

2016 AMERICAN LUNG ASSOCIATION STAIR CLIMB-DES MOINES, IA**4/10/2016****RESULTS ARE FOR 4 TOWER CLIMB**

Place	No.	First NameLast Name	Age	Sex	State	Climb1	Climb2	Climb3	Climb4	Total
1	1	Jason LARSON	32	M	MN	1:51	2:28	1:44	4:04	10:07.0
2	14	Michael PETERS	53	M	IN	2:14	2:50	1:59	4:10	11:13.0
3	1305	Luke SPENCER	44	M		1:56	3:11	2:12	4:22	11:41.0
4	383	Darrin FREY	43	M	IA	1:58	3:09	2:09	4:38	11:54.0
5	1154	Jackson WAECHTER	28	M	IA	1:54	3:38	2:10	4:48	12:30.0
6	230	Griffin CLABAUGH	18	M	IA	2:44	3:12	2:24	4:21	12:41.0
7	526	Eric HOFFMAN	16	M	IA	2:02	3:25	2:13	5:03	12:43.0
8	723	Bo MCBEE	46	M	IA	2:14	3:24	2:04	5:03	12:45.0
9	706	Matt MARTIN	54	M	IA	2:20	3:26	2:20	4:43	12:49.0
10	549	Justin HYDE	38	M	IA	2:08	3:42	2:11	4:48	12:49.0
11	812	Samuel MYERS	23	M	IA	2:36	3:33	2:18	4:37	13:04.0
12	407	Bryce GILBERT	38	M	IA	2:14	3:38	2:21	4:58	13:11.0
13	382	Scott FREEMAN	54	M	IA	2:18	3:23	2:15	5:20	13:16.0
14	261	Joe CRIGER	33	M	IA	2:30	3:33	2:05	5:16	13:24.0
15	726	Kevin MCCARTHY	34	M	IA	2:11	3:41	2:19	5:14	13:25.0
16	172	Lindsey BUCHHEIT	33	F	IA	2:46	3:37	2:24	4:44	13:31.0
17	1281	Mark MOORE	30	M	IA	2:34	3:30	2:16	5:13	13:33.0
18	402	Kadin GERARD	14	M	IA	2:35	3:43	2:29	4:47	13:34.0
19	2	Roadog MCKIBBEN	55	M	IA	2:30	3:29	2:30	5:05	13:34.0
20	651	Chad LAYLAND	40	M	IA	2:26	3:38	2:21	5:09	13:34.0
21	438	Marcel GRIESER	19	M	IA	2:17	3:48	2:34	4:57	13:36.0
22	1081	Craig STOERMER	41	M	IA	2:33	3:37	2:08	5:22	13:40.0
23	338	Samuel ENGMAN	25	M	IA	2:50	4:20	2:03	4:28	13:41.0
24	751	Ben MCLEAN	39	M	IA	2:28	4:01	2:12	5:07	13:48.0
25	152	Megan BRITTAIN	26	F	IA	2:44	3:28	2:24	5:12	13:48.0
26	1042	Mark SINNWELL	19	M	IA	2:11	3:48	2:32	5:19	13:50.0

27	1109	Craig THOMPSON	52	M IA	2:39	3:53	2:23	5:00	13:55.0
28	457	Mike HAM	45	M IA	2:31	3:48	2:30	5:07	13:56.0
29	432	Michelle GRANT	31	F IA	2:50	3:41	2:21	5:05	13:57.0
30	13	David MEHAS	60	M IN	2:32	3:45	2:32	5:08	13:57.0
31	766	Michelle MEINECKE	34	F IA	2:45	3:45	2:23	5:10	14:03.0
32	330	Chad ELLERBUSCH	35	M IA	2:19	4:05	2:37	5:03	14:04.0
33	6	Larry HENNIS	40	M MN	2:42	3:37	2:30	5:16	14:05.0
34	26	Cole LAZELLA	23	M IA	2:19	3:50	2:29	5:29	14:07.0
35	1078	Daniel STIELER	34	M IA	2:35	3:50	2:17	5:30	14:12.0
36	447	Tony GUERRA	43	M IA	2:14	3:50	2:35	5:34	14:13.0
37	205	Gary CARTER	33	M IA	2:24	3:46	2:47	5:21	14:18.0
38	627	Johnny KURTZ	37	M IA	2:22	4:06	2:29	5:22	14:19.0
39	193	Gage CALHOUN	24	M IA	3:26	3:51	2:21	4:43	14:21.0
40	1110	Greg THOMPSON	43	M IA	2:47	3:48	2:34	5:12	14:21.0
41	1157	Rachel WAHL	33	F IA	2:48	3:48	2:37	5:18	14:31.0
42	1009	Sam SCHONE	28	M IA	2:24	3:46	2:51	5:32	14:33.0
43	388	Mike FURROW	53	M IA	2:21	3:55	2:22	6:00	14:38.0
44	268	Jesse DALTON	24	M IA	2:34	4:09	2:41	5:21	14:45.0
45	591	Hans KELPE	41	M IA	2:44	4:12	2:51	5:04	14:51.0
46	22	Jill PAHA	35	F IL	2:41	4:03	2:28	5:40	14:52.0
47	155	Mike BRONSON	45	M IA	2:53	4:00	2:39	5:22	14:54.0
48	58	Jeremy AUSTIN	36	M IA	2:46	3:54	2:42	5:35	14:57.0
49	495	Blaine HERMANN	13	M IA	2:29	4:34	3:05	4:52	15:00.0
50	11	Dave PALERMO	41	M NE	2:36	3:51	2:36	6:02	15:05.0
51	884	Jen PAULLIN	39	F IA	2:51	3:58	2:30	5:47	15:06.0
52	160	Arthur BROWN	56	M IA	3:05	4:04	2:42	5:18	15:09.0
53	449	Paul GUZIK	24	M IA	2:36	4:10	2:39	5:46	15:11.0
54	392	Lynzey GALLAGHER	30	F IA	2:54	4:16	2:40	5:28	15:18.0
55	462	Brian HANDAL	27	M IA	2:40	4:06	2:38	5:55	15:19.0
56	594	Andy KEMERLEY	24	M IA	2:32	4:08	2:36	6:03	15:19.0
57	1253	Kate HERMSEN	39	M IA	2:43	4:45	3:14	4:38	15:20.0

58	816 Lindsay NASH	25	F IA	2:41	4:11	2:46	5:42	15:20.0
59	520 Christine HOFFMAN	42	F IA	2:58	4:28	2:36	5:22	15:24.0
60	932 Brian RESER	36	M IA	2:38	4:22	2:56	5:29	15:25.0
61	522 Crystal HOFFMAN	33	F IA	3:05	4:01	2:35	5:44	15:25.0
62	1108 Tad THOMAS	27	M IA	2:32	4:13	2:57	5:44	15:26.0
63	4 Glen DIPPOLD	53	M IA	2:39	3:52	2:46	6:13	15:30.0
64	104 Jonathon BERGER	35	M IA	2:32	4:02	2:47	6:11	15:32.0
65	984 Jordan SADDORIS	20	M IA	2:34	4:02	3:01	5:56	15:33.0
66	580 Chad JONES	43	M IA	3:23	4:31	2:04	5:39	15:37.0
67	1189 Emily WHISLER	27	F IA	2:55	4:17	2:37	5:50	15:39.0
68	313 Travis DOYEL	42	M IA	2:45	4:14	2:57	5:47	15:43.0
69	1228 Brandon YOUNG	37	M IA	3:11	4:07	2:53	5:33	15:44.0
70	468 Logan HANSCH	25	M IA	2:53	4:21	2:33	5:58	15:45.0
71	114 Marie BILLINGS	32	F IA	2:58	4:06	2:58	5:44	15:46.0
72	695 Madicyn MAINES	25	F IA	3:12	4:11	2:31	5:53	15:47.0
73	552 Nicholas IRLMEIER	38	M IA	2:42	4:09	2:50	6:06	15:47.0
74	281 Kathi DELLACA	63	F IA	3:03	4:05	2:51	5:50	15:49.0
75	220 Zane CHRISTENSEN	35	M IA	2:43	4:00	2:53	6:13	15:49.0
76	1296 Alyx SACKS	27	F IA	3:27	4:10	2:25	5:48	15:50.0
77	654 Hunter LEE	13	M IA	3:13	4:04	2:41	5:52	15:50.0
78	795 Craig MONTGOMERY	33	M IA	2:55	4:16	2:41	5:59	15:51.0
79	1293 Mike ZIMMERMAN		M	2:33	4:45	2:33	6:04	15:55.0
80	1270 Matt HILLIS	39	M IA	2:55	3:56	3:21	5:45	15:57.0
81	5 Mark ADAMSON	60	M NE	2:57	4:07	3:00	5:53	15:57.0
82	199 Tyler CAMPBELL	26	M IA	2:28	4:05	2:53	6:34	16:00.0
83	111 Tiffany BEYER	27	F IA	3:10	4:22	2:39	5:51	16:02.0
84	754 Jessica MCLERAN	35	F IA	3:03	4:04	2:42	6:13	16:02.0
85	727 Kendle MCCHURCH	27	M IA	3:12	3:38	3:35	5:40	16:05.0
86	91 Joseph BECHEN	54	M IA	3:01	4:15	2:43	6:06	16:05.0
87	387 Tyler FUNK	27	M IA	4:16	4:14	2:34	5:02	16:06.0
88	715 Kris MATTOON	29	M IA	2:36	4:32	2:42	6:16	16:06.0
89	180 Brandon BURKHART	39	M IA	2:47	4:14	2:55	6:12	16:08.0

90	574	Mark JOHNSON	49	M IA	2:46	4:20	2:32	6:30	16:08.0
91	1003	Jenna SCHERMERHORN	26	F IA	3:02	4:24	2:47	5:58	16:11.0
92	635	Simeon LANG	30	M IA	3:13	4:07	2:41	6:11	16:12.0
93	428	Lori GRAFF	44	F IA	2:56	4:19	2:43	6:14	16:12.0
94	1058	Margaret SPIKES	54	F IA	3:15	4:20	2:54	5:44	16:13.0
95	868	Nick OYENIK	35	M IL	2:41	4:21	2:39	6:32	16:13.0
96	864	Anna OSWALD	26	M IA	3:15	4:21	2:55	5:43	16:14.0
97	1191	Mark WHITFIELD	47	M IA	3:17	4:13	2:46	5:58	16:14.0
98	211	Jane CAVANAUGH	35	F IA	3:14	4:06	3:02	5:55	16:17.0
99	918	Tammy RASMUSSEN	35	F IA	3:06	4:14	2:57	6:01	16:18.0
100	136	Kaya BOWLSBY	14	F IA	3:06	4:28	3:01	5:46	16:21.0
101	7	Harish NAMBIAR	46	M IL	2:28	4:17	3:18	6:18	16:21.0
102	1214	Alan WOOD	46	M IA	3:01	4:19	2:45	6:18	16:23.0
103	976	Bryan ROWLAND	33	M IA	2:37	4:26	2:55	6:25	16:23.0
104	1265	Ryan PETERSON	35	M IA	3:34	4:13	2:43	5:54	16:24.0
105	971	Todd ROSS	35	M IA	2:55	4:16	2:57	6:16	16:24.0
106	570	Aaron JOHNSON	37	M IA	2:42	4:16	2:56	6:31	16:25.0
107	357	Cory FEES	34	M IA	2:42	5:32	2:44	5:29	16:27.0
108	15	Michael RIGGS	36	M IA	3:21	4:07	2:52	6:11	16:31.0
109	496	Graden HERMANN	7	M IA	3:20	4:19	3:02	5:57	16:38.0
110	1290	Eric JOHNSON		M	3:16	4:16	3:05	6:03	16:40.0
111	12	M Rocco LAVALLE	62	M IA	2:52	4:30	3:00	6:19	16:41.0
112	714	Maria MATTIACE	40	F IA	3:21	4:30	2:50	6:02	16:43.0
113	1235	Sharm WENNDT	52	M DA	2:57	4:42	2:51	6:14	16:44.0
114	1057	Shelby SPIKER	25	F IA	3:04	4:39	3:01	6:01	16:45.0
115	1026	Steve SEXTON	34	M IA	2:53	4:22	3:13	6:21	16:49.0
116	719	Jeff MAYER	46	M IA	2:52	4:15	2:53	6:49	16:49.0
117	326	David EGDORF	30	M IA	2:32	4:31	3:02	6:45	16:50.0
118	1215	Carrie WOOD	24	F IA	3:08	4:22	2:49	6:32	16:51.0
119	1039	Scott SHUMAKER	34	M IA	4:03	4:22	2:49	5:38	16:52.0
120	616	Karen KORDICK	51	F IA	3:17	4:25	2:52	6:18	16:52.0

