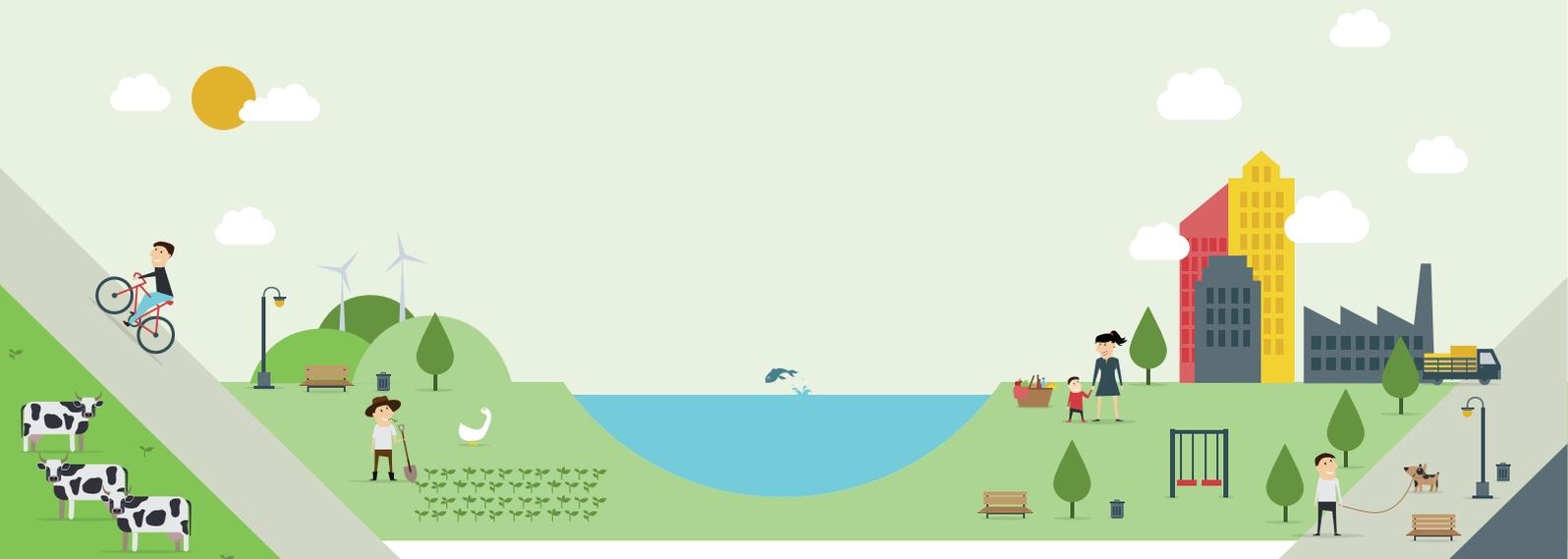


THE RESULTS

MyFood30 was developed to hear young people's voices on the future of our agri-food system and enable them to contribute to the achievement of the Sustainable Development Goals (SDGs).



Spread the word:
#MyFood30

Find out more:
www.myfood30.net

MyFood30 is a project by the Swiss National FAO Committee.

It is supported by the Swiss Federal Office for Agriculture (FOAG) and the Swiss Agency for Development and Cooperation (SDC) and delivered by Foodways Consulting GmbH, in partnership with YPARD

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1. Consultation phase (10 August - 29 September)

Young people studying for agri-food qualifications or those active in the sector were invited to complete an online survey. This captured their views on the agri-food relevant Sustainable Development Goals and asked them about the talent development support needed to help drive innovation in the sector. Young people with no prior background knowledge were encouraged to play an interactive game to learn more about sustainable food systems and the SDGs.



2. Talent Workshop (30 September, Bern, Switzerland)

Young survey respondents, sector representatives and decision makers came together to discuss the survey findings and identify key measures to drive agri-food talent development in Switzerland.



