



Donor Spotlight – September 2014

Sue Seybold & Debbie Roche

Sisters Sue Seybold and Debbie Roche love to crochet and volunteer their time and talents to help out in the community. They crochet scarves, afghans and even dish cloths. Last December they turned their love for crocheting and their passion for helping others into a brighter Christmas for clients in Sacramento Food Bank & Family Services (SFBFS)' Senior program.

The Senior program at SFBFS pairs Sacramento seniors from Eskaton's Telephone Reassurance program with volunteers who provide companionship, emotional support and deliver nutritious groceries. SFBFS' Senior program focuses on the importance of nutrition and social interaction for seniors who do not have families or friends nearby and have limited access to senior-oriented resources. The program strives to serve isolated seniors by empowering them to get involved in their community and access services and programs that will help them maintain their independence, become more healthy and active and build relationships with their volunteer visitors.

Sue and Debbie originally got involved with SFBFS by donating food to the Food program through their church. As Sacramento natives they have seen the need that exists in their community firsthand. Sue and Debbie believe that helping and encouraging others is important and that belief led them to brainstorm how they could help address the need. They knew that winter was just around the corner and they wanted to help seniors stay warm. Together they crocheted enough items to fill a medium-sized SUV. In total, Sue and Debbie donated 40 scarves, 5 afghans, 10 sets of dish towels and various food and personal hygiene items, among other things. The day they dropped their donations off was an important day for both sisters. "It was so exciting to see everything all in one place before being put away", Sue said. "The sheer amount of donated items was most memorable for me", said Debbie. Senior Program Manager, Marie-Louise said she was "blown away by the items Sue and Debbie provided to the Senior program and the responses from the seniors were overwhelmingly positive".



Christmas was a little brighter and warmer thanks to the generosity and hard work of Sue and Debbie. SFBFS would not be where we are today without key supporters and dedicated partners such as Sue and Debbie. Their dedication to helping fellow community members truly makes a difference in people's lives and the community.