



FAMILIES FOR FAMILIES

QUARTER TWO



WWW.CAREFORAIDS.ORG

TABLE OF CONTENTS

WELCOME (02)

WHAT IS CARE FOR AIDS? (03)

HOW TO TALK TO YOUR KIDS ABOUT HIV/AIDS (04)

VIRTUE & VERSE OF THE QUARTER (05)

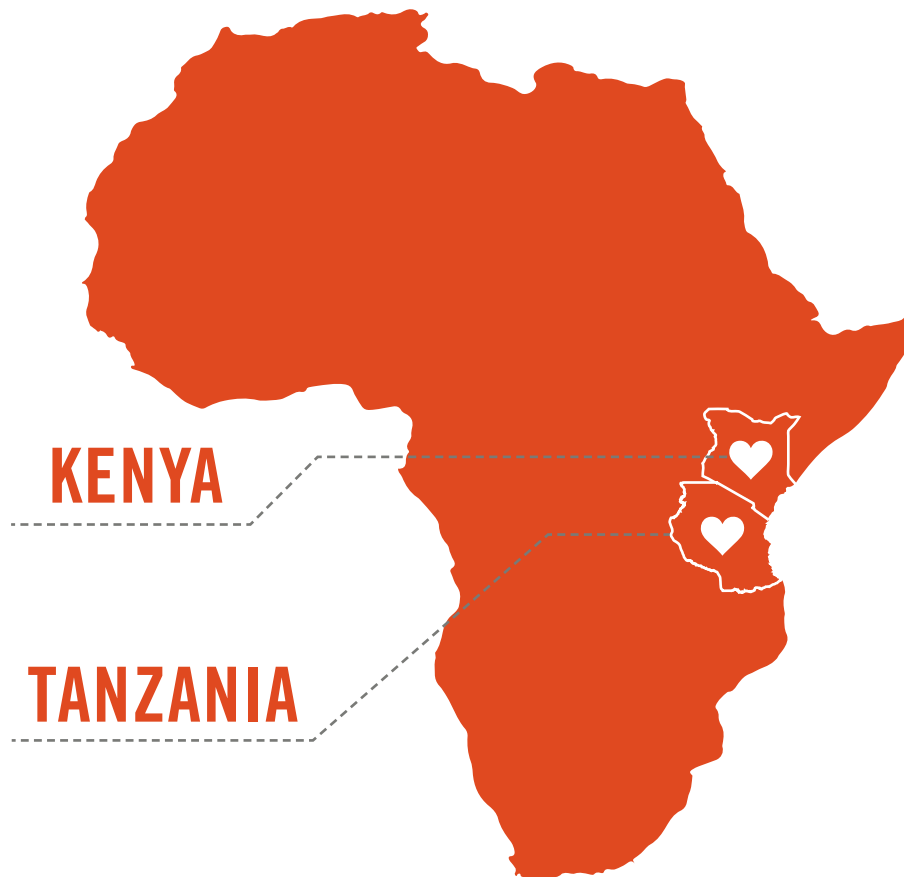
STAFF STORY SPOTLIGHT (06)

STEWARDSHIP TALK (07)

FAMILY ACTIVITY (08 & 09)

LOVE & SERVE DAY ACTIVITIES (10 & 11)

HOW TO SHARE WITH OTHERS (12)





WELCOME!

We are so glad you have joined us! We are a group of parents who desire to live out our faith and to love Jesus and others while teaching our children to do the same. We have created this toolbox to come alongside you and make serving other families easy for you! Each quarter, we will have a virtue and memory verse we are focusing on, an East African family we will get to know better, and a service-related project to raise awareness for CARE for AIDS and support families living with HIV/AIDS. Most of all, we want to make it easy for you to create conversations around service, generosity, compassion, caring for others, and this exciting journey of faith! Each quarter, a new Families for Families newsletter will be released on the CARE for AIDS website to equip and encourage you in these areas. There will be suggested activities, conversation starters, discussion questions and more! We look forward to embarking on this journey with you and your family!

WHAT IS CARE FOR AIDS?