121	1210	Jason WITTMER	45	M IA	3:37	4:16	2:49	6:12	16:54.0
122	1237	Ryan ADAMSON	34	M IA	2:51	4:48	2:51	6:24	16:54.0
123	1188	Mike WHISLER	51	M IA	2:28	4:11	2:56	7:19	16:54.0
124	1213	Steve WOOD	58	M IA	3:23	4:16	2:59	6:17	16:55.0
125	283	Mike DELPIERRE	42	M IA	3:53	4:03	2:46	6:14	16:56.0
126	419	Samual GODWIN	22	M IA	3:34	3:59	2:55	6:28	16:56.0
127	1136	Carter VAN GELDER	8	M IA	3:19	4:32	2:52	6:15	16:58.0
128	914	Kevin RAGEN	35	M IA	3:16	4:24	3:00	6:18	16:58.0
129	479	Kerri HARTL	30	F IA	3:05	4:19	2:52	6:42	16:58.0
130	436	Melissa GRESS	34	F IA	3:34	4:28	2:57	6:01	17:00.0
131	478	Dana HARRISON	32	F IA	3:09	4:30	3:01	6:20	17:00.0
132	354	Scott FARREL	31	M IA	3:13	4:20	2:54	6:33	17:00.0
133	8	Nam TRUONG	31	M MN	2:41	4:16	3:19	6:46	17:02.0
134	931	David REPP	55	M IA	2:38	4:58	2:45	6:42	17:03.0
135	969	Jennifer ROSE	41	F IA	3:28	4:18	2:55	6:23	17:04.0
136	1186	Randy WESTMAN	56	M IA	3:31	4:18	2:51	6:24	17:04.0
137	232	Gage CLABAUGH	15	M IA	3:03	4:28	3:23	6:11	17:05.0
138	886	Trent PAYNE	11	M IA	3:19	4:28	3:01	6:17	17:05.0
139	892	Jennifer PERMAN	43	F IA	3:40	4:18	2:54	6:15	17:07.0
140	799	Derek MOORE	26	M MO	3:13	4:54	3:28	5:33	17:08.0
141	343	Jeff ESSINK	37	M IA	2:33	4:57	2:56	6:47	17:13.0
142	1119	Lori TOWNSLEY	50	F IA	3:07	4:33	3:08	6:28	17:16.0
143	583	Marty KALTON	57	M IA	2:46	4:25	3:03	7:02	17:16.0
144	9	Tom MCGEE	59	M IL	3:11	4:30	3:02	6:35	17:18.0
145	351	Ron FAABORG	59	M IA	3:32	4:39	2:52	6:16	17:19.0
146	396	Sam GARNER	20	F IA	3:08	4:32	3:04	6:38	17:22.0
147	1175	Angela WELCH	50	F IA	3:21	4:20	3:07	6:38	17:26.0
148	1140	Barbara VAN WYK	33	F IA	3:07	4:27	2:45	7:07	17:26.0
149	725	Carolyn MCCARTHY	46	F IA	4:15	4:32	3:04	5:36	17:27.0
150	320	Jordyn ECKERT	22	F IA	2:55	4:25	2:40	7:29	17:29.0
151	398	Whitney GARRISON	22	F IA	3:05	4:47	3:25	6:15	17:32.0
152	896	Nick PICKERELL	28	M IA	3:10	4:41	2:47	6:54	17:32.0

153	1032	Kalese SHELDAHL	27	F IA	3:10	4:51	3:12	6:20	17:33.0
154	652	Jon LEDINSKY	40	M IA	3:15	4:39	3:07	6:35	17:36.0
155	1174	Alicia WEIGEL	40	F IA	3:02	5:11	2:35	6:49	17:37.0
156	1222	Norm WRIGLEY	43	M IA	3:34	4:26	3:19	6:19	17:38.0
157	1225	Neil WYSACKI	25	M IA	4:46	4:44	2:49	5:22	17:41.0
158	384	Shannon FRISK	41	F IA	3:32	4:54	3:01	6:15	17:42.0
159	1148	Jennifer VEENSTRA	38	F IA	3:30	4:45	3:00	6:27	17:42.0
160	1035	Larry SHIVERS	54	M IA	2:58	4:47	3:03	6:56	17:44.0
161	257	Ellyn COWAN	27	F IA	3:14	4:32	3:23	6:37	17:46.0
162	1149	Julia VILLALTA	28	F IA	3:30	4:46	3:08	6:23	17:47.0
163	537	Tyler HOUG	27	M IA	3:03	5:10	2:56	6:38	17:47.0
164	772	Tony MESSER	35	M IA	3:51	4:19	2:48	6:50	17:48.0
165	408	Kolton GILBERT	38	M IA	2:56	4:55	3:02	6:55	17:48.0
166	620	Mendy KRATOFIL	42	F IA	3:28	4:39	3:01	6:41	17:49.0
167	575	Kenna JOHNSON	43	F IA	3:39	4:40	3:11	6:20	17:50.0
168	62	Luke BACHMAN	19	M IA	2:54	5:04	3:30	6:22	17:50.0
169	985	Kelsey SADDORIS	22	F IA	3:40	4:45	3:02	6:23	17:50.0
170	322	Renee EDGAR	38	F IA	3:28	4:50	2:52	6:40	17:50.0
171	243	Zak COLE	27	M IA	3:04	4:54	3:25	6:30	17:53.0
172	569	Seth JOHNSON	27	M IA	3:53	4:18	3:10	6:32	17:53.0
173	592	Wyatt KELPE	13	M IA	3:19	4:49	3:07	6:38	17:53.0
174	99	Amy BELLOMA	45	F IA	3:22	4:54	2:57	6:40	17:53.0
175	214	Chace CHAMBERS	22	M IA	4:09	4:09	3:25	6:14	17:57.0
176	1198	Alex WILEY	28	M IA	3:31	4:52	3:08	6:26	17:57.0
177	1001	Frank SCAGLIONE	24	M IA	3:37	4:22	3:24	6:35	17:58.0
178	1176	Jim WELCH	34	M IA	3:30	4:45	3:16	6:28	17:59.0
179	480	Michele HAUGHT	44	F IA	3:26	4:56	3:07	6:32	18:01.0
180	81	Alice BARRETT	49	F IA	3:17	4:39	3:12	6:53	18:01.0
181	691	Mike MADDISON	48	M IA	3:04	4:32	3:11	7:14	18:01.0
182	1244	Scott BOLLES	30	M IA	3:11	5:19	3:14	6:18	18:02.0
183	365	Delilah FIDLER	16	F IA	3:48	4:43	3:03	6:28	18:02.0

184	333	Kristin ELLRICH	24	F IA	3:18	4:26	3:30	6:48	18:02.0
185	79	T-Bone BARP	12	M IA	3:25	4:19	3:08	7:10	18:02.0
186	798	Denise MOORE	54	F IA	3:18	4:57	3:26	6:25	18:06.0
187	1004	Laura SCHILTZ	30	F IA	3:45	4:53	3:07	6:23	18:08.0
188	1182	Courtney WEST	25	F IA	3:30	4:51	3:07	6:40	18:08.0
189	378	Wesley FRANKLIN	31	M IA	3:08	4:42	3:09	7:09	18:08.0
190	831	Ryan NEWTON	26	M IA	3:22	4:47	3:19	6:41	18:09.0
191	689	Ali MACKEY	27	F IA	3:22	4:51	3:08	6:48	18:09.0
192	95	Shawnda BEHR	34	IA	3:53	4:26	2:51	6:59	18:09.0
193	498	Aaron HEUSS	33	M IA	3:14	4:44	3:07	7:04	18:09.0
194	674	Greg LOCKWOOD	49	M IA	3:17	4:56	3:19	6:39	18:11.0
195	519	Buzz HOFFMAN	68	M IA	2:58	4:56	3:22	6:55	18:11.0
196	1284	Skyler OTTO	27	M IA	4:18	5:08	2:42	6:07	18:15.0
197	361	Whitney FERIN	27	F IA	4:03	4:43	3:10	6:21	18:17.0
198	611	Jackie KOHLER	33	F IA	3:04	4:42	3:16	7:15	18:17.0
199	1280	Ailey BREHMER	37	F IA	3:44	4:55	3:16	6:23	18:18.0
200	422	Jennifer GONZALEZ	35	F IA	3:31	4:50	3:12	6:45	18:18.0
201	101	Luke BENNETT	36	M IA	3:14	4:49	3:26	6:50	18:19.0
202	536	Barb HORSTMAN	48	F IA	3:33	4:50	3:16	6:41	18:20.0
203	399	Kayla GARVIN	26	F IA	3:47	4:54	3:15	6:25	18:21.0
204	241	Jessica COLE	35	F IA	3:33	4:57	3:16	6:37	18:23.0
205	221	Mark CHRISTENSEN	47	M IA	3:15	4:57	3:31	6:40	18:23.0
206	826	Tamra NERLAND	37	F MN	3:50	4:54	3:04	6:36	18:24.0
207	1122	Crystal TRUNNEL	34	F IA	3:02	4:43	3:20	7:19	18:24.0
208	671	Carson LINKENMEYER	20	M IA	3:11	4:59	3:20	6:56	18:26.0
209	1125	Melissa TURNIS	48	F IA	3:25	5:02	3:15	6:45	18:27.0
210	954	Tiffany ROBERTS	40	F IA	3:52	4:54	3:18	6:24	18:28.0
211	693	Maureen MAHER	58	F IA	3:27	4:53	3:27	6:41	18:28.0
212	1277	Jennifer CHRISTENSEN	37	F IA	3:34	4:54	3:11	6:49	18:28.0
213	945	Sarah RIESBERG	27	F IA	3:32	4:21	3:22	7:14	18:29.0
214	300	Shanlyn DOLL	36	F IA	3:51	4:39	3:11	6:50	18:31.0
215	566	Derek JOHNSON	34	M IA	3:19	4:47	3:03	7:22	18:31.0

216	990 Joe SALABA	21	M IA	3:29	5:09	3:07	6:48	18:33.0
217	278 Mario DEANGELO	31	M IA	3:09	5:24	3:02	6:58	18:33.0
218	271 Rachel DARLING	15	F IA	3:36	4:56	3:13	6:53	18:38.0
219	1091 Heather SWARTHOUT	40	F IA	3:40	4:48	3:12	7:00	18:40.0
220	1028 Brant SHARP	37	M IA	2:52	5:05	3:27	7:17	18:41.0
221	117 Laura BITTNER	23	F IA	3:28	5:02	3:15	6:58	18:43.0
222	50 Diana ANDREWS	39	F IA	4:20	4:43	3:10	6:31	18:44.0
223	1273 Tobit BOWLES	31	M IA	3:33	4:46	3:17	7:08	18:44.0
224	588 Emily KELL	40	F IA	3:32	5:04	3:18	6:51	18:45.0
225	1212 Kevin WITTROCK	60	M IA	3:43	4:56	3:21	6:47	18:47.0
226	1295 Amanda MATTHEWS		F	3:28	5:12	3:05	7:03	18:48.0
227	1211 Katie WITTMER	42	F IA	3:40	4:38	3:23	7:08	18:49.0
228	83 Jay BATCHELLER	60	M IA	3:16	4:45	3:22	7:26	18:49.0
229	352 Stacy FARR	45	F IA	3:54	5:01	3:15	6:40	18:50.0
230	1066 Jen STEEL	37	F IA	3:26	5:02	3:20	7:02	18:50.0
231	1167 Becky WEATHERS	48	F IA	3:39	4:47	3:22	7:02	18:50.0
232	225 Jessica CHRISTIE	37	F IA	3:13	4:55	3:10	7:33	18:51.0
233	1304 Jax HILL		F	3:19	4:44	3:17	7:32	18:52.0
234	189 Kimberly BUSSE-HATTING	49	F IA	3:25	5:10	3:28	6:50	18:53.0
235	358 Kelsey FELLER	25	F IA	3:26	5:04	3:22	7:01	18:53.0
236	595 Dana KENNEDY	42	F IA	3:55	4:44	3:39	6:36	18:54.0
237	543 Wendy HUNTLEY	39	F IA	3:27	5:09	3:18	7:00	18:54.0
238	539 Lucas HOWREY	40	M IA	3:21	5:00	3:27	7:06	18:54.0
239	822 Ashley NELSON	23	F IA	3:39	4:50	3:22	7:04	18:55.0
240	1059 Michael SPLITTGERBER	26	M IA	3:46	4:50	3:29	6:51	18:56.0
241	729 Richard MCCLINCY	54	M IA	3:28	5:20	3:28	6:42	18:58.0
242	769 Kyle MERFELD	12	M IA	3:36	5:10	3:10	7:02	18:58.0
243	1145 Andi VANDERHOFF	40	F IA	3:48	4:59	3:05	7:06	18:58.0
244	770 Emily MERFELD	9	F IA	3:33	5:09	3:11	7:06	18:59.0
245	266 Dan CUPPS	45	M IA	4:00	4:32	3:15	7:13	19:00.0
246	545 Terry HURLBURT	41	M IA	2:41	4:04	2:44	9:32	19:01.0

