



FAMILIES FOR FAMILIES

QUARTER TWO



WWW.CAREFORAIDS.ORG

TABLE OF CONTENTS

WELCOME (02)

WHAT IS CARE FOR AIDS? (03)

HOW TO TALK TO YOUR KIDS ABOUT HIV/AIDS (04)

FAMILY STORY SPOTLIGHT (05 & 06)

VIRTUE, PRAYER & VERSE OF THE QUARTER (07)

CONVERSATION STARTERS (08 & 09)

LIVE ON PURPOSE (10 & 11)

A NOTE TO PARENTS (12)

LOVE & SERVE DAY ACTIVITIES (13)

RESOURCES (14)

HOW TO SHARE WITH OTHERS (15)



WELCOME!

We are so glad you have joined us! We are a group of parents that desire to live out our faith and to love Jesus and others while teaching our children to do the same. We have created this toolbox to come alongside you and make serving other families easy for you! Each quarter, we will have a virtue and memory verse we are focusing on, an East African family we will get to know better, and a service-related project to raise awareness for CARE for AIDS and support families living with HIV/AIDS. Most of all, we want to make it easy for you to create conversations around service, generosity, compassion, caring for others, and this exciting journey of faith! Each quarter a new Families for Families newsletter will be released on the CARE for AIDS website to equip and encourage you in these areas. There will be suggested activities, conversation starters, discussion questions and more! We look forward to embarking on this journey with you and your family!

WHAT IS CARE FOR AIDS?

For those of you new to Families for Families, watch this video to learn more about CARE for AIDS.



MISSION & VISION VIDEO

Want to watch a great video of a family who has been through the program? Check this one out as a family!



THE KARANJA'S VIDEO

HOW TO TALK TO YOUR KIDS ABOUT HIV/AIDS

PRESCHOOL SUGGESTION

People with AIDS are sick, sometimes very sick, and we want to help them feel better!

ELEMENTARY SUGGESTION

HIV/AIDS is a disease that makes your body too weak to fight off other diseases. Think of it like a cold. If you get a cold, your body is weak and tired and cannot protect itself against other infections. However, with HIV/AIDS, you can't catch it through the air like a cold, only through infected blood. So you can't get HIV/AIDS by high-fiving, hugging, or even sharing a drink or snack with someone who has the disease. If people with HIV/AIDS take their medicine every day, they can feel healthy and strong just like you and me. If they don't take their medicine every day, their bodies get weak and they start to get lots of sicknesses until their body just can't fight off the bad germs anymore.



FAMILY STORY SPOTLIGHT

MEET MARGARET! Margaret is a tall woman with kind eyes. As a child, Margaret was orphaned when her mom died. She was then taken in by her father and her stepmother, who treated her unkindly.

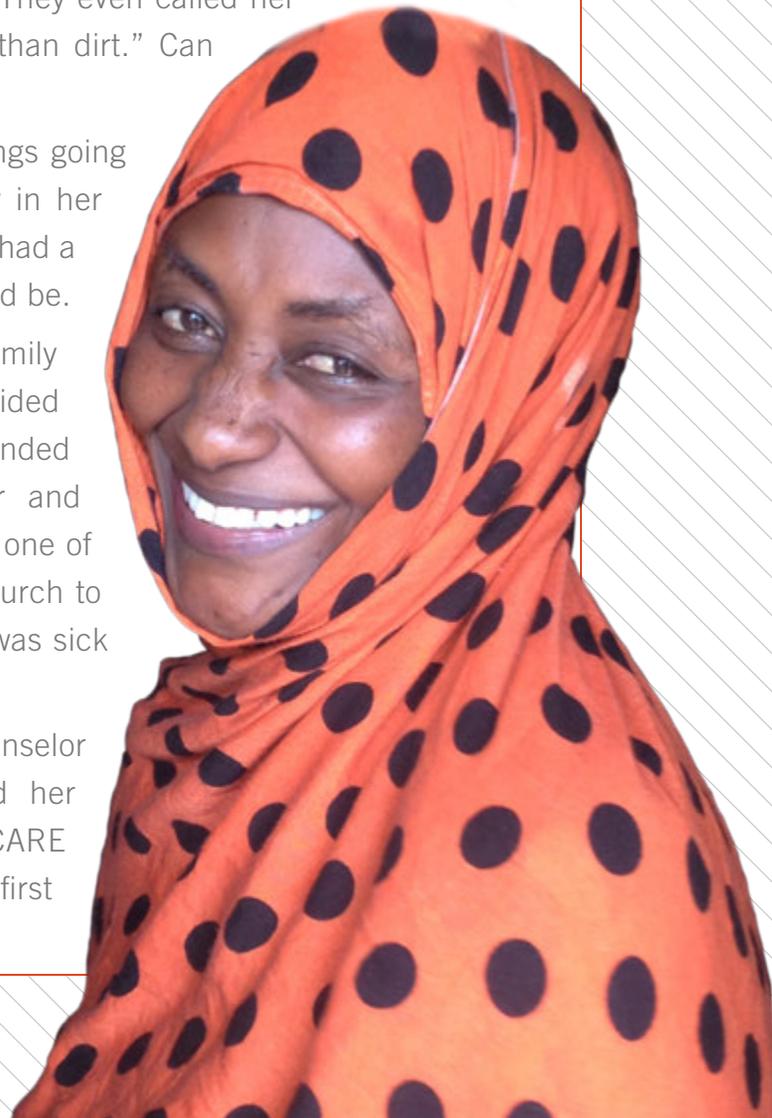
Margaret was unable to finish high school and got married young.

