

The 69th General Service Conference (GSC)- a spiritual experience

Hello SENY! The 69th GSC held in Manhattan May 19-25 was exhilarating, and with heartfelt gratitude, I thank you for allowing me to serve as your delegate.

Our days started at 9 am or earlier and ended after 9pm. All first-year delegates have two minutes to present their “Area Highlights”, found in the back of each year’s Final Conference Report (hard copies will be at the September Assembly- anonymized e copies will be on the “From the Delegate” page on aaseny.org as soon as they are available). The entire conference was spiritual. I had many awakenings, one of which happened right after presenting our Area’s Highlights. I thought you might want to read ours, as presented at the 69th GSC of Alcoholics Anonymous.

In love with service,
Jane E., Area 49 Panel 69 Delegate

Area 49, Southeastern NY, SENY, is comprised of 1,991 AA groups from 104 districts. In addition to the five boroughs of New York City, GSO, Bill’s last drink, and 182 Clinton Street, we are home to seven national wildlife refuges, the Hamptons, Montauk, Fire Island, Stepping Stones, the Catskills, the lower Hudson Valley, and countless bars.

SENY is comprised of 12 culturally diverse counties and an area-wide Hispanic District. All 13 service entities have their own General Services meetings and officers, including a DCMC. In four of our counties, the county itself serves as the District.

We have three robust YPAA Committees; meetings in English, Spanish, Korean, Polish and Russian; some meetings with ASL translation; meetings for men, women, GLBTQ, and atheist and agnostic members.

Our urban, suburban, and rural transportation diversities present accessibility opportunities for our members to attend five annual Area Assemblies and one Delegate’s Day of Sharing, all of which rotate throughout SENY. All have Spanish translation, as do our seven annual committee meetings hosted in the Bronx, a central location. Our calendar is on our website, www.aaseny.org

SENY elects five officers, and our area chair appoints the committee chairs, subject to approval by the SENY Committee. We hold an Area Inventory and revise the SENY Handbook every rotation. Like many other areas, our biggest opportunity for improvement is to increase participation at our Assemblies.

We’re excited to be hosting the Northeast Regional Forum May 31- June 2 and invite you to join us at the GSO road show.

Your voice in *The Link*

Are you willing to share your experience, strength and hope about your service in A.A. at the group, district, county or area level? **The Link** is published ten times per year and welcomes articles from all AAs in our area. Please limit your article to 300 words, and email it to link@aaseny.org or mail it c/o The Link Editor, P.O. Box 571, NY, NY 10116. Thanks!

Your SENY Office

Visit: 1231 Lafayette Ave. Suite L2 Bronx, NY, 10474

Send mail: P.O. Box 571, New York, NY 10116

General inquiries: info@aaseny.org

Call: 718-665-1253

The Voice - The Finale

Over the past several months, I've shared with you about the voice of the group, and the voice of the individual AA member. Perhaps you're wondering where these voices ultimately lead. Well, your wait is over!

The 69th annual meeting of the General Service Conference of Alcoholics Anonymous concluded on Saturday, May 25th. Our delegate, Jane E., will have reported back to you at the Post-Conference Assembly on June 15th (the scheduled date of release for this issue of *The Link*). She will have touched on a number of actions which are of interest to our area. So those doing service below the group and attending the assembly will leave well informed.

But you say "what about the rest of our area"? Over the summer your General Service Office will compile and publish a mysterious and wonderful book. It will be called the 2019 Final Report. Some of you may have taken one in past years (they're free), flipped through it briefly, and then relegated it to a shelf. Some of you took it into your group where it was relegated to a shelf; and that's a shame because this book contains your voices, as expressed by your delegate, and by other delegates and trusted servants from all over the US and Canada.

The Final Report will detail actions that made it out of committee to be voted on by the entire body, and actions that didn't. It will give an account of trustee's reports, presentations made, committee reports given, GSO department reports, and of course everyone's favorite: financial data. In short, you can see not only what was discussed and accomplished, but also how the General Service Conference works.

The online copy (redacted for anonymity) should be available at aaseny.org late in the summer; the printed copies are usually available a few weeks later. Don't cheat yourself; read through it, and savor the voices. Who knows, you may be a delegate someday! Wouldn't it be nice to have a preview?

In Love and Service,
Alternate Delegate
Area 49, Panel 69
Tom B.

