



# Giant Tours

Devised by MakeBelieve Arts  
Written and Directed by Trisha Lee

Design Ian Teague  
Musical Director David Baird

Original Cast:  
Emma Deakin  
Serin Ibrahim  
Paul Andrews





## Section One: It all goes terribly wrong

Amira: Hello I'm Amira,

Dr: And I'm Dr Newly,

Amira: And today we are going to talk to you about Giants.

Dr: Well, not just talk to you,

Amira: No, we are also going to be introducing you to a giant little girl called Leyla, who is actually my cousin. She's going to be coming in shortly to meet us all. And I'm really excited.



Dr: And I'm going to be talking to you all about how giants are exactly the same as us.

Amira: Just a little bit larger.



Dr: Well actually, they are a whole lot larger, both outside and inside. They have exactly the same brain as we do, just a bigger version.

Amira: Imagine how much thinking they must be able to do.

Dr: And eyes. They have two eyes, just like us.

Amira: Just much bigger.

Dr: Yes, much, much bigger. In fact, all their insides are exactly the same as ours, their heart, their lungs and even their stomach,

Amira: Which is enormous?

Dr: And exactly the same as us, only in much bigger proportions.

Amira: They also have different sized belongings to us, giant stuff, for example, this used to be my rag doll from when I was little girl,

Dr: And over here we have Leyla's giant rag doll.

Amira: And these are my bangles that I sometimes wear when I go out.

Dr: And these are Leyla's bangles, which are enormous.

Amira: And here's a photo of me on my holiday...

Dr: And here are some photos we took of Leyla when she first arrived here two weeks ago.



Amira: I took the pictures on my phone, so I couldn't fit much of her in.

Can you work out what bit of her it is?

Point to where you think it might be.



Dr: And here's another one.

Amira: Any ideas? Point to where you think?

Dr: And finally, this one is really hard.

Amira: Where do you think it might be?

Dr: So as you can see, giants are exactly the same as us. Now our giant little girl Leyla will be arriving any minute, so you will get a chance to see all this for yourselves.

*SFX – Phone ringing*

(Amira answers phone)

Uncle: <RECORDING> Hello Amira, it's your Uncle Yasun. I'm just phoning to wish you luck with the first show. Has little Leyla met the children yet.

Amira No Uncle, she's still with Raquel, they should be arriving shortly. I'm with the children now, Look I'll show you! Wave to my uncle!

Uncle: <RECORDING> Hello Children! Well make sure you phone us as soon as you can. Her mother is very worried about today. I know it went fine when Leyla met the Queen last week, and I know you've had time to rehearse, but you know what happened the last time a giant came to your land.

Amira: Yes Uncle. But nothing like that is going to happen this time. Leyla's lovely, nobody will be frightened of her.

Uncle: <RECORDING> Frightened? I'm not worried about them being frightened. I just don't want there being any protests, parents



*getting angry that you're bringing a giant into their school, pitchforks, that sort of thing.*

Amira: Uncle, I've told you, we cleared everything with the school; there really won't be any problems.

Uncle: *<RECORDING> And just make sure she doesn't tread on any children by mistake. Or sit on any houses. That's all your great, great grandfather did, and giants have never heard the end of it. You must make sure everyone sees us for the friendly folk we are. Remember, we're giants, not ogres.*

Amira: I know Uncle. I promise you it's going to be fine. I've got to go; she'll be here any minute.

Uncle: *<RECORDING> Just remember Amira, all of us, including the United Council of Giants, we're all counting on you. Bye.*

(Amira hangs up the phone)

Amira: That was Leyla's dad. I think they're just a bit worried about her. But it is all going to be fine. Because it's time to welcome Leyla our giant little girl; so if we can queue the music, Martyn.

Both: Leyla

Amira: I think she might need a bit of encouragement,  
(Clapping)

Both: Leyla (Raquel enters)



Dr: Obviously, that is not our giant.

Raquel: No, I'm not a giant.

Amira: This is my friend Raquel.



Raquel: I'm the one looking after Leyla.

Amira: And here she is.

Both: Leyla.

Raquel: She's great Leyla, isn't she? Did you tell them how tall she is, and how big her hands are? And did you tell them that giants are just the same as us, only bigger? Did you tell them?

Dr: Yes we did,

Amira: So where is she?

Raquel: She's um, she not coming (pull them into a huddle)

(Huddle)

Dr: Sneezing,

Amira: Runny nose,

Raquel: Vomiting everywhere,

Dr: Constipated,

Amira: She hasn't been to the toilet.

Raquel: For five whole days. It's actually quite amazing. I don't know how you could not go to the toilet for five whole days. Mind you it made my job a whole lot easier. (Digging holes) She's also been eating a lot of food; I mean a lot of food.

Amira: A Lot?

Raquel: Well I knew giants ate a lot of food, because they are really, really big, but that giant little girl, she can put it away. We went to visit the Queen last week, great visit you set up Amira, thank for that, she's kind of amazing the Queen. And you should see the size of the cream cakes they baked in Leyla's honour.