She was happily married and living with her husband and two children when she found out she was pregnant with twins. Sadly, soon after, her husband was in a terrible car accident. Margaret and the children went back to live with her father and stepmother. During this time she got very sick and went to the hospital and tested positive for HIV/AIDS. This was a very hard and sad time for Margaret. In Kenya, people often make fun of others with HIV/AIDS. Sometimes they even call it the “strange disease.” They don’t understand the sickness so they ignore and reject people with the disease. This is what happened to Margaret. The only family she had left at this time were a few aunts and cousins. Sadly, they kicked her out of their homes and didn’t want to spend time with her or her children. They even called her mean names like “snake” and “worse than dirt.” Can you imagine being called those names?

Even during all of the sad and hard things going on in her life, Margaret says she knew in her heart that her life mattered. She felt she had a purpose, but didn’t know yet what it could be.

A few years later, Margaret and her family moved to Mombasa to start over. She decided to go to a church where her cousin attended even though her cousin rejected her and called her names. The cousin even told one of the CARE for AIDS counselors at the church to stay away from Margaret, because she was sick and worse than dirt.

But guess what? That CARE for AIDS counselor reached out to Margaret and showed her Jesus’ love. He signed her up for the CARE for AIDS program at the church. In the first



FAMILY STORY SPOTLIGHT CONT'D

few months of the program, Margaret was told about a great God who loved her so much he died to give her life, life that mattered and had a purpose.

