

Personal Liturgy

Week 5: You were Made to Behold

Primary Passages: Exodus 34:29-35, 2 Corinthians 3:18

Related Passages: Romans 1:21-22

"If you don't see the greatness of God then all the things that money can buy become very exciting. If you can't see the sun you will be impressed with a street light. If you've never felt thunder and lightning you'll be impressed with fireworks. And if you turn your back on the greatness and majesty of God you'll fall in love with a world of shadows and short-lived pleasures."

-John Piper

"Happy the soul that has been awed by a view of God's majesty."

- A.W. Pink

LifeGroup Study Guide:

Personal Liturgy Challenge: How has it been going tech-free for an hour each day? What are some push-backs you've noticed or anticipate?

Read and Recap: Have someone read 2 Corinthians 3:18 and Exodus 34:29-35 and recap the highlights from this week's sermon.

- What captures your attention on a regular basis? What things do you find yourself enthralled by? What do you love to look at? (Consider entertainment, art, events, etc.)
- Why do these things hold your attention? What beautiful, glorious and/or redemptive qualities in these things cause them to be worth looking at for you?
- Where do you see these things becoming unhealthy distractions? Do you see any ways they could end up being dangerous or deadly for your health? (Consider your personal, spiritual, and relational health.)
- What are you really chasing after in your distractions? (Escape, ease, comfort, awe, etc) Would you say your distractions are more effective or ineffective in giving you what you're chasing after?

Personal Liturgy LifeGroup Interactive Prayer: *We want to take time as a group to fight distraction and deliberately set our eyes on the glory of God.*

- Take 5 minutes as a group to pray out loud praising, thanking, and meditating on specific aspects of God's character that have been important to you throughout your life.
- Take 5 minutes to pray as a group and confess ways you have let lesser things hold your attention instead of carving out time to behold God's glory.
- Take 5 minutes to pray about the people God has put around you for you to love and reach out to. Pray for their faith, their repentance and ways for the group to serve them.

Pray that your LifeGroup would encourage one another in fighting distraction and in turning their eyes to God and His glory.

Pray that our church would view our tech-free time as an opportunity to look at God and His glory.

*(Get the Personal Liturgy app and other resources at:
www.PersonalLiturgy.com.)*