



South Eastern New York General Service - Area 49 of Alcoholics Anonymous

Our Big Book- 80 Years, 71 Languages

(Theme of the 69th General Service Conference, and our SENY Convention, March 22-24)

From the SENY Delegate- Panel 69

I can't wait to get all of the needed information to create the Delegate's Questionnaire!

I'm expecting it within the week of this writing (February 13). At the Delegate's Day of Sharing (DDOS) on March 16, SENY AA members will present the questionnaire along with the background information. No business is conducted at the DDOS. It's solely for fun and to get an *informed* conscience. All are welcome!

I'm privileged to serve on Treatment/ Accessibilities as my primary conference committee. Prior to 2011, this committee was known as the Treatment Facilities Committee. In 2011, the name was changed to the Conference Committee on Treatment/Special Needs Accessibilities. "Special Needs" was removed from the name in 2016.

The secondary committee I serve on is International Convention/Regional Forums (IC/RF). The next International Convention is in 2020. The Northeast Regional Forum (NERF), an event facilitated by GSO, will be May 31-June 2, 2019 and SENY is hosting!

"March madness" is here - a busy month every year in SENY. Just back from the Northeast Regional Alcoholics Anonymous Service Assembly (NERAASA), we plunge right into a SENY Committee meeting. Then, your Alternate Delegate and I will attend the Northeast Regional Delegates (NERD) Weekend. Then, we all head to the DDOS. And, finally our SENY Convention is March 22-24.

I want to thank all you trusted servants, especially new General Service Representatives (GSRs), for making our first Assembly of Panel 69 amazing. You were so supportive of this delegate, and of each other. It was a unity festival!

My first role below the group level was in 1989 as an Alternate GSR (AGSR). Suffolk didn't have a bus at that time to bring GSRs to Assemblies. So, the DCM of District 108 picked me up in his truck. He told me that in order for my group's voice to be heard at the General Service Conference, I was to come to Assemblies. Period. John told me that the county meetings were important, but the county and the district did not carry my *group's* voice to the Conference. Ensuring that my group's voice is heard at the General Service Conference was my job as GSR.

In love, with service (and, in love with service), Jane E.

Your Voice in The Link

Are you willing to share you're experience, strength and hope about your service in A.A. at the group, district, county or area level? *The link* is published ten times per year and welcomes articles from all AAs in our area. Please limit your article to 300 words, and email it to link@aaseny.org or mail it c/o **The Link Editor**, P.O. Box 571, NY, NY 10116. Thanks!

Your SENY office

Visit: 199 Lincoln Ave. Suite 302 Bronx, NY 10454

Send mail: P.O. Box 571, New York, NY 10116

General Inquiries: info@aaseny.org

Call: 718-665-1253

The Concepts: What a Concept!

Greetings, fellow trusted servants! How many of you, when you first saw a Twelve Concepts of AA shade, had a reaction ranging anywhere from “too much legal mumbo-jumbo, I don’t want to know about them” to “this has nothing to do with me, I don’t want to know about them”? If you were one of those who avoided Traditions meetings (as I did in my early sobriety) you probably had an even stronger reaction to the mere mention of The Concepts. Personally, I wanted no part of them.

At just over four years of sobriety, however, I attended a Concepts Workshop, and my whole outlook upon Recovery, Unity and Service was altered irrevocably. “ I heard past delegates and people with long service resumes talk about the 36 Spiritual Principles of Alcoholics Anonymous. I heard about mysterious things called Warranties; about legal documents vs. the force of tradition; about three exquisite rights (Decision, Participation and Appeal); and so much more.”

Perhaps even more importantly for me, who came into the AA Program determined to prove that AA could not work by any known business model, the Concepts showed me the framework – and the strength – that holds the bottom of the Service Triangle together (see page 16 of your AAWS Service Manual!) These 12 Concepts have supported and embraced the Service structure of Alcoholics Anonymous for 69 years and counting; all with one purpose, one mission: to support the AA Groups, so that they can continue to reach out to the still-suffering alcoholic.