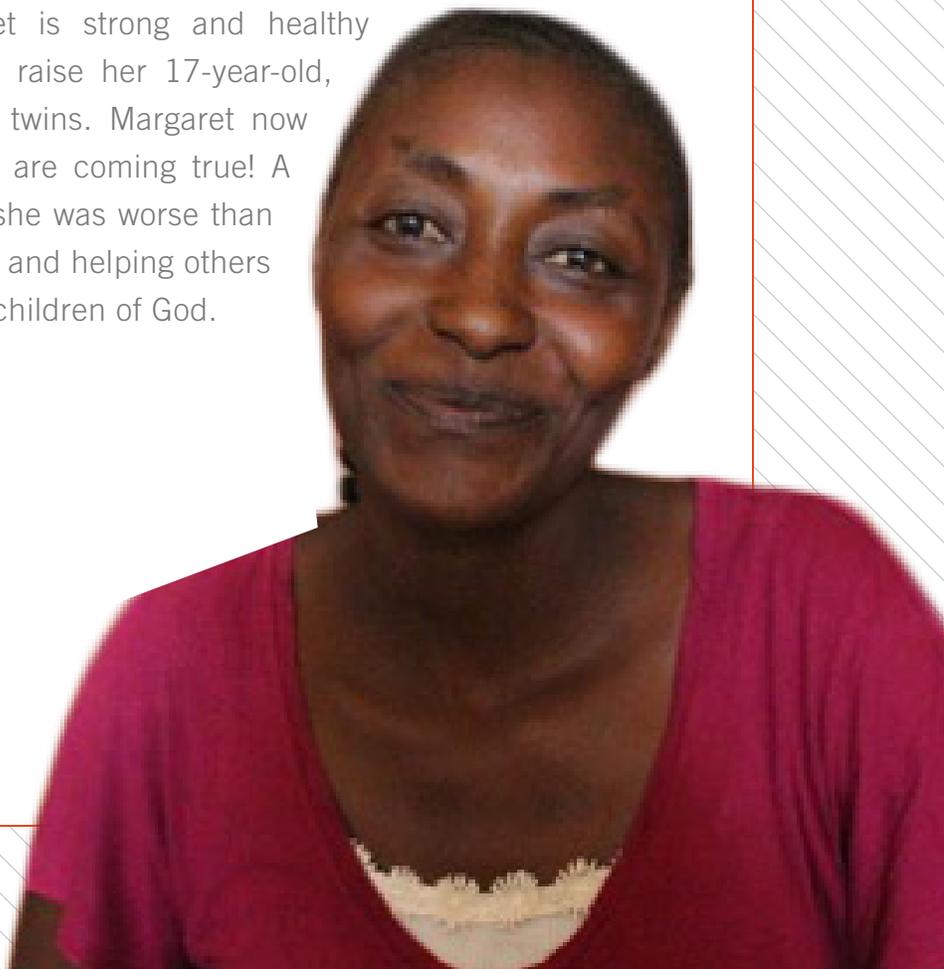
This was exactly what Margaret was waiting to hear! She gave her life to Jesus in the first month of the program and began to dream again of what her life could be.

Margaret said, "My life was dim. I sensed bitterness growing in my heart. But the CARE for AIDS program has been perfect for me. It has made me become who I am."

Because of her hope in Jesus, Margaret has a dream of a purpose for her life. She wants to help other women who have been rejected and broken-hearted find their purpose through Jesus.

Margaret completed the CARE for AIDS program and loves telling others about it. Her heart's desire is to share the importance of Jesus when feeling sad and rejected. Through her understanding of God's love for her, Margaret has helped others know their value and learn to take care of their physical health. Margaret also finds purpose in her story of forgiveness and shares with others the heart-healing power of offering and embracing forgiveness.

Today, 40-year-old Margaret is strong and healthy enough, body and soul, to raise her 17-year-old, 11-year-old, and 4-year-old twins. Margaret now has God-sized dreams that are coming true! A woman who was once told she was worse than dirt is now living on purpose and helping others to know they are cherished children of God.



VIRTUE OF THE QUARTER

PURPOSE

KID-FRIENDLY DEFINITION

YOUR PART TO PLAY IN GOD'S BIG STORY

EXAMPLE PRAYER

Dear God, Thank you for being our perfect Father, and for creating us for a purpose. Help us to remember you have a role for us in your story. Open our eyes to live on purpose for you. Show us each day what you have for us and how we can love you by loving our neighbors. Thank you for Margaret and the way you reminded her of her value and that she has a purpose to help others. Use us, like Margaret, to help others know that a great God made them for a great purpose! In Jesus' name, Amen.

VERSE OF THE QUARTER

**“BEFORE I FORMED YOU IN THE WOMB
I KNEW YOU, BEFORE YOU WERE BORN,
I SET YOU APART.”**

JEREMIAH 1:5A

CONVERSATION STARTERS

Keep the purpose conversation going! Here are some great questions to ask around the table. Don't forget to let mom and dad answer too!

DINNER DISCUSSIONS

- What does the word purpose mean to you?
- What might it look like to live “on purpose?” What are some jobs or things you would like to do when you grow up? If you could do any job for God what would it be?
- What does it look like to do something on purpose instead of by accident?
- How does our life change when we know we were created for a purpose? Do successes and failures, wins and losses feel different?
- When life is sad or hard, how would it help to know you have a purpose in God's story?
- The great commission, Matthew 28:19 says, “Therefore go and make disciples of all nations, baptizing them in the name of the Father and the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you.” How can you live out this purpose in your school or neighborhood?
- Did anything bad or sad happen in your day? When you look back at it, and know that God uses sad things for good or purpose, what good could come out of your bad situation? Romans 8:28 says, “And we know in all things God works for the good of those who love him, who have been called according to his purpose.”

