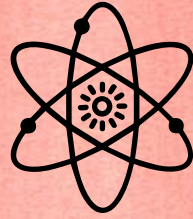




HOW TO GODDESS

WEEK 4 / BHUVANESWARI



Use these questions as a tool to gather your thoughts and reflect on the last week working with yourself as, Goddess. Give yourself time to thoroughly answer these questions in order to watch your exponential growth. Before answering these questions, close your eyes and breath into your belly. Center. Ground into your power and call on the Goddess you've been working with.

Remember, you are *safe*, you are *peace* and you are *LOVED*.

3. Describe yourself as this archetype. What do you say, wear, eat, act as this side of you? What has opened up and what have you noticed that's closed off?

4. Is there fear, shame, guilt or resentment of this side of you? If so, explain. Do you see the access point to break it?

5. What would your life look like if you lived as Queen of this archetype?

6. How are you when it comes to holding space for others? Are you better with individuals or groups? Thoughts on this?

7. Are you the type to stay connected to past lovers and ex's?
● **Why do you think that this?**

8. What type of lover are you?

9. How can you better improve holding space for yourself and others?

10. What vision are you holding space for?



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