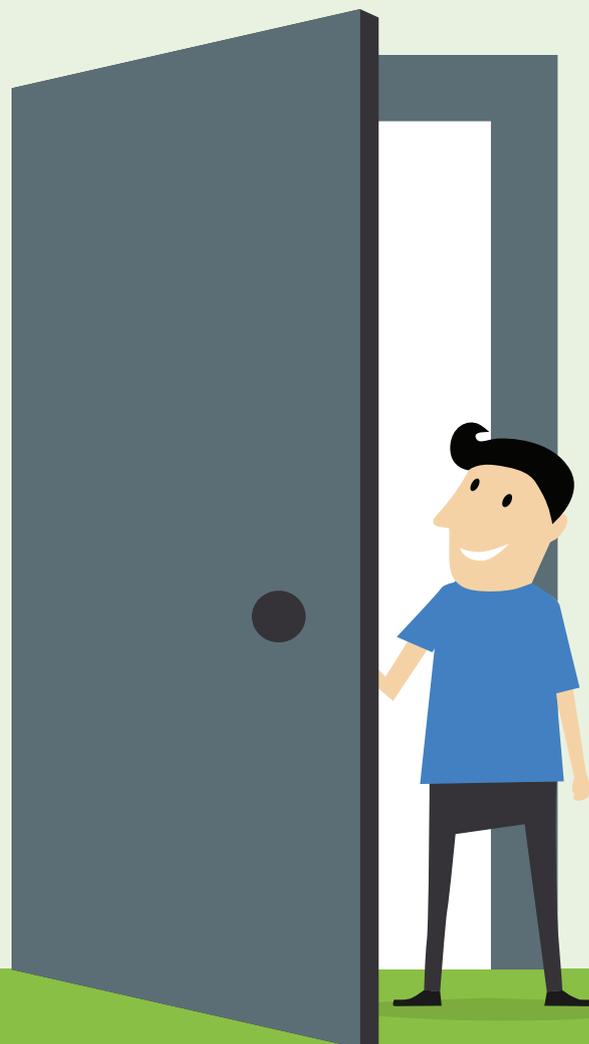
3. Side Event at CFS 42 (13 October, Rome, Italy)

A co-hosted Side Event provided an opportunity to present the MyFood30 findings to an audience of international decision makers and prioritize the practical measures required to take the agenda forward.



4. Report: The findings of the MyFood30 project and some recommendations for action are summarized in this report. An online copy of the report and versions in French and German can be found on the MyFood30 website www.myfood30.net

WHAT WE HEARD



1. THE RESPONDENTS



436
respondents
in total



248
people aged
15 - 30



58
countries
represented



"There is a need to raise awareness of food system issues amongst youth and to help them to contribute by developing local projects in their countries."

Young MyFood30 participant, Benin

"These topics should be a top priority, and young people play a crucial role. Education will help them become responsible consumers."

Young MyFood30 participant, Switzerland

"We need to ensure that each individual or local community has the right to produce their own food."

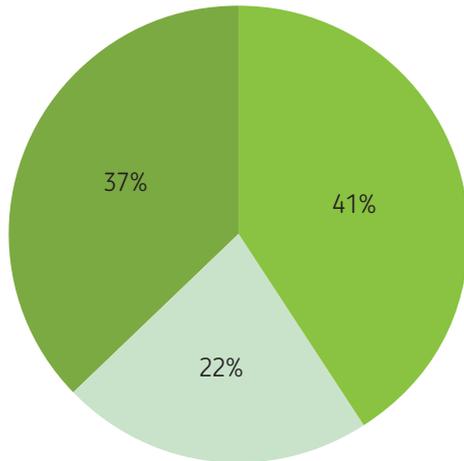
Young MyFood30 participant, Burkina Faso

"There is nothing for youth without youth. Young people have a right to be part of any decision making in their country."

Young MyFood30 participant, Mauritius

2. AWARENESS OF THE SUSTAINABLE DEVELOPMENT GOALS (SDGS)

2 in 5 young respondents (those aged 15 - 30) hadn't heard of the SDGs before completing the survey.



- No, I hadn't heard of them
- I'd heard of them and know what they are about
- I'd heard of them but I'm not sure what they are about

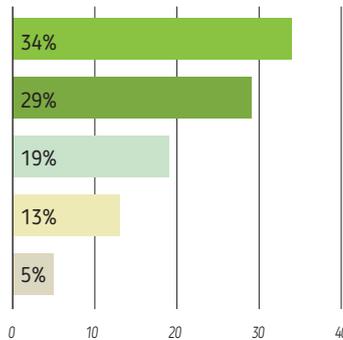


3. PRIORITIZED TARGETS

Each food sector relevant Sustainable Development Goal (SDG) has a number of targets. Survey respondents were asked to select the one they thought was most important.