You were made for a purpose! God thought about you long before you were even a thought in your parents' minds. He planned out a role for you in His big story.

Think of your favorite movie. Each character has a purpose, or a role to play in that movie. They may be the main star, the rescuer, the helper, the guide, or even the person trying to stop another person's purpose. There are many roles in each story, and God, the big God of the whole universe, has a role for you!

CONVERSATION STARTERS

HAVE I EVER TOLD YOU ABOUT THE TIME...

Parents - this can help you share God's story in your life with your child

- Let me tell you about a time when I made my story more about me than about God.
- Once, I was so surprised with the way God used me in His story...
- I remember meeting someone who was clearly living on purpose...
- Have I ever told you some of the ways I see God's purposes in our family?
- One of the purposes we think God has for our family is...

DINNER TIME PURPOSE CIRCLE

- At the dinner table, name a talent or skill the person on your right has (it could be a sport, musical or artistic talent, reading, writing, etc.)
- Next, go around and name a character trait or fruit of the spirit you see in that person (love, joy, peace, patience, kindness, goodness, gentleness, faithfulness and self control)

CARPOOL CONVERSATIONS

- How can you live on purpose today?
- Is there anyone you can share kindness with today at school? Whom can you invite to play or sit at your table? Including and loving people is one way to live on purpose. God has shown us the best way to live!
- Today, if you get sad or someone says something unkind to you, I challenge you to remember and repeat this, "I was made for a purpose; God chose me as His special child; He cares for me and I am His!"
- If one of your friends is having a rough day, how might you help and turn their eyes and hearts to the Lord? How might you be the good in the tough spot?
- How do you feel about playing a part in God's big story?
- Have you been wondering what your purpose might be? Or what story might God be writing with your life?



LIVE ON PURPOSE

Set a goal for the month of one thing you are going to do on purpose as individuals or as a family. For example, surprise a neighbor with something kind, like rolling in their trash can. It could be to write an encouraging note to your teacher or that lunch lady who doesn't get enough appreciation. Do something on purpose out of your love for God and see the ripple effect of how loving others points them to a great God!

PURPOSE-DRIVEN DATE NIGHT

This one is just for the moms and dads! Each of you take a piece of paper and go in separate rooms and write 5-10 kingdom-related things that get you excited or break your heart, countries or causes God has stirred in your thoughts, or areas of influence you want to have as it relates to God's mission. Come back together, discuss what you wrote and why, and see if any areas match. If so, this is an area of shared purpose in your marriage. Use it to help guide your giving and time served together as a couple and family. Discuss why and how you want to live on purpose in your marriage in the areas of your time, your money, and your influence.

SPORTS ON PURPOSE

Sports are a big part of childhood for many. Sports can be a huge time-filler and influence over our kids' lives and identity. So one thing I have thought through as a parent is I want sports to be a healthy part of my child's life and not the source of their value or esteem. With a child particularly invested in one time-consuming sport, I have developed a little "speech" I say to her occasionally about her sport:



LIVE ON PURPOSE CONTINUED

“Your sport can teach you a lot about life and faith if you look for it. You try hard things, stretch yourself and set goals beyond what you think you can do. You listen and respect your coaches. You fall and mess up and you get back up and try again, laser focused on your purpose. You don’t let outside noise distract you but just focus on what you have practiced and execute. This sport is not your identity; it is not your sole purpose in life. This sport is a gift from God that he has given you to learn about Him and yourself and bring Him glory. You don’t do sports for acceptance; you do it knowing you are accepted by a God who knows you, loves you, and made you for a purpose. Scores, wins and opinions don’t dictate your value, He does. And he calls you his treasured child, purposed to do good works he has set before you. So just have fun living out the gift he has given you.”

