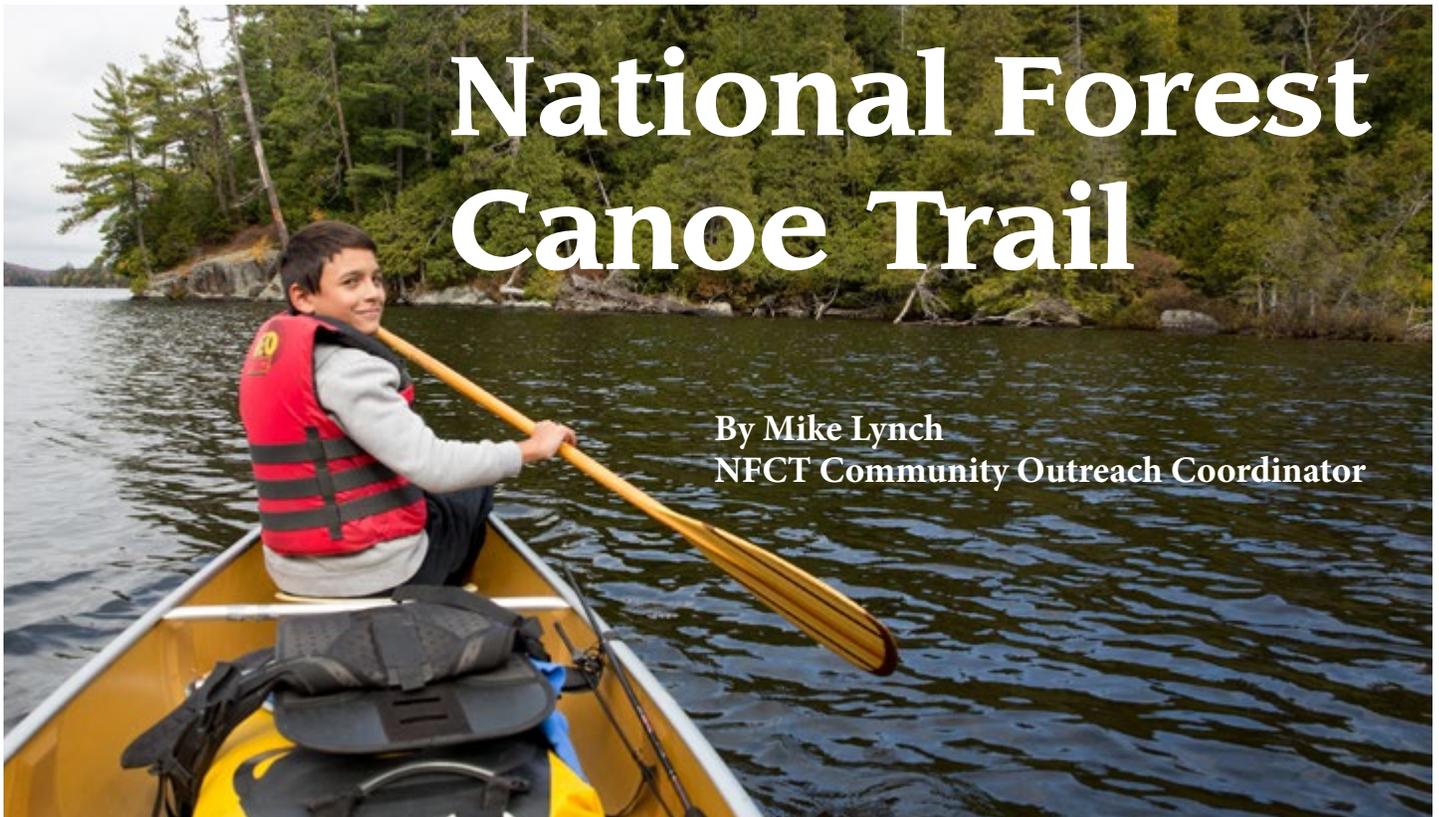




MAY 2016

THE UPPER SARANAC LAKE ASSOCIATION

MAILBOAT



National Forest Canoe Trail

By Mike Lynch
NFCT Community Outreach Coordinator

Mike Lynch

The Northern Forest Canoe Trail is dedicated to getting children outdoors and on the waters of lakes such as Upper Saranac Lake.

When Maine resident John Connelly left Old Forge on April 16 to embark on a paddling journey that would take him to Maine, he became the first aspiring Northern Forest Canoe Trail (NFCT) thru-paddler of the 2016 season.

A former member of the U.S. Canoe and Kayak team, Connelly is one of about two-dozen people who will attempt to paddle the entire 740-mile water trail this paddling season, and one of thousands who will paddle the trail's waters, which include Upper Saranac Lake.

Founded in 2000 and officially opened in 2006, the 740-mile Northern Forest Canoe Trail consists of a series of connected rivers, lakes, and portages that stretch from Old Forge to Fort Kent, Maine. The trails follow traditional travel routes used by Native Americans, early settlers and guides.

In New York, the NFCT follows the 90-Miler route from Old Forge to Saranac Lake, before heading down the Saranac River to Lake Champlain. The trail passes through Upper Saranac Lake via Indian Carry from Stony Creek Ponds, before heading to Bartlett Carry and Middle Saranac Lake.

The trail is maintained and promoted by a nonprofit, which has its headquarters in Waitsfield, Vermont, but it has community outreach coordinators in each state. In New York, I am the community outreach coordinator. I live in Saranac Lake and became interested in the trail about a decade ago while working for Mac's Canoe Livery in Lake Clear and writing about it as the outdoors

writer for the Adirondack Daily Enterprise. I later thru-paddled the trail in 2011 and joined the organization in December 2015. In addition to being the outreach coordinator, I work as a writer and photographer and am on the staff of the Adirondack Explorer.