SDG 2
“End hunger, achieve food security and improved nutrition and promote sustainable agriculture”

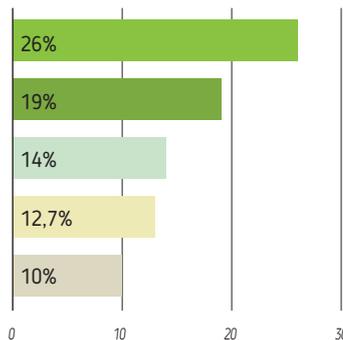


- Make food production systems more sustainable
- Ensure access to sufficient and nutritious food for all, in particular the poor and people in vulnerable situations
- Increase investment in rural infrastructure in developing countries (agricultural research and extension services, technology development)
- Increase income of small-scale food producers
- Increase agricultural production

34% of My Food 30 survey respondents wanted to make food production systems more sustainable



SDG 12
“Ensure sustainable consumption and production patterns”

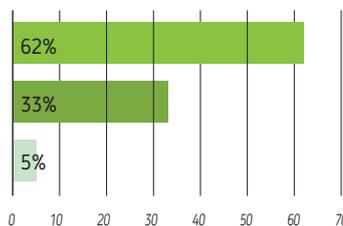


- Reduce waste - including food waste
- Using resources more efficiently
- Strengthen the scientific and technological capacities in developing countries to increase sustainable consumption and production
- Increase sustainable consumption and public awareness
- Increase companies sustainable practices

26% of My Food 30 survey respondents wanted to reduce waste - including food waste



SDG 15
“Sustainably manage forests, combat desertification, halt and reverse land degradation and halt biodiversity loss”

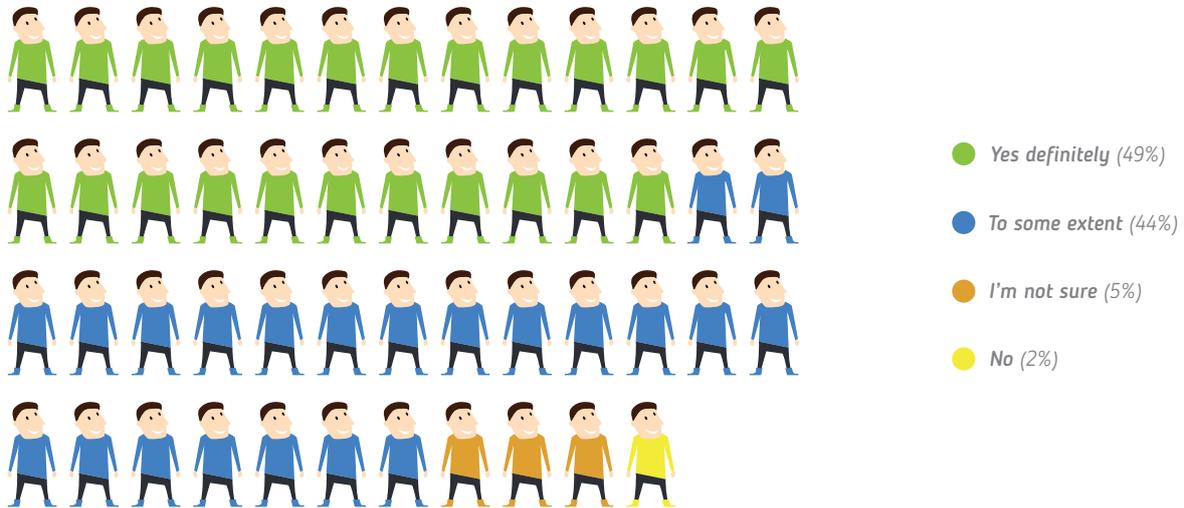


- Protect and restore soil quality (e.g. prevent desertification)
- Support and finance sustainable management of forests, in particular in developing countries (e.g. provide incentives to reduce deforestation)
- Ensure fair sharing and utilization of genetic resources

62% of My Food 30 survey respondents wanted to protect and restore soil quality

4. MY CONTRIBUTION

We asked survey respondents if they felt they could contribute to making the SDGs happen. **93% of young respondents** felt they could definitely contribute or contribute to some extent.