So take a chance. Broaden your horizons. Find a group or a Workshop that focuses on the Twelve Concepts for World Service. Talk to someone in Service who loves and knows about the Concepts. Learn about the spiritual power of the Minority Opinion, and savor the essay about “Servant Leadership” hidden (in plain sight) in one of the Concepts. I won’t tell you where to find them; “*the joy is in the journey*”. *take the journey – you won’t be disappointed!*

In Love and Service,

Alternate Delegate ,Tom B.
Area 49, Panel 69

Looking Forward to Seeing You

At

The 2019 SENY Convention!

The SENY Convention is coming March 22-24 to the Westchester Marriott. We’ve had an amazing turn out with pre-registration and we hope to see many more registrations on site. We will have on-site \$20.00 registrations that will cover the entire weekend of workshops, main meetings, and great entertainment. We’ll also have some cool surprises to commemorate the 2019 SENY Convention theme: “Our Big Book is 80 years old and published in 71 languages.”

There will be opportunities to do service during the weekend as well. For example, you can sign up on-site to chair an alkathon meeting, sign up to take a shift in the hospitality suite, be a greeter, and a whole host of other things that will help us during the convention. Find out more about the convention and view our program at aaseny.org. The convention is only a success if our fellows attend; so we hope to see you there!

Nisaa A.
2019 SENY Convention Chair
Convention@aaseny.org
aaseny.org

Save the date.

51st SENY
Convention
March 22-24,
2019



Westchester Marriott Hotel
670 White Plains Road, Tarrytown, NY 10591

Humor in Recovery • Relationships • Emotional Sobriety • Stepwork
Speaker Meetings • Home Group Etiquette • AA Videos • AA–Al-Anon
History of the Big Book • Young People in AA • Twelve Concepts
Service Committee Tables • Traditions • LGBTQ • AA Literature
Archival Displays • Spanish AA • Elder Statesman & Bleeding Deacons
Safety & Respect • DJ Dancing & Karaoke • Much More

Come for the weekend or come for the day with onsite
convention registration.

convention@aaseny.org



March Historical Dates

March 1, 1939 - Readers Digest Magazine failed to write promised article on AA.

March 1, 1941 - The Saturday Evening Post article by Jack Alexander created a national sensation. AA membership quadrupled in one year from 2,000 to 8,000.

March 3, 1947 - First Archivist of AA Nell Wing, and Bill W's secretary, began her career at the ALCOHOLIC FOUNDATION at 415 Lexington Avenue.

March 10, 1944 - NEW YORK INTERGROUP was established.

March 12, 1940 - Ebby Thatcher, Bill Wilson's boyhood friend and sponsor, was reported sober Again.

March 16, 1940 - Bill moved the ALCOHOLIC FOUNDATION office to 30 Vesey St, NYC, NY.

March 21, 1966 - Ebby Thatcher, Bill Wilson's sponsor, dies sober.

March 22, 1951 - Dr. William D. Silkworth passed away.

March 23, 1941 - Sybil C., was the first woman to enter AA west of the Mississippi.

We had our first Area 49 Assembly of the year on February 9, 2019, and Staten Island did a fabulous job hosting. Thank you Staten Island and all who attended and participated. There is a deep passion that the members of South-east New York members have in passing the message on and keeping our Fellowship united. There were three workshops from 9:15 a.m. - 10:00 a.m.

GSR, DCM, Welcome and Orientation

Digital Accessibility, and

Workshops and Conventions. The SENY Assembly opened at 10:00 a.m. with the reading of the AA Preamble, and the Serenity Prayer in both English and Spanish, followed by introductions of the 2019 - 2020 SENY Committee Chairs. The November SENY Assembly minutes were accepted followed by introducing 75 to 80 new GSRs. Our Delegate Jane E., gave her report on future events, her conference committees, and her excitement for the General Services Conference in May. The body passed the final 2018 budget and the proposed 2019 budget after many essential questions, comments, and suggestions for our treasurer. The SENY Convention Chair gave her report about our 51st SENY Convention to be held March 22-24, 2019, at the Westchester Marriott Hotel in Tarrytown, NY. The SENY Officers: Alternate Delegate, Chair, and Registrar gave their reports). Trusted servants from Staten Island, my home county, served lunch. After lunch, I gave a report on our new SENY Office in the Bronx: location, travel access by train, bus, car, and hours of operation. The SENY standing committees gave their reports followed by the County and Hispanic District Reports.