June Historical Dates

- **June 10, 1935** - Dr. Bob's last drink and the official founding date of AA.
- **June 11, 1945** - Twenty five hundred people attended AA's 10th Anniversary in Cleveland, Ohio.
- **June 16, 1938** - Jim Burwell, "*The Vicious Cycle*" in *The Big Book*, had his last drink.
- **June 18, 1940** - One hundred people attended the first meeting in the first AA clubhouse at 334 & ½ West 24th St., New York City.
- **June 21, 1944** - The first issue of the *AA Grapevine* was published.
- **June 28, 1935** - Dr. Bob and Bill Wilson visited Bill Dotson at Akron's City Hospital.
- **June 30, 1941** - Ruth Hock showed Bill Wilson *The Serenity Prayer* and it was adopted by AA.

Concept of The Month

Concept VI - The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.

SENY is hosting the Northeast Regional Forum in Tarrytown May 31 to June 2.

Regional forums originated in 1975 by Dr. Jack Norris and were to be weekend sharing and information sessions designed to help the General Service Board, AA World Services, Inc., the *Grapevine* Corporate Board, the *Grapevine* staff, and the General Service Office staff stay in touch with AA members, trusted servants and newcomers to service throughout the AA service structure. It is a chance to spend the weekend with the people that work in the General Service Office and the *Grapevine*. It should be a great time.

As I write this article I am thinking about our delegate having the gift of representing our Area 49 at the Conference and bringing our conscience and the consciences of the other delegates from the US and Canada as they help to guide AA in the best spiritual direction that the Group Conscience this week can provide. The term "trusted servant" has enormous value at this time in A.A. history.

I am also very excited to have purchased the new book "*Our Great Responsibility*," a selection of Bill W.'s General Service Conference talks of 1951-1970, is now available for order in English, French, and Spanish.

Pass It On
SENY Chair
Jerry R.

What is “LISTS” and Where Did it Come From?

In December of 2008 I was sober nine years and cancer free for nine months. I applied the principles of Alcoholics Anonymous in more of my affairs, including nearly fatal illness, and found the most gratitude since I began continuous sobriety. Through Holistic healing and detaching from everything except sobriety, I was freed from the bondage of self & the battle of cancer. I woke up to the idea of ceasing to fight anyone or anything & grew in emotional sobriety. I may have missed something because I also detached from work, money and financial accountability. I grew a huge debt and became a couch surfer. The six-digit financial debt could not eclipse the debt of gratitude I had to A.A. That October as I became homeless, Suffolk County General Services of AA (SGS) had afforded me an opportunity to give back by electing me Alternate DCMC, and I was consumed with gratitude and ready to serve.

I had just put most of my belongings into storage and was invited to stay in the home of my “snow bird” grandparents for a few weeks until I could get back to work and find another place to live. From the kitchen of my grandparents I called Ken B, the DCMC-elect of SGS, to ask him how we would begin to serve all the members of Suffolk County when our commitment started in a few days. Appointing and encouraging SGS County committee chairs was our first order of business. We talked for hours and I lost myself in Service. During the conversation an idea came to me out of the recent years of experience I garnered from DCMs and GSRs in other counties. I made a study of Service practices that varied from district to district throughout southeastern New York (SENY) Area 49. A Service fair with round tables of sharing among our counterparts from other counties, to get into the practice of collaboration among Service committees in the various districts and counties of our diverse Long Island. Little did I know that the North East Regional AA Service Assembly (NERSAA) already incorporated that idea, until I discussed the idea with my Service Sponsor Mike F, our past SENY Area Delegate. He liked the idea of NERASSA with round tables so trusted servants could learn from each other and foster a spirit of cooperation.

The actual practice of Traditions One, Two, Three, Five, Seven, Nine, and Twelve was the focus, and seemed enlightening to me; but Mike F asked why do we need another service event? Mike said: “The DCMCs are much too busy and already come together at the SENY Area 49 Service Participation meeting.” I agreed those themes would probably only attract the usual “choir” of trusted servants; but debated further that the diverse mix of Service Sponsors & sponsees, as well as the spirit of cooperation among committees and counties of Service entities across the various geographies, cultures, and demographics of Long Island, was a worthwhile endeavor.

Perhaps a few curious friends or group members could be persuaded to come, especially if we dressed it up with attractive sounding themes in a fun and interesting setting of service fellowship building. Finally, he agreed. I won the debate with a venerable old and experienced trusted servant; and then my ego resurrected and rose to the occasion with a catchy name to describe what I had envisioned: Long Island Spirituality Through Service (LISTS) event. I turned it over by immediately getting out of the way and handing it off to other trusted servants as soon as possible, by sharing it with Kevin McH, the DCMC of Nassau at the SENY Committee meeting a week later. He and Ken approached the members of Queens County GS as well, and the 2009-10 vrotation started with a bang of Service cooperation.

