

# **Supporting Our Future**From the SENY Delegate - Panel 67

"Is sobriety all that we can expect of a spiritual awakening? No, sobriety is only a bare beginning." (Bill W., As Bill Sees It, p. 8)

Welcome to all Panel 67 trusted servants! I'm eager to serve with you and I'm excited that we'll focus on *Supporting Our Future*, this year's General Service Conference theme. We get to play an active role in the future of our Fellowship.

As described in the Twelve & Twelve, a 'spiritual awakening' is when we become able to do, feel, and believe that which we could not do before with our own unaided strength and resources alone. And, when we through service combine that awakening with Tradition One (Our common welfare should come first; personal recovery depends upon AA unity) and with Concept One (Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship), things take on new meaning and become really amazing.

If you are a new GSR, fasten your seatbelts. You are the vital link between your group and AA as a whole. You make up the very foundation of our service structure. You're the guardian of our Traditions and you carry your group's voice and conscience to the district, county, and area. So please be an active participant: we all will benefit from that shared experience and our future will be shaped by it.

As a newcomer in the Fellowship I was told repeatedly by an old-timer that my life would get as big as the program I was willing to work. I had no idea what that meant then, but having a sobriety rooted in all three sides of the triangle – Recovery, Unity, and Service – makes me ever grateful for it now. Sobriety is only the bare beginning!

Yours in service,

John W.



## Your voice in The Link

## **Your SENY Office**

Are you willing to share your experience, strength and hope about your service in A.A. at the group, district, county or area level? *The Link* is published ten times per year and welcomes articles from all AA's in our area. Please limit your article to 275 words, and email it to link@aaseny.org or mail it c/o The Link Editor, P.O. Box 571, NY, NY 10116. Thanks!

Visit: 199 Lincoln Ave., Suite 302 Bronx, NY 10454

Send mail: P.O. Box 571, New York, NY 10116

General inquiries: info@aaseny.org

Call: 718-665-1253

"Supporting Our Future"
Theme of AA's 2017 General Service Conference

# **Eager Anticipation, Joyful Anxiety!** From the SENY Alternate Delegate - Panel 67

As I contemplate my new beginning in AA as your alternate delegate, my thoughts turn to my personal responsibilities, as an individual AA member on a common journey with my fellow AAs, guided by our 12 Steps for Recovery from alcoholism. My thoughts are also drawn to my collective responsibility, as an AA group member and as an AA in service, guided by our 12 Traditions (Unity). And finally, I'm reflecting on how my charge as a "trusted servant" is clearly delineated in our 12 Concepts for world Service.

As I embark on fulfilling my commitment to each of you and to our area, I will, to the best of my abilities and with these 36 Principles in hand, discharge my responsibilities as your alternate delegate for 2017-2018, Panel 67.

Heading out on this mission ("a goal or purpose that is accompanied by strong conviction...") entrusted to me by the membership of our area, I pray that I may always keep at the forefront the fundamentals embodied in our 36 spiritual principles, with particular emphasis on our Second Tradition (For our group purpose there is but one ultimate authority – a loving God as he may express himself in our group conscience. Our leaders are but trusted servants, they do not govern), and on our First Concept (Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship).

I am looking forward to serving and working with all of you as we do our best to safeguard our basic message of recovery from alcoholism, and to fulfill our primary purpose of carrying the message of Alcoholics Anonymous to the still sick and suffering alcoholic.

Over the years to come I hope to live up to these principles, one day at a time, serving all of you as a trusted servant and alternate delegate for SENY Area 49.

In service,

Manuel/Manny A.

# Passing it On: Unity From the SENY Area Chair

Warm thanks to all of our Panel 65 officers and trusted servants, for the huge amount of work, love, and service you've given us. I want to add a personal debt of gratitude too, because you've been helping me to learn my new role. I feel a bit teary as I write this: it's been my experience in SENY that when I ask for help, it's provided. My Higher Power definitely works through you.