5. TYPES OF CONTRIBUTION

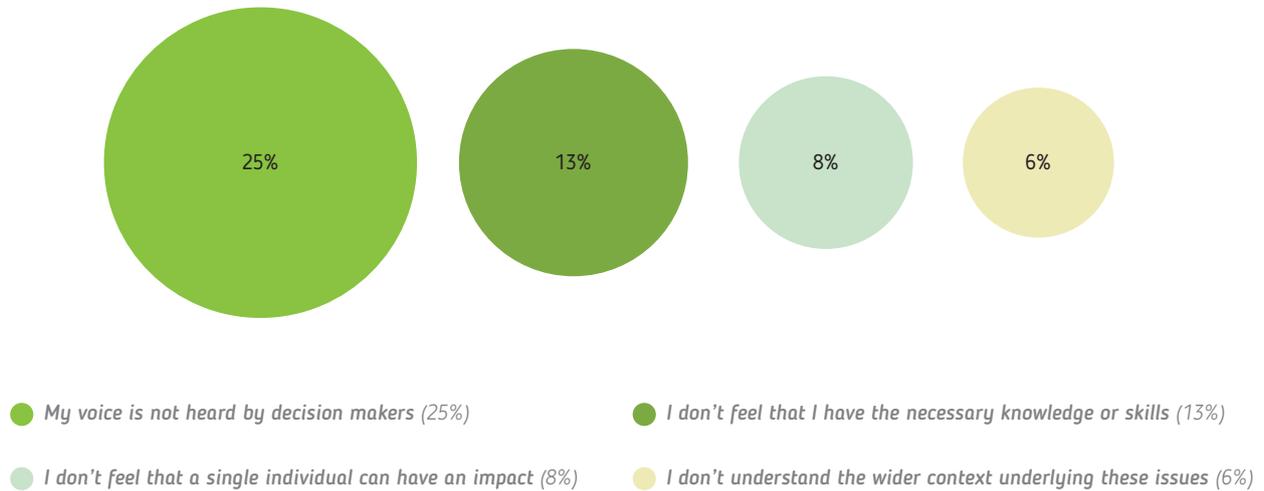
48% of young respondents felt they didn't face any barriers to making a contribution. Here are some of the ways in which they felt they were contributing.



6. BARRIERS

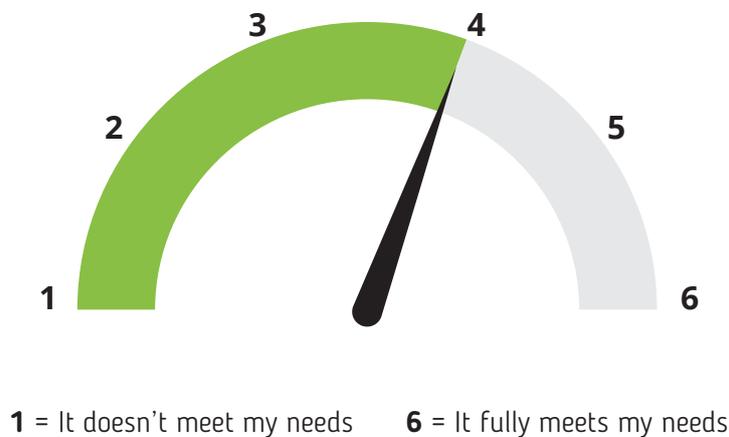
But some survey respondents felt that there were also things that stopped them from maximizing their contribution to delivering the SDGs.

1 in 4 young respondents felt that their voices were not heard by decision makers.