247	23	Brandon WEST	33	M IA	2:57	5:13	3:12	7:41	19:03.0
248	368	Jay FISHER	51	M IA	3:56	5:00	3:28	6:40	19:04.0
249	1056	Josh SPEER	36	M IA	2:39	5:27	3:18	7:40	19:04.0
250	893	Curtis PERRY	57	M IA	3:40	5:05	3:25	6:55	19:05.0
251	218	Kelly CHAPMAN	35	F IA	3:24	5:04	3:20	7:17	19:05.0
252	184	Brody BURNHAM	11	M IA	3:32	5:01	3:00	7:34	19:07.0
253	228	Candy CIMINO- CARTWRIGHT	40	F IA	3:40	4:57	3:27	7:04	19:08.0
254	910	Sara PUTHOFF	26	F SD	3:51	5:03	3:23	6:52	19:09.0
255	439	Amanda GRIFFIN	31	F IA	3:31	4:58	3:15	7:25	19:09.0
256	758	Mike MCLERAN	36	M IA	3:40	4:48	3:19	7:23	19:10.0
257	1266	Randy HANSEN	36	M IA	3:45	5:06	3:17	7:03	19:11.0
258	1204	Jason WILSON	37	M IA	3:40	4:57	3:30	7:04	19:11.0
259	950	Natalie RINDT	27	F IA	3:39	4:54	3:26	7:12	19:11.0
260	274	Mark DAVIS	58	M IA	3:33	4:57	3:43	7:00	19:13.0
261	1250	Holly PICKETT	38	F IA	5:16	4:32	3:51	5:37	19:16.0
262	873	Brocke PALMER	41	M IA	4:05	5:08	3:26	6:38	19:17.0
263	485	Ann HEGSTROM	60	F IA	3:04	5:06	3:02	8:05	19:17.0
264	342	Morgan ERPELDING	15	F IA	3:30	4:36	3:05	8:06	19:17.0
265	17	James ARTHUR	51	M IA	4:12	5:03	3:22	6:41	19:18.0
266	82	Kayla BASART	26	F IA	3:53	4:55	3:34	6:59	19:21.0
267	829	Nick NEWBURY	27	M IA	3:59	4:41	3:23	7:18	19:21.0
268	503	Amy HILL	40	F IA	4:08	5:15	3:23	6:37	19:23.0
269	123	Amy BOECKMANN	37	F IA	3:46	5:16	3:35	6:46	19:23.0
270	1041	Lisa SIMONETTA	57	F IA	3:38	5:15	3:35	6:55	19:23.0
271	1134	Kelly VAN GELDER	43	F IA	3:42	5:07	3:24	7:10	19:23.0
272	413	Kara GLASS	37	F IA	4:16	5:10	3:18	6:41	19:25.0
273	1060	Aaron SPOONER	24	M IA	3:08	5:14	3:36	7:27	19:25.0
274	1033	Thomas SHERZAN	30	M IA	2:43	5:36	3:26	7:40	19:25.0
275	1082	Steve STOERMER	47	M IA	3:37	5:13	3:17	7:20	19:27.0
276	1248	Rick HARMS-WAGAMAN	47	M IA	3:33	5:02	3:24	7:28	19:27.0
277	935	Chad RHOADS	40	M IA	3:19	5:26	2:55	7:48	19:28.0
278	608	Tara KLOCKE	33	F IA	3:41	5:23	3:38	6:49	19:31.0

279	88 Haley BEAN	20	F IA	3:52	5:12	3:26	7:01	19:31.0
280	558 Kayti JETER	34	F IA	3:59	5:10	3:20	7:02	19:31.0
281	613 Dave KOLBE	47	M IA	3:11	5:12	3:34	7:35	19:32.0
282	763 Valinn MCREYNOLDS	29	F IA	3:42	4:55	3:12	7:44	19:33.0
283	233 Andy CLARK	35	M IA	2:47	4:30	2:54	9:23	19:34.0
284	705 Shannon MART	39	F IA	4:19	5:14	3:25	6:37	19:35.0
285	857 Jennifer OLSON	28	F IA	3:55	4:49	3:08	7:43	19:35.0
286	409 Tim GILBERTSON	58	M IA	3:33	5:09	3:31	7:23	19:36.0
287	987 David SALABA	51	M IA	3:26	5:22	3:37	7:12	19:37.0
288	1233 Courtney ZOUSEL	30	F IA	3:46	4:56	3:27	7:28	19:37.0
289	1278 Casey PORT	40	M IA	3:30	5:00	4:05	7:03	19:38.0
290	421 Tate GOLIGHTLY	39	M IA	3:34	5:19	3:05	7:40	19:38.0
291	643 Jade LARUE	15	F IA	3:21	5:08	3:12	7:58	19:39.0
292	1045 Mac SLAUSON	37	M IA	3:06	5:32	3:19	7:43	19:40.0
293	694 Corey MAINES	27	M IA	3:20	5:10	3:24	7:46	19:40.0
294	175 Ashley BUEHLER	24	F IA	4:03	5:02	3:24	7:12	19:41.0
295	801 Jon MORRILL	34	M IA	3:00	5:13	3:33	7:55	19:41.0
296	466 Silas HANNEMAN	34	M IA	4:07	4:43	4:15	6:37	19:42.0
297	1038 Jeremy SHRUM	38	M IA	3:27	5:43	3:18	7:15	19:43.0
298	1133 Todd UTTER	29	M IA	2:57	5:01	3:11	8:36	19:45.0
299	879 Michelle PATTEN	26	F IA	3:21	5:17	3:25	7:43	19:46.0
300	863 Chism ORR	36	M IA	3:49	5:18	3:26	7:14	19:47.0
301	340 Kevin ERPELDING	48	M IA	3:53	5:13	3:15	7:26	19:47.0
302	1083 Renee STOHR	19	F IA	3:35	5:13	3:11	7:48	19:47.0
303	1234 Zachary THOMPSON	30	M DE	3:10	5:36	3:36	7:26	19:48.0
304	177 Michelle BUNKERS	46	F IA	4:05	5:13	3:26	7:06	19:50.0
305	78 Jenni BARP	42	F IA	3:31	5:21	3:39	7:19	19:50.0
306	486 Katrisha HEIDEMANN	44	F IA	4:10	5:20	3:28	6:54	19:52.0
307	681 Morgan LOSE	14	F IA	3:47	4:58	3:34	7:33	19:52.0
308	783 Kevin MILLIGAN	32	M IA	3:22	5:05	3:40	7:45	19:52.0
309	1115 Cris TILLINGHAST	66	F IA	4:01	5:22	3:21	7:09	19:53.0

310	505 Nicole HILL	42	F IA	3:42	5:15	3:25	7:31	19:53.0
311	1259 Mike BRANDERHORST	32	M IA	4:23	4:46	3:10	7:35	19:54.0
312	1165 Andrew WARREN	55	M IA	2:50	5:15	3:48	8:01	19:54.0
313	1071 Peter STEINFELD	63	M IA	3:43	4:54	3:25	7:53	19:55.0
314	778 Scott MILLER	53	M IA	3:47	5:15	3:33	7:21	19:56.0
315	915 Mark RAMSEY	57	M IA	3:26	5:21	3:20	7:49	19:56.0
316	560 Katie JOHNSON	31	F IA	4:03	5:14	3:36	7:09	20:02.0
317	412 Valerie GJERSVIK	50	F IA	3:53	5:38	3:18	7:13	20:02.0
318	56 Joe ATKINSON	38	M IA	3:31	4:51	3:46	7:54	20:02.0
319	642 Bianca LARUE	11	F IA	3:42	5:05	3:17	7:58	20:02.0
320	336 Kelly ENGLE	35	F IA	4:31	5:00	3:14	7:19	20:04.0
321	1227 Christopher YARKOSKY	33	M IA	3:35	5:18	3:46	7:25	20:04.0
322	598 Ava KETEL	10	F IA	3:55	5:08	3:17	7:44	20:04.0
323	676 Chantalle LONG	47	F IA	4:01	5:21	3:37	7:06	20:05.0
324	1092 Woody SWARTZENDRUBER	66	M IA	4:13	5:11	3:33	7:08	20:05.0
325	853 Rob OLNEY	42	M IA	4:07	5:03	3:42	7:15	20:07.0
326	1181 Kelley WERTS	42	M IA	3:50	5:14	3:29	7:34	20:07.0
327	434 Mike GRAVES	38	M IA	3:24	5:27	3:42	7:35	20:08.0
328	628 Jamie KURTZ	36	F IA	4:15	5:01	3:30	7:23	20:09.0
329	1029 Heidi SHARP	36	F IA	3:41	5:13	3:31	7:44	20:09.0
330	197 Montaveous CAMP	7	M IA	3:45	5:10	3:39	7:37	20:11.0
331	282 Jennifer DELPIERRE	38	F IA	3:56	5:08	3:18	7:49	20:11.0
332	756 Emma MCLERAN	7	F IA	3:50	5:11	3:40	7:32	20:13.0
333	559 Kyle JETER	35	M IA	3:36	5:44	3:44	7:10	20:14.0
334	33 Julie ADAMSON	51	F NE	4:10	5:12	3:36	7:16	20:14.0
335	929 Jonathon REEL	17	M IA	3:49	4:17	4:16	7:53	20:15.0
336	972 Braydon ROSS	10	M IA	4:30	4:56	3:26	7:24	20:16.0
337	159 Cara BROWN	31	F IA	3:54	5:29	3:39	7:15	20:17.0
338	273 David DARRAH	57	M IA	3:46	5:19	3:31	7:41	20:17.0
339	722 Dru MCANELLY	35	M IA	3:43	5:16	3:42	7:37	20:18.0
340	151 Adam BRINKMEIER	36	M IA	4:45	5:13	3:23	6:58	20:19.0

