

# 12<sup>th</sup> Annual Walnut Fire House 5k Walk/Run

All proceeds go to the Walnut Volunteer Fire Department

**Saturday, October 14, 2017 8:30 AM**

## Details:

- Shot gun start! Lead by a fire truck!
- Top Overall (1st, 2nd, & 3rd Places)
- Masters Overall / Grand Masters Overall
- Door Prizes!
- Race Day Registration from 7:00 to 8:10AM
- Mail-in forms due before October 6<sup>th</sup>



## Entry Fee:

- Early Bird Registration (Before Oct 1<sup>st</sup>)...\$20
- General Registration (After Oct 1<sup>st</sup>)..... \$25
- Walnut Runs Member..... \$2 Off

**USATF-Certified Course (MS15014MS)  
Shirts Guaranteed to first 150 Participants**

## Age Divisions:

0-9, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-Over

## Contact:

Vicki Skinner (662) 750-1714  
Seth Smith (662) 223-0677  
Mike Gunn (662) 603-4636

## Make Check Payable to:

Walnut Volunteer Fire Department  
P.O. Box 250  
Walnut, MS 38683

## Walnut Runs (walnutruns@gmail.com)

Amy Bennett 901.268.7590  
Lindsey Cardwell 662.223.0251  
Haley Winter 662.223.0792



Name: First \_\_\_\_\_ Last \_\_\_\_\_ Middle \_\_\_\_\_ Age on Race Day \_\_\_\_\_  
Address: \_\_\_\_\_ Gender: Male \_\_\_\_\_ Female \_\_\_\_\_ Shirt Size: S M L XL XXL  
City: \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ Phone # \_\_\_\_\_  
Email: \_\_\_\_\_ Mail-in Deadline: 10/06/2017

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run I assume the risks associated with competing in the Walnut Fire House 5k, including, but not limited to falls, contacts with other participants, the effects of weather, including rain, heat, and or humidity, traffic and conditions of the road. Having read this release and knowing these facts, and in consideration of you accepting my entry, I, for myself and anyone entitled to act in my behalf, wave and release Walnut Fire House 5k, and all sponsors of the race, their agents, any other persons assisting with the race, and their successors from all claims or liabilities of any kind arising out of my participation out of negligence or carelessness on the part of the persons to in this waiver. I also grant permission for the use of any photographs, motion pictures, recordings, or any other record of my participation in this event for any legitimate purpose.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent or Legal Guardian if under 18 \_\_\_\_\_