The event had moved towards separation rather than the unity of the original vision. I find it amazing how reluctant some trusted servants are to foster cooperation between Inter Group and General Service, or English speaking and Hispanic Service entities, or GS & the YPAAs, or AA & Al-Anon. I hope trusted servants above DCMCs in our upside-down pyramid of Service celebrate unity together in the best LISTS ever this year on July 14th by listening to each other. I hope Service committees throughout Long Island & SENY meet at LISTS for fun & fellowship. I hope every committee chair, DCM, & GSR that reads this are inspired to connect with each other in this local event, as NERASSA is usually too far away for most. I hope and pray you read this article and send me an email asking how you can get involved with the LISTS event right now.

In Love & Service

Rob Mac

LISTS Publicity Chair 2019

LISTS@suffolkgs-ny.org

More from the 69th GSC

Congratulations to Francis G. of Eastern Massachusetts, our recently selected Northeast Regional Trustee, and while I must admit to some personal disappointment with that outcome as SENY's trustee candidate, I have to believe that the better person and the best for AA came out of the hat. (Guess SENY is stuck with me for the foreseeable future.)

Francis and I go way back together beginning in the 90's with our service at Nassau Intergroup and later with SENY until we lost him to Area 30. Francis is a great guy, and will be an exceptional trustee. His intelligence, service experience, love of AA, gentle manner and generous spirit will well serve the region and AA.

Closer to home, thanks to the many members who stepped up to help me and Linda McG. with hospitality for the guests of the late Conference. While exciting, the New York experience can be daunting, and being without the Conference member who invited them can leave one with an alone feeling. This behind the scenes service helped provide the guests with a sense of fellowship and connection, and reassured the Conference members that their loved ones were in good hands as the Conference went about the business of AA.

Bill C., Panel 55 SENY Delegate

DISTRICT 620 ANNUAL GRATITUDE COOKOUT

THOMAS JEFFERSON PARK

2180 1st Avenue, NY, NY 10029
Cross Street 113th and 114th

**WE ARE NOT A GLUM LOT!
BRING FAMILY AND FRIENDS FOR A DAY OF FUN!**

SATURDAY, JULY 20, 2019

12PM-7PM

PARK ACTIVITIES:

PLAYGROUND, SWIMMING POOL, BASKETBALL COURT, SOFTBALL FIELD,
SKATEBOARD AREA, HANDBALL COURT, FISHING

Basketball Tournament

Questions: aadistrict620@gmail.com District Website: www.aadistrict620.org

DONATIONS ARE WELCOME FROM MEMBERS

2019 Rockland County

Share-a-Day

Sunday, August 18, 2019

Haverstraw Center
50 West Broad Street,
Haverstraw, NY. 10927

“The Family Afterward”

A full day of A.A. and AlAnon meetings,
fellowship, and fun!
We hope to carry A.A.’s message of
unity, recovery, and service
to those effected by the disease of alcoholism.

Registration/light breakfast begin at 8:00 AM.
First meeting at 9:00 AM
Lunch at 12:30.
Event ends with sobriety countdown at 3:30.

\$5 suggested donation-this is only a suggestion...
we need YOU more than your money.

For more information email Kerry at altdcmc@aarockland.org

Sponsored by
Rockland County Intergroup and General Service

LONG ISLAND SPIRITUALITY THROUGH SERVICE

2019

Long Island Spirituality Through Service (“L.I.S.T.S.”) aspires to affirm the spiritual practice of
Unity & Service to recovering alcoholics.

SUNDAY, JULY 14, 2019

8:30 AM - 3:30 PM

ST. ANTHONY’S SCHOOL
110 ANCHOR AVE.
OCEANSIDE, N.Y. 11572

Join us at Nassau Intergroup - 361 Hempstead Tpke, West Hempstead NY 11552 on the third Tuesday of
each month (3/19/19) at 7:30pm for Planning Committee meeting.

Please contact us with your idea’s, experience, strength, and hope in service and fellowship to connect your
district, committee, group, or service entity with the planning of this event.

Email Rob Mac. - LISTS@AASUFFOLKGS-NY.ORG

We want to hear from you. We know only a little... how do you do service?
How should we serve you?
Please help us.