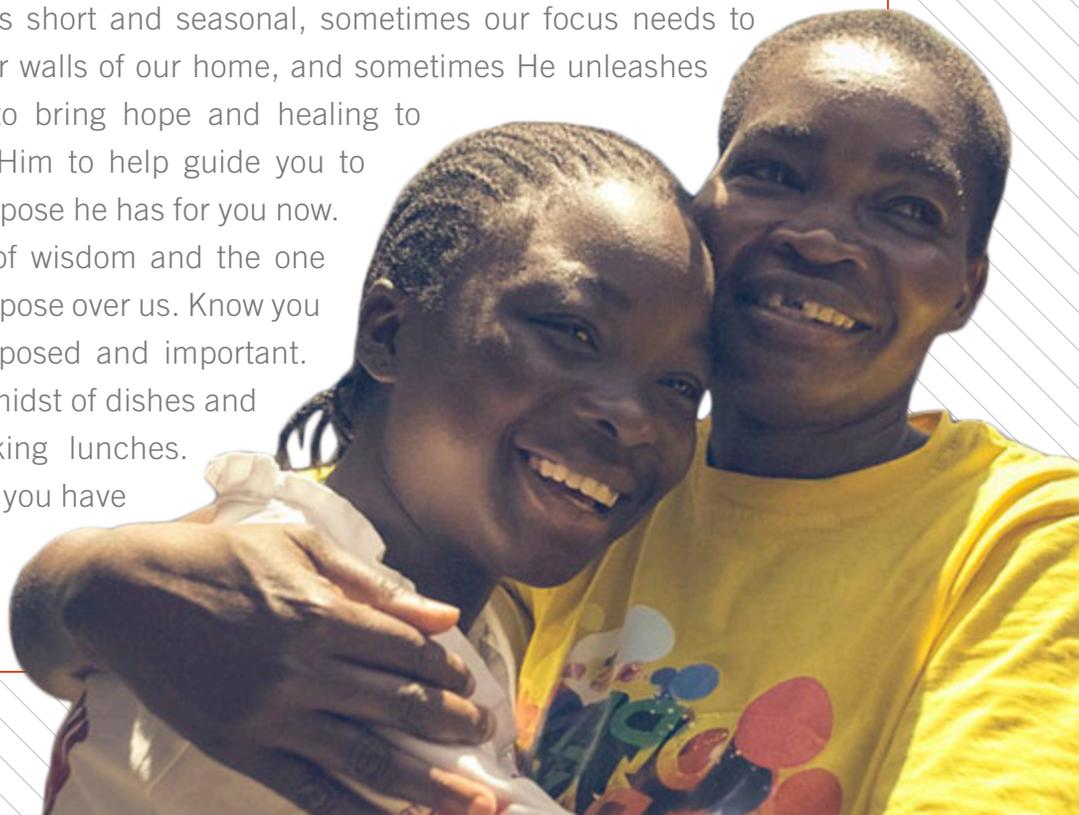
This seems to help her (and me) reframe the importance and purpose of sports in our family. It keeps sports in the proper perspective and is hopefully a continual reminder that my (and God’s) love, acceptance and value doesn’t hinge on performance, and there is purpose and life beyond sports as well.



A NOTE TO THE PARENTS

Purpose can be a hard one for us too. Sometimes the to-do lists overtake our daily life, and we feel lost in the mundane details of life. We have to be reminded ourselves that we have a purpose. Andy Stanley says “Your greatest contribution to the kingdom of God may not be something you do but someone you raise.” This is so true. We have been entrusted with a great purpose to raise the little ones in our home. Psalm 127:3-5 says, “Children are a heritage from the Lord, offspring a reward from him. Like arrows in the hands of a warrior are children born in one’s youth. Blessed is the man whose quiver is full of them.” Think about this picture, arrows in the hands of a warrior. What are arrows used for? They are held for a time in the quiver, then used to pierce the heart of an enemy. We have an enemy that wants us to forget our purpose and not raise these children to be instruments of truth. But we must cling to the fact that our children will be used to pierce the heart of the enemy with truth, with salvation, and with laser-focused purpose. Our job is to hold them for a time, build them up, remind them of their purpose, pour over them the love and grace of Jesus, then send them out, sometimes into dark places, to be the light and life of God to others. This imagery helps me parent on purpose and with the end goal in mind.

There are also seasons where we have purposes outside the four walls of our home. God has given us every spiritual blessing in Christ (Eph 1:3), and we live in a broken and hurting world. There are so many places God can use us. Sometimes it is short and seasonal, sometimes our focus needs to stay inside the four walls of our home, and sometimes He unleashes in us a purpose to bring hope and healing to others. Pray, ask Him to help guide you to what season of purpose he has for you now. He is the source of wisdom and the one who first spoke purpose over us. Know you are His child, purposed and important. Glorify him in the midst of dishes and laundry and packing lunches. Be encouraged for you have great purpose!