Our First Step is my favorite: I love that when all else fails and life feels challenging, I'm so OK as long as I work the First Step. I hope to soon work all of our 36 principles, together. Our First Concept (Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship) reminds me how my first service sponsor always referred to GSRs as "the Bosses." Concept One also helps me to remember who exactly is in charge (Tradition Two).

I rely on the Concepts Checklist to get a better understanding of how to use the Concepts in practice. Here's a sample Concept One question: "Do we hold regular group conscience meetings encouraging everyone to participate?" I also rely on our Traditions Checklist, which asks ten poignant questions regarding each Tradition. For example, regarding Tradition One: "Am I ... a healing, mending, integrating person, or am I divisive? What about gossip and taking other members' inventories?"

Both checklists can be found on SENY's website, aaseny.org. Go to the "What's my position? - GSR" link, and scroll down to "Additional Resources".

Unity is nothing I knew about until you taught me, patiently and lovingly. I hope to pass it on, in the same loving way you've passed it on to me.

In Love, With Service, (and in love with service)

Jane E.

## DECLARATION OF UNITY

This we owe to AA's future: To place our common welfare first; To keep our Fellowship united. For on AA unity depends our lives, and the lives of those to come.

SAAMS. NO.

# **The Special Gifts of Service**

From the DCMC, SuffolkCounty

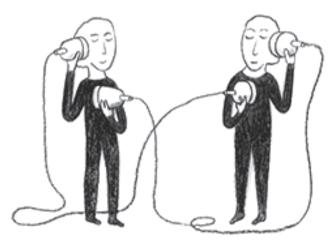
Being a part of the upside-down triangle of AA service requires commitment, perseverance, love....and good old-fashioned hard work. I am discovering that the further down the triangle one dares to trudge, these characteristics become both more necessary and more intense. On the other hand, there are special joys that are only now becoming obvious to me, and some of them are breathtaking.

Our county was privileged to host the SENY Assembly in November. Due to several circumstances, we were very late in our preparations. I was tasked to oversee the effort, even though I'd never tackled anything like this. I had three capable, dynamite chairs to head Hospitality, Lunch, and Transportation—but had no idea where we stood with additional support. I recruited as best I could, but as of the night before the assembly, I had no idea how or if it would all come together.

When I got to the church at 6:15 AM, there were already three guys in the parking lot waiting to start set-up. By 7:30 Hospitality was ready to go. The hall, sanctuary, and workshop rooms were soon set up. Everyone was working with fervor. I had a moment of gratitude that brought me to tears, and I was struck once again by the unbelievable support and fellowship I find in AA.

The assembly, despite our being in very close quarters, was intimate and loving and beautiful. But the one thing I will always remember is that moment when I realized – once again – that those who serve in AA are a gift straight from God.

With gratitude, **Steve K.** 



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# **Everything Is Connected, And Yet...**From the rotating 2016 SENY Interim Web Chair

It's easy to picture 4th Edition Big Book contributor Phil P., if you ever had the privilege of hearing him speak when he was still among us, saying: "I have this right here, and I have the rest of my life over here." You can see him indicating a clear distinction between activities within the Fellowship of AA, and those beyond. It's an interesting exercise to distinguish these from each other.

For newcomers, it may help to check life's problems at the door and focus on simply listening to other people talk about how they stay away from a drink one day at a time. For all who practice Step Twelve, the same exercise may help to reset and recenter in serenity. Phil's main recommendation was to start every morning with a quick review of Steps One through Three.

Step Twelve is all about how everything is connected. Nevertheless, it's broken down into a whole set of different and varying suggestions for us, for a reason. When we are on Step Twelve, we sometimes lose sight of it being followed by Step One (as much as it precedes Tradition One).

I have been privileged to serve as your interim SENY Web Committee Chair for a year. I love so much how sober you are at area gatherings and on the phone with me, that I forget we are alcoholics! I'm consistently impressed with how well versed in the depths and nuances of the Traditions and Concepts our members can be.

