

Walnut Runs

Walnut Runs is a group of individuals whose primary purpose is the promotion and encouragement of healthy lifestyles and physical fitness. The membership is comprised of men, women, and children of all ages representing a wide range of running and walking paces. We sponsor two Family Fun Runs each year, and volunteer our time and resources to the three 5K races in our town: The Timmy Bryant Memorial Scholarship 5K, Walnut Fire House 5K, and the JDRF Color Me Cured 5K. Membership fees are used to help with these events.

FOR MORE INFORMATION CONTACT:
Amy Bennett 901.268.7590 Lindsey Cardwell 662.223.0251
Haley Winter 662.223.0792 walnutruns@gmail.com

_____ name

_____ phone number

_____ address

FAMILY MEMBERSHIPS (list family members in the same household)

_____ birthdate	Name	Birthdate
Student (under 18) - \$10.00 _____	_____	_____
Individual - \$15.00 _____	_____	_____
Family - \$25.00 _____	_____	_____
____New ____ Renewal	_____	_____

I agree that I am a member of Walnut Runs, and I know that running in and volunteering for group runs, social events, and races with this club are potentially hazardous activities, which could cause injury or death. I will not participate in any club events, group runs, or social events, unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform all activities associated with the club and am in good health, and I am properly trained. I agree to abide by all rules established by the club, including the right of an official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with being a member of this club and participating in club activities which may include: falls, contact with other participants, the effects of the weather (including high heat and humidity), traffic and road conditions, and all such risks being known and appreciated by me. Having read this waiver and knowing these facts, I, for myself and anyone entitled to act on my behalf, waive and release Walnut Runs, the Town of Walnut, all club sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation with the club, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings, or any other record for any legitimate promotional purposes for the club.

Signature(s) [all adult family members must sign]: _____ Date _____

Parent Signature: _____ Date _____