The NFCT's work as the nonprofit that oversees the trail is twofold: we maintain trail infrastructure and encourage people to paddle its waters. Our work is intended to bolster recreational tourism in communities connected by the trail, promote a healthy lifestyle, and cultivate a sense of appreciation of the natural world.

Our core stewardship work includes building and maintaining access points, portages, and campsites. We also develop human waste management strategies, provide safety information for paddlers, and educate the public about invasive species.

One of our invasive species projects in recent years was to create an educational video geared toward paddlers about preventing the spread of them. As part of that project, we worked with numerous organizations along the trail, including Upper Saranac Lake Foundation lake manager Guy Middleton.

Trail director Walter Opuszynski oversees all NFCT stewardship activities and planning, while our intern crews implement projects under the supervision of regional field coordinators. In the Adirondacks, our crews have completed extensive work along the 90-Miler route and on the Saranac River. Projects include the restoration of the Brown's Tract Inlet boardwalk, maintenance of

Continued on page 3

President's Letter

Susan Hearn

We hope that you enjoyed your winter and are anticipating your own camp opening process. The USLA board and committees have been busy through the fall and winter, planning activities for the summer and dealing with other association business. This edition of the Mailboat describes many of these activities. I am grateful to all the board and committee members for their dedication.

I hope you will pencil into your calendar (or enter into your smart phone) the USLA membership meeting on July 9 and the Annual meeting on August 13. The membership meeting will provide committee updates, review the summer calendar of events and feature a presentation by the Friends of Eagle Island about their plans for the island camp, certain to be of interest to our community. We will also have an update on the status of the fireboat.

In addition, all of our USLA directors and officer positions are up for election this year, and the election will be held at our Annual meeting on August 13. The nominating committee will present us with a slate of candidates for consideration. I have enjoyed serving on the board and encourage those of you similarly interested to contact Charles Svenson to explore opportunities. It's a great way to meet your lake neighbors and get to know about the issues that affect our lake community.

I hope to meet many of you around Upper Saranac Lake this summer.

USLA Meeting dates 2016

Saturday, May 28	9 – 11 am	USLA Board of Directors	TBA
Saturday, July 9	9:30 – 11 am	Membership meeting	The Wild Center (coffee and social time begins at 8:30)
Saturday, August 13	4 – 6	Annual meeting	Saranac Inn Golf Course
Saturday, August 27	9 – 11	USLA Board of Directors	TBA

The regular meeting of the members of the USLA will be held on Saturday, July 9, at 9:30 at the Wild Center in Tupper Lake. There will be social time at 8:30 and coffee and pastries will be available. Agenda items will include committee updates and a presentation from representatives of Friends of Eagle Island.

The annual meeting of the USLA membership will be held on Saturday, August 13, from 4 – 6 PM, at the Saranac Inn Golf Course. This meeting will be combined with a cultural affairs event, featuring the ever popular wine and cheese. More details to be worked out will be made available as the summer progresses. Please note the change of venue and the afternoon time!

We sincerely hope you will be able to join us for these meetings. Your input is important.

Photography Contest Reminder

USLA launched the "Four Seasons of Saranac" photography contest in August 2015. This friendly competition is designed to highlight and share the photographic talents of our many members and their guests, while at the same time gathering additional beautiful photographs for our USLA web site and other USLA publications.

We hope those of you who have access to the Upper Saranac area throughout the year have taken advantage of the opportunity to capture this part of the Adirondacks in its various seasons of splendor. If you are not a year-round or multi-season "camper," no problem. Please share your summer pictures. All photographs are welcome. If we receive a good sampling of photographs representing all four seasons, we may be able to assemble them into a calendar so you can have a visual reminder of Upper Saranac's beauty all year long.

Entries will be accepted until August 13, 2016. More information about the contest and how to submit your entries can be found on our web site at www.uppersaranac.com.

UPPER SARANAC LAKE ASSOCIATION, INC.
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THE USLA MAILBOAT
Lynne Perry, Editor
Harry Wirtz, Layout/Design

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Photo of the mailboat, "Saranac", courtesy of the Adirondack Collection, Saranac Lake Free Library

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National Forest Canoe Trail

Continued from page 1



Mike Lynch

New York Regional Field Coordinator Noah Pollock works on a project on the Saranac River. Pollock will be working on the Indian Carry this summer and welcomes help from volunteers.

Raquette Falls Carry, and construction of a retaining wall to save a popular campsite on the Raquette River. These projects support safe and enjoyable paddler access and also limit environmental impacts of recreation.

This summer one of our primary projects is to improve the Indian Carry, which the NFCT will be doing for about a week during the second half of August. (We're still in the process of setting the exact date.) The work will consist of replacing 25 feet of bog bridging and 20 feet of bridging, in addition to some general maintenance of the trail. The work is being funded by the Adirondack Land Trust, which is based in Keene Valley and was instrumental in preserving the carry. The Adirondack Land Trust bought the Indian Carry land in the late 1980s and later transferred the property to the state. The purchased allowed for rerouting the carry that had previously required paddlers to portage along Coreys Road and state Route 3 for 1.3 miles. This current one, as many are aware, is a wooded trail, except for where it crosses state Route 3.