As much as I look forward to having more time for the rest of my life, I will continue to serve the Web committee, in the interest of giving the area, area committee, and the incoming Web Committee Chair as comfortable a transition as possible. If you would like to receive updates on such items of business as Spanish language translation, 'How SENY Runs its Meetings' procedural documentation, and email platform migration, drop a note to web@aaseny.org and we will add you to the Web Committee report recipients list.

All existing @aaseny.org addresses will remain the same, even with the new platform. No one will be required to use the new platform, just as no one is required to use the existing platform. Some of our wiser elders recommend we keep our service email separate from our personal email, so, even if you enjoy having everything in one place, this may be an interesting exercise.

Yours,

Jon O.

# Supporting Our Future

OUTH FASTERN AREA OF ALCOHOLICS ANONYMOUS - AREA 49

49th SENY Convention
March 24-26, 2017

# REGISTRATION

## Renaissance Westchester Hotel

80 W Red Oak Ln, West Harrison, NY 10604



#### **Convention Highlights**

Beautiful new hotel. Reflective walking paths. Joy of service. Dynamic workshops and panels. Steps, Traditions, Concepts. Relationships. Alkathon. Archives. Old-timers. Spanish District. LGBT. Young People. Al-anon. Sumptuous Banquet. Dancing. Entertainment. Hospitality room in a mansion. Fun & fellowship.

For more information or to volunteer contact Janice M., 2017 SENY Convention Chair, at either convention@aaseny.org or (718) 665-1253

Convention Pre-Registration Deadline: March 11, 2017

Convention badges must be worn at all times.

One Form Per Person. Please Make Copies For Each Registrant.

Mail to: SENY Convention 2017 P.O. Box 904 Carmel, N.Y. 10512-0904

Name:		
Address:		
City:		
Phone:	Email (optional):	
AA: AI-Anon:	Other (please spec	cify):
Special Needs (please specify):		
ASL Needs:		
Old-timer 25+ years (sober date): _		
Registration Only	rears and Under Free Beef Chicken	=
Tables seat 10. If you wish to sit together, sub	mit individual forms by mail in th	e same envelope. Thank you!
Amount Enclosed: \$		
Checks/money orders payable to: \$	SENY Convention 2017	

# On-Site Registration Saturday and Sunday

Odlarday and Odnady

# Spanish Translation For All Main Meetings

ASL provided for pre-registrants only. Service animals only. Designated smoking areas.

Wheelchair Accessible

#### **HOTEL RESERVATIONS**

# Renaissance Westchester Hotel

Convention Rate: \$129.00

+ 10.375% tax per night

(single/double/triple/quad occupancy)

Reservation Deadline: **February 27th** 

Reservations: By Phone **1-800-891-2696** 

Online at: www.renaissancewestchester.com

- Choose Check-in/Check-out Dates
- Click "Special Rates" Dropdown
- Click Group Code Button
- Input Code: SEYSEYA
- Hit Enter
- Select SENY Rate
- Finish Reservation Process

# The 2017 General Service Conference Theme: "Supporting Our Future"

The topics for presentations, discussions, and workshops relating to this theme are:

#### "Growth"

- Diversity Outreach and Attraction
- Safety An Important Consideration
- Communication Today and Tomorrow

#### "Participation"

- Fellowship vs Membership
- Leadership: I Am Responsible
- Is Your Voice Heard?

#### "Contributions"

- · Spirituality and Money
- Fully Self-Supporting Our Obligations
- · Apathy and the Power of the Purse

In the spirit of unity, Area 49 groups and their members are encouraged to discuss and reflect upon these topics and the future of support for all levels of service in AA.

NERAASA 2017 is a great opportunity to discuss these topics with other trusted servants: GSRs, DCMs, area committee members, and Intergroup/Central Office representatives from throughout the northeast region:



#### 26<sup>th</sup> Annual

#### NORTHEAST REGIONAL A.A. SERVICE ASSEMBLY

February 24-26, 2017 – Framingham, MA All A.A. members are welcome!