341	517 Katie HOFF	32	F IA	4:33	4:58	3:43	7:05	20:19.0
342	709 Jenna MARZEN	28	F IA	4:21	4:51	3:27	7:41	20:20.0
343	455 Mike HALUSKA	27	M IA	3:24	5:10	3:34	8:14	20:22.0
344	510 Jason HILLS	36	M IA	3:33	5:26	3:50	7:34	20:23.0
345	102 Sally BENNETT	36	F IA	3:44	5:32	3:28	7:39	20:23.0
346	250 Stacy COOK	37	F IA	4:01	5:28	4:00	6:55	20:24.0
347	968 Mauricio ROSALES	47	M IA	4:02	5:28	3:44	7:10	20:24.0
348	1054 Amy SONDERMAN	19	F IA	3:28	5:40	3:42	7:35	20:25.0
349	701 Rob MARINARO	43	M IA	3:45	5:22	3:29	7:50	20:26.0
350	906 Haley POWELL	26	F IA	4:06	5:31	3:34	7:16	20:27.0
351	242 Amber COLE	40	F IA	4:09	5:26	3:29	7:23	20:27.0
352	777 Diane MILLER	46	F IA	3:59	5:17	3:40	7:31	20:27.0
353	858 Cary OLSON	42	M IA	3:52	5:21	4:00	7:16	20:29.0
354	859 Grace OLSON	10	F IA	4:00	5:25	3:51	7:14	20:30.0
355	790 Joe MITTLESTADT	31	M IA	3:54	5:18	3:49	7:29	20:30.0
356	916 Zach RANDALL	33	M IA	3:32	6:18	3:19	7:23	20:32.0
357	557 Adam JERDEE	42	M IA	3:52	5:25	3:45	7:30	20:32.0
358	533 Cara HOLLINGWORTH	38	F IA	3:31	5:37	3:56	7:29	20:33.0
359	514 Kalena HODGE	11	F IA	4:06	5:37	3:09	7:41	20:33.0
360	286 Reece DEMUTH	9	M IA	3:41	5:05	3:36	8:11	20:33.0
361	1164 Scott WARNICK	45	M IA	3:30	6:05	4:01	6:58	20:34.0
362	77 Nicholas BARNING	11	M IA	3:51	5:18	3:49	7:36	20:34.0
363	1151 Kaci VISSER	34	F IA	3:56	5:30	3:29	7:42	20:37.0
364	156 Beth BROONER	29	F IA	3:49	5:31	3:29	7:48	20:37.0
365	752 Jesse MCLEARN-MONTZ	17	M IA	3:30	5:25	3:54	7:48	20:37.0
366	49 Richelle ANDERSON	36	F IA	3:36	5:25	3:45	7:52	20:38.0
367	527 Ben HOFFMAN	38	M IA	3:57	5:05	3:13	8:23	20:38.0
368	1249 Threase HARMS-WAGAMAN	40	M IA	4:02	5:25	3:50	7:23	20:40.0
369	1126 Muhamed TURSUNOVIC	30	M IA	3:55	5:09	3:51	7:45	20:40.0
370	820 Jennifer NEAL	33	F IA	4:24	5:26	3:38	7:14	20:42.0
371	391 Sarah FYNAARDT	26	F IA	3:44	5:26	3:55	7:37	20:42.0
372	1097 Lori TAHA	53	F IA	5:31	5:03	3:16	6:53	20:43.0

373	289	Stephanie	DERMODY	47	F	IA	4:05	5:29	3:34	7:35	20:43.0
374	465	Richard	HANNA	55	M	IA	3:37	5:43	3:41	7:42	20:43.0
375	1185	Mark	WESTERGAARD JR.	37	M	IA	2:48	5:35	3:54	8:26	20:43.0
376	445	Megan	GROVE	23	F	IA	3:33	5:22	3:55	7:55	20:45.0
377	416	Rachel	GLISSMANN	32	F	IA	3:26	5:30	3:35	8:14	20:45.0
378	245	Susan	COMSTOCK	39	F	IA	3:32	5:38	3:59	7:38	20:47.0
379	773	Amy	MEYER	45	F	IA	4:19	5:17	4:01	7:11	20:48.0
380	512	Korinthia	HINDERAKER	33	F	IA	4:05	5:18	3:49	7:36	20:48.0
381	1152	Charlie	VONGXAY	30	M	IA	4:35	6:27	3:04	6:43	20:49.0
382	1015	Julie	SCHWALBE	50	F	IA	4:16	5:33	3:29	7:31	20:49.0
383	839	Doug	NICODEMUS	45	M	IA	3:58	5:02	3:33	8:16	20:49.0
384	454	Jennifer	HALL	39	F	IA	4:07	5:19	3:42	7:42	20:50.0
385	593	Willa	KELPE	12	F	IA	3:35	5:21	2:51	9:06	20:53.0
386	1069	Grant	STEFFEN	26	M	IA	4:21	5:27	3:36	7:30	20:54.0
387	1187	Britta	WEY	31	F	IA	3:30	5:47	3:35	8:02	20:54.0
388	1086	Jen	STUDLEY	49	F	IA	3:28	5:45	3:34	8:07	20:54.0
389	516	Peter	HOFF	34	M	IA	4:24	4:54	3:34	8:06	20:58.0
390	311	Dylan	DOUGHERTY	12	F	IA	3:58	5:08	3:21	8:32	20:59.0
391	132	Brad	BOTOS	46	M	IA	3:31	5:32	3:56	8:02	21:01.0
392	698	Lawrence	MANN	57	M	IA	4:02	5:25	4:10	7:25	21:02.0
393	1303	Jim	WILLIAMS		M		3:58	5:25	3:43	7:56	21:02.0
394	612	Lynette	KOHTZ	47	F	IA	4:15	5:34	3:38	7:36	21:03.0
395	534	Mj	HOLMES	36	F	IA	3:52	5:36	3:47	7:48	21:03.0
396	926	Frank	REED	53	M	IA	3:56	5:24	3:50	7:54	21:04.0
397	1011	Karla	SCHUMACHER	44	F	IA	4:28	5:31	3:44	7:22	21:05.0
398	401	Emily	GENTRY	32	F	IA	4:12	5:18	3:41	7:55	21:06.0
399	541	Dustin	HUFFMAN	28	M	IA	3:00	4:52	3:40	9:36	21:08.0
400	734	Chance	MCDONALD	13	M	IA	3:33	5:34	4:05	7:57	21:09.0
401	1169	Amy	WEEDA	28	F	IA	4:23	5:41	3:52	7:14	21:10.0
402	444	Steve	GROSS	56	M	IA	4:07	5:37	4:03	7:23	21:10.0
403	680	Janet	LOSE	42	F	IA	3:39	5:38	3:35	8:18	21:10.0

404	856	Marissa OLSON	12	F IA	3:45	5:30	3:45	8:11	21:11.0
405	696	Dawn MALLOY	42	F IA	3:56	5:48	3:51	7:37	21:12.0
406	528	Christy HOFSAESS	46	F IA	3:59	5:42	3:44	7:47	21:12.0
407	1144	Michael VANDER VEEN	26	M IA	3:34	5:31	3:51	8:19	21:15.0
408	1219	Brandon WOOLERY	30	M IA	4:24	5:37	3:33	7:42	21:16.0
409	913	Rachael RAAF	27	F IA	4:06	5:23	3:55	7:52	21:16.0
410	453	Tricia HALBROOK	37	F IA	4:09	5:30	3:37	8:00	21:16.0
411	946	Roxanne RIESBERG	39	F IA	3:26	5:52	3:46	8:12	21:16.0
412	334	Brooke ELLWANGER	26	F IA	3:52	5:34	3:52	7:59	21:17.0
413	1007	Nicole SCHNEIDER	22	F IA	4:20	5:35	3:49	7:34	21:18.0
414	44	Kari ANDERSON	42	F IA	4:03	5:42	3:56	7:38	21:19.0
415	905	Rob POTERUCHA	26	M IA	3:23	5:41	4:13	8:02	21:19.0
416	881	Megan PATTON	28	F IA	3:36	5:53	4:12	7:39	21:20.0
417	755	Kayla MCLERAN	35	F IA	3:36	5:16	4:20	8:09	21:21.0
418	1252	Thomas KUCALA	23	F IA	4:34	6:09	2:41	7:58	21:22.0
419	145	Bianca BRASHEAR	31	F IA	3:43	5:56	4:05	7:39	21:23.0
420	1019	Julia SEATON	51	F IA	3:34	5:54	3:44	8:11	21:23.0
421	746	Jennifer MCELDERRY	28	F IA	4:11	5:19	3:53	8:02	21:25.0
422	128	Bryon BOGGS	34	M IA	4:47	5:39	3:48	7:12	21:26.0
423	337	Reagan ENGLEMAN	19	F IA	3:49	5:19	4:17	8:03	21:28.0
424	1294	Andrew BERGMON		M	3:35	5:56	3:45	8:13	21:29.0
425	310	Mindy DOUGHERTY	36	F IA	4:19	5:16	3:12	8:42	21:29.0
426	1123	Michael TUCKER	32	M IA	3:03	6:00	4:38	7:52	21:33.0
427	513	Megan HOCKEMEIER	40	F IA	4:19	5:42	3:46	7:48	21:35.0
428	227	Jason MUSELMAN	34	M IA	4:04	5:47	3:47	7:57	21:35.0
429	511	Joshua HINDERAKER	36	M IA	4:00	5:18	3:55	8:22	21:35.0
430	1156	Jennifer WAGNER	36	F IA	4:27	5:51	3:55	7:23	21:36.0
431	341	Denise ERPELDING	43	F IA	4:17	5:32	3:48	7:59	21:36.0
432	1006	Tim SCHMITT	46	M IA	3:57	5:48	3:51	8:00	21:36.0
433	1195	Richard WIEDERIEN	44	M WA	4:29	4:15	6:46	6:07	21:37.0
434	1201	Mia WILLIAMS	34	F IA	4:16	5:37	3:52	7:55	21:40.0
435	253	Sarah COPPLE	36	F IA	4:41	5:29	3:51	7:40	21:41.0

436	1005	Kristina SCHMIDT	45	F IA	4:08	4:59	3:24	9:10	21:41.0
437	561	Kyle JOHNSON	28	M IA	4:05	5:48	3:51	7:58	21:42.0
438	57	Melissa AUSBORN	30	F IA	3:59	5:33	4:00	8:10	21:42.0
439	287	Daniel DENNIS	43	M IA	4:09	5:41	3:57	7:56	21:43.0
440	961	Kathleen RODDE	55	F IA	4:07	5:43	3:53	8:01	21:44.0
441	1037	Angela SHOFÉ	34	F IA	3:51	6:00	3:30	8:23	21:44.0
442	768	Kristin MERFELD	42	F IA	3:56	5:52	3:52	8:05	21:45.0
443	1232	Elizabeth ZINK	28	F IA	3:17	6:02	4:13	8:13	21:45.0
444	607	Meghan KLIER	31	F IA	4:26	5:51	4:18	7:12	21:47.0
445	1239	Vaun DEJONG	55	M IA	3:58	5:58	3:57	7:54	21:47.0
446	204	Jeremy CARROLL	33	M IA	4:29	5:13	4:07	7:58	21:47.0
447	203	Gina CARROLL	35	F IA	3:58	6:12	4:11	7:27	21:48.0
448	153	Shelly BROKAW	42	F IA	3:47	5:45	3:54	8:22	21:48.0
449	673	Joni LIVERMORE	56	F IA	3:51	6:06	3:52	8:00	21:49.0
450	605	Kayla KLEIHAUER	27	F IA	4:02	5:42	3:56	8:09	21:49.0
451	724	Jacob MCCANDLESS	34	M IA	3:19	5:57	4:13	8:21	21:50.0
452	645	Susan LASH	56	F IL	3:27	5:57	4:01	8:27	21:52.0
453	1141	Adrienne VANCE	41	F IA	4:06	5:47	4:10	7:53	21:56.0
454	1272	Sukanya BOGGESS	49	F IA	3:39	5:41	3:49	8:49	21:58.0
455	299	Vickie DOERR	49	F IA	4:32	5:40	4:06	7:44	22:02.0
456	215	Katie CHAMPLIN	33	F IA	4:06	5:47	4:14	7:55	22:02.0
457	125	Steve BOER	1	M IA	3:35	5:52	4:09	8:26	22:02.0
458	771	Stephany MESSER	36	F IA	4:16	5:56	3:44	8:08	22:04.0
459	843	Kristen NORDAKER	27	F IA	5:38	5:45	3:34	7:08	22:05.0
460	1166	Kris WARREN	52	F IA	3:57	5:57	3:50	8:21	22:05.0
461	329	Chelsea EKELER	23	F IA	5:00	5:47	3:49	7:30	22:06.0
462	1088	Amber SULESKEY	25	F IA	4:10	5:49	3:59	8:08	22:06.0
463	1073	Sarah STEVENS	34	F IA	5:03	5:33	4:02	7:29	22:07.0
464	1137	Bryan VAN GELDER	41	M IA	3:33	6:34	3:59	8:01	22:07.0
465	614	Jennifer KONRAD	23	F IA	5:14	5:43	4:05	7:07	22:09.0
466	571	Wendy JOHNSON	35	F IA	4:35	5:45	3:38	8:11	22:09.0