" In that fine hour the torch of Service did pass from the hands of us who are older to yours, which are younger: it passed to every oncoming generation of those children of the night whose darkness, God willing, shall be banished within the society of Alcoholics Anonymous all through the bright years which destiny surely holds in store for us." *

* From The Language of the Heart- Page 130.

It was a good kickoff of our Area 49 SENY Panel 69 team, and I was, as Nell Wing once said " Grateful to have been there ".

"Pass it on"

SENY Chair Jerry R.

My Service High

There is such a thing as a “service high” and I wholeheartedly invite you to chase it! I caught one at the *Service Boot Camp* which was held at the office of Nassau County Intergroup at 361 Hempstead Turnpike, in West Hempstead, NY on January 21, 2019. Co-sponsored by Nassau Intergroup (“NIG”) and the Nassau General Service Group (“NGSG”), the event was a unique opportunity to learn about the history and structure of service beyond the home group. Although it was a Nassau County event, the participation of SENY Officers and AAs from our neighboring counties greatly enhanced its reach and effect.

There were four speakers, each of whom focused on a different topic; and every presentation reflected that an enthusiastic effort in service should be seen as “the hand of AA” which is available “when anyone anywhere reaches out for help.” This paraphrases our famous “Responsibility Declaration.”

First, Bill C. provided a historical overview of NIG and NGSG, including how they developed, their structure, and the tradition of cooperation between Intergroup and General Services which has been a hallmark of the AA service community in Nassau County.

Marie S. then offered a comprehensive description of the committee structure of NIG and NGSG, including both standing committees, and “ad hoc” (i.e., special purpose committees.) Marie shared that, based on her experience, “you get out of AA what you put into AA,” and as a result she has remained active in service for many years.

A very informative summary of GSR Orientation was provided by Geralda L. Her perspective was especially helpful because she has in the recent past conducted the GSR Orientations for new GSRs in Nassau County. Among other things, she highlighted the benefits of committee participation. Last but not least, NIG Chair Kevin McH., shared an enthusiastic report of upcoming NIG events and opportunities for service.

While everyone enjoyed a dinner of Peruvian chicken, avocado salad, red beans, rice and tostones, I had the honor of moderating a lively panel discussion during which our speakers fielded questions from the floor.

During the *Service Boot Camp*, my attention was fixed on doing all I could to facilitate a productive and enjoyable event. However, after the last chair was put away and the last table was wiped down, I realized that the God-sized hole deep within me had absolutely been filled with a sense of purpose and belonging which comes as a result of AA service; thus, my “service high.”

Nassau County DCMC, **Annabel B.**

INTRODUCING THE BUDDY SYSTEM

Alcoholics Anonymous is a self-funded and self-propelled Fellowship, operating through its member's contributions of time and money made possible by God's Grace. Although it is against our Traditions to affiliate or partner with the outside world, AA does not operate in a vacuum. Many of us are referred to Alcoholics Anonymous by relatives or members of the professional and other non-alcoholic communities. To that end, it is of vital importance that they too have a clear presentation of our wonderful program.

I have spoken to many non-alcoholics about AA during the years that I've been a member of our AA Fellowship. Service positions in the realm of the Public Information (PI) Committee and/or Cooperation With The Professional Community (CPC) Committee have afforded myself and others the opportunity to grow and stay sober. Something magical happens when sober alcoholics interact with society in general. A few years ago I found myself introducing a group of professionals to the principles of our AA Program. During the process, I invited them to join me at an Open Meeting. Several agreed, and "The Buddy System" was born.

Since that initial encounter, I, as well as others have vigorously practiced this system. Having taken the feedback of participants and my service teams into consideration, I would like to present "The Buddy System 2019."

Basically, The Buddy System consists of five simple steps:

1. *Identify – All possible participants*
2. *Propose – Introduce the process to them*
3. *Facilitate – Their participation*
4. *Accompany – Take the participants to an Open Meeting.*
5. *Support- Give them any support throughout the meeting and after; e.g., AA Literature, such as pamphlets.*

It's really that simple. Words cannot adequately express the gratitude and pride we feel as we witness the participant's "lightbulb" moment. Unlike attending an anniversary, this system's participants are there to learn the inner workings of our AA Program. They usually leave in utter amazement at the structure and enormous benefit of Alcoholics Anonymous.