#### PURPOSE:

The purpose of the Northeast Regional Alcoholics Anonymous Service Assembly (NERAASA) is for the GSRs, DCMs, Area Committee Members and Intergroup/Central Office Representatives of the Northeast Region to discuss General Service Conference related issues and concerns affecting A.A. as a whole, as well as pertinent aspects of recovery, unity and service common to the Areas of the Northeast Region.



2017 General Service Conference Theme: Supporting Our Future

#### REGISTRATION

Online registration opens September 15, 2016 at <a href="http://www.neraasa2017.org">http://www.neraasa2017.org</a>

Kickoff "Redball" Meeting Thursday February 23 at 8:00 pm

Onsite registration begins at 12:00 noon, Friday, February 24, 2017

Panel 1 begins on Friday at 3:00 pm



Pre-registration deadline: January 27, 2017

Any questions, contact: NERAASA2017chair@gmail.com

## **Past Delegates: A SENY Mystery**

The first General Service Conference was held in 1951. The 66th concluded on April 23, 2016. Over that period, SENY (Area 49) has sent thirty-three delegates to the Conference. Of the thirty-three--now referred to as past Delegates--only thirteen are still alive, and some of them are in ill health. In the past three years, four past Delegates have passed away, the most recent being Boyce B. in 2015.

What do you know about any, or all, of our past delegates? What was the name of our first delegate? How many past delegates went on to become General Service Trustees? How many went on to serve as non-Trustee Appointed Committee Members? How many past delegates are there from each SENY county, including the Hispanic Districts? What county has had the most past delegates? How many from the same county had the same first name? Who is the oldest living Panel delegate not in age but on the Panel they served? Who was the youngest past delegate in age to serve SENY? How many past delegates were men and how many were women?

Here are a few tidbits of past delegate info. Boyce B. was a Panel 39 delegate, and over the years we had several conversations. He had a wealth of knowledge to share about the Conference, the Concepts and SENY. Our first delegate was Henry ("Harry") Z.; the oldest living SENY delegate is Mike F., Panel 37. The youngest delegate to serve SENY was Jimmy D.

If you'd like to know more, talk to our present Archives Chair about getting that information into the SENY Digital Archive. I've been talking about it since I was area chair but nothing has been done to date.

It doesn't seem like a difficult task for the Archives Chair, Archivist and Digital Archivist to contact the thirteen living past delegates and sit down with them for a while to record their Conference and SENY experience. Perhaps some of the thirteen can fill in some blanks in regards to the twenty who are deceased. Once completed, all it would take thereafter is to record the immediate past delegate in the month after they rotate out to update the digital archive.

Our area is the only one in the tri-state area (and possibly beyond) without a digital archive of our past delegates. We are missing out on a wealth of knowledge and information that would be invaluable to SENY's history. Hopefully this project can be begun in earnest this year and throughout the Panel 67 rotation, until the initial stage is completed and brought up to a current status every two years thereafter.

Peace and Serenity, Jim W. (Area 49, Panel 65 past delegate)

## From the General Service Office (excerpts from Box 4-5-9, Vol. 62, No. 4 / Winter 2016)

#### 'A.A. Is Not Just a Gift for Hearing People'

Getting sober can be a difficult journey for anyone, but it is made even more difficult if a person is deaf. The vast majority of A.A. meetings are geared only for the hearing, something that Teresa K., Special Needs & Accessibilities Chair for District 7 (Area 36) in the Twin Cities would like to see changed.

"We talk about being a fellowship, but we often get stuck behind the language barrier and we don't reach out. We tend to believe that because there are no people who are deaf in our meetings, that there are no alcoholics who are deaf. But of course, there are — alcoholics who are deaf are just not at meetings because their disability makes it difficult for them to participate."

Teresa's home group is Foxhall Chapter Seven in Minneapolis, one of two open speaker meetings in the Twin Cities area that regularly employ American Sign Language (ASL) interpreters. And this is more than many cities have, Teresa points out. "Because of its reputation for treatment centers, Minneapolis draws a lot of recovering alcoholics, and there is actually a Deaf treatment program. So there is a little bit of a Deaf sober community, who look for meetings to attend after they leave rehab."

