



CELEBRATE



ARGOSY COLLEGEIATE MIDDLE SCHOOL

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|---|
| October 2, 2017 | October 3, 2017 | October 4, 2017 | October 5, 2017 | October 6, 2017 |
| BAKED CHICKEN NUGGETS ^ French Fries Diced Pears Ketchup BBQ Sauce Choice of Milk | CHEESE PIZZA ^ Green Beans Orange Sorbet 100% Juice Choice of Milk | *NATIONAL TACO DAY! TACO SCOOPS Salsa Cup Soft Tortilla ^ Pineapple Tidbits Choice of Milk | CRISPY CHICKEN FILLET ^ Hamburger Bun ^ Taco Beans Fresh Baby Carrots Light Ranch Dressing Fresh Fruit BBQ Sauce Choice of Milk | BAGEL DOG ^ Tropical Veggie Juice Fresh Fruit Mustard Ketchup Choice of Milk |
| October 9, 2017 | October 10, 2017 | October 11, 2017 | October 12, 2017 | October 13, 2017 |
| COLUMBUS DAY | *BREAKFAST FOR LUNCH* FRENCH TOAST STICKS W/SAUSAGE ^ Golden Potato Rounds Blended Fruit Juice Syrup Ketchup Choice of Milk | *Build Your Own Wrap* BUFFALO CHICKEN Soft Tortilla ^ Refried Beans Pickle Chips Fresh Fruit Choice of Milk | *NEW ITEM* CHICKEN RANCH FLATBREAD ^ Green Beans Fresh Baby Carrots Fat Free Ranch Dressing Fresh Fruit Choice of Milk | *BUILD A BETTER BURGER* CHEESEBURGER Hamburger Bun ^ Romaine Lettuce Pickle Chips Jalapenos Fat Free Ranch Dressing Mixed Fruit Cup Ketchup Sriracha Ketchup Choice of Milk |
| October 16, 2017 | October 17, 2017 | October 18, 2017 | October 19, 2017 | October 20, 2017 |
| CHICKEN TENDERS W/SWEET POTATO PUFFS ^ Maple Baked Beans Applesauce Cup BBQ Sauce Ketchup Choice of Milk | HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Diced Carrots Blended Fruit Juice Mustard Ketchup Choice of Milk | BBQ CHICKEN Hamburger Bun ^ Green Beans Peach Cup Choice of Milk | CHEESE PIZZA ^ Romaine Lettuce Light Ranch Dressing Fresh Fruit Choice of Milk | MEATLOAF PANINI ^ French Fries Fresh Fruit Ketchup Choice of Milk |
| October 23, 2017 | October 24, 2017 | October 25, 2017 | October 26, 2017 | October 27, 2017 |
| MEATLESS MONDAY** PIZZA DIPPERS ^ Marinara Dipping Sauce Garden Vegetables Applesauce Cup Choice of Milk | CHICKEN FRIES W/TRI TATORS ^ Whole Kernel Corn Mixed Fruit Cup BBQ Sauce Ketchup Choice of Milk | *NEW ITEM* RANCH TURKEY BURGER Hamburger Bun ^ Maple Baked Beans Pickle Chips Fresh Fruit Ketchup Choice of Milk | *MAKE YOUR OWN SALAD DAY* POPCORN CHICKEN ^ Romaine Lettuce Cucumber Coins Light Ranch Dressing Grape Juice Choice of Milk | ROTINI BAKE WITH MEATSAUCE ^ Green Beans Fresh Fruit Raspberry Cookies ^ Choice of Milk |
| October 30, 2017 | October 31, 2017 | November 1, 2017 | November 2, 2017 | November 3, 2017 |
| NO SCHOOL | BAKED CHICKEN NUGGETS ^ French Fries Orange Juice BBQ Sauce Ketchup Choice of Milk | | | |

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

PREFERREDMEALSMENU.COM

FEATURE FOOD DAYS

NATIONAL SCHOOL LUNCH WEEK

NATIONAL TACO DAY

MEATLESS MONDAY

BREAKFAST FOR LUNCH

MAKE YOUR OWN

NEW ITEMS

BUILD A BETTER BURGER

MAKE YOUR OWN SALAD