NFCT will also be inspecting Bartlett Carry this summer to determine if there is a need for maintenance work there in future summers. Bartlett Carry is the portage between Upper Saranac Lake and Middle Saranac Lake. In addition to stewardship, NFCT has several programs that encourage people to use its waters. One of those is the Northern Forest Explorers. This program sends children aged 10-14 years on five-day, canoe-camping trips that are led by licensed guides. Local outfitters provide gear and guides for the trips, and NFCT interns provide educational programming. NFCT connects children with the natural world, teaches

them to work effectively in groups, and gives them experiences they will value for a lifetime.

Trips are open to anyone, but our target audience is kids that live along the trail. The participant cost is \$500, and we offer partial and full scholarships to children living in counties on the trail.

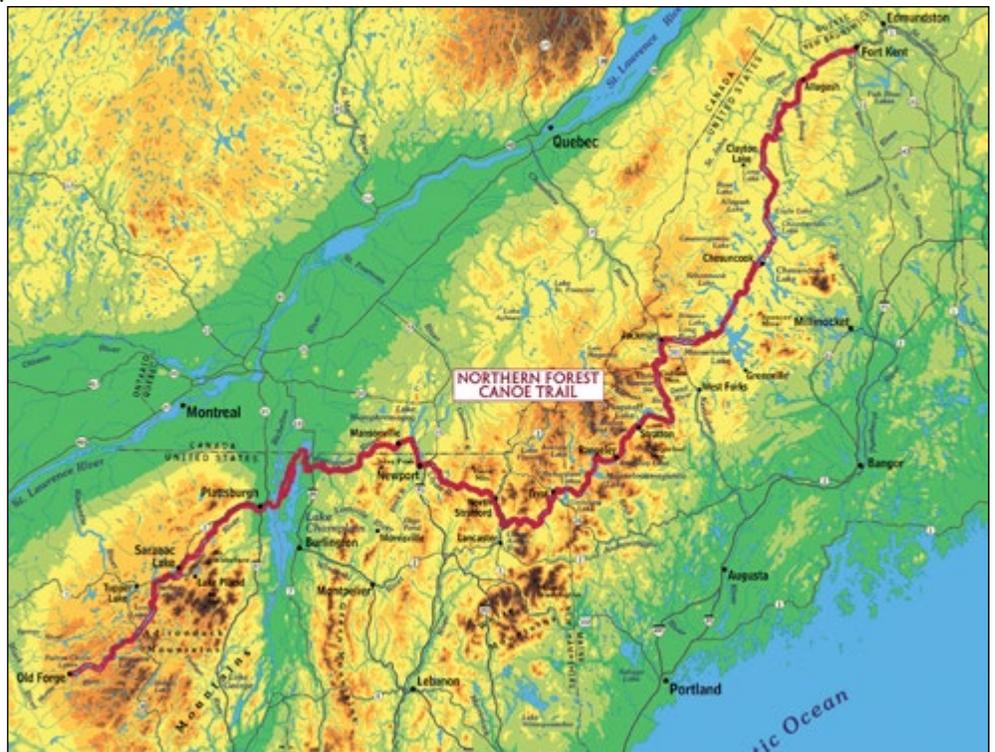
This summer we have two trips. One will take place in the Forked Lake area and one will follow the Raquette River. In the past, we have run trips to other areas. In the past, we have run trips from Saranac Lake to Tupper Lake that went through Upper Saranac Lake on the way to the Raquette River, via Indian Carry.

In addition, NFCT is currently collaborating with local businesses and nonprofits on a number of paddling-related events in New York, including several in Saranac Lake. On June 11, we will host our own festival called the Paddlers Freshet Fest. This event will include instructional clinics and guided trips on Adirondack waters, capped off by a dinner and presentations at Mount Pisgah ski lodge. Our goals are to help people improve their paddling skills, introduce visitors to area waters, and give the tourism economy a boost. The event is organized in partnership with local businesses and nonprofits including St. Regis Outfitters, Adirondack Lakes & Trails Outfitters, Placid Boatworks, Raquette River Outfitters, Broadwing Adventures, Mike Lynch Photography, Adirondack Mountain Club and the Wild Center.

NFCT is also working with some of these partners to reestablish a river clean up in downtown Saranac Lake on June 25 and to organize several smaller paddling-related events at downtown venues.

Anyone who is looking for more information about these programs or wants to participate can find out more information on our website at www.northernforestcanoetrail.org. You may also contact me at mike@northernforestcanoetrail.org or call 518-524-4770.

We also welcome suggestions for future projects and programs on Upper Saranac Lake.



NFCT Map

Friends of Eagle Island Update

Paula McGovern



For those that have not been following our story, Eagle Island is a National Historic Landmark Adirondack Great Camp and operated as a Girl Scout sailing, outdoor skills and adventure camp for over 70 years. In 2009, the Girl Scouts suspended use of the camp while it evaluated its options. In 2011 the camp was put on the market for sale. FEI acquired the property this past fall.

In addition to FEI's primary mission of operating a youth camp on Eagle Island, Friends intends to provide a handful of visitors' programs that allow participants to enjoy outdoor, educational experiences in a setting of unique beauty and serenity amid buildings of national historic significance. Programs will promote public understanding, appreciation, and stewardship of Adirondack heritage. There will be a modest number of dates for historic or ecologic tours, community days and the like. These will be daytime visits scheduled well in advance for the practical reasons of transportation, safety and security. The family and adult use of the camp will be complementary to our base mission - an ancillary use. These programs are not expected to be a major revenue source but rather a means to provide an opportunity for FEI to share the island with like-minded guests to further preserve and conserve this magnificent place.

Land Use Discussions

One of the most important activities in the past few months has been pursuing zoning and permitting matters with the Town of Santa Clara. Because the Girl Scouts discontinued use of Eagle Island as a youth camp for over five years, it is no longer a permitted use as such under Santa Clara's land use code. Due to the lapse in permitting requests as a group camp, FEI now needs land use approval to utilize the property as a group camp and Friends has requested that the Town of Santa Clara consider adopting an amendment to its Land Use Code.

