



## **Purple Family FAQ'S**

### **1. How long will my family member be here?**

The recovery process takes time. While the treatment plan is very specific and measurable, the amount of time that everyone takes to accomplish the goals of the plan is variable. For most adult men, it takes an average of 6 months and sometimes longer. Followed by 6 months of ongoing aftercare.

### **2. Do I have to do anything?**

Participation by the family in the Family Program is critical to the successful completion of the program. Addiction is a family disease. Commitment and belief in the process is vitally important.

### **3. How often can I speak with my family member?**

During the first month (30 days) of the process, keep communication with the client to a minimum- no more than 3 short phone calls a week. DO NOT visit for any reason unless staff has approved the visit in advance.

### **4. Who at Purple do I contact with questions?**

Unless it's an emergency, we ask families to reach out to our family coordinator(s) with your questions/concerns. Please make a note of their phone numbers and email address. Our family coordinator(s) is in regular contact with other staff. Communication is best done via our family online meetings or our face-to-face family workshops. Most of your questions are general and can be answered during the meeting. Other families usually have similar questions, so it is helpful for everyone.

### **5. What meetings will I be attending?**

Purple Family Online Meetings are held on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday night of each month at 7:30 EST. Families receive an email with link to join the meeting.

Purple Family Workshops are held on the 4<sup>th</sup> Sunday of each month at 4:15 pm in the Purple Lodge. Community Dinner with families, clients and alumni follows the meeting at 5:30 pm.

If you live outside of our area, please plan to join us online and find a meeting in your area.

[www.familiesanonymous.org](http://www.familiesanonymous.org)

[www.al-anon.org](http://www.al-anon.org)

### **6. When can I come visit him?**

Visitation is limited to Sundays between 12-4 pm. Please do not visit the **first three** Sundays he is here. After that, check with the staff before visiting the first time. Short visits (1-2 hours, every other Sunday is best). Longer visits or other times will require that he be approved for a therapeutic leave (TL). Clients must complete a TL form and be approved for a longer visit, usually after 90 days of treatment.

### **7. Who is allowed to visit? Only approved individuals are allowed to visit regardless of whether they are family or not.**

No old using friends, even if it's a brother, sister, girlfriend, cousin, are allowed to visit. Anyone who shows up smelling under the influence of alcohol or under the influence of drugs (prescription or otherwise) will be asked to leave.

### **8. My family member has a doctor/dentist appointment scheduled while he is at Purple. Will I need to reschedule?**

Our goal is to minimize disruptions to the recovery process and the routine schedule at Purple. However, if the client is on approved prescription medication, it is important that he continue to see his doctor. Please consult with Purple staff about appropriate appointment times. It is the responsibility of the client (and/or his family) to make the appointment and to be sure he has transportation to the appointment. Any doctor or dentist visits that are not

urgent should be postponed until after completion of Purple program.

**9. My son did not finish high school. When will he be able to resume his education?**

We recognize that a high school diploma is critical to your son's success in the future. We also recognize that recovery must be the # 1 priority. When and how to resume school can only be answered after he has been assessed.

**10. What about special events (weddings, funerals, birthdays, holidays)? Will he be able to join the family?**

During this process, recovery is the #1 priority. While other important life events may occur during this time, participation in them will be at the discretion of the staff. Please get approval from the staff prior to making plans.