What a humbling experience to guide someone through the *enlightenment phase and to know that through our efforts a sick and suffering alcoholic may receive a life-saving referral to AA. If you would like to have a "peek under the hood" of this simple yet powerful system, go to:*

www.aaseny.org/s/tbs.pdf or e-mail: queenscountypi@gmail.com and we will send a copy to your Inbox.

Thank you for giving me the opportunity to serve. Your trusted servant,
Queens County Chair, CPC & PI Chair, Antonio G.

2019 Northeast Regional Forum

Registration opens Monday, April 1, 2019

To receive email notification when registration is open:

- [Click here](#) and fill out the form; *or*
- Contact Maria Morales-Lamm at moralesm@aa.org or (212) 870-3141; *or*
- Fill out the below and mail to G.S.O. to arrive by March 27, 2019. **General Service Office, P.O. Box 459,**

**Grand Central Station, NY, NY 10163
Attn: Maria Morales-Lamm**

Name _____ Email _____

Information provided is confidential and will only be used for this Regional Forum For ASL Interpretation please contact G.S.O.: regionalforums@aa.org.

Hotel Reservations can be made by one of the following methods: • By

phone: (914) 661-2200 no later than May 3, 2019

- Online: [Click here](#) and fill out the form.

Room rates:

Single/Double: \$152.00 plus taxes

For special room rate use Group Codes: NRFNRFA/NRFNRFD

**2019
NORTHEAST
REGIONAL FORUM**

May 31 - June 2, 2019

Westchester Marriott Hotel

670 White Plains Road
Tarrytown, New York 10591
(914) 631-2200 **Group**

Codes: NRFNRFA/NRFNRFD

Sample SCHEDULE of Events

Friday: 6:30pm - 10pm Saturday: 9am - 9:45pm Sunday: 9am - 12pm

HOTEL RESERVATION INFORMATION

2019 NORTHEAST Regional Forum

May 31 - June 2, 2019 Westchester Marriott

Hotel Group Codes:

670 White Plains Road
Tarrytown, NY 10591
(914) 631-2200

NRFNRFA (single)

NRFNRFD (double)

Rate cutoff date: May 3, 2019

**2019
NORTHEAST
REGIONAL FORUM**

**Tarrytown, NY
May 31-June 2, 2019**

A unique opportunity for
A.A. members to
share their experience,
strength and hope.

From the General Service Board of Alcoholics Anonymous

**ALL A.A. MEMBERS ARE WELCOME
FIRST-TIME ATTENDEES ENCOURAGED**

What to EXPECT

First Timer Orientation

We especially welcome you if this will be your first Regional Forum. Before the Forum starts, there will be an orientation session which will include an informational handout.

Sharing Sessions/Ask-It Basket What have you been wondering about? Come up to the mike, maybe others have been wondering too. Share your thoughts and ask your questions. If you don't want to come to the mike, you can write out your comment or question and drop it into the "Ask-It" Basket.

Presentations

You will hear presentations covering topics such as, A.A. Around the World, Self-Support and Carrying the Message. Each presentation features hand-outs and time for questions and answers. It's a great way to get to know members of the General Service Board, as well as Staff and Directors from the General Service Office and A.A. Grapevine.

AA Grapevine / La Vitis

Meet the Staff from AA Grapevine and La Vitis, "our meetings in print," and learn how the magazines carry experience, strength and hope to A.A. members in a vast number of settings. You can learn how to contribute stories and participate as a Grapevine/ La Vitis representative.

Workshops

The workshop topics come from recommendations made by Forum attendees the last time we were in your Region. Workshops may cover practical "how-to" topics as well as themes related to unity, recovery and service. At the end of the Forum we will ask you for ideas for the next Forum in your Region.

- Northeast Region
- East Central Region
- West Central Region
- Southwest Region
- Western Canada Region
- Pacific Region
- Eastern Canada Region
- Southeast Region

Our primary

First Time Forum Attendees

Those of you attending your first A.A. Regional Forum, are especially welcome! Come and meet other A.A. members and learn about the rich variety of service opportunities that our Fellowship offers. Whether you are new to service

Workshops, we need your voice

Regional Forums provide a great opportunity for members to exchange group, district, area and regional experience. You will find that Area Delegates and committee members also come to listen and share their experience.

