How to Obtain Free Demonstration Devices of Commonly Used Inhalers for Asthma and Chronic Obstructive Pulmonary Disease (COPD) Management

Health professionals (physicians, nurses, pharmacists, respiratory therapists, etc.) and public health advocates (community health workers) can play a key role in building the foundation for a patient's success in asthma self-management by providing education on how to properly use their inhaler, which is included in the National Heart, Lung and Blood Institute Expert Panel Report (NHLBI EPR) and Global Initiative for Asthma (GINA) Guidelines on Asthma.

There are many inhalers on the market, each of which works differently. The proper use of an inhaler is crucial to ensuring that the patient is receiving the correct dosage, and thus better managing symptoms. Unfortunately, up to 94% of patients do not use their inhaler correctly. Below is a list of commonly used inhalers, including their respective drug indication, medication category, product website, and contact information to request free demonstration devices. Strategies to support the correct use of inhalers include:

- Use a demonstration inhaler to show how to use newly prescribed inhalers and ask patients and/or care givers to demonstrate back proper inhalation technique;
- Periodically, check in and ask patients to use a demonstration inhaler to show their inhaler technique during refills;
- Remind patients to discard their inhaler when the dose counter is at zero or according to the expiration date recommended by the manufacturer once opened, whichever comes first;
- Provide handouts with step-by-step instructions and links to instructional videos; and
- Periodically, seek a "refresher tutorial" on how to use inhaler devices to ensure knowledge is current before educating patients on appropriate inhalation technique.

Note: The list of inhalers below is subject to manufacturer availability, which may vary from year to year. However, the contact information listed will be consistently appropriate for obtaining the most up-to-date product information directly from the manufacturer, and for requesting contact with local company representatives.

ASTRAZENECA

Phone: 1-800-236-9933 (Monday-Friday, 8am-6pm ET, excluding holidays)



Pulmicort Flexhaler[®] Indication: Asthma

Medication Category Inhaled Corticosteroid (ICS)

www.pulmicortflexhaler.com

*Indication varies by strength

Symbicort HFA®

*Indication: Asthma, COPD

Medication Category Inhaled Corticosteroid + Long-Acting Beta Agonist (ICS + LABA Combination)

www.mysymbicort.com

Thank you to the Allergy & Asthma Network for permission to use the inhaler images in this resource.



Bevespi Aerosphere®

www.astrazeneca-us.com/az-in-us/Contact-us.html

Indication: COPD

Medication Category Long-Acting Antimuscarinic + Long-Acting Beta Agonist (LAMA + LABA Combination)

www.bevespiaerosphere.com



Massachusetts Asthma Action Partnership









BOEHRINGER INGELHEIM PHARMACEUTICALS, INC.

Direct Representative Line: 855-854-3701



Atrovent HFA® Indication: COPD

Medication Category Short-Acting Antimuscarinic (SAMA)

Long-Acting Antimuscarinic (LAMA)

Long-Acting Antimuscarinic (LAMA)

www.atrovent.com

Spiriva Respimat[®] *Indication: Asthma[†], COPD

www.spiriva.com

www.spiriva.com

Medication Category

Spiriva HandiHaler[®] Indication: COPD

Medication Category



Striverdi Respimat[®] Indication: COPD

Medication Category Long-Acting Beta Agonist (LABA)

www.boehringer-ingelheim.com/ products/striverdi-respimat



Combivent Respimat[®] Indication: COPD

Medication Category Short-Acting Antimuscarinic + Short-Acting Beta Agonist (SAMA + SABA Combination)

www.combivent.com



Stiolto Respimat[®] Indication: COPD

Medication Category Long-Acting Antimuscarinic + Long-Acting Beta Agonist (LAMA + LABA Combination)

www.stiolto.com

CIRCASSIA PHARMACEUTICALS

www.circassia.com/contacts/locations/us-headquarters/

Phone: 1-866-275-6469 (Monday-Friday, 8am-7pm ET) | Email: AZDemorequest@circassia.com



Tudorza Pressair[®] Indication: COPD

Medication Category Long-Acting Antimuscarinic (LAMA)

www.tudorza.com

GLAXOSMITHKLINE (GSK)

www.contactus.gsk.com/callback/hcp.html?ref=GSKSOURCE

GSK Response Team (Prescription Drugs): 1-888-825-5249 (Monday-Friday, 8:30am-5:30pm ET, closed holidays)



