



The Wolverine Deli & Salad Bars and freshly prepared soup are available daily.



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.



Monday

Taco Pot Pie **1**
 Bean Burrito
 Spanish Rice
 Sugar Snap Peas
 Churro

Tuesday

Bang Bang Chicken Wrap **2**
 Cheesy Baked Pasta
 Roasted Brussels Sprouts
 Carrot Sticks
 Brownie

Wednesday

Crispy Salmon Croquette **3**
 Cheese-Filled Breadstick
 Tomato Basil Couscous
 Vegetable Medley
 Yellow Cake with Vanilla Frosting

Thursday

**WALDEN
 CHOW WAGON**

Friday

**NO
 LUNCH**

Penne Pasta **8**
 Marinara or Alfredo Sauce
 Grilled Chicken
 Seasoned Broccoli
 Confetti Cake

Oven-Fried Chicken **9**
 Crunchy Kale Quinoa Salad
 Mashed Potatoes & Gravy
 Seasoned Green Beans
 Peach Crisp

Hot Ham & Cheese Sandwich **10**
 Gardenburger
 Chips
 Mixed Veggies
 Dirt Pudding

Chicken Fried Rice **11**
 Veggie Fried Rice
 Egg Roll
 Seasoned Broccoli
 Fortune Cookie

Stuffed Crust Cheese Pizza **12**
 Grilled Chicken
 Caesar Salad
 Breadstick
 Oatmeal Raisin Cookie

Chicken Rings **15**
 Chili Lime Lentils with Smoky
 Pineapple Salsa
 Steamed Rice
 Glazed Carrots
 Vanilla Pudding

Sloppy Joe **16**
 Gardenburger
 Buttered Corn
 Sugar Snap Peas
 Jello

Chili Dog **17**
 Creamy Garlic Pasta
 Fire-Roasted Peppers & Onions
 Vegetable Medley
 Apple Crisp

Teriyaki Chicken **18**
 Edamame Stir Fry
 Steamed Rice
 Seasoned Broccoli
 Fortune Cookie

Pulled Pork Burrito **19**
 Cheese Salsadilla
 Seasoned Black Beans
 Fresh Melon
 Chocolate Cake

**CHEF'S
 CHOICE**

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**LS PIZZA AND
 ICE CREAM SOCIAL**

**NO
 LUNCH**

**NO
 LUNCH**

**NO
 LUNCH**

**NO
 LUNCH**