As part of our ongoing discussions, the Town asked Friends to reach out to the local community for support of our efforts. FEI has begun that process and has already received an outpouring of letters of support and encouragement.

Indeed, FEI has welcomed the opportunity to obtain community input. In early April, FEI held an informal discussion at Historic Saranac with a number of community members and plans to host other events in the community to introduce FEI and to openly discuss plans and concerns. FEI is pleased to be invited and to participate in the upcoming USLA Annual Membership meeting and looks forward to meeting more of our neighbors on the lake. Upcoming discussions will be advertised through the USLA website and other media outlets.

This process of obtaining input from the community has been very helpful in identifying, dispelling and addressing some concerns raised by some members of the community. One example is a



concern that jet skis and motorized PWC might become part of Eagle Island. That will not happen. Eagle Island will continue programming that embraces nature and has low environmental impact, which means NO jet skis or PWC.

Another concern that a few lake shore



Historic photos are from "Adirondack Collection, Saranac Lake Free Library"

owners have raised is the possible excessive noise in the evening from the Mariner Boathouse, particularly given its location on the eastern shore of the island. Although specific programming and uses are not finalized, FEI will ensure that evening activities in that building will be limited to the earlier hours; the Main Lodge and Dining Hall, both of which are set back from the lake and protected by trees, will be designated for any group evening activities.

Eagle Island is and will remain a rustic destination, with activities which encourage guests to slow down and enjoy the natural and historic surroundings.

Current Work and Summer 2016

The National Historic Landmark buildings, along with the ancillary buildings, need repair and, in some cases, replacement of roofs, both to preserve the structures and provide a safe environment for guests. In addition, the electrical, water and septic systems need to be upgraded. The winter months have given the Friends an opportunity to develop detailed next steps for Eagle Island. We are making progress on the restoration and repair plans by working with our engineers and historic preservation architect. More definitive evaluations will be forthcoming now that ice is out and our consultants can get to the island safely.

As we work on obtaining zoning approvals and permits, activity will begin soon on the island to address the needed repairs and upgrades.

Ice out has also allowed us to get a closer look at our boats. Many of you may remember the Ark which was a reliable vessel to ferry folks to and from the island for many years. You can now see the Ark at Spencer Boat Works for sale. We had to part with this piece of nostalgia for something more efficient. Recently, we were able to purchase a late model pontoon boat that will be used to ferry guests and contractors to the island this summer. Also this summer we will be arranging a few visitor days for the community, alumni, and other supporters.



One such visitors' day is scheduled for Monday, July 11 1-4pm details to follow, or visit friendsofeagleisland.org

Environmental Committee Continues Recycling Efforts, and More

Steve Maikowski, Chair

Our survey of USLA members on current recycling practices revealed some very interesting information. We were pleasantly surprised by the almost 50% response rate to the survey, a very high percentage for such on-line surveys, which indicates to us that the USLA community is interested in the recycling issue. Of those respondents, almost 90% indicated that they currently recycle, also a very high figure. However, we suspect that the 50% of USLA members who did not reply may well include a large number of people who do not recycle, and we believe that much more can and should be done to encourage and support recycling among USLA as well as other members of nearby communities.

Another significant finding: almost 60% of respondents were not aware that there is a \$10 annual recycling permit available at both the Tupper Lake and Lake Clear waste and recycling centers. Providing that information to members of the community may by itself increase recycling—and save residents a lot of money as well.

Our Committee is currently exploring new initiatives to make recycling easier for both residents and caretakers and thus further increase recycling—and save on dumping charges--among USLA members. We plan to announce these initiatives at the USLA membership meeting on July 9, 2016. We have also arranged for the design of new recycling signs for the Tupper Lake and Lake Clear Recycling Centers. Working closely with George Eades, the Executive Director of the Franklin Lake Waste and Recycling Centers, eleven large, readable, and attractive green signs will be

installed at each center around Memorial Day. We especially want to thank Mr. Eades for supporting our new initiatives and for funding both the design and manufacture of all the new signage as well.

The Committee is also exploring several new initiatives for 2016: a lake diary program for USL fisherman volunteers that will provide statistics on the sizes of the various fish species in the lake; a composting education program, and an local environmental education program for the campers who attend the large summer camps on the lake. Please send comments and ideas to Steve Maikowski, Committee Chair, at steve.maikowski@nyu.edu. Environmental Committee Members include: Airlie Lennon, Larry Nashett, and Lynne Perry.



2 of the new recycling signs for Tupper Lake Transfer Station

Calendar 2016

Please see related articles for times and details.

May 28	USLA Board of Directors Meeting	
July 4	Wooden Boat Parade	
July 9	USLA Membership Meeting	Wild Center
July 11, 12, 13	Boating Safety Course	Santa Clara Community Ctr.
July 11	Water Shield Workshop	Back Bay Boat Launch
July 16	Zone 8 Gathering	
July 18	USL Picnic	Wild Center
July 29	ADK Lakes Alliance Symposium	Paul Smith's College
July 30	Zone 2 Gathering	
July 30	Zone 6 Gathering	
July 31	Fish Creek Ponds Paddle and Picnic	Meet at Trading Post
August (month)	Asian Clam Survey	
August 2	Upper Saranac Garden Tour	
August 8, 9, 10	Boating Safety Course	Santa Clara Community Ctr.
August 13	USLA Annual Meeting/Wine & Cheese	Saranac Inn Golf Course
August 15	Water Shield Workshop	Back Bay Launch
August 27	USLA Board of Directors Meeting	

Latest Update on the Fireboat

Jon Landsberg, Vice President

The Ad Hoc committee, set up to determine the course of action regarding the fireboat, presented its interim report to the full board of the USLA at the teleconference board meeting held on April 12th.