Recovery & Refreshments Service & Song
Food & Fun Meditation & Music
Round Tables & Service Fair

Wheelchair Accessible
ASL (if requested in advance)
English and Spanish Translation

Sponsored by the General Services of Nassau, Queens, Suffolk and Brooklyn Counties. Hosted by Nassau County.

**Next Deadline For Articles
and Flyer Submissions
to the Link
August 14th, 2019**

**For Upcoming 2019 Area
Committee meetings & area
Assemblies, please visit the
Area 49 SENY website at:
www.aaseny.org. Then scroll
down to the bottom to
“Useful links within this site”
and click on “Events”**

The Rent For Meeting Space Is Too Dang High!

WORKSHOP (There Is A Solution!)

6:30p - 8:30p
Wednesday, June 26, 2019

Seafarer’s & International House
123 E. 15th St. @ Irving Place, Manhattan

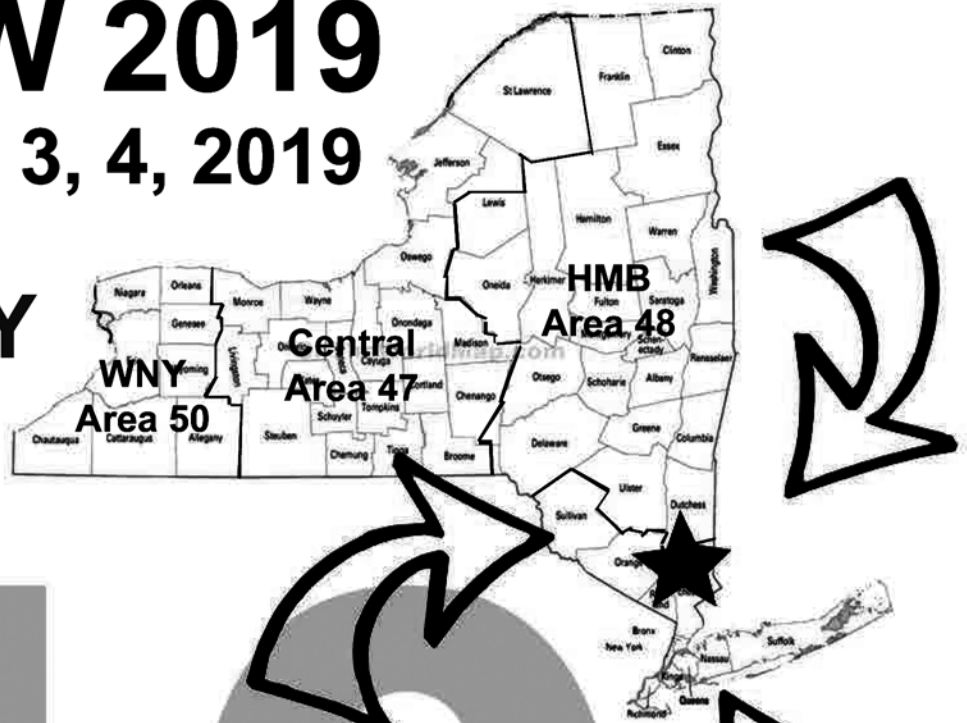
MeetingPlaceWorkshop@gmail.com

Sponsored by Manhattan General Service Meeting of AA

NYSIW 2019

August 2, 3, 4, 2019

AA SENY
Area 49



40th ANNIVERSARY

Graymoor Spiritual Life Center
Route 9, Garrison, NY

The purpose of NYSIW is to share information about our
Committee work here with our counterparts across the state.

Email nysiw@aaseny.org for more information

NYSIW 2019 AA SENY

August 2, 3, 4

Area 49

Graymoor Spiritual Life Center

40 Franciscan Way, Garrison, NY 10524

REGISTRATION FORM

Spanish Translation Available!

www.nysiw.org

40th ANNIVERSARY

Full Name _____

Service Position _____

Area 47 48 49 50 Circle one!

Preferred Name on Badge _____

Address _____

Phone _____

Email _____

Dietary Needs _____

None _____ Gluten free _____

Sugar free _____ Dairy free _____

Vegan _____ Vegetarian _____

Accessibility Needs _____

Preferred Roommate's Name _____

Make sure they have you listed on their form!

Room assignments will be made by our hosts. We will do everything possible to respect and accommodate your needs and requests.

Special Speed Sharing Session hosted by our Young People on Saturday Night!