Foxhall Chapter Seven used to employ a company that would record speakers on audio and make them available on CDs. After the company bowed out, the group decided to tape the meeting themselves, making the audio file available in a free email subscription. It was but a step from there to deciding to employ an ASL interpreter so that people who are deaf could attend the meeting, and to videotaping the interpreter so that those who could not attend would have access to the talks. (The other meeting in the Twin Cities area with an ASL interpreter is the Three Legacies Speaker Meeting, which posts the ASL videos to a private YouTube channel that the Deaf can sign up for via email.)

The move to hiring and videotaping an ASL interpreter at Foxhall Chapter Seven was not without controversy, because, of course, it cost money. While the Google drive where the video files are stored is only \$25 a year for 200 gigabytes, having an ASL interpreter come to the meeting once a week costs \$80. "And there was some handwring- ing over this expense," Teresa says. "Which is understandable. Sometimes only one or two people who are deaf come to a meeting. But the thing is, people who are deaf start to think: 'I have a price tag attached to me when it comes to trying to access Alcoholics Anonymous.' Money is a real concern, but in general we need to figure out how to solve this. There is a spiritual principle — if we do the right thing, good things happen."

Teresa, who is a hearing person, began to get involved with the Deaf "when I saw people who are deaf in our meeting and I saw hearing people not talking to them. So I made a point of hanging out with them. I took an ASL class, learned a bit of sign language. And I began to understand some of the issues in trying to bridge the gap and get the Deaf and the hearing talking to each other." At the Foxhall Chapter Seven meeting, whiteboards are provided in the ASL seating section and the Deaf and the hearing can text each other. There are a few A.A.s who, like Teresa, know some ASL. And a lot can be gotten from context, in communicating with people who are deaf. But even the videotaping, as valuable as it is, is only a beginning, Teresa says. And since the General Service Office is in the process of selecting an ASL interpreter for a new translation of Alcoholics Anonymous and Twelve Steps and Twelve Traditions, Teresa has been able to help provide G.S.O. with contacts to professional interpreters, as well as share information about potential interpreters with the members of her Accessibilities committee who are deaf — one even wrote a comprehensive assessment of all the applicants.



## "Blue People" Graphic

A gathering of folks, silhouetted. In blue. A gathering of people, all sorts of people, that look just like us.

This graphic image is affectionately known as the "Blue People." Originated in January 2006, the simple graphic has come to be regarded as a heartwarming representation of the inclusiveness of Alcoholics Anonymous, a powerful and much-adored depiction of our membership. A graphic image that has also come to be synonymous with G.S.O.'s A.A. website, aa.org.

The General Service Office receives many requests like the following: "Can we use the 'blue people' graphic from the home page of www.aa.org on our local A.A. website, or on stationery, business cards, banners, or other items?" The "blue people" graphic is a copyrighted design and trademark of A.A.W.S., Inc., with all rights reserved for use exclusively by the A.A.W.S. Board, AA Grapevine Board, the General Service Board of U.S./Canada, and the General Service Office of U.S./Canada.

A.A. World Services, Inc., Board of Directors, June 17, 2016

#### **Regional Forums**

The next Northeast Regional Forum will take place June 2-4, 2017 at the DoubleTree by Hilton, Pittsburgh Cranberry Hotel, Mars, PA

Regional Forums strengthen the Fellowship's Three Legacies of Recovery, Unity and Service by providing an opportunity for A.A. groups and area trusted servants, as well as any interested A.A. members in attendance, to share experience, strength and hope with representatives of the General Service Board and G.S.O. and Grapevine staff members. There is no registration fee for Regional Forums; they are hosted by the General Service Board and coordinated by G.S.O.