LOVE & SERVE DAY ACTIVITIES

We want to put these discussions into action! We hope as a family, a group of families, a neighborhood, church or community that you gather and serve together around the theme of purpose. Here are some ideas, or create your own! If you didn't take part in Quarter 1, you can see more ideas of Love and Serve days there. Let's serve this summer together with our kids!

YARD SALE It is spring after all! Gather the kids and clean out those closets and toy bins. Talk about the purpose of "stuff." It meets a need or want for a time, and then we can pass it along to someone else. Let kids write prices on stickers and stick them on the items. Let kids help make signs and posters and organize their stuff to sell. This can be a great family activity! See our printables **HERE** to let people know your yard sale benefits a cause like CARE for AIDS. You can even accept donations! Donations can be made online on a laptop or mobile device at [HTTP://WWW.CAREFORAIDS.ORG/DONATE](http://www.careforaids.org/donate).

LEMON-AID STAND Summer is coming! Gather up your favorite lemonade mix, or if you want some helpers in the kitchen, then get out that old juicer and make it from scratch! Let the kids make signs and find a great spot to set up a table in your neighborhood or park. The profits will go to a mom like Margaret if you would like to donate your earnings to CARE for AIDS! It is so neat to think that a cup of lemonade could have a bigger purpose in keeping a family together! Just \$25 raised supports a family like Margaret's through the program for a month! Orphan prevention is the purpose of CARE for AIDS and it is fun to serve as a family and let the kids take ownership in such a great purpose! You could even join with another family or two and combine your yard sale and lemon-AID stand! The more the merrier!

KICKBALL TOURNAMENT Quarter 2 ends as summer begins! This is a great time to invite classmates and their families to the park for a friendly kickball tournament! Families could donate their "entry fee" to CARE for AIDS and play family versus family until a champion is crowned! Talking about our purpose in showing kindness to others during the games is an easy way for us to build in our virtue for this quarter. You could also involve small groups at your church to learn more about Families for Families and CARE for AIDS.

VISIT OUR PINTEREST PAGE FOR
ADDITIONAL LOVE & SERVE DAY IDEAS!

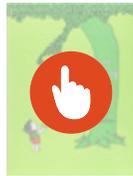
RESOURCES

BOOKS & STORIES

- Read the story of Esther in the Bible (Esther 1:1-10:3) or [CLICK HERE](#) to watch it online.
- Read “A Little Servant Girl and the Proud General” in *The Jesus Storybook Bible* or [CLICK HERE](#) to watch it online.



WHEN GOD MADE YOU
BY MATTHEW PAUL TURNER



THE GIVING TREE
BY SHEL SILVERSTEIN



A SICK DAY FOR AMOS MCGEE
BY PHILIP C. STEAD



HORTON HEARS A WHO!
BY DR. SEUSS



THE LION, THE WITCH AND THE WARDROBE
BY C.S. LEWIS

MOVIE NIGHT

Watch a movie together and afterwards discuss some of the roles the characters played and their purpose. How did they achieve it? Who did they lean on for help to allow them to follow their purpose?

Every story has a hero, villain, and guide (someone who helps the hero carry out their purpose). Look for those roles and the purpose of each character.

One example of this could be to watch the original Willy Wonka movie. Think about the different characters – Willy Wonka, Charlie, Grandpa Joe and the other children; Veruca Salt, Violet Beauregarde, Augustus Gloop, and Mike Teavee. Each of these characters has a different role or purpose in the story. In this fictional case, each character’s purpose is to teach a lesson to us, the viewers. Think about the lessons these children teach our own children. This would be a perfect time to discuss how kindness, obedience, respect for others, and generosity could be your child’s purpose in God’s big story.

HOW TO SHARE WITH OTHERS

As the author, Chris Marlow, said, “Doing good is simple.” So let’s gather our friends and family to do lots of good! Use this newsletter as an opportunity to rally your community, your small group, your mom’s group, your neighbors! Use the hashtag **#FAMILIESFORFAMILIES** on all your social media outlets so we can see the ways God is using families and small groups to impact families in East Africa!