Registration, 5 Meals & Shared Room* \$195 _____
OR a la carte**

Registration \$ 20 _____

Friday Dinner \$ 20 _____

Saturday Breakfast \$ 20 _____

Saturday Lunch \$ 20 _____

Saturday Dinner \$ 20 _____

Sunday Breakfast \$ 20 _____

Total Enclosed \$ _____

*Weekend package includes registration, five meals, and 2 nights lodging in shared double occupancy dorm rooms. All meals are buffet style.

**Meals must be purchased during registration and prior to the event.

Mail check or money order payable to "SENY Special Events"

with completed registration form to: SENY

Att: Treasurer NYSIW

PO Box 571

New York, NY 10116-0571



Email: nysiw@aaseny.org with questions!

Registration Form must be Postmarked no later than July 6, 2019!

The purpose of the New York State Informational Workshop is to share information and ideas about our Committee work with our counterparts across the state.

County General Service Meetings Please visit www.aaseny.org for the most up-to-date information

Bronx-Upper Manhattan (2nd Wed. every other even mn.)	Bedford park Congregational Church, 3008 Bainbridge Avenue, Bronx, NY 10458	7:00 pm
Brooklyn (3rd Wednesday, monthly)	St. Francis College, 180 Remsen St., Brooklyn, NY 11201	7:30 pm
Hispanic Districts (3rd Sunday, monthly)	Location rotates - please see aaseny.org or aacdhseny49.org each month	9:30 am
Manhattan (3rd Tuesday, every other month)	Seafarer's House, 123 East 15th Street, New York, NY 10003	6:30 pm
Nassau (3rd Monday, every other month)	Nassau Intergroup Office, 361 Hempstead Turnpike, West Hempstead, NY 11552	7:30 pm
Orange (3rd Tuesday, monthly)	First Presbyterian Church, Campbell Hall, Rte. 207, Campbell Hall, NY 10916	7:00 pm
Putnam (2nd Tuesday, monthly)	Mt. Carmel Baptist Church, 76 Gleneida Avenue, Carmel, NY 10512	7:00 pm
Queens (last Monday, every other month)	Saint Mary Gate of Heaven Church, 101-18 104th St., Queens, NY 11416	7:30 pm
Rockland (3rd Wednesday, monthly)	Elim Alliance Church, 40 Lake Road, Valley Cottage, NY 10989	7:30 pm
Staten Island (2nd Sun.; no meetings May, July or August)	Oakwood Heights Community Church, 345 Guyon Ave, Staten Island, NY 10306	7:00 pm
Suffolk (3rd Friday, monthly)	1 Rue North, Community Church, 1101 Lakeland Avenue, Bohemia, NY 11716	8:00 pm
Sullivan (3rd Sunday, monthly except July & August)	Sullivan County Community College, 112 College Road, Loch Sheldrake, NY 12759	3:00 pm
Westchester (3rd Wednesday, monthly)	Memorial Methodist Church, 250 Bryant Avenue, White Plains, NY 10605	TBD

Standing Committee Meetings & Workshops Please visit www.aaseny.org for the most up-to-date information

Accessibility/Special Needs Committee	SENY Office, 1231 Lafayette Avenue, Suite L2, Bronx, NY 10474	TBD
Archives Advisory Committee	NY Intergroup Office, 307 7th Ave., #201, New York, NY 10001	1:00 pm
Corrections Committee (3rd Saturday, monthly)	SENY Office, 1231 Lafayette Avenue, Suite L2, Bronx, NY 10474	
PI & CPC Joint Committee Meeting (last Tuesday, monthly)	NY Intergroup Office, 307 7th Ave. #201, New York, NY 10001	7:15 pm
Treatment Facilities Committee (last Sunday, monthly)	SENY Office, 1231 Lafayette Avenue, Suite L2, Bronx, NY 10474	11:30 am
12 Concepts of World Service Workshop (1st Wed., monthly)	Trinity Lower East Side, 602 E 9th St., New York, NY 10009	8:15 pm
SENY Service Participation Meeting	NY Intergroup Office, 307 7th Ave. #201, New York, NY 10001	7:00 pm
SENY Convention Planning Meeting	TBD	7:00 pm

SENY Officers

Delegate	Jane E.	delegate@aaseny.org
Alt. Delegate	Tom B.	altdelegate@aaseny.org
Chair	Jerry R.	chair@aaseny.org
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Sullivan	Jeffrey P.	dcmc@sullivan.aaseny.org
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*Special committees (neither standing nor adhoc committees)