For those of you new to Families for Families, watch this video to learn more about CARE for AIDS.



MISSION & VISION VIDEO

Want to watch a great video of a family who has been through the program? Check this one out as a family!



THE KARANJA FAMILY VIDEO

HOW TO TALK TO YOUR KIDS ABOUT HIV/AIDS

PRESCHOOL SUGGESTION

People with AIDS are sick, sometimes very sick, and we want to help them feel better!

ELEMENTARY SUGGESTION

HIV/AIDS is a disease that makes your body too weak to fight off other diseases. Think of it like a cold. If you get a cold, your body is weak and tired and cannot protect itself against other infections. However, with HIV/AIDS, you can't catch it through the air like a cold, only through infected blood. So you can't get HIV/AIDS by high-fiving, hugging, or even sharing a drink or snack with someone who has the disease. If people with HIV/AIDS take their medicine every day, they can feel healthy and strong just like you and me. If they don't take their medicine every day, their bodies get weak and they start to get lots of sicknesses until their body just can't fight off the bad germs anymore.



VIRTUE OF THE QUARTER

STEWARDSHIP

DEFINITION

THOUGHTFULLY AND JOYFULLY TAKING
CARE OF EVERYTHING GOD HAS GIVEN US.

VERSE OF THE QUARTER

“EACH OF YOU SHOULD USE WHATEVER
GIFT YOU HAVE RECEIVED TO SERVE
OTHERS, AS FAITHFUL STEWARDS OF
GOD’S GRACE IN ITS VARIOUS FORMS.”

1 PETER 4:10

STAFF STORY SPOTLIGHT

MEET DORCAS! This quarter, we want to introduce you to a CARE for AIDS staff member. CARE for AIDS has 50 centers that are all run from local churches in East Africa. Each center has two staff members: a health counselor and a spiritual counselor. Each staff member meets with his or her center's 80 clients both at the center and in their homes. Our staff loves serving the clients they work with. Meet Dorcas!

Dorcas Mwendu Muvila is married to Daniel and has her first baby on the way! She has been working as a health counselor for CARE for AIDS for over 4 years. Dorcas told us from a young age she always had a heart for people who were sad and hurting. God also gave Dorcas a heart that loves learning and loves helping others. Dorcas is stewarding these gifts well by helping people get back on their feet and stay healthy at the Waithaka Center in

Kenya. Each week she loves encouraging the 80 clients

she works with, reminding them God loves them, they

have a purpose, and she is praying for them. Also,

she often spends her vacation time serving people who are very sick in another country called Sudan.

Dorcas dreams of going back to school to get her

PhD so she can help transform many more lives;