467	1238	Ashley DEJONG	30	F IA	4:10	5:58	4:02	8:00	22:10.0
468	290	Joni DEVRIES	51	F IA	4:18	5:49	3:36	8:27	22:10.0
469	305	Andi DONAGHY	54	F IA	4:35	5:58	3:47	7:51	22:11.0
470	48	Eric ANDERSON	54	M IA	4:27	5:46	4:07	7:51	22:11.0
471	596	Jeanie KERBER	44	F IA	3:49	6:11	3:58	8:14	22:12.0
472	170	Lori BRYAN	34	F IA	4:26	5:31	3:52	8:23	22:12.0
473	379	Evan FRATZKE	33	M IA	3:46	5:52	3:51	8:43	22:12.0
474	1112	Brittany THORNTON	29	F IA	7:11	4:20	3:51	6:52	22:14.0
475	32	Matt ADAMS	29	M IA	3:31	5:55	3:50	8:59	22:15.0
476	192	Bart CALDWELL	45	M IA	5:45	7:46	4:03	4:43	22:17.0
477	494	Aubrey HERMANN	9	F IA	4:03	5:53	4:39	7:42	22:17.0
478	276	Scott DEAN	52	M IA	4:23	5:44	3:53	8:18	22:18.0
479	1061	Hilary SPRAGUE -NGUYEN	36	F IA	3:52	5:54	3:58	8:34	22:18.0
480	936	Abbey RHOADS	30	F IA	4:24	5:42	4:03	8:12	22:21.0
481	880	Shawn PATTEN	28	M IA	3:28	6:30	4:33	7:51	22:22.0
482	634	Andy LANCIAL	35	M IA	3:13	6:18	4:38	8:13	22:22.0
483	647	Melisha LAUER	22	F IA	4:00	6:02	3:47	8:33	22:22.0
484	1135	Brett VAN GELDER	11	M IA	4:16	6:21	3:25	8:21	22:23.0
485	875	Jennifer PARKER	43	F IA	4:35	5:35	3:51	8:22	22:23.0
486	171	Samantha BRYAN	9	F IA	4:33	5:33	3:52	8:25	22:23.0
487	753	Alan MCLEARN-MONTZ	58	M IA	4:02	6:07	4:03	8:12	22:24.0
488	46	Becca ANDERSON	38	F IA	3:31	5:31	3:36	9:47	22:25.0
489	433	Phil GRANT	31	M IA	4:02	5:55	4:08	8:21	22:26.0
490	105	John BERGMAN	59	M IA	3:41	6:02	4:17	8:26	22:26.0
491	108	Amanda BERRYHILL	20	F IA	3:48	6:01	3:53	8:44	22:26.0
492	372	Rachel FLINT	39	F IA	4:34	6:00	4:04	7:49	22:27.0
493	144	Lindsey BRANDERHORST	25	F IA	4:10	5:55	4:19	8:04	22:28.0
494	1178	Stephanie WELLS	36	F IA	4:06	6:31	3:42	8:09	22:28.0
495	618	Julie KORDICK	57	F IA	4:29	5:36	3:55	8:28	22:28.0
496	148	Danielle BREON	29	F IA	3:57	6:06	3:57	8:28	22:28.0
497	1036	Christine SHIVERS	50	F IA	3:54	5:58	4:05	8:31	22:28.0
498	223	Andreas CHRISTIANSON	34	M IA	3:36	5:49	4:23	8:40	22:28.0

499	389	Johnna FUSON	53	F IA	4:36	5:41	4:06	8:06	22:29.0
500	702	Janae MARINER	26	F IA	4:25	5:56	3:59	8:09	22:29.0
501	429	Meredith GRAHAM	23	F IA	5:06	5:43	3:58	7:43	22:30.0
502	998	Andrea SANDS	48	F IA	4:18	5:18	4:05	8:49	22:30.0
503	244	Todd COLEMAN	45	M IA	4:01	5:27	3:32	9:32	22:32.0
504	975	Andy ROWLAND	31	M IA	4:25	6:08	3:54	8:08	22:35.0
505	1155	Julie WAGNER	45	F IA	4:42	5:44	4:02	8:08	22:36.0
506	712	Josh MASTERS	38	M IA	4:19	5:52	4:04	8:22	22:37.0
507	762	Janna MCRAV	28	F IA	4:15	6:05	4:05	8:14	22:39.0
508	748	Brenda MCGRAW	54	F IA	3:46	6:17	4:06	8:30	22:39.0
509	599	Del Rae KEY	30	F IA	3:49	5:23	6:06	7:22	22:40.0
510	488	Shelby HELLMER	23	F IA	4:41	5:58	4:06	7:55	22:40.0
511	158	Tiffany BROTHERSON	31	F IA	4:22	5:57	3:42	8:39	22:40.0
512	414	George GLASS	38	M IA	3:03	5:47	4:14	9:36	22:40.0
513	400	Mary Jo GAZZO	51	F IA	4:24	5:43	3:48	8:47	22:42.0
514	481	Jill HAWK	31	F IA	4:19	6:32	3:45	8:08	22:44.0
515	1065	Holly STECKER	35	F IA	4:33	5:42	4:28	8:03	22:46.0
516	1173	Amy WEHRENBURG	33	F IA	3:18	6:19	3:50	9:19	22:46.0
517	179	Chris BURGMEIER	37	M IA	5:09	6:21	4:28	6:49	22:47.0
518	139	Casey BOYLE	33	F IA	4:42	5:59	4:03	8:03	22:47.0
519	1138	Jamie VAN PELT	34	F IA	4:06	6:00	4:16	8:25	22:47.0
520	690	Sharon MACKEY	53	F IA	4:24	6:10	3:59	8:16	22:49.0
521	1171	Dusty WEEKS	31	F IA	4:00	5:09	4:13	9:27	22:49.0
522	529	Jennifer HOGUE	40	F IA	4:28	5:46	4:06	8:30	22:50.0
523	1064	Amanda STECKER	32	F IA	5:07	5:58	3:44	8:02	22:51.0
524	717	Ryan MAY	29	M IA	4:07	6:18	3:53	8:34	22:52.0
525	850	Samantha O'HARA	42	F IA	4:23	5:53	4:26	8:11	22:53.0
526	700	Stacy MAREAN	46	F IA	4:23	5:48	3:57	8:45	22:53.0
527	1236	Jeff RHOADS	59	M IA	4:22	5:32	4:06	8:53	22:53.0
528	555	Kelly JELLINGS	31	F IA	4:27	6:24	3:56	8:08	22:55.0
529	309	Mary DOORNINK	48	F IA	5:31	5:52	4:00	7:37	23:00.0

530	1258	Brian ONSTOT	21	M IA	4:41	7:03	2:50	8:28	23:02.0
531	119	Jonathan BLAYER	37	M IA	4:09	5:57	4:06	8:50	23:02.0
532	687	Randall LYNCH	66	M IA	4:30	6:13	3:56	8:30	23:09.0
533	380	Larry FREEMAN	47	M IA	4:38	6:03	4:23	8:06	23:10.0
534	312	Ayden DOWNING	8	M IA	4:10	6:08	4:17	8:36	23:11.0
535	885	Kelli PAYNE	45	F IA	4:41	5:45	4:21	8:25	23:12.0
536	572	Lisa JOHNSON	30	F IA	4:28	5:39	3:59	9:07	23:13.0
537	1021	Gale SEILER	59	F IA	4:36	5:50	4:04	8:46	23:16.0
538	796	Lisa MOONEY	41	F IA	5:09	6:14	4:20	7:34	23:17.0
539	1160	Emily WALTZ	28	F IA	4:25	6:17	4:14	8:21	23:17.0
540	456	Michael HAM	45	M IA	4:02	5:16	4:14	9:45	23:17.0
541	1046	John SLAYTON	25	M IA	3:07	7:31	3:53	8:47	23:18.0
542	1292	Betsy NUSBAUM		F	3:57	6:45	4:09	8:28	23:19.0
543	759	Mylea MCNEELEY	33	F IA	4:33	5:52	4:11	8:44	23:20.0
544	675	John LONG	42	M IA	4:00	6:24	3:54	9:03	23:21.0
545	424	Ali GORMAN	12	F IA	3:39	6:37	4:00	9:05	23:21.0
546	789	Stephanie MITCHELL	42	F IA	4:30	5:51	4:03	8:58	23:22.0
547	963	Natalie ROHLFSEN	25	F IA	4:06	6:11	4:13	8:55	23:25.0
548	686	Sean LUNDE	29	M IA	4:14	5:46	4:04	9:22	23:26.0
549	582	Jordan KADLECEK	24	F IA	3:48	7:01	4:26	8:12	23:27.0
550	19	Brian WEBB	40	M IA	3:12	4:54	2:54	12:30	23:30.0
551	630	Kim LACEY	40	F IA	5:04	7:06	3:52	7:29	23:31.0
552	236	Brian CLARK	51	M IA	4:45	6:02	4:07	8:39	23:33.0
553	774	Sarah MIDDENDORF	39	F IA	4:08	5:45	4:01	9:39	23:33.0
554	1068	Patrick STEELE	34	M IA	5:24	5:44	4:30	7:56	23:34.0
555	581	Chuck KADLECEK	56	M IA	3:57	6:42	4:29	8:26	23:34.0
556	1095	Suzette SYLPH	44	F IA	4:31	6:00	4:17	8:46	23:34.0
557	96	Cara BEHRENS	37	F IA	4:30	6:09	3:56	9:00	23:35.0
558	908	Sandy POWGNAS	59	F IA	4:38	6:10	4:13	8:36	23:37.0
559	556	Heidi JENSEN	36	F IA	3:59	6:21	4:18	8:59	23:37.0
560	650	Deborah LAYLAND	61	F IA	4:11	6:24	4:02	9:00	23:37.0
561	306	Deidre DONNER	30	F IA	4:21	6:17	3:43	9:17	23:38.0

562	1170	Amanda WEEKS	30	F IA	4:12	5:55	4:03	9:28	23:38.0
563	103	Michelle BENSCHOTER	40	F IA	4:10	6:12	4:00	9:17	23:39.0
564	426	Sheldon GRABER	59	M IA	4:24	6:45	4:11	8:20	23:40.0
565	802	Leslie MORRIS	40	F IA	4:25	5:57	4:13	9:06	23:41.0
566	655	Ashlie LEE	26	F IA	4:17	6:27	4:22	8:38	23:44.0
567	603	Paula KIRKPATRICK	50	F IA	4:43	6:04	4:04	8:55	23:46.0
568	1168	Heather WEBER	33	F IA	5:21	5:51	4:08	8:27	23:47.0
569	492	Rachel HENRY	46	F IA	4:27	6:12	4:34	8:35	23:48.0
570	901	Leeann PITTMAN	57	F IA	4:18	6:26	4:14	8:50	23:48.0
571	359	Caitlyn FERIN	27	F IA	4:15	6:12	4:20	9:01	23:48.0
572	515	Cynthia HOFER	36	F IA	4:18	6:23	4:04	9:03	23:48.0
573	1142	Nikki VANDELLO	42	F IA	4:38	6:46	4:03	8:22	23:49.0
574	1043	Emma SIRFUS	17	F IA	4:31	6:39	3:47	8:54	23:51.0
575	275	Stacy DAVIS	37	F IA	4:37	6:48	4:12	8:16	23:53.0
576	562	Vern JOHNSON	58	M IA	4:56	6:25	4:12	8:22	23:55.0
577	1287	Chris COMES	39	M IA	4:04	6:26	4:33	8:52	23:55.0
578	141	Drew BRACKEN	54	M IA	4:20	6:18	3:56	9:21	23:55.0
579	1067	Jamie STEELE	34	F IA	5:28	5:53	4:28	8:08	23:57.0
580	586	Greg KEEN	36	M IA	4:06	6:19	4:46	8:48	23:59.0
581	161	Don BROWN	62	M IA	3:49	6:27	4:28	9:15	23:59.0
582	597	Grant KETEL	46	M IA	4:24	5:58	4:04	9:35	24:01.0
583	1251	Ron MEINDERS	36	M IA	6:21	5:42	3:47	8:13	24:03.0
584	894	Lindy PETERSON	20	F IA	4:19	6:55	4:08	8:41	24:03.0
585	995	Tyler SANDQUIST	21	M IA	4:13	6:09	4:37	9:04	24:03.0
586	339	Don ENRIGHT	44	M IA	3:42	6:55	5:11	8:16	24:04.0
587	1161	Kristen WARD	39	F IA	4:38	6:01	4:10	9:15	24:04.0
588	107	Marcy BERNHOLTZ	27	F IA	4:43	5:51	4:09	9:23	24:06.0
589	1226	Katie YAKEL	31	F IA	4:24	6:19	4:31	8:53	24:07.0
590	703	Jeremy MARSHALL	39	M IA	4:43	6:17	4:13	8:54	24:07.0
591	1008	Kaitlyn SCHOLZ	27	F IA	3:45	6:04	4:01	10:19	24:09.0
592	138	Rozalyn BOYER	58	F IA	4:29	6:18	4:34	8:49	24:10.0