Dr: Cream Cakes?

Raquel: Yeah, Leyla ate four of them,

Dr & Amira: Four!

Raquel: And they were huge and they had raspberry jam in the middle, and butter icing, and Leyla picked them up and put all of them in her mouth.



Amira: All of them?

Raquel: Yes, all four of them, in her mouth at the same time. It was so amazing, even the Queen was laughing. And then the Pizza's place we passed on the way back, they invited us to dinner, and made a pizza that was bigger than this room. It was enormous, and I was sitting in the corner nibbling away, and she just picked it up with her hands, rolled it up and shoved the whole thing in her mouth, and they were all cheering.

Amira: The whole thing?

Raquel: Then she had buckets of fizzy drinks, a lot of fizzy drinks. And then we passed the park, and she had so much energy she started running around the park.

And then, and this is the best part, she picked me up and put me on her back, and then there was all these children in the park and they started shouting 'can we have a ride, can we have a ride'.

Dr: A ride?



Raquel: Yes! She lifted them up; and some of them were sitting on her shoulders; and some of them were in her hands; and perching on her arms and she was swirling and laughing and it was incredible. She even let some of them put their fingers in her mouth.

Amira: Her mouth?

Raquel: Just so they could see how wide it was. And then we stayed up for hours talking about her life and my life and all these similarities between giant land and our land, and I don't think she's been in bed before midnight since she got here.



Amira: She's 9 years old.

Raquel: She said she had a tummy ache this morning, but I said she had to come here cos I know how important this is for you. But when we got near to the school she started holding her stomach and then she threw up, she's had a bit of a runny nose since yesterday, and she's really not well, so I left her outside and thought I better come and tell you. I did my best for her, I covered her up with a coat. You wanted me to look after her; you wanted me to be her friend, she was having a great time.

SFX – Phone rings

Raquel: Who's that?

Amira: Well her dad has already phoned! (collects phone) . . . It's her mum!

(Amira answers it)

*Auntie: <RECORDING> Amira sweetheart, how are you?*

Amira: Hi Aunty Melda

*Auntie: <RECORDING> Is my little Leyla there? I'm missing her so much; I bet she can't wait to speak to her mummy can she?*

Amira: Err, yeh she's not here yet, they've, mmmm, been a bit held up?

*Auntie: <RECORDING> Oh no, is everything alright? You told her father she would be here any minute!*

Amira: I think they just got stuck in a Traffic Jam.

*Auntie: <RECORDING> I thought she was walking?*

Amira: I'm sure she'll be here soon Aunty, and then we'll have to get straight on with the show. I'll get her to call you later.



Auntie: <RECORDING> *If anything happens to her, I dread to think what the United Council of Giants would do?*

Amira: She's fine, honestly she's fine. I promise she'll call you later, Bye.

(Hangs up phone)

Dr: I'm going to go and check on her.

Raquel: Yes, cos you are a doctor, and you are going to know exactly what to do.

(Dr Exits)

Amira: I am so disappointed in you,

Raquel: Maybe she just needs some sleep, and some fruit.

Amira: I think she's probably eaten enough for a little while don't you?

(Walks over to doll)

This was such an amazing opportunity for us, for you, for her,

(Starts moving small doll)

As Leyla stood on the edge of giant land, she still couldn't believe that she was the one who'd been chosen.

Wearing her favourite dress with her rag doll in her hand and her satchel on her back she was ready for adventure.

"I hope they like me", she thought. And taking a deep breath she took her first step.

Raquel: Soon she came to a bridge which she needed to cross.

Ahead of her she could see a waterfall. Excitedly she ran toward it and jumped to the other side.

Then she saw big fluffy clouds, and puffing up her cheeks .... She blew them away.

Amira: There were tiny birds, which looked like insects flying around her. And before she knew it, she was standing on the mountains her mother had told her about.

“Just jump as high as you can” she remembered her mother saying. “It’s safe”.

Raquel: And landing with a big thud she was at the water’s edge, stepping into the boat, and sailing all the way to the Land of the Little People.



Soon she saw hundreds of tiny little people running towards the water’s edge.

Amira: As she got out of the boat, she could see they were holding something up into the air, taking a step closer she could see it was a sign that read,

BOTH: “Welcome Leyla”.

Raquel: She waved and smiled, looking down at them all.



Amira: "This is going to be the best adventure ever."

And then you ruined it all, by making her sick

Raquel: I'm sorry, I'm sure she'll be fine soon.

Amira: You've let the school down; you've let all of these children down; and let's face it, you've let yourself down.

(Dr Returns)

Dr: Okay so I can confirm she is very poorly. She's got a lot of pain in her stomach, her temperature has gone up, in other words she has a fever, and a very runny nose. I've got her under cover and I've run some test which the guys are sending over to the labs. The stomach ache is most likely due to her not going to the toilet, but I also think she's probably picked up some germs along the way and she's a bit run down.

We may have to contact the United Council for Giants.



