

Donor Spotlight: November 2015

Elfrena Foord – Adult Education Tutoring



Elfrena Foord began her relationship with Sacramento Food Bank & Family Services (SFBFS) a couple of years ago. She was first introduced to SFBFS when she attended a facility tour. Like many community members, Elfrena knew about SFBFS' food services, but didn't know about all of the family services SFBFS offers. As a passionate supporter of education, Elfrena knew immediately that she wanted to help SFBFS clients get their GED.



Sacramento Food Bank & Family Services provides services to 150,000 men, women and children every month. While many of the individuals and families we serve initially come for immediate needs such as food and clothing, the educational services are what sustain SFBFS' clients and allow them to begin their journey toward self-sufficiency and financial independence. Getting a GED certificate can be the first step in this process. Through GED preparation, a component of SFBFS' Adult Education service, volunteers spend time tutoring GED clients on their journey to further their education. Although SFBFS is able to provide GED preparation, the client is responsible for paying the GED exam fee. With many of our clients facing tough financial choices already, the exam fee often prevents them from getting their GED and improving their situation.

Elfrena and her husband, Bruce Hester, generously granted SFBFS with funding to enable GED clients to pay for their exam fees. "Helping people get into and move up in the workforce is so wonderful," said Elfrena. "Isn't that what the American dream is all about?"

GED preparation provides individuals with a second chance. Thanks to the support of Elfrena and Bruce, thousands of individuals are getting their second chance and pursuing their dreams. "My husband and I are very pleased and proud to support this effort," said Elfrena.

SFBFS' work would not be possible without the support of individuals like Elfrena and Bruce. Because of their generosity, together we are able to support individuals on their journey to self-sufficiency and financial independence.