593	207 Pam CARTER	55	F IA	4:36	6:36	4:34	8:26	24:12.0
594	1000 Christina SCAGLIONE	36	F IA	4:20	6:22	3:58	9:32	24:12.0
595	1025 Linda SEVERINO	56	F IA	4:46	6:08	4:17	9:02	24:13.0
596	210 Sheila CATRON	40	F IA	4:40	6:06	4:35	8:53	24:14.0
597	1268 Mike HAM	45	M IA	5:36	6:17	3:06	9:17	24:16.0
598	1267 Nevin TUCKER	48	M IA	3:58	6:16	3:50	10:12	24:16.0
599	525 Edward HOFFMAN	57	M IA	4:03	6:02	4:16	9:58	24:19.0
600	840 Kris NIELSEN	52	F IA	4:28	6:26	4:38	8:50	24:22.0
601	590 Amy KELPE	40	F IA	4:43	6:35	4:09	8:55	24:22.0
602	1286 Ashley DEETH	30	F IA	4:24	6:28	4:19	9:11	24:22.0
603	307 Shianne DONNER	12	F IA	4:24	6:24	4:08	9:27	24:23.0
604	178 Julie BURGER	35	F IA	4:14	6:49	4:22	8:59	24:24.0
605	467 Dihana HANSCH	25	F IA	4:26	6:27	4:19	9:12	24:24.0
606	912 Damon QUICK	46	M IA	4:16	5:52	4:46	9:31	24:25.0
607	263 Cody CRUMES	33	M IA	3:28	6:04	4:00	10:53	24:25.0
608	181 Jennifer BURKHART	36	F IA	4:11	6:31	4:19	9:25	24:26.0
609	992 Brianne SANCHEZ	30	F IA	4:33	6:21	4:14	9:20	24:28.0
610	191 Crystal CADY	33	F IA	4:13	6:21	4:12	9:42	24:28.0
611	395 John GARDNER	60	M IA	5:30	7:42	3:57	7:20	24:29.0
612	749 Nathan MCGRAW	31	M IA	3:57	6:19	4:56	9:17	24:29.0
613	1263 Christopher WEISHAAR	37	M IA	8:17	5:49	3:51	6:35	24:32.0
614	999 Ann SATTERLY	64	F IA	4:58	6:30	4:23	8:41	24:32.0
615	882 Amy PAULHUS	52	F IA	4:33	6:33	4:26	9:00	24:32.0
616	1269 Matt HEINZ	41	M IA	4:07	6:55	4:20	9:13	24:35.0
617	780 Sherri MILLER	56	F IA	4:42	6:20	4:09	9:24	24:35.0
618	970 Mark ROSS	49	M IA	5:07	6:23	4:05	9:02	24:37.0
619	375 Randi FORSCHLER	30	F IA	4:48	6:16	4:18	9:16	24:38.0
620	524 Anna HOFFMAN	35	F IA	5:19	7:12	4:20	7:49	24:40.0
621	1261 Brad TERLOUW	31	M IA	5:01	8:14	3:22	8:10	24:47.0
622	247 Elizabeth CONDIT	26	F IA	5:00	6:11	4:58	8:40	24:49.0
623	1072 Joleen STEPHENSON	54	F IA	4:50	6:34	4:27	9:01	24:52.0

624	677 Westley LONG	20	M IA	3:40	7:07	4:23	9:44	24:54.0
625	73 Renae BANDSTRA	47	F IA	4:30	6:23	4:21	9:41	24:55.0
626	1190 Kala WHITE	34	F IA	4:31	7:10	4:35	8:42	24:58.0
627	452 Marcy HAHN	57	F IA	4:21	6:25	4:32	9:41	24:59.0
628	249 Kristina CONNER	46	F IA	4:54	6:24	4:21	9:23	25:02.0
629	150 Steve BRIGHT	63	M IA	4:18	6:16	4:25	10:03	25:02.0
630	1242 Emily LEWIS	28	F IA	3:55	6:37	4:05	10:26	25:03.0
631	897 Andy PIESTER	38	M IA	4:07	6:53	5:19	8:45	25:04.0
632	491 William HENNINGER	52	M IA	4:20	6:28	4:25	9:53	25:06.0
633	567 Brandi JOHNSON	31	F IA	6:19	6:08	4:02	8:38	25:07.0
634	921 Alissa RAUSER	36	F IA	4:31	6:13	5:12	9:12	25:08.0
635	1288 Sue BATES	58	F IA	4:33	6:30	4:30	9:37	25:10.0
636	135 Josh BOWLSBY	35	M IA	4:56	6:45	4:30	9:00	25:11.0
637	1099 Marisa TANK	33	F IA	4:06	7:03	4:20	9:42	25:11.0
638	1051 Sabina SMLATIC	40	F IA	4:26	6:29	4:27	9:53	25:15.0
639	1153 Justine VONGXAY	31	F IA	4:32	6:26	4:15	10:06	25:19.0
640	837 Lacy NICHOLSON	28	F IA	7:17	5:43	4:03	8:20	25:23.0
641	871 Kevin PALMER	53	M IA	4:18	6:29	4:56	9:43	25:26.0
642	889 Nick PEARSON	23	M IA	4:14	6:10	4:37	10:26	25:27.0
643	363 Jessica FERRIS	30	F IA	4:44	6:51	4:07	9:52	25:34.0
644	94 Jessica BEERBOWER	35	F IA	3:03	5:09	3:16	14:06	25:34.0
645	747 Chelsey MCENTEE	25	F IA	5:14	6:51	4:54	8:36	25:35.0
646	327 Jeff MUSELMAN	38	M IA	4:28	6:06	4:31	10:31	25:36.0
647	923 Lisa REDLINGER	35	F IA	4:39	6:46	4:06	10:07	25:38.0
648	648 Jerry LAVELY	59	M IA	4:25	6:15	4:28	10:33	25:41.0
649	1208 Sarah WINFREY	37	F IA	5:07	6:32	4:38	9:25	25:42.0
650	270 Denise DARLING	24	F IA	4:09	6:41	4:21	10:31	25:42.0
651	411 Maggie GITTINS	60	F IA	4:48	7:03	4:30	9:22	25:43.0
652	617 Mike KORDICK	53	M IA	4:23	6:25	4:18	10:37	25:43.0
653	1297 Larry BRADSHAW		M	5:36	7:15	4:36	8:17	25:44.0
654	604 Chris KITT	41	M IA	4:17	6:27	4:49	10:13	25:46.0

655	1117	Stacie TITTERINGTON	37	F IA	4:42	6:43	4:46	9:36	25:47.0
656	623	Emma KUETER	28	F IA	3:57	7:30	4:18	10:03	25:48.0
657	65	Jordan BAGLEY	26	F IA	4:33	6:40	4:23	10:12	25:48.0
658	406	Elaina GIBBS	35	F IA	4:39	6:45	4:53	9:32	25:49.0
659	553	John IRVING	58	M IA	4:18	6:30	4:13	10:51	25:52.0
660	1090	Gina SUNDERMANN	33	F IA	4:51	6:20	5:08	9:34	25:53.0
661	1089	Reeio SUMABAT	29	F IA	4:50	6:57	4:38	9:29	25:54.0
662	1285	Irma JUSUFOUIC	24	F IA	4:35	6:01	4:36	10:42	25:54.0
663	231	Craig CLABAUGH	45	M IA	4:07	6:21	5:09	10:18	25:55.0
664	943	Vickie RICHTER	65	F IA	4:38	6:23	4:30	10:24	25:55.0
665	838	Claire NICODEMUS	31	F IA	4:30	5:54	5:02	10:35	26:01.0
666	713	Vivian MASTERS	57	F IA	4:49	6:56	4:30	9:48	26:03.0
667	127	Sadie MUSELMAN	7	F IA	4:39	5:57	4:54	10:34	26:04.0
668	1077	Kimberly STIELER	30	F IA	4:50	6:21	4:47	10:07	26:05.0
669	1116	Janet TIPPETT	64	F IA	4:49	6:37	4:35	10:05	26:06.0
670	663	Lisette LENNINGER	36	F IA	4:31	6:50	4:26	10:21	26:08.0
671	638	Kellie LARSON	22	F IA	8:16	5:33	3:58	8:22	26:09.0
672	451	Emily HAASE	37	F IA	5:19	6:44	4:55	9:12	26:10.0
673	697	Alma MAMELEDZIJA	28	F IA	4:38	7:09	4:51	9:36	26:14.0
674	835	Noel NICHOLAS	49	F IA	4:38	6:41	4:56	10:01	26:16.0
675	716	Scott MAVIN	42	M IA	4:26	7:13	4:42	9:56	26:17.0
676	1098	Kelly TANG	49	F IA	4:36	6:24	4:33	10:44	26:17.0
677	295	Jackie DIERSEN	36	F IA	4:54	6:52	4:33	10:03	26:22.0
678	1094	Jacquelyn SWIM	30	F IA	4:55	7:11	4:02	10:15	26:23.0
679	332	Amy ELLIOTT	33	F IA	4:39	7:07	4:46	9:52	26:24.0
680	1262	Tyler ROMMEL	24	M IA	8:21	6:21	3:58	7:46	26:26.0
681	493	Rhiannon HERMANN	37	F IA	5:01	6:23	4:49	10:15	26:28.0
682	898	Sheena PIKE	28	F IA	4:58	7:15	4:05	10:11	26:29.0
683	1075	Wendy STEWARD	47	F IA	4:34	7:08	5:05	9:46	26:33.0
684	328	Jeff EGGE	37	M IA	5:04	7:11	4:41	9:38	26:34.0
685	475	Christina HARRIS	25	F IA	4:54	6:35	5:00	10:05	26:34.0

686	683 Ashley LUEDTKE	15	F IA	4:16	7:02	4:44	10:35	26:37.0
687	52 Kerry ARBUCKLE	54	M IA	4:35	6:35	4:18	11:09	26:37.0
688	43 Beth ANDERSEN	52	F IA	5:09	7:08	4:35	9:46	26:38.0
689	899 Tia PILLARD	15	F IA	4:11	6:30	4:09	11:48	26:38.0
690	904 Erin PORTER	32	F IA	4:37	8:08	4:14	9:40	26:39.0
691	1023 Kate SELDEN-EGGE	36	F IA	5:07	7:14	4:44	9:35	26:40.0
692	1179 Kathy WENNIHAN	56	F IA	5:16	6:49	4:53	9:42	26:40.0
693	318 Branka DZOLOTA	34	M IA	3:14	7:47	4:39	11:00	26:40.0
694	866 Michelle OUVerson	52	F IA	4:53	6:23	4:35	10:51	26:42.0
695	544 Michelle HURLBURT	39	F IA	4:59	7:01	5:08	9:36	26:44.0
696	1016 Tracy SCHWARZENBACH	48	F IA	4:36	6:28	4:32	11:13	26:49.0
697	637 Ashley LAPPE	31	F IA	4:25	5:53	3:40	12:51	26:49.0
698	1257 Chad ANTHONY	39	M IA	4:30	9:14	3:36	9:31	26:51.0
699	255 Debbi CORNELL	55	F IA	4:44	7:02	4:24	10:42	26:52.0
700	973 Adam ROTTER	26	M IA	7:18	#REF!	8:53	20:23	26:52.0
701	1291 Paul MCDERMOT		M	4:36	6:50	4:42	10:45	26:53.0
702	386 Patrick FULTZ	58	M IA	4:23	7:06	4:46	10:42	26:57.0
703	938 Justin RICE	38	M IA	4:14	7:22	4:41	10:41	26:58.0
704	810 Kristyn MURPHY	34	F IA	5:06	7:05	4:59	9:54	27:04.0
705	781 Lauren MILLER	27	F IA	4:35	7:12	4:45	10:33	27:05.0
706	272 Sandi DARLING	54	F IA	4:59	7:05	4:41	10:26	27:11.0
707	546 Kate HURLEY	24	F IA	4:39	7:03	4:27	11:02	27:11.0
708	1050 Bob SMITHSON	54	M IA	4:46	7:01	4:40	10:45	27:12.0
709	393 Kyle GAMBLE	46	M IA	4:21	6:18	5:45	10:48	27:12.0
710	996 Kathleen SANDQUIST	25	F IA	4:37	7:04	4:31	11:00	27:12.0
711	252 Michaele COOPER	49	F IA	4:54	7:44	4:48	9:47	27:13.0
712	907 Kent POWGNAS	54	M IA	4:25	7:11	3:58	11:45	27:19.0
713	174 Erika BUCKNER	33	F IA	4:42	7:22	4:34	10:42	27:20.0
714	124 Neal BOECKMANN	38	M IA	4:15	8:38	4:07	10:21	27:21.0
715	803 Mindy MORRIS	36	F IA	4:22	6:29	4:22	12:08	27:21.0
716	84 Jerry BATTLES	57	M IA	4:21	7:47	5:19	9:57	27:24.0
717	830 Jordan NEWMAN	29	M IA	4:40	6:58	4:47	10:59	27:24.0