Spiritual Principles,

PURPOSE

or have been sober and active in

A.A. service for years, the Regional **Practical Experience** Forum experience is a wonderful Communication—one alcoholic way to learn and share about our talking to another—is the vital link worldwide, life-saving Fellowship. for all of us in A.A. Regional Forums

More than create another important link in that chain. Whether it is a one-on-one

Presentation

chat during a coffee break, asking a question at the microphone during A.A. Around the World, Who are a Sharing Session, or just absorbing Our Trustees and What Do They information, each member's Do? Your General Service Office attendance at these Forums helps How It Helps My Group Carry the to further our primary purpose—A.A. Message? Self Support, and staying sober and helping other much more. Most presentations alcoholics to achieve sobriety, feature hand-outs and time for questions and answers.

Our Twelfth Step—carrying the message—is the basic service that the A.A. fellowship gives; this is our principal aim and the main reason for our existence. Therefore, A.A. is more than a set of principles; it is a society of alcoholics in action. We must carry the message, else we ourselves can wither and those who haven't been given the truth may die.

A.A.'s Legacy of Service by Bill W.
The A.A. Service Manual, p. 51

FORUMS OFFER...

REGIONAL HOSTS

2019 2020

NASSAU GEN SVCS DISTRICTS 208,209,211
PRESENT:
“SPONSORSHIP”



OLD CONCEPT <—> NEW CHALLENGES
Panel Speakers & Interactive Discussion:

- **Sponsoring the LGBTQ Alcoholic**
- **The special needs alcoholic**
- **The dual addicted alcoholic plus MORE!!**

WHERE: St. Luke's Episcopal Church

253 Glen Avenue Sea Cliff, NY 11579

WHEN: SATURDAY MAY 11th 9:30am - 1:00pm

👤 Complimentary B'fast & Luncheon served!! 👤

**3RD ANNUAL
FELLOWSHIP BUS TO
THE SENY
CONVENTION**

Saturday, March 23,
2019

Tickets \$25

BOARDING LOCATION @ 7am advance purchase required
Brooklyn Academy of Music (BAM)
30 Lafayette Ave Brooklyn, NY 11217