Amira: We can't do that, that's far too dangerous, we can't let anyone know there's anything wrong with her. They'll end up coming over here. Have you ever seen an angry fully grown giant?

Martyn: Guys, Skype Call.

All: Dr Ranj!!

SFX – Skype Noises  
(Turn screen when actors are in place)



*Dr Ranj: <RECORDING + VIDEO> Hi Guys, Can't wait to see Leyla, Is she with you yet? I can only see you three. Is that the children over there? Hiya, I'm Dr Ranj, the country's leading giant expert. Where's Leyla?*

Amira: She's been held up.

Raquel: Dr Ranj, we've got some questions for you. Supposing a little giant girl like Leyla,

Amira: But not Leyla.



Raquel: Yes of course, not Leyla, but a little giant girl like Leyla got taken sick,

Dr: With a high temperature, stomach ache, vomiting and a runny nose, who hasn't been to the toilet for five days?

Amira: Just supposing, it's not really happened, just pretend, but supposing...

Raquel: What do you think we would need to do about it?

*Dr Ranj: <RECORDING + VIDEO> I think you would probably need to report it to the United Council of Giants to get some Giant medicine for her.*

Raquel: But giants are just like us aren't they?

*Dr Ranj: <RECORDING + VIDEO> Yes, but I don't know if you would have anything big enough to be able to treat her. If a giant hasn't been to the toilet for a number of days you'd really have to find a way to get in there and get that blockage moving.*

Raquel: You mean go inside the giant.

*Dr Ranj: <RECORDING + VIDEO> Well in theory. I mean you'd have to be careful, there's probably a height restriction. Of course we're not talking for real are we?*

Amira: No Dr Ranj,

Dr: Definitely not Dr Ranj,

Raquel: Thanks for your help, we'll be in touch later, bye.

*Dr Ranj: <RECORDING + VIDEO> Bye!*

Raquel: So one of us will need to go inside the giant.

Dr: That's insane, I'm a Dr, I can't allow it.

Amira: Didn't he say something about a height restriction? It has to be someone quite small.

Raquel: They could do it

Dr: That's not possible, Health and Safety.

Raquel: So what about you then, you know lots, you're a Dr.

Dr: I'm just too tall, Height restriction.

Raquel: So how about you Amira,

Amira: She's my cousin, I just couldn't do that. (Looking at Raquel) But you're small, like me.

Dr: And this is all your fault.

Amira: You're going to have to go inside her and make her better.

Raquel: No.

Dr: Well done, thank you, I so pleased you volunteered.  
So what do you know about the body.

Raquel: We have two arms and two legs.

Dr: And inside the body?

(Raquel shakes her head)

Dr: Okay so it works like this... First you'll need to go in through the mouth, beware the teeth because they will break you down into

smaller pieces. Then you get to the tongue which if you are not careful will roll you into a bolus. You see, the sensation of sight, taste and smell of food produces a biological molecule in the saliva, which is an enzyme. This will try to break you down, once this has happened the bolus which you are contained in, which is now a battered, moistened and partially digested ball of food, will be swallowed, moving you to the pharynx, where rings of muscle will force you down into the oesophagus, moving you into the stomach by a wave like muscular motion known as peristalsis. From there it's a quick hop into the large intestine and everything should start moving nicely.





Raquel: I didn't understand a word of that.  
Amira: Maybe we could simplify it for her.

Dr: **(SONG)**  
**The things that we eat,**  
**Pass through the lips,**

Raquel Oh I know this one...

Amira Right hit it Dr Newly.

All **They land on the tongue,**  
**Chew, chomp chew,**  
**Slippery, slippery, slippery, saliva,**  
**Mixes with the food till it slides off the tongue.**  
**Start to swallow,**  
**Gulp.**  
**Push, squeeze, Push, Squeeze.**  
**Down to the stomach we go,**  
**Weeeeeeeeeeeeeee,**  
**Splash.**  
**Blend it, churn it,**



**Acid burn it.**  
**Send it to the intestines, small and large,**



**Absorb, absorb, absorb what it needs,  
Send it, send it, send it on its way,  
Some to the liver,  
The waste the other way.**

Raquel: Hey, I think you can all join in! Come on all stand up.

Dr: Some of you can do the beat box with me.

Amira: Or the dance moves with us.  
Right! Hit it!

### **Section Two: Teaching Raquel what happens in the body**

Raquel: I still don't get it through. If I'm supposed to be going inside Leyla to remove the blockage, surely I need to know a little bit more than that song.

I want to know what it's going to be like inside her. What sort of things will I see?

Dr: Okay, so, like her food, you, will be going inside her mouth, down through her oesophagus and heading straight for her stomach. Let me show you.

I'm going to need 1, 2, 3, 4, 5 of you to come up here.  
And 1, 2, 3, 4, 5 of you from this side.

And Amira and Raquel, you can be the oesophagus with the other children.

Dr: (to his group of 10 children) So we are going to be the food, and we going to be chewed, and chomped around in the mouth until we become a little ball, then saliva is poured all over us to help break us down into smaller bits, then when the body swallows, we get pushed down into the oesophagus, which is that long tube thing inside our throats.