718	535 Sara HOPKINS	32	F IA	5:03	6:45	4:32	11:08	27:28.0
719	87 Tracy BEAN	48	F IA	4:39	7:16	5:12	10:23	27:30.0
720	979 Amber RUPPERT	31	F IA	5:12	7:15	4:55	10:09	27:31.0
721	1022 Tracy SELBY	36	F IA	4:41	6:32	4:25	11:54	27:32.0
722	288 Pat DERMODY	51	M IA	5:05	6:44	4:40	11:09	27:38.0
723	1245 Travis BOOTS	28	M IA	4:18	6:23	4:57	12:00	27:38.0
724	45 Jessica ANDERSON	29	F IA	5:01	8:27	4:43	9:34	27:45.0
725	523 Brent HOFFMAN	39	M IA	5:14	7:36	4:22	10:33	27:45.0
726	235 Peyton CLARK	10	F IA	4:00	6:13	8:14	9:19	27:46.0
727	692 Amanda MAGIE	41	F IA	3:56	7:12	6:16	10:25	27:49.0
728	832 Kha NGO	45	M IA	3:37	6:49	4:40	12:46	27:52.0
729	982 Jill SABIN	28	F IA	5:02	7:16	4:05	11:30	27:53.0
730	959 Aubrey ROBINSON	38	F IA	5:22	7:07	4:44	10:44	27:57.0
731	983 Kris SADDORIS	53	F IA	4:32	6:59	6:27	10:00	27:58.0
732	24 Mary ROWELL	48	F IL	5:01	7:17	5:25	10:16	27:59.0
733	1027 Jan SHAFER	68	F IA	5:03	7:14	5:04	10:42	28:03.0
734	116 Sharon BITTNER	57	F IA	4:52	7:07	4:44	11:21	28:04.0
735	1062 Vanessa SQUIRES	41	F IA	5:14	7:28	5:33	9:53	28:08.0
736	786 Joelle MINER	59	F IA	5:24	7:33	4:58	10:13	28:08.0
737	658 Eric LEHIGH	37	M IA	5:40	7:10	4:50	10:32	28:12.0
738	849 Adam NUSBAUM	32	M SD	4:12	6:13	4:08	13:39	28:12.0
739	991 Amy SAMUELS	41	F IA	4:19	6:59	4:59	11:56	28:13.0
740	118 Gina BLASKOVICH	44	F IA	4:50	6:45	4:31	12:09	28:15.0
741	25 Bonnie VELASCO	39	F IL	5:08	7:34	5:23	10:11	28:16.0
742	1096 Dena SZYMULA	41	F IA	5:00	6:53	4:52	11:31	28:16.0
743	659 Dawn LEHMAN	38	F IA	5:01	7:20	4:55	11:01	28:17.0
744	464 Richard HANISCH	60	M IA	4:23	6:39	5:50	11:25	28:17.0
745	1146 Barb VANGORDER	44	F IA	4:51	7:41	5:24	10:34	28:30.0
746	463 Hunter HANISCH	10	M IA	4:20	6:44	6:02	11:28	28:34.0
747	548 Alan HUTCHISON	63	M IA	4:56	6:13	5:26	12:01	28:36.0
748	660 Shannon LENAGHAN	31	F IA	4:38	7:41	5:10	11:08	28:37.0

749	1264	Mallory BARNEY	33	F IA	6:48	6:12	5:09	10:31	28:40.0
750	256	Shae CORNETT	37	F IA	5:26	7:49	5:07	10:21	28:43.0
751	737	Brad MCDONALD	48	M IA	4:20	7:18	5:59	11:07	28:44.0
752	1254	Waylon SCHULTZ	35	M IA	7:31	7:54	5:28	7:52	28:45.0
753	298	John DOERR	51	M IA	5:18	7:37	5:07	10:49	28:51.0
754	509	Nettie HILLMER	27	F IA	4:39	7:45	4:51	11:39	28:54.0
755	997	Micki SANDQUIST	58	F IA	5:41	7:31	5:11	10:33	28:56.0
756	1180	Ben WERNER	33	M IA	3:27	9:49	5:01	10:41	28:58.0
757	682	Jenni LOSEE	33	F IA	4:42	7:47	5:22	11:07	28:58.0
758	584	Samantha KARAIIDOS	27	F IA	5:43	7:12	5:01	11:12	29:08.0
759	1240	Mirza KUDIC	33	M IA	4:17	7:07	5:06	12:38	29:08.0
760	185	Lisa BURNHAM	45	F IA	4:54	8:16	4:58	11:04	29:12.0
761	939	Emily RICE	7	F IA	4:33	7:52	5:15	11:40	29:20.0
762	360	Kelsie FERIN	21	F IA	4:44	8:42	5:42	10:14	29:22.0
763	240	Sarah CLOUD	30	F IA	5:06	7:38	5:21	11:20	29:25.0
764	765	Roseane MEINDERS	16	F IA	4:27	9:08	5:43	10:14	29:32.0
765	1063	Matthew SQUIRES	40	M IA	5:17	6:34	5:30	12:12	29:33.0
766	641	Ashley LARUE	31	F IA	5:05	8:02	5:30	11:07	29:44.0
767	1275	Austin DRAUDE	27	M IA	4:19	8:07	4:59	12:27	29:52.0
768	937	Lea RICE	36	F IA	4:44	8:05	5:22	11:45	29:56.0
769	260	Cody CREW	31	M IA	4:28	9:37	5:35	10:18	29:58.0
770	169	Miranda BRUXVOORT	36	F IA	4:53	8:46	4:49	11:30	29:58.0
771	420	Naveen GOGINENI	48	M IA	4:34	8:27	5:10	11:50	30:01.0
772	1024	Irene SERENA	52	F IA	6:03	6:57	4:39	12:23	30:02.0
773	64	Tyler BAETSLE	30	M IA	4:57	8:41	5:35	10:50	30:03.0
774	1260	Jim GOSSELINK	47	M IA	8:18	5:43	4:42	11:20	30:03.0
775	1101	Mark TAYLOR	55	M IA	5:01	7:26	6:33	11:06	30:06.0
776	1206	Steve WINDERS	55	M IA	5:26	7:06	5:10	12:25	30:07.0
777	1139	Jamie VAN RENTERGHEM	26	F IA	4:23	8:00	4:59	12:46	30:08.0
778	644	Maya LARUE	14	F IA	4:35	8:14	5:14	12:08	30:11.0
779	827	Marlene NEVILLE	61	F IA	5:10	9:05	5:16	10:43	30:14.0
780	1047	Cathy SMITH	38	F IA	5:42	8:28	5:16	10:49	30:15.0

781	70 Lisa BAKER	40	F IA	4:14	6:45	4:05	15:13	30:17.0
782	925 Todd REED	49	M IA	4:47	8:24	6:25	10:48	30:24.0
783	277 Kathy DEANGELO	63	F IA	4:34	7:45	5:48	12:18	30:25.0
784	764 Greg MEANS	38	M IA	5:13	7:38	5:46	11:51	30:28.0
785	373 Bob FOELL	57	M IA	5:36	8:00	5:01	11:52	30:29.0
786	869 Brigitte OYENIK	27	F IL	5:14	8:11	5:11	11:54	30:30.0
787	90 Amy BEAUCHAMP	37	F IA	5:31	8:15	5:02	11:43	30:31.0
788	1128 Tammy TYCHSEN	45	F IA	4:51	7:46	5:36	12:19	30:32.0
789	222 Kevin CHRISTIAN	26	M IA	3:23	7:32	5:30	14:12	30:37.0
790	740 Makayla MCDONALD	17	F IA	4:48	8:01	6:12	11:44	30:45.0
791	279 Danielle DEE	25	F IA	4:49	9:01	5:18	11:41	30:49.0
792	431 Dan GRAHAM	42	M IA	4:35	7:25	5:26	13:23	30:49.0
793	1103 Michael TAYLOR	45	M IA	5:55	8:02	5:51	11:10	30:58.0
794	291 Jamie Lynn DICKENS	15	F IA	5:16	8:11	5:22	12:10	30:59.0
795	262 Mindy CROSS	34	F IA	5:14	7:40	5:25	12:41	31:00.0
796	301 Liz DOMINGUEZ	23	F IA	4:50	8:09	5:41	12:24	31:04.0
797	302 Desiree DOMINGUEZ	26	F IA	5:00	7:40	5:40	12:44	31:04.0
798	530 Ami HOKOMOTO	44	F IA	5:39	8:31	5:10	11:54	31:14.0
799	109 Brooke BERRYHILL	26	F IA	5:04	8:18	5:19	12:38	31:19.0
800	922 Tom RECKER	46	M IA	4:22	7:38	6:11	13:13	31:24.0
801	173 David BUCHHEIT	38	M IA	3:55	7:42	5:34	14:16	31:27.0
802	862 Chism ORR	36	M IA	4:27	8:06	5:57	13:01	31:31.0
803	1113 Cindy THOW	24	F IA	5:37	8:02	6:49	11:08	31:36.0
804	1034 Stephanie SHIELDS	26	F IA	4:44	7:52	6:02	13:00	31:38.0
805	828 May NEVILLE	31	F IA	4:57	8:34	6:11	11:58	31:40.0
806	188 Amy BUSH	37	F IA	5:13	9:01	5:08	12:19	31:41.0
807	1255 Nick HUGEL	29	M IA	8:09	8:27	5:17	10:03	31:56.0
808	504 Rob HILL	44	M IA	5:08	7:46	6:02	13:12	32:08.0
809	167 Ryan BRUMM	34	M IA	4:50	7:53	5:53	13:34	32:10.0
810	622 Carly KUEPPERS	18	F MN	4:04	8:27	4:41	15:02	32:14.0
811	626 Tim KURTH	34	M IA	4:31	7:40	5:51	14:21	32:23.0

812	348 Dani EYERLY	21	F IA	5:02	7:43	5:39	14:11	32:35.0
813	657 Pamela LEE	58	F IA	6:22	8:44	5:09	12:27	32:42.0
814	292 Lisa DICKMEYER	32	F IA	5:26	8:31	5:47	13:03	32:47.0
815	631 Jessica LAIRD	33	F IA	6:00	10:31	4:59	11:18	32:48.0
816	958 Kp ROBINSON	41	M IA	5:15	10:07	7:17	10:10	32:49.0
817	293 Jeremy DICKS	38	M IA	5:30	8:40	5:47	12:54	32:51.0
818	403 Ginger GEREN	52	F IA	5:51	7:58	6:06	13:12	33:07.0
819	848 Meg NUGENT	44	F IA	7:26	8:22	5:05	12:15	33:08.0
820	134 Tommi BOWEN	30	F IA	5:17	8:36	4:15	15:00	33:08.0
821	667 Andrew LIETZOW	64	M IA	5:32	7:45	6:17	13:38	33:12.0
822	183 Boyd BURNHAM	49	M IA	5:09	9:01	5:52	13:20	33:22.0
823	1150 Ryan VINCENT	21	M IA	4:46	9:24	8:40	10:36	33:26.0
824	720 Alisha MAYFIELD	36	F IA	5:44	8:43	6:17	12:42	33:26.0
825	374 Lonnie FOELL	56	F IA	6:37	12:42	4:31	9:43	33:33.0
826	474 Jaci HARRELL	27	F IA	5:47	9:00	6:24	12:29	33:40.0
827	760 Chuck MCNELEY	56	M IA	4:55	8:43	5:47	14:21	33:46.0
828	40 Jason ALT	41	M IA	5:03	10:38	6:13	11:54	33:48.0
829	86 Mary Ann BE	31	F IA	4:39	8:28	6:42	14:00	33:49.0
830	761 Terri MCNELEY	57	F IA	5:01	8:49	5:36	14:24	33:50.0
831	325 Jordann EGBERS	30	F IA	5:20	9:43	5:40	13:08	33:51.0
832	854 Melinda OLSON	45	F IA	6:20	8:51	5:39	13:02	33:52.0
833	1070 Christina STEINBERGER	24	F IA	5:08	9:17	5:38	13:50	33:53.0
834	944 Matt RICHTER	41	M IA	4:19	7:49	6:16	15:50	34:14.0
835	1229 Dominique ZELMAN	33	F IA	5:49	9:16	6:13	12:58	34:16.0
836	425 Nicole GOULD ESSINK	35	F IA	4:56	7:44	6:43	14:56	34:19.0
837	844 Greti NORTH	49	F IA	5:43	9:07	6:10	13:20	34:20.0
838	632 David LAMFERS	54	M IA	5:46	8:39	6:24	13:31	34:20.0
839	76 Michele BANNON	60	F IA	5:56	8:59	6:15	13:12	34:22.0
840	602 Tina KINNEY	40	F IA	5:37	9:27	6:04	13:16	34:24.0
841	303 Elaine DOMINGUEZ	24	F IA	5:44	9:19	6:20	13:02	34:25.0
842	280 Laura DELANEY	54	F IA	5:45	9:20	6:38	12:54	34:37.0
843	93 Angela BECKER	43	F IA	5:46	9:21	6:20	13:10	34:37.0