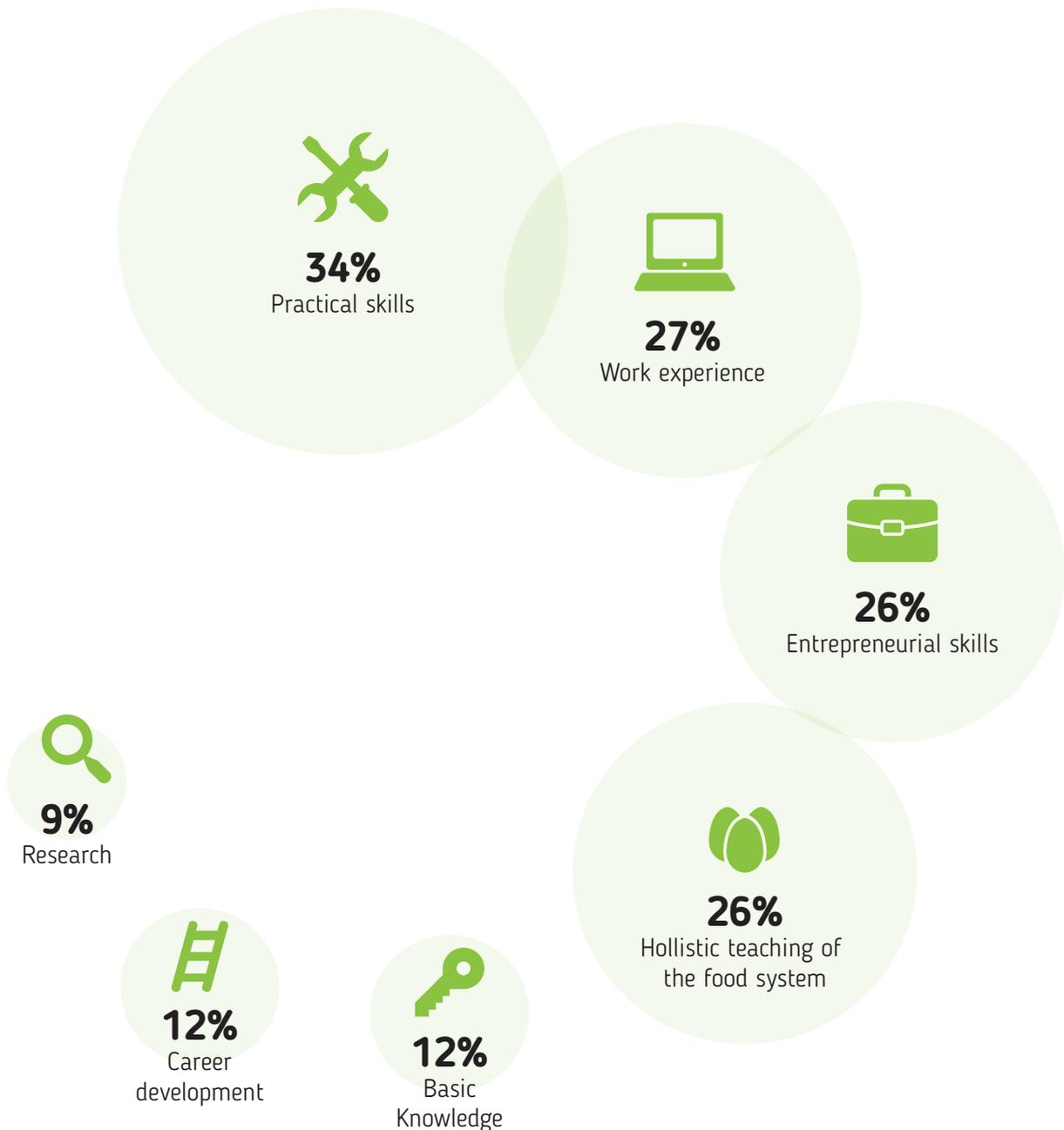
7. SATISFACTION WITH THE EDUCATION SYSTEM

Respondents were asked whether they felt that their national education system met their needs. Young respondents were **broadly satisfied** - but still identified room for improvement!



8. MISSING TOPICS AND SKILLS

Respondents were asked which topics or skills they felt were missing in their education. Many of the areas identified dealt with helping young people make the **transition from education to employment**.