Amira: (getting children on both sides to stand up in one long line)



So we are going to be the oesophagus, which is this bit inside our throats that the food goes down.

Raquel: So how does the oesophagus work?

Amira: It pushes and squeezes food down into the stomach. ` `

All: Push, Squeeze, Push, Squeeze (get the audience to join in)

(Food moves down through the stomach, Amira and Raquel open up the rope, and getting the children to move backwards, into traverse.)

Dr: Okay so I want you to imagine that this is Leyla's giant body, and the children are making the lines of the outside where her waist and her torso are. So her legs would be here. And her brain would be here.

Raquel: So her stomach would be here, right?

Amira: And her liver, that would be here.  
(Running around setting up the body)



Dr: Perfect.

Raquel: So the food is swallowed and moves down the oesophagus.

Amira: And then it reaches the stomach.

Raquel: So what is the stomach like?

Amira: Well I know it rumbles when you're hungry.

(Raquel and Amira start to make noise of grumbling stomach)

Dr: There's a scientific reason for why our stomachs rumble. It's because they contain a mix of gas, air and digestive fluids and when these get squeezed, and moved about, they create the strange noises we sometimes hear. Stomach growling and rumbling can happen at any time -- not just when you're hungry -- but if there is food in your stomach the growling becomes much quieter.

It's like if you put a pair of trainers in a washing machine by themselves they make a loud sound, but then if you put a towel in with them, the noise they make is less. Food acts like a towel and stops our stomachs making such loud noises.

The sounds of a stomach are a bit like, Rumbling Grumbling, Gurgling, Growling.

Raquel: (repeats/rhythm) Rumbling grumbling, gurgling, growling.

Amira: (joins in) Rumbling grumbling, gurgling, growling.  
Actually you could help us.  
This side can you say Rumbling, grumbling.

Raquel: And this side can you say gurgling, growling.  
Shall we try and put them both together?

All: Rumbling grumbling, gurgling, growling, x2

Dr: Ok so I am going to be a piece of food, I might be a Pizza coming down the oesophagus, and being pushed and squeezed.



Amira: Rumbling, Grumbling.

Raquel: Gurgling, Growling.

(Keep going until we get the food and eat it all up and push it into the Intestine)

Dr: And when the food is all broken down in the stomach, it is pushed into the small intestine, where all the vitamins and nutrients and good things contained in it are absorbed and sent to the liver. Now the liver is like the kitchen of the body and it stores up all the good things out of the food, and then it pushes them out to the various bits of the body, giving them the energy they need to work.

Let me give you an idea of how this kitchen works



Dr: Iron.

Raquel: Coming in chef.

Dr: Vitamin needed by the skin.

Amira: Going out chef.

Dr: Fat.

Raquel: Coming in chef.

Dr: Vitamin needed by the eyes.

Amira: Going out chef.

Dr: Fat.

Raquel: Coming in chef.

Dr: Vitamin needed by the bones.

Amira: Going out chef.

Dr: Vitamins.

Raquel: Coming in chef.

Dr: Iron needed by the heart.

Amira: Going out chef.



Dr: Fat.  
Raquel: Coming in chef.  
Dr: Fat needed to give energy.  
Amira: Going out chef.  
Dr: Fat.  
Raquel: Coming in chef.  
Dr: Iron needed by the bloodstream.  
Amira: Going out chef.  
Dr: Fat.  
Raquel: We seem to be taking on a lot of fat Chef, I am running out of places to store it.  
Dr: Just do the best you can,  
Vitamin needed by the muscles.  
Amira: Going out chef.  
Getting very low on Iron supplies chef.  
Dr: Well if the stomach keep sending us this junk to work with then it's not our fault if we run out of iron.

(Raquel and Amira slow motion – Dr monologue)

Dr: How is a body supposed to cope if the liver doesn't get all the vitamins and good things that it needs to keep it going? If we give our body too much fat it will store it all over the place and we start putting on weight. And if it doesn't get a good balance of different types of food the body starts to feel poorly a bit like what's happening to Leyla now.

All those cakes and fizzy drinks are not giving the liver enough goodness to push out around the body, so Leyla hasn't got much energy. Not that there's anything wrong with her eating cakes but too much of any one thing can really hurt our bodies.

Raquel: So why do we end up eating things that are not good for us?

Amira: Well if it's our brain that tells us what to do, maybe we should go into Leyla's brain to see what is going on.

(Character become characters in Leyla's Brain)



Amira: *(As Brain Controller)* It's a giant cream cake. They've made it especially for me.

Raquel: *(As Right side of Brain)* Oh my goodness (gasp) I love cream cakes!

Dr: *(As Left side of Brain)* Oh no. I shouldn't eat that.

Amira: The Queen is giving it to me. Don't want to be rude.

Raquel: Exactly, then I must eat the cream cake. I want them to like me.

Dr: Just one bite though.

Raquel: All of it!

Dr: No!

Brain: Bend down. Hands out. Pick up the cake.

