

## NSC EXPO - June 2023



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
Chicken Penne Alfredo	13 Meatball Sandwich Whole Grain Bun	14 Ham and AuGratin Potatoes	Field Trip: Turkey and Cheese on a Whole Grain Bun	16 Pizza Hut Cheese Pizza Slice
			Chips Apple	
19	20	21	22	23
Goulash	Chicken Taco Whole Grain Tortilla	Hot Dog Whole Grain Bun Baked Beans	Field Trip: Ham and Cheese on a Whole Grain Bun	Hamburger Whole Grain Bun
26	27	28	29	30
Cheesy Taco Pasta	Italian Chicken and Rice	Salisbury Steak Whole Grain Bread Mashed Potatoes	Field Trip: Turkey and Cheese on a Whole Grain Bun	Pizza Hut Cheese Pizza Slice



## NSC EXPO - July 2023



Monday	Tuesday	Wednesday	Thursday	Friday
CLOSED 3	4 CLOSED	5 Beef Taco Whole Grain Tortilla	French Toast Sausage	7 Spaghetti
10 Chicken Penne Alfredo	Kielbasa and Scalloped Potatoes	Field Trip: Turkey and Cheese on a Whole Grain Bun	Sloppy Joes	14 Pizza Hut Cheese Pizza Slice
BBQ Chicken Whole Grain Bun	18 Pizza Hot Dish	19 Pancake on a Stick	20 Field Trip: Ham and Cheese on a Whole Grain Bun	21 Turkey Mashed Potatoes
Chicken Patty Whole Grain Bun	Mac and Cheese	Taco Hot Dish	Field Trip: Turkey and Cheese on a Whole Grain Bun	Pizza Hut Cheese Pizza Slice
Meatballs Whole Grain Bread Mashed Potatoes				



## NSC EXPO - August 2023



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	BBQ Chicken	Spaghetti	Field Trip: Turkey and Cheese on a Whole Grain Bun Chips Apple	Ham and AuGratin Potatoes
7	8	9	10	11
Chicken Penne Alfredo	Ham and Cheese on a Whole Grain Bun Chips Apple	Turkey and Cheese on a Whole Grain Bun Chips Banana	Field Trip: Sliced Chicken and Cheese on a Whole Grain Bun Chips Apple	Pizza Hut Cheese Pizza Slice
14	15	16	17	18
Chicken Patty Whole Grain Bun	Spaghetti	Pancake on a Stick	Field Trip: Ham and Cheese on a Whole Grain Bun	Sloppy Joes Whole Grain Bun
21	22	23	24	25
Mac and Cheese	Italian Chicken and Rice	Meatballs Whole Grain Bread Mashed Potatoes	Field Trip: Turkey and Cheese on a Whole Grain Bun Chips Apple	Pizza Hut Cheese Pizza Slice
28	29	30	31	1
Meatballs Penne	French Toast Sausage	Hot Dog Whole Grain Bun	Field Trip: Ham and Cheese on a Whole Grain Bun Chips Apple	AKA Pizza Party