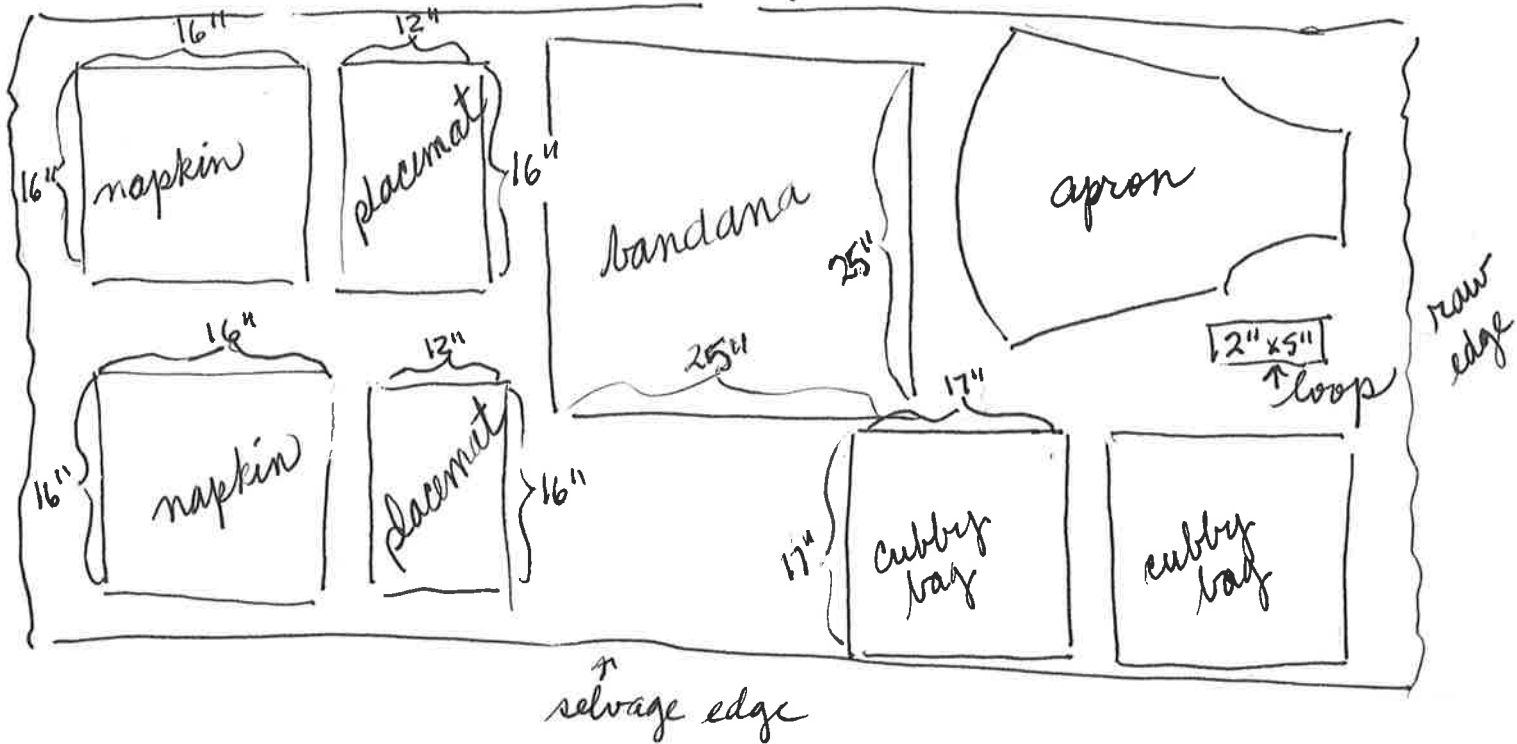
Pin calico piece and solid piece right sides together, ribbons inside, making sure they don't get caught in the seams.

Stitch 5/8" from edge all around, leaving opening 5" to 6" at the bottom, and backstitching at dots to reinforce seams at ribbons.

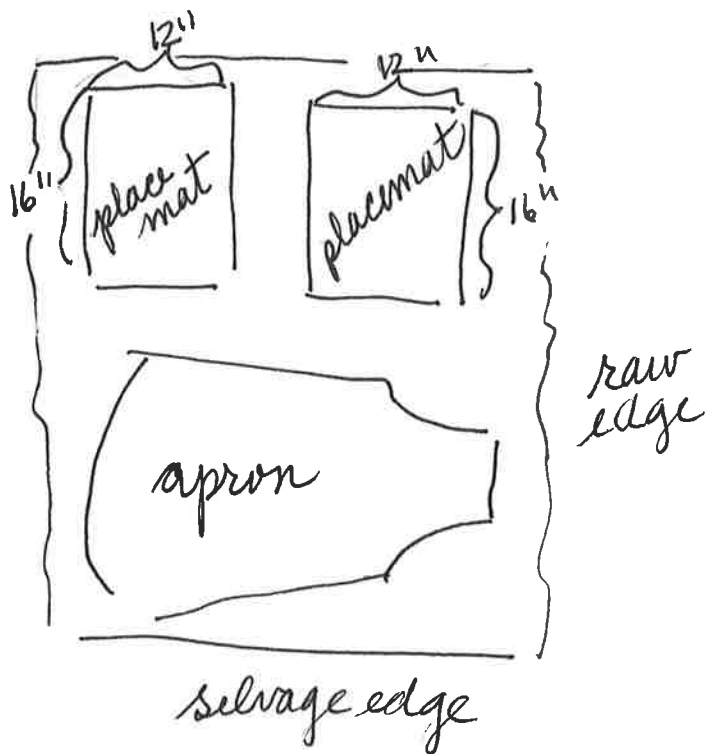
Turn apron right side out. Press fabric under at opening. Press apron.

Topstitch 1/4" to 1/2 " all around.

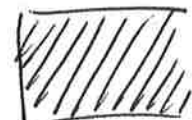
Calico Layout



Solid Cotton Layout



Fabric Key



Right Side



wrong side