Raquel: Yummy!

Dr: Just one bite!

Raquel: All of it.

Amira: Mouth open. Eat.

Raquel: Yum, that was so delicious.

Dr: That was a bad idea.

Raquel: I want that too.

Amira: Take it. Eat the pizza.

Dr: I really shouldn't.

Raquel: Yum.

Amira: Eat more.



Raquel: Spaghetti Bolognaise with cheese.  
Dr: No!  
Raquel: Yum!  
Amira: Eat more.  
Raquel: Candy floss.  
Dr: No!!  
Raquel: Yum!!  
Amira: Eat more.  
Raquel: Ice cream.  
Dr: NO!!!  
Raquel: Yum!!!  
Amira: Sit down. Drink.  
Raquel: Lemonade.  
Dr: Water.  
Amira: Lemon squash. Drink.  
Raquel: Ice cream and lemon squash. Ice cream and lemon squash. Ice cream and lemon squash....  
Dr: I don't want any more food.  
Raquel: I'm tired.  
Amira: It's really late. I've not slept properly for ages, not since I got here.  
Raquel: But I have been having so much fun with Raquel.  
Amira: We went to the park, ran around, and I let all the children climb on me.  
Raquel: They loved me! (sneeze)  
Dr: They put their fingers in my mouth!  
Raquel: It was fun.  
Dr: It was disgusting. (cough)  
Amira: And Raquel took me to an outside cinema the other night. It was the size of my TV back home. It was cold that night. So I gave my scarf to the entire audience to use as a blanket.  
Raquel: (sneeze) Popcorn, toffee apples, chocolate, Popcorn, toffee apples, chocolate, Popcorn, toffee apples, chocolate...  
Dr: (cough)  
Raquel: (sneeze)  
Amira: Oh, my stomach. I'm tired.  
Raquel: (sneeze)  
Dr: (cough)  
Amira: It hurts.  
Raquel: I feel sick.  
Dr: I shouldn't have eaten all that. (coughs and cries)



Raquel: (sneeze)  
Amira: Oh, oh, oh no... (vomits)  
Raquel: (sneeze)  
Dr: (cough)  
Amira: (vomits)  
Raquel: (sneeze)  
Dr: (cough)  
Amira: (vomits)  
Raquel: (sneeze)  
Dr: (cough)  
Amira: (vomits)

(Raquel steps out of scene feeling guilty)

Dr: I really shouldn't have eaten all those cream cakes. I shouldn't have stayed up so late or given everyone my scarf at the cinema that night.

Raquel: See? It's not my fault. Leyla's brain should have told her not to eat all that food, or do all those other things. It's not my fault!

(All Actors step out and resume original characters)

Dr: But you made it really difficult for her, you made everything look so much fun, it was really hard for her to say no to you.

Raquel: But she wanted to try things. I didn't know how much a giant could eat. They eat a lot you know.

Dr: But you took her out. At night! She needed to go to bed at the proper time.

Raquel: She wanted to go to the cinema. She made loads of new friends that night; she even gave them her scarf to use a blanket cos it was cold! And we meet the Queen. There have been a lot of people that want to meet her, play with her, there was never enough hours in the day.

Dr: But you were supposed to be looking after her.

Raquel: I was looking after her. We were having a great time together.

Dr: But having a great time isn't good enough; (Dr begins to rant as Raquel moves away) you were supposed to be taking care of her; your SOO unprofessional: YOU only got this job cos Amira is your best friend . . . (Dr realises that Raquel isn't there!)

SHADOW PUPPET OF WALKING ON THE GIRL – Memories of playing with her friend.



Dr: And now she's sick.  
Martyn Blood test results are in.

(Martyn moves in and assists with the Shadow puppet of virus')

Dr: Let's look at them under our giant microscope.





(Shadow puppets of virus's – in a circular disk)

Dr: First Slide; Focus; Second Slide; Third Slide. Mmmm, that's not looking good, it looks like poor Leyla has caught a virus, that's why she sneezing, coughing and vomiting.

Raquel: She will be ok wont she?

Dr: She will be when you go inside her. That blockage still needs removing.

Raquel: Ok. What more do I need to know.

Dr Well you need to find out about some of the other things that are going on inside the body, but hurry, because we haven't got long if we are going to make her better before her mum's next phone call.

Amira And you really don't want to get on the wrong side of my Auntie Melda. You've made Leyla really sick.

Raquel: Oh no how is her body going to deal with it?

Dr: Well, that's where the white blood cells come in, you see the white blood cells are the body's security system; they're our natural defence that helps us to fight diseases and infections.

They're like undercover agents ready to pounce at any time.

(Cast appear wearing sun-glasses. Create several Charlie's Angels poses!)

Dr: *(As White Blood Cell Commander)* Right cells assemble, it's time to train. We need to get in shape to patrol the body. Do you have your anti bodies at the ready?

All: Yes sir.

Dr: Great.

Raquel: Where are we patrolling today sir?



Dr: We need to travel around the whole of the body. Keep your eyes peeled for any vile viruses, despicable diseases or bad bacteria.