The report outlined the research that had been done by members of the committee to determine whether or not it was advisable to allocate monies needed to repair the boat based on estimates from Day Brothers Marina.

After conversations with the boat's manufacturer, several fire equipment distributors, boat brokers, the engine manufacturer and the Tupper Lake Volunteer Fire Department, it was the unanimous recommendation of the committee to approve the expenditure.

The essential argument was that by repairing it, the value of the boat would increase by an amount equal to or greater than the cost of repair. In addition, having the boat in working order gave us more options

going forward as pertains to fire and rescue on Upper Saranac Lake.

After quite a bit of discussion the board voted to approve the expenditure and Day Brothers was authorized to proceed with the repair. It is estimated that repairs will be complete by early to mid May.

The committee is now focused on recommendations regarding the return of the boat to the Waters of Upper Saranac. There are quite a few issues still unresolved including a working arrangement with the Tupper Lake VFD, docking the boat, responsibility for storage and maintenance etc. The committee is working to present its recommendations to the board prior to the next board meeting on May 28th so the board can vote on a final resolution.

If you would like to offer any comments or suggestions to the committee, please email me at jon.landsberg@gmail.com.

Safety Committee

Michele Brown Garcia, Chair



New York Safe Boating Course returns to USL

The NYS Safe Boating Course is being taught once again at the new Santa Clara Community Center.

WHEN: July 11, 12 & 13th from 9 AM until 12 noon each day and again on August 8, 9 & 10th, from 9 AM until 12 noon.

WHERE: The new Santa Clara Community Center, located at 5367 State Route 30 near USL.

WHO: Anyone interested in taking the course must be at least 10 years of age by the first day of the course. Anyone 18 and over is required to pay a fee of \$10.00 payable to NYS at the end of the course.

NOTE: NYS passed a law in 2014 stating that anyone born on or after May 1st, 1996 is required to take this course in order to operate a motor boat of any size.

The course runs for 3 mornings. You must attend all three days and take a test in order to qualify for a certificate.

It is recommended that you sign up early. Please contact Lynne Perry to register or if you have any questions at 518-359-2630 or lgper2optonline.net

Michele Brown Garcia will teach the course with support from Dave Perry.

CPR & First Aid Courses:

CPR class is July 20th.

First Aid Class is July 21st.

The times & location are TBA .

Classes are sponsored by USLA.

Please Note: The first aid course has had several changes from what has been taught in the past.

For information or to sign up please contact Sonny Young at 518-359-8194 or adkfoothill@yahoo.com

Membership Report

Dean Butts, Chair

In addition to the 149 Early Birds who have already renewed through our website, we mailed 751 dues statements on April 14th. If you received a statement it means we have not yet received your renewal for 2016. We urge you to send the Membership form with your check for \$45 now while it is on your mind. You will then be assured that your name will appear as a paid member in the October issue of Mailboat.

The USLA mailbox is full of envelopes responding to the Dues mailing; that is a good sign. Also, Sara reports that we have 200 members who have paid their dues every year since 2005, a record that any membership organization would be proud of.

Good things are being planned and happening with USLA. Please join now and be part of it.

Missing a Dock?

Found a Dock?

Sara Sheldon

Many people are returning to the lake and finding that their dock is gone after the winter storms or they have found someone else's dock. Go to the Classifieds page of our website to check. Email usla@uppersaranac.com if you would like to post an item missing or found. Other items will also be posted such as canoes, boats, tubes and life jackets.

Saranac Summer Not-To-Be Missed Events

Sally Ward, Cultural Affairs Chair

Mark your calendars now for these great USLA-sponsored events!

Fish Creek Ponds Paddle and Picnic Sunday July 31

9:30 a.m. - meet at Trading Post on Rt. 30

Veteran paddler and USLA Board member, Jeff Dickson, will lead an outing through the creek and into several seldom-visited scenic ponds. Bring your camera, swimsuit and your own canoe or kayak. This is a relaxing outing with no carries. We'll provide the picnic lunch and beverage.

Upper Saranac Garden Tour Tuesday August 2

**11:15 a.m. - 3:00 p.m.
(Rain date: August 3)**

This is a rare opportunity to see three uniquely-Adirondack properties and learn how to maximize gardening success in challenging weather and soil conditions. At the first stop, stroll down to the lakefront for lunch on the expansive porch and take in the owner's perennial, shade, rock and vegetable gardens. Then on to

the neighboring Bucknell estate to see the original hundred year old hydrangeas planted by Emma Bucknell of Bucknell University fame. Admire the Bucknell children's playhouse and the re-established perennial gardens. Finally, visit one of the original Saranac Inn cottages where the owner has transformed the property into a beautiful woodland garden. Dessert will be served at this final stop. Sincere thanks to the Cohen, Rothschild and Gitlitz families for their hospitality!

Registration limited to 20

USLA Membership Meeting and Wine and Cheese Party

**Saturday August 13
Saranac Inn Golf Club
4-6 p.m.**

Meet and greet fellow lake lovers and bring your voice and vote to a very brief but important USLA meeting followed by a convivial wine and cheese celebration.

**For more information or to register, email
cultural@uppersaranac.com**

Adirondack Health Announcement: The Healthy You Wellness Center

About the Healthy You Wellness Center

At the Healthy You Wellness Center, patients are treated for common medical conditions, such as upper respiratory and sinus infections, bronchitis and sore throats, ear and eye infections and urinary tract infections.

