Nathan had been experiencing depression for several years when he became homeless at 16. Because of his intense pain and isolation, he rarely talked about what he was experiencing internally. He became prone to outbursts as a result of keeping everything bottled up. His parents believed he had anger issues and thought it would pass. They tried to take a firm stance in response, but because he was in so much pain Nathan felt punished and uncared for and started to run away regularly.

As he struggled to find relief from the weight of depression, he started to use drugs to numb himself. His parents were at a loss when he stopped attending school and started coming home under the influence. Not knowing what else to do, they drew a hard line and told him to leave and not come back until he had straightened himself out. Nathan spent the next year in and out of jail and the hospital as a result of sleeping on the streets and numbing himself with drugs. During that time, Nathan was connected with Cocoon House’s emergency shelter and slowly started to develop a relationship with one of our case managers. After a few stays, he agreed to mental health counseling.

As he worked to get his depression under control, Nathan became able to address the other areas of his life. With the support of his therapist and Cocoon House case manager, he decided to stop using drugs on his own. He committed to staying clean and started attending meetings. Finally feeling more in control of his life, he enrolled himself in a GED program. With these positive changes in place, Nathan and his case manager reached out to his parents, who agreed to attend family counseling. After two months, Nathan was able to return home to complete his GED and start planning for adulthood. Nathan is happier and healthier now that he receives ongoing treatment for his depression and has the continued support of family counseling. He has been accepted to Job Corps, where he plans to study to become a corrections officer.

Because of your support, Nathan was able to obtain his GED, maintain his sobriety, and reconnect with his family. He has been sober for almost one year and spent his 18th birthday at home with his family. Stories like this would not be possible without supporters like you - thank you!
Dear Friends,

Cocoon House has over 28 years of experience working with homeless and at-risk youth in Snohomish County. Our dedicated team serves over 2,500 youth and their families each year through outreach, housing, and prevention services. Cocoon House has a long history or growth and adaptability as we change to meet the evolving needs of teens and young people and their families throughout Snohomish County. In April, we moved into our new building, The HUB, at 3530 Colby Ave in Everett, WA. The HUB offers expanded and more streamlined support to young people and their families.

In the coming year, we will be focused on:
- Launching Journeys, our new supportive housing program for young adults ages 18-24
- Increasing capacity to provide employment and education services
- Developing partnerships with medical providers for The HUB’s new health clinic space
- Increasing capacity for community collaborations and innovation surrounding interventions to end youth homelessness

The positive impact of being in a space truly made for the work we do is already being felt. We are excited for a future that will allow us to further develop and refine programs and increase community interaction.

Thank you to everyone who made this exciting project possible and for your ongoing commitment to help break the cycle of homelessness for teens and young people in our community.

Sincerely,

Joseph Alonzo, CEO
Cocoon House

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Cocoon House is conducting a survey of our donors and community members. Our goal is to understand what most interests you about our work, what support and services you need, how you want to connect with Cocoon House, and how we can further build a community of giving and mutual support.

Take the Survey: www.cocoonhouse.org/engagementsurvey
Cocoon House’s outreach and emergency shelter services meet the immediate needs of youth in crisis and aim to break destructive cycles before youth homelessness becomes adult homelessness.

Our partners at the Liberty Mutual Foundation have long been committed to helping nonprofit agencies deliver immediate, life-saving aid and basic services to homeless individuals and families—but after receiving feedback from grant recipients across their funding areas that pointed to growing numbers of unaccompanied youth, the Liberty Mutual Foundation created a special focus area to specifically invest resources to end youth homelessness.

The Safeco Insurance Fund, a fund of the Liberty Mutual Foundation, supports Cocoon House’s efforts in a BIG way—most recently doubling their investment and providing multi-year funding to enhance our outreach efforts and ensure that youth can access safe, low barrier housing options quickly and efficiently.

As the need for homeless youth services continues to grow and evolve in our communities, we are so thankful for partners like the Liberty Mutual Foundation who are helping make tangible, long-term differences for the youth we serve every day.

Thank you for helping to break the cycle of homelessness!

**WAYS TO GET INVOLVED**

**MONTHLY GIVING**
A monthly gift allows us to continue the work we do. Your donation makes an impact towards our mission to break the cycle of homelessness.

**MATCHING GIFTS**
Does your company match gifts? Contact Cocoon House for assistance to see if a matching gift may apply!

**FLUTTER TOURS**
Come and tour Cocoon House! This one-hour tour will provide you with a general overview of the programs and services offered at Cocoon House.

**REQUEST A SPEAKER**
Community education is a vital component of our work, and we welcome every opportunity to get the word out about what we do and how we can work together.

**HOST A FUNDRAISER**
Set up your own Cocoon House fundraising page & share your link with others through e-mail, social media, or any other way you communicate with your friends & family!

**LEGACY GIFTS**
Gifts of stock and other securities are a popular way to give to charity. Gifts of securities include not only publicly traded stocks, but gifts of mutual funds, Treasury bills & notes, corporate and municipal bonds, and stock in non-publicly held companies.

**INVESTOR HIGHLIGHT**

**Visit our website to reserve your seat today!**

**www.cocoonhouse.org/silk-2019**
WHAT'S HAPPENING AT COCOON HOUSE?

**JULY AND AUGUST**

**Flutter Tour**  
July 20, 2019

**Summer Programming**  
July thru August

**Back to School Drive**  
August thru September

**Flutter Tour**  
August 24, 2019

**On the Road with Joe**  
Monroe Library  
August 15, 2019

**SEPTEMBER AND OCTOBER**

**Flutter Tour**  
September 21, 2019

**SILK Dinner & Auction**  
September 27, 2019

**Flutter Tour**  
October 12, 2019

**Flutter Tour**  
October 19, 2019

**On the Road with Joe**  
Arlington  
October 24, 2019

**NOVEMBER AND DECEMBER**

**Homeless Youth Awareness Month**  
November 2019

**Holiday Giving Program Begins**  
November 2019

**Flutter Tour**  
November 16, 2019

**Giving Tuesday**  
December 3, 2019

**Flutter Tour**  
December 7, 2019

[Visit www.cocoonhouse.org/events to see all upcoming events at Cocoon House!](http://www.cocoonhouse.org/events)