Amira: Vile viruses?

Dr: Yes Agent. We will need to be especially prepared today because this little girl giant we're inside has had a very unhealthy lifestyle lately which makes her an easy target for the enemies. Right dispatches go to all different parts of the body. Any bad bacteria over there agents?

Raquel: Nothing here sir.

Dr: Glad to hear it, I don't want to alarm you, but I've caught wind that there's something very nasty on its way up near her nasal passage.

Amira: Code red in her nose sir?

Dr: Code red! All assemble near the nose. And Fire.

Amira: Sorry sir false alarm.

Dr: Try not to have too many of them agent. Ok carry on.

(Raquel steps out of agent character)

Raquel: Dr Newly, how do viruses get in the body

Dr: Well, the body's defence system is like a wall that the viruses have to break through, let me show you.

(Dr invites one side of the pupils to come and make a strong wall getting them to think of shape it might make and how they might be linked together, Amira joins the wall to help out.)



Raquel: I'll be a virus.

Dr: When we're healthy and feeling well the immune system; or the wall into the body; is strong and the viruses can't get in very easily.



Raquel: What, like this... *(Raquel goes into role as a bug and attempts to walk through the defensive wall but is rebounded off of it.)*

Dr: Exactly. But our giant little girl hasn't been eating very well recently and she has had lots of late nights, so her defensive wall is weakened and it's got holes in it...meaning that bugs can slip through.

(The pupils make a weak wall which has holes/gaps in it, and the virus manages to get through.)

Dr: So now our virus is inside the body, and when viruses get comfy, in a warm place, they begin to multiply.

So one becomes two

(Amira and Raquel become viruses)

And two become four.

(2 children become viruses with them.)



And four becomes eight.

(4 more children join them.)

And eight becomes sixteen.

(8 more children join them.)



Dr: And when we have that many viruses in the body, the white blood cells become really busy. I am going to need some help.

(A selection of pupils come up to be the white blood cells with Dr Newly. And a slow motion battle commences between the bugs and white blood cells who throw anti bodies to stick the bugs.)

Dr: Well done, that's those viruses finished with.

(Amira and Dr Newly seat the children while Raquel goes behind the screen and begins the On Patrol song with bell puppets, where she is joined by Dr Newly and Amira.)



**(SONG)** We're on patrol,  
We're on patrol,  
We're on patrol, We're on patrol, We're on patrol.

We're on patrol,  
We're on patrol,  
We're on patrol, We're on patrol.

What are we looking for?  
What are we looking for?  
We're on patrol, We're on patrol,  
What are we looking for?

We're looking for viruses,  
We're looking for viruses,  
We're on patrol, We're on patrol.

What do we do with them?  
We have to deal with them.  
Bacteria! Infection! And Viruses.



**What do we do with them?**  
**We have to deal with them.**  
**We're on patrol, We're on patrol.**

(The white blood cells coming out and begin marching around while the children join in with the singing from the side, as they march they also clear the stage, and begin resetting for ribs and heart.)

Martyn: There's lots of message on the answer machine, I think you'd better hear them.

(We hear the answering machine messages over the speaker)

Aunty: *<RECORDING> Hi Amira, just checking everything's okay. Give me a call when you get a minute. Give Leyla a big kiss for me. Bye.*

-----

Aunty: *<RECORDING> Hi, I thought the show would be finished by now. I hope you're not working my little girl too hard, we can't have her getting tired can we. Bye.*

-----

Uncle: *<RECORDING> Hello Amira, your Aunt Melda is really worried. We've haven't heard from Leyla for ages. You promised you'd keep in touch. I'm currently avoiding difficult questions from the United Council of Giants; call me the minute you get this. Bye.*

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Council: *<RECORDING> Colonel Kadir here, United Council. All of us are getting very restless that we haven't heard anything from Little Leyla. This is a hugely important public relations exercise for us, and we're anxious you're not taking your responsibilities seriously. If we haven't heard anything by 16 hundred hours today we may have to send somebody over to find out what's going on. You know how dangerous that would be. Remember, we're giants, not ogres.*

Raquel: I've got to go into her body now, I have to make her better, so do I just jump in her mouth or how do I get in?

Dr: Wait, you can't go in yet, there's one more thing you need to know before you go in there. But we're going to need a rib cage?

Amira: Will this do? (Pushing final bit of set into place.)

Dr: Brilliant. Now as you can see, the lungs are in the rib cage.

(Both Amira and Raquel become lungs.)



Amira: She's got to have a heart.

(All three make the sounds of the heart.)

Amira: And now I'm going to tell you a story...  
Once upon a time there was a little red blood cell, born in a large bone of a giant little girl. The heart called to the red blood cell, summoning it to her.

You have the important job of carrying the oxygen around the body to where it's needed.

The little red blood cell begins its journey;

Dr: *(As a red blood cell)* Oxygen in.

Amira: Others join it on the way, all doing the same thing. First they go into the lungs where they pick up oxygen from the air that the girl breathes in.



