

Following is a sample form letter written by Dionna of [Code Name: Mama](#), [Natural Parents Network](#), and [NursingFreedom.org](#) (revised, with permission, by Robin Kaplan, of San Diego Breastfeeding Center on 6/11/13.) You may also personalize and send this letter when your breastfeeding rights have been violated. You can find the state law (and statute number) for your state laws on [NursingFreedom.org](#). We recommend running a quick Google search to make sure your law is current. The laws at the link were current as of 2011.

Template letter to resolve a NIP harassment incident:

Your name
Your address

Date

Name of Person You Are Writing to
Title of Person You Are Writing to
Address of Person You Are Writing to

Dear

I respectfully write this letter to express my concern over an incident that occurred at (NAME/ADDRESS OF FACILITY) on (DATE). On that date, my statutory right to breastfeed under the California Civil Code, section 43.3 (Notwithstanding any other provision of law, a mother may breastfeed her child in any location, public or private, except the private home or residence of another, where the mother and the child are otherwise authorized to be present) was infringed on by (WHO: GIVE A TITLE. I.E., CITY EMPLOYEES OR YOUR COMPANY'S EMPLOYEES).

(BRIEFLY DESCRIBE THE INCIDENT. TRY TO STICK TO THE FACTS – WHEN, WHERE, HOW, WHO, WHAT WAS SAID, WHAT WAS DONE. LEAVE OUT ANY EMOTIONS.)

I attempted to follow up on the incident several times. (DETAIL THE WAYS YOU TRIED TO FOLLOW UP. LIST DATES OF PHONE CALLS AND WHO YOU TALKED TO , OR WHETHER YOU LEFT A MSG, AND IF SOMEONE RETURNED YOUR CALL. ENCLOSE A COPY OF ANY LETTERS YOU WROTE.)

To my knowledge, the following steps have been taken by (WHO: THE STORE? LOCAL MANAGEMENT?) to remedy the incident: (DESCRIBE ANYTHING THEY'VE DONE. DID THEY ISSUE AN APOLOGY? DID THEY SPEAK TO THE PERSON WHO MADE THE OFFENSIVE COMMENTS? IF THEY'VE DONE NOTHING, SAY "To my knowledge, there have been no steps taken to remedy the incident.")

The law protects a child's right to breastfeed.

Because of the many benefits of breastfeeding and its promotion by medical and governmental organizations, California civil code 43.3 protects a child's right to nurse. In addition, this type of harassment is considered sex discrimination under the Unruh Civil Rights Act, which allows me to file a formal complaint against your company if we cannot come to a positive resolution.

Please work with me to normalize breastfeeding in our society. I am writing to ask you to take positive steps to help breastfeeding mothers. First, please educate your employees about the laws that protect a mother's right to breastfeed in public. If you need help finding materials or someone to lead an informational session, I will gladly help you find a qualified attorney or local lactation consultant. Second, you can also display signs that identify your facility as "breastfeeding friendly." Third, you may wish to issue a formal apology for the actions of your employee.

Thank you for your time and consideration. I look forward to your response, and to encountering more compassionate, educated employees the next time I visit your (STORE? FACILITY? ESTABLISHMENT?).

Sincerely,