

Volunteer Spotlight: July 2016

McCarty Mother's Day Drive – Parent Education



This Mother's Day, the community celebrated the holiday with Sacramento Food Bank & Family Services (SFBFS) through the 7th annual McCarty Mother's Day Drive. Assemblymember Kevin McCarty began organizing the annual donation drive to benefit SFBFS' Parent Education program in 2008 after donating items his children no longer needed and realizing the extent of the existing need. After six weeks of reaching out to community members and local organizations for donations, more than 480 pounds of goods were collected to be donated to families in need!



"Every year, thousands of Sacramentans benefit from the programs provided by SFBFS," says Assemblymember McCarty. "We've had a great experience partnering with SFBFS on our McCarty Family Mother's Day Donation Drive collecting baby food, diapers, baby clothes, maternity clothes, strollers and educational games from our friends and community members. And it's not just the generosity of the community; I continue to be inspired by the compassion and dedication of the staff from SFBFS' Parent Education program."

SFBFS' Parent Education program provides parents with healthy and supportive courses regarding infant and toddler development through which they can earn valuable parenting supplies like baby food, diapers and clothing. The program engages expectant families, mothers, fathers or guardians with their children, 0 – 5 years of age. Free classes include topics such as nurturing parenting, budgeting, health, nutrition, stress management, school readiness, father involvement groups, parent and child play groups and more. Gabriela Lopez, SFBFS' Parent Education Manager, says, "We really appreciate their support for our Parent Education program. Their generous donations help us provide essentials for the parents that participate in the program."

SFBFS' Parent Education program would not be possible without support from the Sacramento community. SFBFS is grateful and fortunate to receive the support of community members like Assemblymember McCarty. Thank you to everyone who helped make the 7th annual drive a huge success! Your support is an example of how together, we can support families on their journey to self-sufficiency.