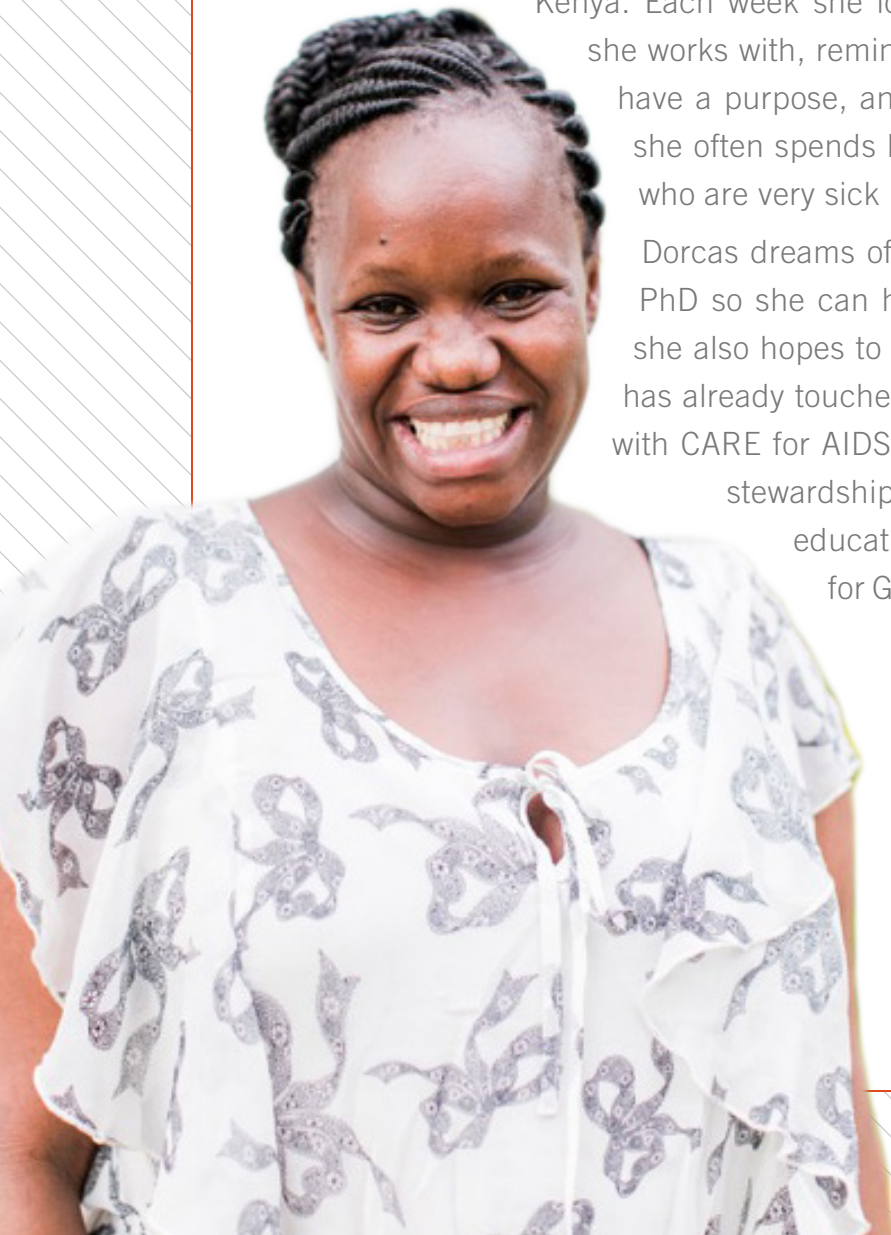
she also hopes to be a good mother and wife. She

has already touched over 400 clients while working with CARE for AIDS. Dorcas is a perfect example of

stewardship. She stewards her talents, her

education, her time, and her words all

for God's glory and the good of others.



STEWARDSHIP TALK

DISCUSSION QUESTIONS

- What do you think it means to be a steward or manager of something?
- Where does money come from?

“The earth and everything in it, the world and its inhabitants, belong to the Lord.” **PSALM 24:1**

“Every good and perfect gift is from above.” **JAMES 1:17A**

- What are things other than money God gives us to take care of?
 - Relationships - Spiritual gifts
 - Talents - Possessions
- What is the difference in something you **WANT** and something you **NEED**? What are some of our needs? What are some of your wants?
- What is one thing that would be really hard for you to give away or share with someone else?
- Has anyone ever given you a very special, valuable gift? How did you feel when you received it? How did that feeling encourage you to take extra special care of that gift?
- What would it be like if you worked really hard on a picture for your mom and dad and when you gave it to them, they crumpled it up and threw it under the bed? How would it feel instead if they framed it and told everyone about the picture and how special it was?
- Read John 12:1-8 (or “Washed with Tears” in the Jesus Storybook Bible.) What was the difference in the way Mary used what God had given her and Judas’ attitude about it?

When we understand how God has been extravagantly generous toward us, we automatically want to be extravagant in the way we love Him and others He puts in our lives!



FAMILY ACTIVITY

FOR PRESCHOOLERS:

GIVE LIVE SAVE JARS. Get a cup or a jar and write GIVE on one, LIVE on the next, and SAVE on the last. Give your child the opportunity to do some work this quarter (pick up toys, straighten a closet, gather trash from around the house, unload the dishwasher, feed a pet, etc). As you give your child coins or dollars from their work, instruct them that with each dollar we receive, we make choices about where it goes. We need to give a portion of our money back to God to remind us where it came from and to love and obey God with a cheerful heart. They can take their GIVE cup to church or donate to an organization such as CARE for AIDS.