Operated by Adirondack Health Regional Medical, P.C., the Healthy You Wellness Center is a collaborative effort between Adirondack Health and Kinney Drugs in Tupper Lake.

The Healthy You Wellness Center at Kinney Drugs is currently open Monday to Friday, 4 to 8 p.m. No appointments are necessary. In addition, medications are available by prescriptions at the Kinney Drugs pharmacy on site or the pharmacy of the patient's choice. The cost for an office visit is \$40. Cash, credit card or personal check are acceptable forms of payment. On-site staff can provide documentation to submit to your insurance provider.

For more information visit www.AdirondackHealth.org.

The USLA store is back!

Andrea Maikowski

We are happy to announce that this summer will see the return of our favorite lake items--hoodie sweatshirts, baseball caps and stemless wine glasses branded with iconic ADK images and a USLA logo. Samples and products will be available at the first membership meeting on July 9 and we will be taking orders all summer. As we go along if we find there is a lot of demand for other items (car decals, tee shirts, towels) we will look into adding those items.

As in the past, profits from the store will benefit the USLA scholarship fund.

Watch future issues of the Mailboat and e-newsletter announcements for more information on how to get your USLA items!

Contact Andrea at maiksaac@optonline.net with any questions or comments.

Volunteers needed for the Asian Clam Survey

Guy Middleton, Lake Manager

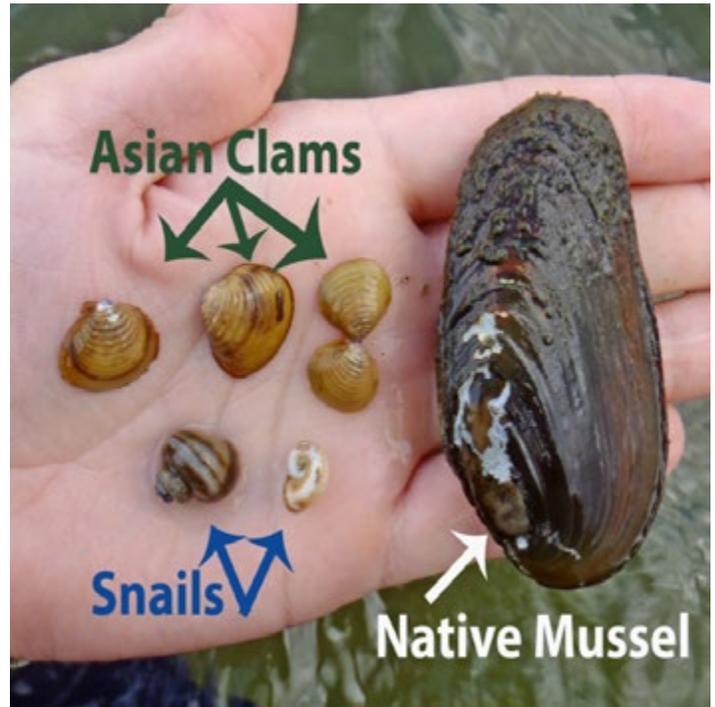
Last year, 27 people volunteered for the Survey, taking over 800 samples along our shorelines. The good news, we didn't find any Asian Clams! But this doesn't mean we are done. Prevention is the best method of protecting Upper Saranac Lake from any invasive introduction, and early detection is the next line of defense. We know that if we find an infestation of Asian Clams early enough, it provides us with a better opportunity to eradicate the invasive.

The Upper Saranac Foundation will again be sponsoring an annual Lake-wide Survey for Asian Clams. The USF is asking people to join us in the Survey effort by taking sediment samples from sandy, shallow areas near shore at predetermined locations. Volunteers of two or more can perform the Survey at their leisure any time in August. This is a great opportunity for friends and families to get together to help our Lake and have fun in the water. Can you think of a better way to enjoy a warm summer day, while giving back to the Lake?

Why we don't want Asian Clams in USL

Asian Clams can grow and spread rapidly, displacing native species, reducing biodiversity and altering the food web. Nutrients, from their excrement, can degrade Water Quality and feed plant and Algal growth. These Clams create direct impacts on the recreation and tourism economy and reduce property values. In addition they can obstruct water pipes for drinking water and may contribute to human health hazards. High concentrations of Asian Clam shells in beach or swimming areas can cause lacerations that deter users.

Volunteers will be instructed in what to look for, how to look and what to do at the conclusion of the Survey. More detailed information, including the 2015 Asian Clam report, can be found on the Upper Saranac Foundation's Web Page at: <http://usfoundation.net/blog/asian-clams/>



Emily DeBolt

For further information about the Asian Clam Survey, or better yet, to volunteer and pick up your Survey kit, contact Guy Middleton, Upper Saranac Foundation Lake Manager and Volunteer Asian Clam Survey Coordinator, at lakemanager@uslf.org.

USF 2016 Summer Events

Upper Saranac Foundation
It still is, and always will be, about Water Quality



Monday, July 11

Water Shield Workshop, Back Bay Boat Launch

Friday, July 29

Adirondack Lakes Alliance, Lake Association Symposium, Paul Smith's College, www.adirondacklakesalliance.org

Monday, August 15

Water Shield Workshop, Back Bay Boat Launch

Any time in August

Volunteer Asian Clam Survey

Registration and additional information can be found on the USF web page at www.uslf.org

IN MEMORIAM

NOLAN POWELL

Nolan Powell passed away May 3, 2016 at age 92. Nolan is survived by his children, Alan, Susan, Scott, David, Kenneth, Jeffrey and Marilyn, 6 grandchildren and 2 great grandchildren. He was predeceased by his wife Eleanor, granddaughter Bobbi Ann and brother Gray Powell. He served in the 517th parachute Infantry in World War II. He taught social studies at Wayne Central High School and was active in local historical societies. After retirement, Nolan actively researched the history of the 517th Parachute Regimental Combat Team. Nolan had a home in Sekon on Upper Saranac Lake.