Dr&Raquel: *(As red blood cells)* Oxygen in.

Amira: Then to the heart, which pumps the blood out sending the oxygen to all the parts of the body. The little red blood cells drop off their oxygen and pick up carbon dioxide instead, which they take back to the heart and onto the lungs to send off in the air the little girl breathes out.

Dr&Raquel: *(As red blood cells)* Carbon Dioxide Out. Oxygen in.

Amira: The red blood cells do this every day without stopping, running tireless around the body, for 120 days.

Until one day after all its work is done, the blood cell is sent to the spleen and for the first time ever it stops running and stands still. Then it dies. *(Dr, As red blood cell dies)* They're not scared, it's just the end of their journey.



- Raquel: *(As red blood cell)* Oh I have seen so much.  
My little life has been full of adventures.  
I saw the canyon of the lungs when she breathed.  
I saw her legs pumping as they ran fast on sports day.  
I saw all the bones in her foot as she rested.  
And the sunset, out her beautiful eyes on the day of her 9<sup>th</sup>  
birthday.  
And all I want to say now is... *(dies)*
- Amira: And this cycle carries on, more red blood cells are born every  
second without us even noticing, and they all do exactly the same  
thing for 120 days.
- (Amira becomes a blood cell for one journey)* Carbon Dioxide out.  
Oxygen in.
- Raquel: Wow, all of that is happening inside us and we never even notice  
it.
- Dr: Yes, our bodies, big or small, are truly amazing.
- Amira: So I guess that's it then. You probably need to go inside her body  
and get that blockage moved.
- Dr: We really don't want her constipated for a moment longer.  
*(Moving the Set)*  
When you get to her stomach you will have to go into her  
intestines, that where the blockage is. And then you need to get  
this medicine right to the core of the problem.
- Martyn: Special Delivery – Your Order has arrived.
- (They dress Raquel up in the protective gear)*
- Raquel: Okay, wish me luck.
- (Raquel heads out the door with a walkie talkie.)*



### Section Three – Going inside our Giant (2<sup>nd</sup>)

Amira: Good luck Raquel, I hope she's going to be ok.

Dr: I'm sure she'll be fine. You see what she's going to do, is travel in through the mouth, and once she is inside we should be able to make radio contact

Amira: Raquel, are you there? . . . . Raquel?

*Raquel: <RECORDING> Its okay, I'm here, so I am in the mouth. It's all squishy. The surface is really uneven...*

Dr: You must be on the tongue. Now you need to go down the oesophagus.

*Raquel: <RECORDING> Where's that?*

Dr: Head for the back of the tongue.

*Raquel: <RECORDING> Ok...I'm walking, ooh...Leyla really needs to clean her teeth. I can see last night's pizza hanging off them. It was a really good pizza though, oh did I tell you they gave us last night's pizza for free?*

Amira: Raquel focus!

Dr: Raquel where are you now?

*Raquel: <RECORDING> Ahhh...! (sliding off the back of the tongue and grabbing hold to the edge of the tonsils)*

Amira: What? Are you alright?

*Raquel: <RECORDING> It's ok. I've grabbed the edge of something...wow...I can see a massive whole opening out below me...*

Dr: OK. You're at the tonsils. And you must be looking down the oesophagus. That's where you need to go.



Raquel: <RECORDING> I'm scared.

Amira: It's ok Raquel. You can do it. Just think of helping Leyla.

Raquel: <RECORDING> OK. This is for you Leyla! I'm ready so I'm going to let....ahhhhhh! (falling down the oesophagus) Oh, what's that sound?

Dr: That's the Lungs

Raquel: <RECORDING> Ahhhhhhh! Hey, I think that's the sound of the heart! (we hear the heart beating) Ahhhhhhhhhhhhhhhhhhhhh.....!!! (we hear a splash and silence.)



Amira: Raquel? Raquel?

Raquel: <RECORDING> (we hear water sound and the gasp of Raquel coming up for air) Yeah. I'm here. I'm here. I think I'm in the stomach. Wow, it's really big!



Dr: What can you see?

*Raquel: <RECORDING> Lot's of liquid. Hey, there are some of those boiled sweets we had yesterday, they're floating everywhere...I didn't realise she ate so many of them. Ow!*

Amira: What?

*Raquel: <RECORDING> I think that was some stomach acid. Got me in the leg.*

Dr: Ok Raquel. Your suit will protect you from the acids for a while but now you need to find the way out of the stomach to the small intestines.

*Raquel: <RECORDING> I can't see a way out.*

Dr: You might need to dive down to the bottom of the stomach.

*Raquel: <RECORDING> Oh gross!*

Amira: Raquel, you're doing really well. She's very brave.

Dr: Yes she's really brave!

Amira: You know you can do this, don't you Raquel. Don't you?

*Raquel: <RECORDING> Yes! Ok. Here I go... (she takes a breath and dives down, we hear under stomach liquid sounds until we hear her gasp for air...) Oh my goodness. Oh Amira, it stinks.*

Dr: You've made it to the small intestines Raquel.