844	344 Kaity ESSINK	13	F IA	5:03	7:51	6:48	15:00	34:42.0
845	665 Danny LICHT	26	M IA	4:48	8:30	6:40	14:54	34:52.0
846	815 Trish NADOLSKY	40	F IA	5:35	10:10	6:09	13:04	34:58.0
847	624 Tony KUKLA	33	M IA	5:22	10:56	6:42	12:10	35:10.0
848	785 Amya MILLSAP	12	F IA	5:44	10:46	7:17	11:39	35:26.0
849	213 Tammra CHAMBERS	51	F IA	6:03	9:56	6:27	13:13	35:39.0
850	809 Amber MUMFORD	36	F IA	5:26	9:01	6:33	14:42	35:42.0
851	304 Krystal DOMINGUEZ	28	F IA	5:35	9:01	6:47	14:26	35:49.0
852	149 Amanda BRIDGMAN	29	F IA	4:55	9:33	6:30	14:51	35:49.0
853	934 Laura REYNOLDS	49	F IA	6:25	9:12	6:30	14:15	36:22.0
854	909 Katie PRIME	27	F IA	5:48	9:57	7:08	14:04	36:57.0
855	476 Mike HARRIS	48	M IA	5:27	9:30	6:14	15:47	36:58.0
856	443 April GROSS	44	F IA	5:54	9:57	6:17	15:04	37:12.0
857	927 Lorri REED	51	F IA	5:52	9:30	6:33	15:23	37:18.0
858	733 Maggie MCCUEN	40	F IA	5:49	9:30	7:47	14:13	37:19.0
859	895 Kimberly PFISTER	30	F WI	6:27	8:27	7:30	15:07	37:31.0
860	437 Leah GRIESER	55	F IA	5:49	11:19	7:05	13:26	37:39.0
861	202 Jennifer CARRILLO	35	F IA	5:19	10:12	7:17	15:00	37:48.0
862	297 Samantha DISHMAN	31	F IA	5:34	9:26	6:37	16:14	37:51.0
863	75 Patrick BANNON	57	M IA	5:08	10:31	6:45	15:28	37:52.0
864	977 Ashley RUNGE	26	F IA	6:10	11:21	7:15	13:30	38:16.0
865	955 Sidney ROBERTS	12	F IA	5:59	9:11	6:19	16:49	38:18.0
866	1205 Liz WINDERS	52	F IA	6:05	10:35	7:38	14:05	38:23.0
867	1199 Rob WILEY	52	M IA	5:26	9:29	7:16	16:20	38:31.0
868	1196 Valerie WIESE	59	F IA	6:13	9:41	6:50	15:55	38:39.0
869	956 Mary ROBERTS	45	F IA	6:00	9:20	6:33	16:46	38:39.0
870	229 Yolanda CINTRON	61	F IA	7:05	9:34	7:43	14:30	38:52.0
871	1256 Krista MCGINN	40	F IA	7:41	7:26	5:54	18:07	39:08.0
872	711 Mindy MASSEY	37	F IA	5:53	12:52	7:37	12:48	39:10.0
873	321 Sophia ECKERT	43	F IA	7:08	10:22	7:41	14:04	39:15.0
874	143 Christine BRANDENBURG	52	F IA	6:09	10:53	8:35	13:43	39:20.0

875	804 Kelli MORROW	36	F IA	5:49	11:07	7:17	15:18	39:31.0
876	823 Angel NELSON	41	F IA	5:41	9:47	7:34	16:29	39:31.0
877	1118 Rick TOLLAKSON	62	M IA	5:49	17:23	8:45	7:46	39:43.0
878	573 Chelsey JOHNSON	29	F IA	4:55	11:34	7:22	16:06	39:57.0
879	110 Michael BERRYHILL	16	M IA	5:34	9:12	8:05	17:10	40:01.0
880	1193 Cindy WIEDERIEN	33	F IA	7:19	5:55	6:59	19:49	40:02.0
881	376 Deniz FRANKE	57	F IA	5:53	10:00	6:38	18:01	40:32.0
882	708 Daniel MARTINEZ	25	M IA	4:42	11:57	7:50	16:06	40:35.0
883	994 Steve SANDQUIST	43	M IA	9:26	9:14	6:59	15:07	40:46.0
884	182 Lynn BURLESON	48	M IA	5:19	10:59	6:34	18:23	41:15.0
885	951 Janet RIORDAN	45	F IA	4:51	13:59	8:29	14:06	41:25.0
886	600 Jaime KEY	34	M IA	3:07	10:27	3:14	24:40:00	41:28.0
887	397 Tiffany GARRETT	30	F IA	5:46	13:12	6:59	15:32	41:29.0
888	216 Dayna CHANDLER	46	F IA	7:04	10:22	7:12	16:53	41:31.0
889	1220 Emily WORTHINGTON	27	F IA	5:52	13:24	6:58	15:44	41:58.0
890	606 Jim KLIER	30	M IA	6:00	13:26	7:52	14:57	42:15.0
891	448 Reddy GUJJA	38	M IA	5:20	12:16	7:13	18:02	42:51.0
892	458 Stacy HAM	44	F IA	5:35	13:05	6:57	17:50	43:27.0
893	196 Laila CAMP	6	F IA	5:20	7:07	7:14	23:46	43:27.0
894	842 Dakota NOBLE	26	F IA	5:48	11:27	6:40	19:49	43:44.0
895	782 Jordan MILLER	22	M IA	4:27	7:19	8:05	23:57	43:48.0
896	587 Brad KEITEL	20	M IA	4:41	7:34	7:57	23:56	44:08.0
897	1221 Karla WRIGHT	41	F IA	7:22	12:27	7:56	16:24	44:09.0
898	296 Sarah DINHAM	34	F IA	6:28	13:19	7:13	17:16	44:16.0
899	335 Darin ENDECOTT	51	M IA	6:00	10:44	8:41	18:51	44:16.0
900	1093 Jessica SWEERE	24	F MO	5:33	14:13	8:40	16:34	45:00.0
901	1052 Patty SNEDDON	33	F IA	7:48	11:11	7:25	18:50	45:14.0
902	800 Kelsey MOREY	23	F IA	6:15	13:10	8:08	17:49	45:22.0
903	794 Laura MONTGOMERY	57	F IA	5:55	17:27	8:48	13:24	45:34.0
904	1223 James WUEBKER	56	M IA	5:37	11:32	8:58	19:37	45:44.0
905	890 Chelsea PEDERSON	25	F IA	6:24	17:01	7:16	15:04	45:45.0

906	482	Justin HAZEN	30	M IA	4:32	16:38	8:21	16:16	45:47.0
907	1194	Elizabeth WIEDERIEN	68	F IA	7:32	10:42	7:49	19:46	45:49.0
908	264	Iris CULBERT	55	F KS	7:08	13:29	8:05	17:09	45:51.0
909	265	Leigh CULBERT	31	F KS	7:24	13:13	8:14	17:23	46:14.0
910	345	Margaret EVANS	44	F IA	6:33	12:38	8:09	19:37	46:57.0
911	1030	Lisa SHAWLER	49	F IA	7:45	12:37	8:30	18:29	47:21.0
912	198	Semaj CAMP	9	M IA	5:36	10:37	7:33	23:43	47:29.0
913	739	Jd MCDONALD	39	M IA	7:01	11:19	8:05	22:19	48:44.0
914	1271	Bethany CAVIN	28	F IA	7:17	10:41	6:27	24:37:00	49:02.0
915	745	James MCDONALD	36	M IA	5:22	15:41	8:15	20:13	49:31.0
916	646	Rhonda LAUER	46	F IA	5:31	13:21	8:02	22:39	49:33.0
917	824	Debra NELSON	53	F IA	6:06	12:26	10:35	22:29	51:36.0
918	166	Mary Lou BROWN	65	F WI	6:15	12:31	10:33	22:25	51:44.0
919	16	Don BEAL	69	M IA	7:12	11:58	8:50	24:26:00	52:26.0
920	735	Gailla MCDONALD	43	F IA	9:28	13:41	9:37	20:32	53:18.0
921	487	Brian HELLAND	48	M IA	4:40	12:58	10:17	26:22:00	54:17.0
922	394	Clayton GARCIA	32	M IA	4:37	18:54	10:59	20:40	55:10.0
923	415	Brandon GLENN	38	M IA	6:05	12:50	10:29	26:17:00	55:41.0
924	1053	Natalie SNEDDON-OLDHAM	35	F IA	11:32	17:22	8:08	18:43	55:45.0
925	71	Dulci BALES	49	F IA	7:41	14:36	10:18	23:15	55:50.0
926	576	Sara JONES	36	F IA	8:27	20:06	9:03	18:22	55:58.0
927	226	Nick CIARIMBOLI	31	M IA	5:10	18:59	11:18	20:31	55:58.0
928	473	Stefanie HARPER	39	F IA	7:49	14:47	10:21	23:39	56:36.0
929	1302	Lauryn BESACK		F	6:27	19:09	10:51	20:37	57:04.0
930	821	Mark NEFF	52	M IA	5:56	11:45	11:49	28:25	57:55.0
931	126	Jeremy BOGAARD	36	M IA	5:48	18:40	11:40	22:43	58:51.0
932	1085	Madeline STROH	25	F IA	10:04	19:23	10:08	22:42	02:17.0
933	1298	Christian STROH		M	10:14	19:23	10:23	22:46	02:46.0
934	206	Dwayne CARTER	61	M IA	6:50	18:18	14:07	24:57	04:12.0
935	860	Megan O'NEIL	24	F IA	9:12	20:31	10:41	24:53	05:17.0
936	1100	Jessica TATE	24	F IA	8:20	14:41	13:32	33:00	09:33.0

937	484 Jennifer HECK	22	F IA	8:30	14:50	13:49	33:04	10:13.0
938	978 Cindy RUNYAN	50	F IA	14:29	33:35:00	19:21	36:16	43:41.0
939	710 Carmen MASON	50	F IA	14:55	33:25:00	19:23	36:10	43:53.0
940	1127 Julie TUTTLE	32	F IA	7:19	13:02	10:01	12:35	05:26.0

Missing Times

532	Fidelity HOLDER	40	F IA	8:34			1:10
742	Andy MCDONALD	38	M IA	3:30			9:38
51	Maggie ANTHONY	34	F IA	6:15	8:59		9:59
163	Kassie BROWN	23	F IA	5:26	6:55		11:01
942	Keely RICHARDSON	18	F IA	3:50		5:23	11:05
1184	Holly WESTERGAARD	31	F IA	6:53			11:26
1246	Sam GUNDERSON	28	F IA	6:33	11:00		12:49
36	Dana ALLEN	30	F IA	5:27	9:20		15:19
1013	Katie SCHUTT	22	F IA	6:55		5:46	19:38
349	Mary EYERLY	53	F IA	10:36			22:10