[CLICK HERE TO DONATE](#)

Another portion is for living: things we need or want. The last jar is for savings: a choice to refrain from spending and save up for the future. This is a great tool to start learning how being a good steward with our “stuff” helps us have margin in our lives and be generous with others!



FAMILY ACTIVITY

FOR ELEMENTARY, MIDDLE & HIGH SCHOOL STUDENTS:

Use something small like M&M's and give each child 50-100 (Monopoly or Life money also works great!) Have them shape them into a circle, and have a family discussion about how you as parents spend, save, and give money. Here is a rough estimate for how you can instruct them to split the circle or use your own budget to teach! Go through each line item and have them "pay" you that percentage and explain its use. They realize quickly how each paycheck is divided and learn why we can't have everything we want all the time! Being good stewards of what God has given us requires planning and care.

GIVING: 10%

GAS/TRANSPORTATION: 10%

TAX: 30%

BILLS/MEDICAL: 10%

HOUSING: 20%

ENTERTAINMENT/CLOTHES: 5%

FOOD: 10%

SAVINGS (FUTURE VACATIONS, GIFTS, EMERGENCY FUND, ETC): 5%

BUDGET



- GIVING
- TAX
- HOUSING
- FOOD
- CAR/GAS
- BILLS/MEDICAL
- ENTERTAINMENT/CLOTHES
- SAVINGS



LOVE & SERVE DAY ACTIVITIES

YARD SALE

It's Springtime! Gather the kids and clean out those closets and toy bins. Talk about the purpose of "stuff." After it meets a need or want, we can pass it along to someone else. Let the kids price items with stickers. They can help make signs or posters and organize items. This is a great family activity! Not only can your yard sale fill those GIVE, LIVE, and SAVE jars, but you can let people know your yard sale also benefits families in East Africa! You can donate a portion of your profits or even accept donations online from your customers.

[CLICK HERE TO DONATE](#)

"LEMON-AID" STAND

Spring and summer are in the air! Gather up your favorite lemonade mix, or if you want some helpers in the kitchen, then get out that old juicer and make it from scratch! Let the kids make signs and find a great spot to set up a table in your neighborhood or park. Have your profits be another lesson on stewardship as you GIVE, LIVE and SAVE the earnings! Make a sign stating that a portion of your proceeds goes to CARE for AIDS! Just \$25 will sponsor a family for one month in this life-changing program! Orphan prevention is one of the purposes of CARE for AIDS, so let the kids take ownership in such a great purpose. You can even join with another family or two and combine your yard sale and "Lemon-AID" stand. The more the merrier!



LOVE & SERVE DAY ACTIVITIES

JOBS!

Let your kids do extra work around the house to earn a little money! Even really young kids can do big jobs!

HERE ARE SOME IDEAS:

Scrub toilets, vacuum, spray and wipe down counters, organize closets or toy bins, organize garage toys, sweep, mop, load and unload dishwasher, set and clear table for dinner, put away groceries, walk the dog, wash the car, pick up leaves in the yard, roll the trash in or out, gather household trash containers, clean out the car, etc. Give them some extra chores to do so they can learn earning money takes hard work. Reinforce the lessons on how to be a good steward of what they earn.

OTHER GREAT IDEAS FOR SPRING AND SUMMER:

Several of our Families for Families readers have done kickball tournaments with an entry fee per family, rice and beans nights (donating the amount usually spent on dinner to a CARE for AIDS family), bake sales, dog or car washes, and more—the opportunities are endless!



HOW TO SHARE WITH OTHERS

As the author, Chris Marlow, said, “Doing good is simple.” So let’s gather our friends and family to do lots of good! Use this newsletter as an opportunity to rally your community, your small group, your moms group, your neighbors! Use the hashtag **#FAMILIESFORFAMILIES** on all your social media outlets so we can see the ways God is using families and small groups to impact families in East Africa!