*Raquel: <RECORDING> Nothing small about it! It's massive and there is old food everywhere. And it really stinks! What now?*

Dr: You need to find the blockage.



*Raquel: <RECORDING> OK. I'm walking through the intestines... Oh, I can see something ahead. It looks like, um, hang on a minute (we hear her moving faster through) it's a wall of chips,*

*Dr: Chips?*

*Raquel: <RECORDING> Looks like that's the blockage...*

*Dr: Good work Raquel, now...*

*Raquel: <RECORDING> ...and there's loads of this brown sticky stuff .... ewwwwww yuck!!!*

*Dr: Yes Raquel. That's the faeces.*

*Raquel: <RECORDING> Faeces?*

*Amira: Poo.*

*Raquel: <RECORDING> You didn't tell me about the poo!*

*Amira: Come on Raquel you can do it!*

*Dr: You need to use the lax pack now. Cover the whole blockage with the lax. Ok?*

*Raquel: <RECORDING> OK. I'm getting the lax spray ready. About to spray it. One, two, three... (we hear her spray the blockage with the lax) It's working! Wahooo, it's really working!!! But there is a lot of liquid building up behind me from the stomach now. It's almost up to my waist now.*

*Dr: And the blockage?*

*Raquel: <RECORDING> Almost all gone. Whoa.....! (we hear water sounds coming closer and closer) Blockage is cleared. Yes!*

*Dr & Amira: Yes!!!*

*Amira: Do you think she's done it?*

Raquel: <RECORDING> I can see the rest of the intestines ahead and – (we hear a crackle, under water rushing gurgling sounds and the radio goes dead. Pause)

Amira: Raquel? Raquel?

Dr: Raquel are you there?

Amira: We can't hear you! Raquel? Raquel?

Dr: What do you think's happened to her?

Amira: You're the Doctor!

Dr: But I've never sent anyone inside a giant body before. She could be anywhere.

Amira: What do you mean 'anywhere'?

Dr: What goes in, must come out.... Somehow.

Amira: My best friend's stuck! Inside my cousin!

Dr: Fascinating! Doctor Ranj would love to hear about this.

How we went inside the body and learned about the small intestine.

Amira: What are we going do? (She gets more and more upset) She was such a good friend to me. And she loved Leyla so much, she really looked after her so well, she didn't mean for her to get sick, she did the best she could. You shouldn't have made her go! (cries)

Raquel: (Enters, her suit is covered in poo.)





AMIRA!!! What a ride! It was the bestest, massive-est, twistiest, turniest, hydro slide ride EVER! Thank you!  
(She goes to hug her friend. Amira moves out the way.)  
Can I do it again?

Dr: How is Leyla?

Raquel: Who? Oh, Leyla! Yh, she said her tummy...

Dr: Stomach.

Raquel: Stomach. Is feeling much better. She wanted to sleep so I've tucked her up and she looks all cosy. See? I told you it would all be fine.

Amira: Well it won't be if we don't call her Mum soon. I've got an idea.  
Raquel, you go and change, you look disgusting.

(Raquel changes out of her clothes.)





Amira: I wonder if you can help me. (To the children) What we need to do is if all of us could talk at the same time we could pretend to be Leyla and phone her Mum and tell her that everything is fine. This way we might just stop a load of giants coming over here and tearing down the school.  
Can you try something with me? Try speaking at exactly the same time as me. I will talk really slow.

Hello. How are you?

Brilliant that seems to work, Martyn if you can get my Aunt Melda on the phone we might just get away with this.

(Phone ringing out and being picked up – Amira talks very slowly and gets children to talk at the same time with her)

SFX – Phone dialling

*Auntie: <RECORDING> Hello?*

**One Voice: Hello mummy,**

*Auntie: <RECORDING> Hello Leila, how are you? I've been so worried about you. Are you having a lovely time?*

**One Voice: Yes I am. The children are lovely. I am so happy. They know we are Giants, Not Ogres**

*Auntie: <RECORDING> I am so proud of you, well done sweetheart, call me again soon, I miss you. Bye darling*

**One Voice: Bye, bye, Mummy,**

Amira: I think we've done it. Auntie Melda sounded really happy to hear from Leyla.

Dr: And Leyla seems to be recovering really well.



Raquel: All those white blood cells will be racing around her body while she sleeps, getting rid of any remaining viruses. (Starts strumming ukulele.)

**(SONG) We're on patrol,  
We're on patrol,  
We're on patrol, We're on patrol, We're on patrol.**

**We're on patrol,  
We're on patrol, We're on patrol, We're on patrol.**

**What are we looking for?  
What are we looking for?  
We're on patrol, We're on patrol.  
What are we looking for?**

**We're looking for viruses,  
We're looking for viruses,  
We're on patrol, We're on patrol.**

**What do we do with them?  
We have to deal with them,  
Bacteria! Infection! And Viruses.**

**What do we do with them?  
We have to deal with them.  
We're on patrol, We're on patrol.**

Amira: Thanks for your help guys; we couldn't have made her better without you.