MARGARET "PEGGY" MICHAUD

Peggy Michaud died April 22, 2016 at age 87. She was predeceased by her husband Neil Michaud, one son and one grandson. She is survived by son George, 3 grandchildren and several great grandchildren. Neil and Peggy owned a home on Bartlett Carry Road and spent many summers on Upper Saranac Lake.

The Water Shield Workshop

Guy Middleton, Lake Manager



Guy Middleton

The Upper Saranac Foundation (USF) is pleased to announce the return of the Water Shield Workshop. In cooperation with Paul Smith's College Adirondack Watershed Institute (AWI) and the Upper Saranac Lake Association (USLA), last year's Workshop was such a great success, we are going to do it all over again, this time with even more offerings. The Water Shield Workshop is an exciting new way for shore owners to get involved with the efforts to improve and maintain the Water Quality of Upper Saranac Lake.

Come aboard AWI's boat, the Water Shield, and find out what makes Upper Saranac Lake so special! Learn about the Lake's Watershed, it's Ecosystem, Lake Stewardship, Invasive Species, and visit with our divers, who will be harvesting Milfoil. On board, you'll enjoy an Upper Saranac Lake hands-on experience through experiential education and engagement.

Who? All ages are welcome, but the focus will be on school aged children, 10 and older. Families are encouraged to take part. Participants under the age of 10 will need to be accompanied by an adult and provide their own lifejacket.

When? Two sessions: Monday, July 11 & Monday, August 15 from 9:30 am - 2 pm. Participants are asked to arrive between 9:00 and 9:15 AM to be fitted with life jackets.

Where? USF's Water Shield Workshop will begin at the NYSDEC



Guy Middleton

Back Bay boat launch at the Northern end of the Lake at Saranac Inn.

Cost? There is no cost for your Water Shield Workshop journey, but reservations are required, no later than five days prior to the event. The USLA will be providing lunch.

Your Journey: Aboard the AWI Water Shield, you will be testing Water Quality, measuring water clarity and conducting Plankton tows to see what's living just below the water's surface. On land, participants will learn how watersheds work by using a watershed model, and see what impacts the watershed we live in.

Sounds like fun doesn't it! If you were a part of the fun last year, come on back for some new and exciting events. I hope you can join us to explore the ecosystem and determine the Lake's health and, most importantly, to find out what you can do to preserve the Lake for future generations.

Reservations are required. Sign up by contacting USF's Lake Manager, Guy Middleton, at lakemanager@uslf.org. Space is limited, so sign up early. Additional information can be found on the USF web site at: <http://usfoundation.net/>

I look forward to you joining us to find out what makes Upper Saranac Lake so unique.

Guy Middleton
Lake Manager
Upper Saranac Foundation lakemanager@uslf.org



Guy Middleton

"My family had a fantastic time at the water shield workshop — they learned a lot and had fun — what a great opportunity — thank you so much for organizing this"

Suzanne F. Smith

"I wanted to let you know that Grace and Chloe had a fantastic time at the workshop. They learned so much and they loved the hands on approach. The College students that were helping made the day even more enjoyable for them. We are looking forward to more lake adventures next year!"
Thank you so much,

Jackie Winchester

"I just wanted to thank you and your team for organizing such a great workshop. The kids and I got a lot out of the experience. The hands on activities really went a long way to illustrate the issues lake managers are faced with and the methods used to keep track of it all — I wish more education could be presented in this way!"

Diana Webster

Fare thee well

Susan Hearn

After many years, Nancy Howard, Zone 9 chairman and immediate Past President of the USLA, has elected to step down from her zone responsibilities, effective immediately. Nancy has been chairman of Zone 9 since Junie Potter passed the torch to her in 2002.

According to Nancy, there was never any question that she would assume the zone responsibilities from Junie; Junie wanted it that way. Junie, apparently, had a very convincing personality. Nancy has brought a similar quiet, persuasive style to her role. Her dedication to the zone responsibilities, indeed her dedication to the USLA, has been exemplary. Even this spring, upon learning of a property changing hands, she sought out the USLA welcome letter to greet her new neighbors.



Hollie Howard

Nancy and Norman Howard at Fish Creek Ponds

I know we will miss the wisdom and experience that she has brought to the board. She has such a wealth of knowledge about the community, the history, and the lake. After her leadership on the USLA board, she soon takes the reins of the Adirondack Garden Club, a member of Garden Club of America. We wish her well in her new endeavor and know that all Adirondack gardens will be well served.

I asked Nancy to reflect on the highlights of her time as zone chairman and on the USLA board, and she kindly agreed to provide some thoughts.

Nancy, in her own words:

Highlights? Oh my. My first USLA files look as though they were typed on a Royal typewriter. And those from Junie Potter are hand written.

Zone 9 Chair Board member highlights over the years:

- The increased overall membership engagement including youth; and increase of year round residency on the lake.
- The dedication and follow-through of those hardy souls to ensure the restraint and containment as best possible of Eurasian water milfoil - an Adirondack bragging right.
- The birth of the Foundation, hiring of our current lake manager and combined overarching dedication;
- Increasing to ever-ready efficiency in communications with membership - via expansion of the Mailboat and creation of the website and E-Mailboat;
- Keeping abreast of the near fairytale story of Friends of Eagle Island.

