How to Obtain Free Demonstration Devices of Commonly Used Inhalers for Asthma and Chronic Obstructive Pulmonary Disease (COPD) Management

Health professionals (physicians, nurses, pharmacists, respiratory therapists, etc.) and public health advocates (community health workers) can play a key role in building the foundation for a patient’s success in asthma self-management by providing education on how to properly use their inhaler, which is included in the National Heart, Lung and Blood Institute Expert Panel Report (NHLBI EPR) and Global Initiative for Asthma (GINA) Guidelines on Asthma.

There are many inhalers on the market, each of which works differently. The proper use of an inhaler is crucial to ensuring that the patient is receiving the correct dosage, and thus better managing symptoms. Unfortunately, up to 94% of patients do not use their inhaler correctly. Below is a list of commonly used inhalers, including their respective drug indication, medication category, product website, and contact information to request free demonstration devices.

Strategies to support the correct use of inhalers include:

- Use a demonstration inhaler to show how to use newly prescribed inhalers and ask patients and/or caregivers to demonstrate back proper inhalation technique;
- Periodically, check in and ask patients to use a demonstration inhaler to show their inhaler technique during refills;
- Remind patients to discard their inhaler when the dose counter is at zero or according to the expiration date recommended by the manufacturer once opened, whichever comes first;
- Provide handouts with step-by-step instructions and links to instructional videos; and
- Periodically, seek a “refresher tutorial” on how to use inhaler devices to ensure knowledge is current before educating patients on appropriate inhalation technique.

Note: The list of inhalers below is subject to manufacturer availability, which may vary from year to year. However, the contact information listed will be consistently appropriate for obtaining the most up-to-date product information directly from the manufacturer, and for requesting contact with local company representatives.

**ASTRAZENECA**

Phone: 1-800-236-9933 (Monday-Friday, 8am-6pm ET, excluding holidays)

Pulmicort Flexhaler®
Indication: Asthma
Medication Category
Inhaled Corticosteroid (ICS)
www.pulmicortflexhaler.com

Symbicort HFA®
*Indication: Asthma, COPD
Medication Category
Inhaled Corticosteroid + Long-Acting Beta Agonist (ICS + LABA Combination)
www.mysymbicort.com

Symbicort HFA®
*Indication: Asthma
Medication Category
Inhaled Corticosteroid + Long-Acting Beta Agonist (ICS + LABA Combination)
www.mysymbicort.com

Bevespi Aerosphere®
Indication: COPD
Medication Category
Long-Acting Antimuscarinic + Long-Acting Beta Agonist (LAMA + LABA Combination)
www.bevespiaerosphere.com

*Indication varies by strength

Thank you to the Allergy & Asthma Network for permission to use the inhaler images in this resource.
**Striverdi Respimat®**
Indication: COPD
Medication Category
Long-Acting Beta Agonist (LABA)
www.boehringer-ingelheim.com/products/striverdi-respimat

---

**Combivent Respimat®**
Indication: COPD
Medication Category
Short-Acting Antimuscarinic + Short-Acting Beta Agonist (SAMA + SABA Combination)
www.combivent.com

---

**Stiolto Respimat®**
Indication: COPD
Medication Category
Long-Acting Antimuscarinic + Long-Acting Beta Agonist (LAMA + LABA Combination)
www.stiolto.com

---

**Atrovent HFA®**
Indication: COPD
Medication Category
Short-Acting Antimuscarinic (SAMA)
www.atrovent.com

---

**Spiriva Respimat®**
*Indication: Asthma, COPD*
Medication Category
Long-Acting Antimuscarinic (LAMA)
www.spiriva.com

---

**Spiriva HandiHaler®**
Indication: COPD
Medication Category
Long-Acting Antimuscarinic (LAMA)
www.spiriva.com

---

**Tudorza Pressair®**
Indication: COPD
Medication Category
Long-Acting Antimuscarinic (LAMA)
www.tudorza.com

---

*Spiriva Respimat® is only for use as additional maintenance therapy for patients with persistent asthma who are currently taking an ICS or other controller therapy, but are inadequately controlled.
**Advair Diskus®**
*Indication: Asthma, COPD
**Medication Category**
Inhaled Corticosteroid + Long-Acting Beta Agonist (ICS + LABA Combination)
www.advair.com

**Ventolin HFA®**
Indication: Treatment or prevention of bronchospasm
**Medication Category**
Short-Acting Beta Agonist (SABA)
www.ventolin.com

**Serevent Diskus®**
*Indication: Asthma, COPD
**Medication Category**
Long-Acting Beta Agonist (LABA)
www.gsksource.com/sereventdiskus

**Flovent HFA**
Indication: Asthma
**Medication Category**
Inhaled Corticosteroid (ICS)
www.gsksource.com/floventhfa

**Flovent Diskus®**
Indication: Asthma
**Medication Category**
Inhaled Corticosteroid (ICS)
www.gsksource.com/floventdiskus

**Arnuity Ellipta®**
Indication: Asthma
**Medication Category**
Inhaled Corticosteroid (ICS)
www.arnuity.com

**Incruse Ellipta®**
Indication: COPD
**Medication Category**
Long-Acting Antimuscarinic (LAMA)
www.incruse.com

**Breo Ellipta®**
*Indication: Asthma, COPD
**Medication Category**
Inhaled Corticosteroid + Long-Acting Beta Agonist (ICS + LABA Combination)
www.mybreo.com

**Trelegy Ellipta®**
Indication: COPD
**Medication Category**
Inhaled Corticosteroid + Long-Acting Beta Agonist + Long-Acting Antimuscarinic (ICS + LABA + LAMA Combination)
www.trelegy.com

**Anoro Ellipta®**
Indication: COPD
**Medication Category**
Long-Acting Antimuscarinic + Long-Acting Beta Agonist (LAMA + LABA Combination)
www.startwithanoro.com

**GLAXOSMITHKLINE (GSK)**
www.contactus.gsk.com/callback/hcp.html?ref=GSKSOURCE

**GSK Response Team (Prescription Drugs):** 1-888-825-5249 (Monday-Friday, 8:30am-5:30pm ET, closed holidays)

*Indication varies by strength
††Serevent Diskus® is only for use as additional therapy for patients with persistent asthma who are currently taking an ICS or other controller therapy, but are inadequately controlled.
Proventil HFA®
Indication: Treatment or prevention of bronchospasm
Medication Category
Short-Acting Beta Agonist (SABA)
www.proventilhfa.com

Asmanex HFA®
Indication: Asthma
Medication Category
Inhaled Corticosteroid (ICS)
www.asmanex.com/
asmanex-hfa/

Asmanex Twisthaler®
Indication: Asthma
Medication Category
Inhaled Corticosteroid (ICS)
www.asmanex.com/asmanex/

Dulera HFA®
Indication: Asthma
Medication Category
Inhaled Corticosteroid + Long-Acting Beta Agonist (ICS + LABA Combination)
www.dulera.com

Proventil HFA®
*Indication varies by strength

Wixela® Inhub®
Indication: Asthma, COPD
Medication Category
Inhaled Corticosteroid + Long-Acting Beta Agonist (ICS + LABA Combination)
www.wixela.com

MERCK

Phone: 1-800-444-2080 (Monday-Friday, 8am-7pm ET)

MYLAN

Phone (Customer Relations team): 1-800-796-9526
Thank you to the Allergy & Asthma Network for permission to use the inhaler images in this resource.