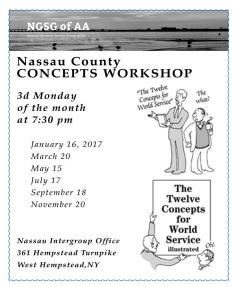
These weekend sharing sessions enhance and widen communication, and help spark new ideas in better carrying the message through service work. First-time attendees are specially welcomed.

Mailings regarding each Regional Forum are sent to area committee members, delegates, D.C.M.s, and central offices and intergroups approximately six months ahead of time. Online registration is also available at www.aa.org.

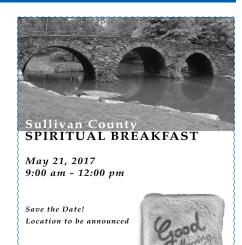


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## **Upcoming Events & Workshops**









## NORTHEAST REGIONAL FORUM

hosted by your General Service Board

June 2-4, 2017

DoubleTree by Hilton Pittsburgh Cranberry Hotel, Mars, PA

Register online at aa.org

**EVENT FLYER** 

EVENT FLYER

There are many opportunities to participate in general service in our area! District, county and area committees always need more volunteers. You can find information about these committees on SENY's website at www.aaseny.org/service. To find out when a committee meets next, see the Events page. All are welcome!

2017 Area Committee Meetings and Assemblies			
1/2/17	7:30 pm	Area Committee	Church of the Holy Family, 2158 Watson Avenue, Bronx, NY 10472
2/11/17	8:30 am	Area Assembly	Nassau County: Kellenberg Memorial High School, 1400 Glenn Curtiss Blvd., Uniondale, NY 11553
3/4/17	8:30 am	Delegate's Day of Sharing	Brooklyn County:
3/6/17	7:30 pm	Area Committee	Church of the Holy Family, 2158 Watson Avenue, Bronx, NY 10472
4/8/17	8:30 am	Pre-Conference Assembly	Rockland County: Pearl River Middle School, 520 Gilbert Avenue, Pearl River, 10965
5/1/17	7:30 pm	Area Committee	Church of the Holy Family, 2158 Watson Avenue, Bronx, NY 10472
6/5/17	7:30 pm	Area Committee	Church of the Holy Family, 2158 Watson Avenue, Bronx, NY 10472
6/17/17*	8:30 am	Post-Conference Assembly	Queens County:
9/16/17*		Area Assembly	Orange County:
10/2/17	7:30 pm	Area Committee	Church of the Holy Family, 2158 Watson Avenue, Bronx, NY 10472
11/6/17	7:30 pm	Area Committee	Church of the Holy Family, 2158 Watson Avenue, Bronx, NY 10472
11/11/17*		Area Assembly	Putnam County:
12/4/17	7:30 pm	Area Committee	Church of the Holy Family, 2158 Watson Avenue, Bronx, NY 10472