- Maintaining the genuine interest in offering local scholarships by adding appropriate-to-our-mission qualifications;
- Increased communications and working relationships with the surrounding communities and their governance;
- Welcoming onto the board continued, dedicated new leadership.

More personally over the years:

- Treasured friendships
- Zone 9 July gatherings
- Actually receiving phone calls from zone 9 neighbors....How much clearance need a water skier leave between himself and my dock? Are there children this week on Birch Island? Is there a housekeeping service in Tupper Lake? Do you have a standard poodle? (Oops). Pipe dream phone call: Who might we call to come give a good look at our septic system?

I have very much enjoyed the zone chairmanship especially from the standpoint of knowing neighbors and sharing interests that make our lake so special.

Zone News

The following gatherings have been scheduled. Watch for invitations from your zone chair.

Zone 2

Chair - Mary Ann Randall
July 30 5-7 pm
26 Loon Over Lane

Zone 6

Chair - Cheryl Joyce
July 30 4 pm
Del Greico camp
Guy Middleton will speak

Zone 8

Chair - Jane Oravec
July 16
Details to follow



Children On the Point

Ellen Benheim

Wild Center Invitation

Tim Holmes, Membership and Appeals Officer, Wild Center



Rick Godin

Save the date for the
Upper Saranac Lake Picnic
this summer at
The Wild Center

Monday, July 18, 2016 5:00 to 7:30 pm

Please join us for a casual evening by Greenleaf Pond with your family and Upper Saranac Lake neighbors.

The meal is picnic fare served buffet style, and after dinner visit with the otters, paint a picture, or stroll along Wild Walk after hours.

No charge, with reservations by July 11 very much appreciated—
by email to rsvp@wildcenter.org or call 518-359-7800.

The event is hosted by a group of your neighbors in recognition of the leadership by Upper Saranac Lake residents in establishing and growing The Wild Center.

THE UPPER SARANAC LAKE ASSOCIATION

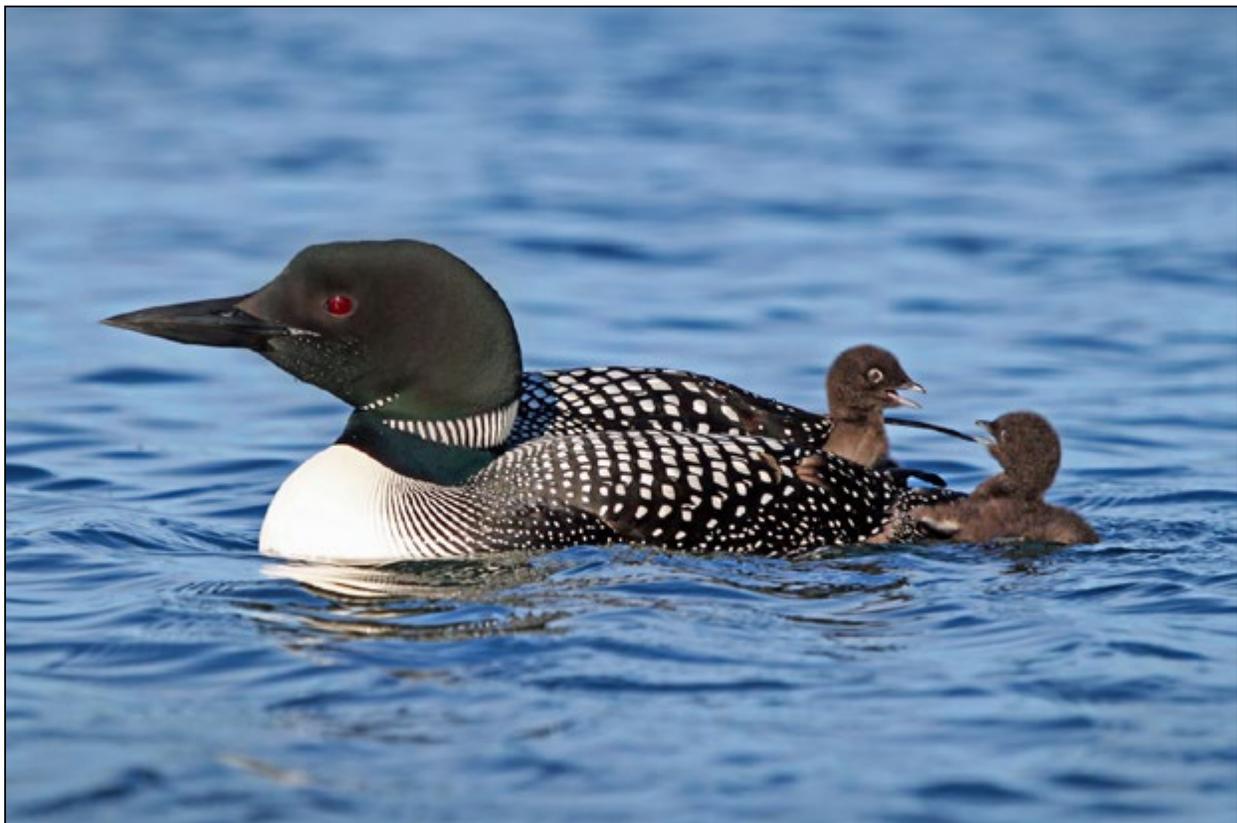
MAILBOAT

MAY 2016

Upper Saranac Lake Association, Inc.

P.O. Box 892

Saranac Lake, NY 12983



Ed Pattishall

Loons