DEPARTING @ 5:45pm

COUNTY GENERAL SERVICE MEETIN		Please visit www.aaseny.org for the most up-to-date information			
Bronx upper Manhattan(2nd Wed.every other even mn.)	Bedford Park Congressional Church 3008 Bainbridge Ave, Bx, NY10458		7:00pm		
Brooklyn(3rd Wed. monthly)	St. Francis College, 180 Remsen St. Brklyn, NY 11021		7:30pm		
Hispanic Districts (3rd Sunday monthly)	Location rotates please see aaseny.org or aacdhseny49.org each month		9:30am		
Manhattan (3rd Tues. every other month)	Seafarers House, 123 E. 15 St., NY, NY 10003		6:30pm		
Nassau (3rd Mon. Every other month)	Nassau Intergroup office, 361 Hempstead tpke, W. Hempstead, NY 11552		7:30pm		
Orange (3rd Tues. monthly)	1sr Presbyterian Church, Campbell Hall, Rte 207, Campbell Hall NY 10916		7:00 PM		
Putnam (2nd Tues. monthly)	Mt. Carmel Baptist Church, 76 Gleneida Ave., Carmel, NY 10512		7:00pm		
Queens (last Mond. every other month)	St. Mary Gate of Heaven Church,101-18 104 St., Queens, NY 11416		7:30pm		
Rockland (3rd Wed. monthly)	Elim Alliance Church, 40 Lake Rd., Valley Cottage, NY 10989		7:30pm		
Staten Island (2nd Sun. no meetings May July Aug)	Oakwood Heights Community Church 345 Guyon Ave, SI,NY 10306		7:00 PM		
Suffolk (3rd Fri. monthly)	Bellport United Methodist Church,185 So. Country Rd, Belloport, NY 11713		8:00pm		
Sullivan (3rd Sun. monthly except July and Aug)	Sullivan Community College, 112 College Rd, LochSheldrake, NY 12759		3:00pm		
Westchester (3rd Wed. monthly)	Memorial Methodist Church, 250 Bryant Ave, White Plains, NY 10605		7:30pm		
Standing Committee Meeting & Workshops		Please visit www.aaseny.org for the most up-to-date information			
Acc/Special Needs Committee (1st Fri. Monthly)	1231 Lafayette Ave. Suite L2 Bronx,NY 10474		7:00pm		
Archives Advisory Committee	NY Intergroup Office, 307 7th Ave. #201, New York, NY 10001		1:00 PM		
Corrections Committee (3rd Sat. Monthly)	SENY Office, 99 Lincoln Avenue Bronx, NY 10454				
PI & CPC Joint Committee Mtg (Last Tuesday monthly)	NY Intergroup Office, 307 7th Ave. #201, New York, NY 10001		7:15pm		
Treatment Facilities Committee (Last Sun. Monthly)	SENY Office, 99 Lincoln Avenue Bronx, NY 10454		11:30 AM		
12 Concepts of World Svc Workshop (1st Wed. Monthly)	Trinity Lower East Side, 602 E. 9th St. NewYork, NY 10009		8:15 PM		
SENY Service Participation Meeting	NY Intergroup Office, 307 7th Ave. #201 New York, NY 10001		7:00 PM		
SENY Convention Planning Meeting	TBD		7:00 PM		
SENY OFFICERS <i>seny officers</i>		SENY STANDING/ADHOC COMMITTEE CHAIRS			
Deleate	Jane E	delegate@aaseny.org	Acc./Special Needs	Sally P	asn@aaseny.org
Alt. Delegate	Tom B	altdelegate@aaseny.org	Agenda	Malini M	agenda@aaseny.org
Chair	Jerry R	chair@aaseny.org	Archives	Hank G.	archives@aaseny.org
Treasurer	Joann M	treasurer@aaseny.org	Convention 2019	Nisaa A.	convention@aaseny.org
Registrar	Mike D	registrar@aaseny.org	Corrections	Eddie D.	corrections@aaseny.org
COUNTY DCMC:County dcmcs			Email Update Editor	Gerry B	email-update@aaseny.org
Bronx/U-M	George D	dcmc@bxum.aaseny.org	CPC	Laura G.	cpc@aaseny.org
Brooklyn	Colleen V	dcmc@brooklynaa.org	Grapevine/LaVina	Sherry A	grapevine@aaseny.org
Hispanic	Consuelo G	distritoshispanos@aacdhseny49.org	Intergroup Liaison	Mel R.	liaison@aaseny.org
Manhattan	Vicky B	dcmc@manhattan.Aaseny.org	Link Editor	Jim S	link@aaseny.org
Nassau	Annabel B	dcmc@nassau.aaseny.org	Literature	Chris P	literature@aaseny.org
Orange(alt)	Patrick L		Office Manager	Nick P	office@aaseny.org
Putnam	Jimmy Z		Public Information	Mike D	pi@aaseny.org
Queens	Frank G	dcmc@qcgcsa.org	Recording Secretary	Regina T	secretary@aaseny.org
Rockland	Bobby C	dcmc@aarockland.org	Service Participation	Tom B	altdelegate@aaseny.org
Staten Island	Andy V	aivetland@gmail.com	Service Sponsorship	Richie N	sponsorship@aaseny.org
Suffolk	Christine D	dcmc@asuffolks-ny.org	Translation		translation@aaseny.org
Sullivan	John B	dcmc@sullivan.aaseny.org	Treatment Facilities	Nancy	tf@aaseny.org
Westchester	Rich S	dcmc@westchester.aaseny.org	Website	Ray W	web@aaseny.org
			ALanon Liason	Charlie B	alanonliaison@aaseny.org

Upcoming 2018 Area Committee Meetings and Assemblies

04/01/19	7:30 PM	Area Committee	Church of the Holy Family , 2158 Watson Avenue, Bronx NY 10472
05/04/19	8:30 AM	Pre-Conference Assembly	TBD- hosted by Hispanic Districts
06/03/19	7:30 PM	Area Committee	Church of the Holy Family , 2158 Watson Avenue, Bronx NY 10472
06/15/19	8:15 AM	Post-Conference Assembly	TBD-hosted by Brooklyn
09/14/19	TBD	Area Assembly	TBD-Orange
11/10/19	7:30 PM	Area Committee	Church of the Holy Family , 2158 Watson Avenue, Bronx NY 10472