Ventolin HFA® Indication: Treatment or prevention of bronchospasm

Medication Category Short-Acting Beta Agonist (SABA)

www.ventolin.com



Flovent Diskus[®] Indication: Asthma

Medication Category Inhaled Corticosteroid (ICS)

www.gsksource.com/floventdiskus



Medication Category Inhaled Corticosteroid (ICS)

www.gsksource.com/floventhfa





Medication Category Inhaled Corticosteroid (ICS)

www.arnuity.com



Incruse Ellipta® Indication: COPD

Medication Category Long-Acting Antimuscarinic (LAMA)

www.incruse.com



Serevent Diskus® Indication: Asthma^{††}, COPD

Medication Category Long-Acting Beta Agonist (LABA)

www.gsksource.com/sereventdiskus













Advair Diskus® *Indication: Asthma, COPD

Medication Category Inhaled Corticosteroid + Long-Acting Beta Agonist (ICS + LABA Combination)

www.advair.com

Advair HFA® Indication: Asthma

Medication Category Inhaled Corticosteroid + Long-Acting Beta Agonist (ICS + LABA Combination)

www.advair.com

Breo Ellipta® *Indication: Asthma, COPD

Medication Category Inhaled Corticosteroid + Long-Acting Beta Agonist (ICS + LABA Combination)

www.mybreo.com

Trelegy Ellipta® Indication: COPD

Medication Category Inhaled Corticosteroid + Long-Acting Beta Agonist + Long-Acting Antimuscarinic (ICS + LABA + LAMA Combination)

www.trelegy.com

Anoro Ellipta® Indication: COPD

Medication Category Long-Acting Antimuscarinic + Long-Acting Beta Agonist (LAMA + LABA Combination)

www.startwithanoro.com

MERCK

Phone: 1-800-444-2080 (Monday-Friday, 8am-7pm ET)



Proventil HFA® Indication: Treatment or prevention of bronchospasm

Medication Category Short-Acting Beta Agonist (SABA)

www.proventilhfa.com

Asmanex Twisthaler®

Medication Category

Inhaled Corticosteroid (ICS)

www.asmanex.com/asmanex/

Indication: Asthma



Asmanex HFA[®] Indication: Asthma

Medication Category Inhaled Corticosteroid (ICS)

www.asmanex.com/ asmanex-hfa/

Dulera HFA® Indication: Asthma

Medication Category Inhaled Corticosteroid + Long-Acting Beta Agonist (ICS + LABA Combination)

www.dulera.com

MYLAN

Phone (Customer Relations team): 1-800-796-9526



Wixela[®] Inhub[®] *Indication: Asthma, COPD

Medication Category Inhaled Corticosteroid + Long-Acting Beta Agonist (ICS + LABA Combination)

www.wixela.com

SUNOVION

Customer Service (Respiratory): 1-844-276-8262



Xopenex HFA[®] Indication: Treatment or prevention of bronchospasm

Medication Category Short-Acting Beta Agonist (SABA)

www.xopenex.com



Alvesco HFA® Indication: Asthma

Medication Category Inhaled Corticosteroid (ICS)

www.alvesco.com



Arcapta Neohaler[®] Indication: COPD

Medication Category Long-Acting Beta Agonist (LABA)

www.arcapta.com



Utibron Neohaler[®] Indication: COPD

Medication Category Long-Acting Antimuscarinic + Long-Acting Beta Agonist (LAMA + LABA Combination)

www.utibron.com



Seebri Neohaler® Indication: COPD

Medication Category Long-Acting Antimuscarinic (LAMA)

www.seebri.us

TEVA

Clinician Support Line: 877-867-3034



ProAir HFA®

Indication: Treatment or prevention of bronchospasm

Medication Category Short-Acting Beta Agonist (SABA)

www.proair.com/hfa



ProAir RespiClick[®] Indication: Treatment or prevention of bronchospasm

Medication Category Short-Acting Beta Agonist (SABA)

www.proair.com/respiclick



QVAR[®] RediHaler™

Indication: Asthma

Medication Category Inhaled Corticosteroid (ICS)

www.qvar.com

AirDuo RespiClick[®] Indication: Asthma

Medication Category Inhaled Corticosteroid + Long-Acting Beta Agonist (ICS + LABA Combination)

www.myairduo.com

Thank you to the Allergy & Asthma Network for permission to use the inhaler images in this resource.



Asthma Action Partnership