<sup>\*</sup> these dates are tentative

County General Service Meeting	Visit www.aaseny.org for complete, up-to	-date info	rmation
Bronx Upper Manhattan (2nd Wed. of every other month)	Bedford Park Congregational Church, 3008 Bainbridge Avenue, Bronx, NY 10458	2/08/17	7:00 pm
Brooklyn (2nd Wednesday of every other month)	St. Francis College, 180 Remsen St., Brooklyn, NY 11201	1/11/17	7:30 pm
Hispanic Districts (3d Sunday of every month)	Location rotates - please see aaseny.org or aacdhseny49.org each month	1/15/17	9:30 am
Manhattan (3d Tuesday of every other month)	Seafarer's House, 123 East 15th Street, New York, NY 10003	2/21/17	6:30 pm
Nassau (3d Monday of every other month)	Nassau Intergroup Office, 361 Hempstead Tpke, West Hempstead, NY 11552	2/20/17	7:30 pm
Orange (3d Tuesday of every month)	First Presbyterian Church, Campbell Hall, Rte. 207 Campbell Hall, NY 10916	1/17/17	7:00 pm
Putnam (2nd Tuesday of every month)	Mt Carmel Baptist Church, 76 Gleneida Avenue, Carmel, NY 10512	1/10/17	7:00 pm
Queens (last Monday of every other month)	Saint Mary Gate of Heaven Church, 101-18 104th St., Queens, NY 11416	2/17/17	7:30 pm
Rockland (no regularly scheduled meeting)	Please contact your district or county officers for dates and locations of meetings		
Staten Island (second Sunday of every month)	Oakwood Heights Community Church, 345 Guyon Ave, Staten Island, NY 10306	1/08/17	7:00 pm
Suffolk (3d Friday of every month)	True North Church, 1101 Lakeland Avenue, Bohemia, NY 11716	1/20/17	8:00 pm
Sullivan (3d Sunday of every month)	Sullivan County Community College, 112 College Rd., Loch Sheldrake, NY 12759	1/15/17	3:00 pm
Westchester (3d Wednesday of every month)	Memorial Methodist Church, 250 Bryant Avenue, White Plains, NY10605	1/18/17	7:30 pm
Standing Committee & District M	Aeetings Visit www.aaseny.org for complete, up-to	-date info	rmation
SENY 2017 Convention Planning Meeting	SENY Office, 199 Lincoln Ave, Bronx, NY 10454	1/20/17	2:00 pm
SENY 2017 Convention Planning Meeting	SENY Office, 199 Lincoln Ave, Bronx, NY 10454	2/18/17	2:00 pm
SENY 2017 Convention Planning Meeting	SENY Office, 199 Lincoln Ave, Bronx, NY 10454	3/11/17	2:00 pn
12 Concepts Workshop (first Wednesday of the month)	Bronfman Center, 2nd Floor, 7 W. 10th St., between 5th and University Place	3/1/17	8:15 pm

SENY Officers			
Delegate	John W.		delegate@aaseny.org
Alt. Delegate	Manny A.		alt delegate@aaseny.org
Chair	Jane E.		chair@aaseny.org
Treasurer	Michelle G.		treasurer@aaseny.org
Registrar	Fred M.		registrar@aaseny.org

County DCMCs			
Bronx/U-M			dcmc@bum.aaseny.org
Brooklyn	Mel R.		brooklyn@aaseny.org
Hispanic	Ramon L.		distritoshispanos@aacdhseny49.org
Manhattan	Scott M.		dcmc@manhattan.aaseny.org
Nassau			dcmc@nassau.aaseny.org
Orange	Sherry A.		
Putnam			
Queens	Jo Ann M.		dcmc@qcgsa.org
Rockland	Ray W.		rocklandnydcmc@gmail.com
Staten Island	Jerry R.		dcmc@statenislandaa.org
Suffolk	Tom M.		dcmc@aasuffolkgs-ny.org
Sullivan			dcmc@sullivan.aaseny.org
Westchester	Emma M.`		dcmc@westchester.aaseny.org

SENY Standing / Ad Hoc Committee Chairs			
Acc./Special Needs	Nellie P.		asn@aaseny.org
Agenda	Jeanne C.		agenda@aaseny.org
Archives	Richard S.		archives@aaseny.org
Convention 2017	Janice M.		convention@aaseny.org
Corrections	Mike D.		corrections@aaseny.org
СРС	Anthony B.		cpc@aaseny.org
Grapevine/La Viña	Laura G.		grapevine@aaseny.org
Intergroup Liaison	Steve K.		intergroup@aaseny.org
Link Editor	Domi E.		link@aaseny.org
Literature	Derrick H.		literature@aaseny.org
Office Manager	Richie N.		office@aaseny.org
Public Information	Bianca C.		pi@aaseny.org
Recording Secretary	Anne W.		secretary@aaseny.org
Translation	Eddie D.		translation@aaseny.org
Treatment Facilities			tf@aaseny.org
Website	Chris N.		web@aaseny.org
Finance	Mark S.		finance@aaseny.org
Publications Review	Chris B.		publications@aaseny.org
Service Participation	Manny A.		participation@aaseny.org
Service Sponsorship	Sally B.		sponsorship@aaseny.org