



# LUNCH MENU

## WEEK OF FEBRUARY 13<sup>TH</sup>



ST. HILDA'S & ST. HUGH'S

a hands-on approach to fresh food

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Beef Barley	Vegetable	White Bean and Bacon	Chicken Noodle	Tomato
<b>ENTRÉE</b>	Breaded Chicken Tenders	Hamburgers and Cheeseburgers	Farfalle and Meatballs	Shepherd's Pie	Breakfast Sandwiches Scrambled Eggs and Cheddar Cheese
<b>VEGETARIAN ENTRÉE</b>	Spinach and Phyllo Casserole	Eggplant Parmesan	Zucchini Lasagna	Stuffed Cabbage with Vegetables and Rice	Baked Market Fish with Roasted Tomatoes
<b>ACCOMPANIMENT</b>	Mashed Sweet Potato	Steamed Broccoli	Sautéed Spinach	Steamed Garden Vegetables	Sautéed String Beans
<b>ACCOMPANIMENT</b>	Mixed Grain and Rice Pilaf	Baked Oven Fries	Italian Bread	Warm Dinner Rolls	Homestyle Potatoes
			<b>ITEMS LISTED BELOW ARE OFFERED DAILY, BASED ON SEASONAL AVAILABILITY</b>		
<b>MAKE YOUR OWN</b>	<b>SANDWICH</b>	Ciabatta Roll Club Roll Whole Wheat Bread Gluten Free Bread	Turkey • Ham • Grilled Chicken • Tuna		
			American • Provolone • Cheddar • Mozzarella • Condiments • Hot Sauce		
	<b>SALAD</b>	Romaine • Boston Arugula • Escarole	Lettuce • Tomato • Pickled Onion • Roasted Vegetables • Carrots • Beans Celery • Cucumbers • Hard Boiled Eggs • Cheeses		
			Balsamic Vinaigrette • Apple Cider Vinaigrette • Caesar Dressing CTY - LREI Pepper Sauce • Oil & Vinegar		
<b>COMPOSED SALADS</b>		Protein Salad Grain Salad Vegetable Salad	<b>Our Salads are Seasonally Based and Change Daily</b>		
<b>BEVERAGES</b>			Homemade Aqua Fresca • Flavored Waters • Reduced Fat Milk from Battenkill Creamery		
<b>DESSERTS</b>			Fruit Salad • Whole Fruit		