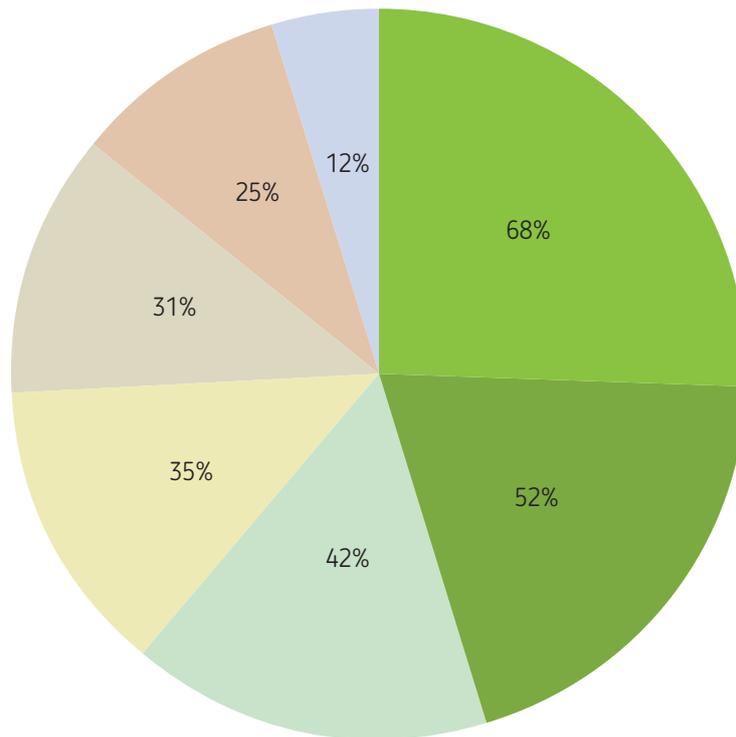


9. LEARNING METHODS

Respondents were asked how they wanted to learn these missing topics and skills.

68% of young respondents wanted to learn through practical and applied projects.

Nearly **1 in 2** wanted to develop their knowledge through interaction with sector experts.



- Practical or applied projects
- Discussions with sector experts
- Internships
- Exchange study trips
- Lectures or classes
- Public lectures and debates
- Online courses

CHALLENGES

Based on the findings of the **MyFood30** survey, 5 key challenges for young people looking to contribute to the development of more sustainable food systems were identified.

These were discussed by young people and decision makers at a national Talent Workshop in Bern and during a Side Event at CFS 42 in Rome.





CHALLENGE 1:

Understanding the political and economic context

Young people sometimes struggle to see how whole food system fits together and how they can act within this system to maximize impact.



CHALLENGE 2:

Facilitating exchange between young people and decision makers

Young people feel their voices aren't heard by decision makers and their opinions aren't taken on board as part of the policy making process.



CHALLENGE 3:

Tackling practical barriers

Young people often face practical barriers to taking forward their ideas, such as a lack of access to funding or land.



CHALLENGE 4:

Addressing missing skills and knowledge

Young people felt they lacked practical skills, such as those needed to develop a project, manage a team or start a business.



CHALLENGE 5:

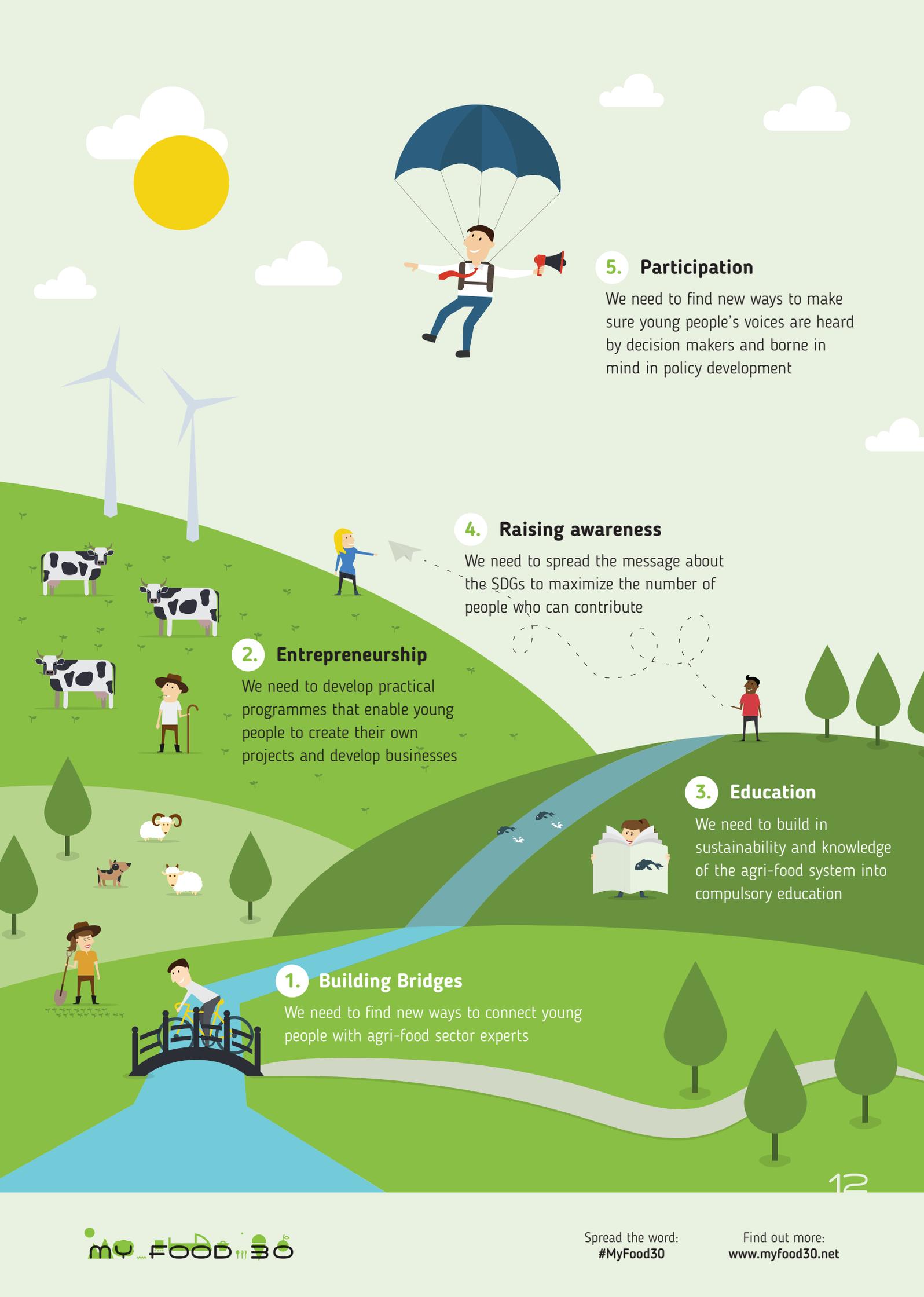
Identifying new ways of gaining work experience

Young people want to develop their theoretical knowledge through work experience, applied projects and discussions with sector experts.

WHAT NEXT?

Based on the **MyFood30** findings, we identified 5 areas in which action is needed to help young people maximize their contribution to delivering the SDGs.





5. Participation

We need to find new ways to make sure young people's voices are heard by decision makers and borne in mind in policy development

4. Raising awareness

We need to spread the message about the SDGs to maximize the number of people who can contribute

2. Entrepreneurship

We need to develop practical programmes that enable young people to create their own projects and develop businesses

3. Education

We need to build in sustainability and knowledge of the agri-food system into compulsory education

1. Building Bridges

We need to find new ways to connect young people with agri-food sector experts



OVER TO YOU

Many young people have already pledged to take action to help us get closer to achieving the SDGs. Take a look at the gallery to see what some of them plan to do.



As a blogger I create public awareness on matters of food waste.

MyFood30 respondent, Kenya

I will develop entrepreneurial skills to start my own business.

MyFood30 respondent, Netherlands

I started a community for nutrition students around the world to share knowledge and ideas.

MyFood30 respondent, Mexico

I will discuss sustainability in a simple way with my primary school students.

MyFood30 respondent, Switzerland

I will reduce food losses resulting from the production process.

MyFood30 respondent, Switzerland

I will write magazine and newspaper articles about food waste.

MyFood30 respondent, Switzerland

I run an enterprise that works with small scale farmers, enabling them to increase their income and food production.

MyFood30 respondent, Zambia

I create impact through thought leadership, campaigns and grassroots work to spread awareness.

MyFood30 respondent, USA

I will run our family farm which produces high quality organic produce.

MyFood30 respondent, Switzerland

I will write an agricultural investment plan that I will implement in Malawi after my studies.

MyFood30 respondent, Malawi

I will work with farmers at grassroots level and will get closer to policy makers.

MyFood30 respondent, Nigeria

I will advocate to ensure the voices of poor and marginalized youth are involved in policy processes.

MyFood30 respondent, UK



WHAT CAN I DO?

1. Share this report

Help us spread the word about the SDGs and the role that young people can play in making them happen! ([#MyFood30](#))



2. Get inspired!

Take a look at this page to find out more about the little things you can do to help us get closer to the SDGs!

www.myfood30.net/top-tips



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